

**BLACK PROFESSIONALS** (Continued from Front)

should hire one or more fulltime paid lobbyists. The educational arm, according to Frye, will "educate people on the importance of registering to vote, the importance of voting and ways to go about doing it." Frye said the educational organization should be statewide and well-supported. He suggested that the professionals form a non-profit, tax exempt organization to handle this phase of the work.

Noting that many other groups have already formed political action committees, Frye said the black groups need to put "the money where their mouth is." Frye recommended that the lobbying office be set up to protect the interests of the professionals and their clients and patients in particular and blacks in general. Frye said that many bills are amended in committees and that many times these amendments change the meaning or intent of the proposed legislation altogether.

"Someone needs to be there to help with the explanation," he said, "someone needs to be there to make sure you get what you want and you don't get what you don't want."

He said the office would need strong financial and moral backing. He recommended that each group hire a lobbyist or if that couldn't be worked out that the groups jointly hire at least one.

Frye estimated that the lobbying office could cost about \$50,000 or more a year, but he added that his estimate is purely speculative.

Attorney G.K. Butterfield of Wilson, president of the lawyers association, said: "With only half of the groups' members — about 400 persons — contributing \$100 each, we would have \$40,000 right there. So after we work out some details and encourage everyone to be a part of this, I don't see

why this thing can't be pulled off." The groups decided to develop specific plans to undertake these projects. Each group will work independently, using Frye as an advisor. Separate plans could later be merged into a single project.

Besides the cost factor, the groups will consider personnel, office space and other business arrangements. Office space should be no problem. Organizers said several Raleigh lawyers would be willing to commit that space.

Butterfield said the groups could have their plans underway by the end of the year.

If this works, it will be the first time that these professional organizations have brought combined clout and influence into the political arena.

Several factors played a major role in prompting the professionals to focus on the legislative process.

According to several persons who work closely with the electoral process and in state government, the recent sweeping changes made by the Congress and the state's General Assembly crystalize the importance of blacks being able to influence that process in their behalf.

Other reasons that came up during discussions, which may have prompted the move, included the number of blacks that will lose federal benefits such as Medicaid and legal aid, the majority of which are the clients of these professionals; the small number of blacks running for elected offices and their deficient support. They said there is also a need to increase the number of blacks in influential elected and appointed positions.

Blacks also need to effectively channel their varied interests into cooperative legislative efforts rather than divisive competition. Butterfield said the traditional civil rights

groups "are not doing the job that's needed. They need some help." Shedding more light upon the subject, Ben Ruffin, Assistant to Gov. Jim Hunt, cited figures showing the number of persons who will be hurt from the federal budget cuts, the lack of blacks on state courts and the lack of black input into the political process, all of which were dismal, he said. He then chided the groups for not using more of their influence to make changes.

He urged the groups to write and call elected officials about concerns, ranging from jobs to political appointments, because "They (politicians) pay attention to money and votes. It is one thing to go out and vote for people and put them in office, but another thing to put them in office and let them know what your issues are and what you are concerned about."

Blacks Want (Continued from Front) garnered 949 votes while only 87 voters cast their ballots for Leary.

Allen could not be reached for comment on his impressive showing in the black community, but Leary said that he wished that more black voters had voted for him.

"I think that we surprised a lot of people," Leary said, "I am confident that I can beat Sheriff Allen. I think that his administration has been inadequate."

When asked how he would get more black voters, Leary said that he would be approaching people in the black community as well as people in the white community for support.

"We have to get out there and work harder," he said, "I am not happy with what we have now and I don't think that the community is happy with it either."

**Exercise Is Great, But Be Careful**

Thinking of responding to an advertisement for exercise equipment or an exercise salon? Be careful, says Marjorie M. Donnelly, extension food and nutrition specialist at North Carolina State University.

"Interest in exercise is at an all-time high. People are motivated by the desire to be thin, physically fit, or both. Some of us look for a quick and easy way to achieve our goal, and there are those who are willing to capitalize on this attitude," she says.

The usefulness of these devices and salons varies, the specialist says. "Some of these sauna suits that allow you to lose weight as you do your housework really cause you to perspire profusely. Your weight loss is due to the loss of body fluids, and those fluids are replaced quickly."

Some gadgets may also be harmful. A small wheel that is advertised to tighten stomach muscles when rolled by someone on his hands and knees has caused severe back strain for some.

*For The Spauldings*

**Politics Is A Family Affair**

By Donald Alderman For Mrs. Elna B. Spaulding and her son, Kenneth, politics is part of family life and a way to do more for the community.

"My father was very much involved in political and civic affairs," said Mrs. Spaulding, who was elected to a fifth two-year term on the Durham County Commission last week. "We were always taught to be involved in the community and to extend a helping hand. Now it's a basic part of what we believe."

And Durham's voters must think the Spauldings have done a good job of representing the community. Mrs. Spaulding, an her 37-year-old son led the tickets in their respective races, getting more votes than any other candidates.

A native of Tuskegee, Alabama, Mrs. Spaulding has spent most of her adult life in Durham. She is the first black woman to serve on the county commission.

Her husband, Asa T. Spaulding, Sr., served on the commission for one term as the first black.

The younger Spaulding who practices criminal law, will begin his third term as a state-house representative in January.

He says when he first started practicing law about twelve years ago, he didn't have much regard for politicians or elective office. But after witnessing much unfairness, he felt he could do more to cure the causes of social ills through a public body.

So Kenneth, following the family tradition, ran for the state house in 1978, was elected and has been re-elected twice since.

"I noticed a lot of basic problems such as illiteracy," while representing clients, he said, "and I decided that I could help take care of some of the problems on a larger scale."

He has attacked some major problems. With North Carolina ranked very high among the states in the number of people who cannot read and write, and with illiteracy being one of the chief problems of his clients, Spaulding sponsored a bill that allows the state's community college system to launch a war on the illiteracy problem.

He sponsored a bill that allows a public housing tenant to be a voting member of the Durham Housing Authority.

These are only two of numerous other Spaulding-sponsored measures that passed the House. Others include a bill that allows the medical bills of rape victims to be paid by the state and a bill that allows school dropouts to attend adult education courses at no cost.

Mrs. Spaulding also says her political life grew out of community work that needed to be

done on a larger scale. "I was well aware of some of the problems that existed in the county," she said, "and I thought I could do more to alleviate some of them through a public body that makes decisions."

She readily explains, however, that working on a body such as the five-member county

commission, where three votes are needed to pass or defeat anything, tests one's ability to compromise.

Mrs. Spaulding is the founder and first president of Women in Action for the Prevention of Violence and Its Causes, a walk-in information and referral service founded in 1968.

The agency grew out of the civil disturbances of the late sixties. It was while working as the head of the agency, Mrs. Spaulding says, that she became more familiar with agencies that deal with social problems.

And that area is where she's been most effective while on the county commission, making sure

that county funding of social service agencies is fair and adequate.

So, fresh from election victories, the Spauldings, one of Durham's most popular political families, will continue the tradition that Kenneth sums up this way:

"We'll work the keep the progress we have made and fight to make more."

**Static Marriages Remain Mediocre**

Our culture tends to view marriage as a "static" concept, says Dr. Leo F. Hawkins, extension human development specialist at North Carolina State University.

But that view varies with the nature of the marriage. Some view marriage as a

state of bliss, while others view it as a state of boredom.

Neither picture portrays a healthy, growing marriage, Dr. Hawkins explains.

While marriage may start out in bliss and may sometimes include boredom, the problem in seeing marriage as a "state" is that it prevents

couples from growing.

"Many married couples during the middle years of life concentrate on growth and potential in their relationships," Hawkins says. "These couples learn to keep growing as people. Their marriage relationships keep changing and gain depth."

Research studies of recent years have shown a decline in marital satisfaction as the years go by. Companionship, communication and satisfaction with the present stage of marriage seemed to reach a low point during the years when the children were being launched from home.

**HHS Class Of '42 Reunion Activities**

The Hillside High School graduating class of 1942 will hold its third reunion, celebrating its 40th anniversary this weekend, at Ramada Inn (West). The calendar of events are as follows:

Date	Time	Activity	Location
Fri. July 9	1 - 9 p.m.	Registration	RAMADA INN (West) I-85, Hospitality Room
Sat. July 10	9 - 12 noon	Registration	Hospitality Room
	4 - 5:30	Class Meeting	Hospitality Room
	6:30 - 7:30	Cocktail Hour	Hospitality Room
	7:30 - 10	BANQUET (semi-formal) Entertainment	RAMADA INN Dining area
	Immediately following	BANQUET CLASS Picture	In dining area
	Then DISCO		
Sun. July 11	11 a.m.	Worship Services	St. Mark AMEZ Church, S. Roxboro St. and Lakewood Ave.
	3:30 p.m.	PICNIC	Home of Virginia H. Bivens, 810 Brandon Rd., Tel. 596-6779 (919)

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1303 Willowdale (Beechwood Area) - Brick rancher in excellent condition with many features. 3 Brs., LR, DR, & kitchen combination. \$40,950.00 FHA/VA  
NCCU AREA - 820 Ridgeway - 2 Brs. Frame Rancher. MAKE AN OFFER.  
FOURPLEX - 1107 Hearshold - 2 Brs., 1 bath, LR & Kit in all Four. \$68,000.00  
BURGESS HILLS - House under construction. Split foyer for Sale. Lots with owner financing. Trade-ins considered.

**Mount Gilead Baptist Church**

404 DOWD STREET  
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SUNDAY, JULY 11, 1982

8:00 A.M. Morning Worship  
9:30 A.M. Sunday Church School  
11:00 A.M. Morning Worship

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SUNDAY, JULY 11, 1982

9:30 A.M. Sunday Church School  
11:00 A.M. Morning Worship

WEDNESDAY

7:00 P.M. Prayer Service


Breakfast will be served at the church between 8-9 a.m. each 4th Sunday of the month.  
Bus Service for Church Sunday School and Morning Worship Services. Everyone is welcome to come and join us in all services.

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**Rev. B.A. Mack Wins Popularity Contest**

REV. B.A. MACK, pastor of Morehead Avenue Baptist Church, has won the top prize in the Ministers Popularity Contest by the narrow margin of 20 votes, according to the final report from Edgemont Community Center. Rev. Mack's prize is a trip to the Bahamas (food and lodging not included with trip), according to the Friends of Edgemont-Few Gardens.

REV. J.C. CHEEK, pastor of Mount Calvary United Church of Christ, who had been comfortably in the lead for several weeks, came in second place.

REV. DAVID BELL, pastor of Bell-Yeager Freewill Baptist Church, who had also almost tasted victory, finished in a close third place.

The Ministers Popularity Contest was sponsored by Friends of Edgemont-Few Gardens Community Center. Balloting closed Wednesday night, June 30.

Other prizes will be announced.

The Friends of Edgemont-Few Gardens Community Center is deeply grateful for your support and thanks all of those persons who worked to help make the contest a success. This self-help project was necessitated by the reduction of operating funds, and you have helped to make possible our ability to continue some of our programs as well as doing something nice for your ministers' at the same time. Thank you.