

Tim Goff Says Rams Will Be Back In 1983

ALBANY, GA. — It would be difficult to find more positive thinking in the Albany State College baseball team than Tim Goff. There is just so much pessimism in the guy. Even though the Rams' fortunes took a turn for the worse during the 1982 season finish 16-16, Goff is confident that the squad will rebound next season.

It's just a matter of picking up a few loose ends now," Goff said. "Initially, we had problems getting our offense untracked and if we can just minimize our mistakes, we'll be okay."

A sophomore from

Columbus, Ga., Goff has established himself as a stalwart on the Albany State baseball diamond. Many Albanians have fond memories of the 1982 season which saw the left fielder come to the mound and post a team high six pitching victories against only two defeats en route to leading the Rams to an 18-8-1 record. In addition, his earned run average of 2.50 combined with a team high 69 strikeouts led the team to a first place finish in the Southern Intercollegiate Athletic Conference regular season race.

"I really don't want to

do any pitching or as little as possible," admitted Goff. "But when one of starters became ineligible at mid-season, I had to play where the team needed me most."

Although Tim performed admirably during his sophomore season batting .321 along with a fielding average of .930, he was not satisfied.

"The 1982 season was a personal disappointment for me," Goff lamented. "My pitching duties were limited and I didn't take advantage of certain situations in games we lost to Fort Valley, Tuskegee, and Armstrong State. I'm

looking to hit at least .400 next season and work on defense in the areas of pitching, left field, shortstop and second base."

Tim was encouraged by his teammates' performance at the SIAC Tournament and believes 1983 will be "the year of the Rams."

"From a team perspective, we made steady progress. We finished third in the conference baseball tournament last year, and second this season. I'm confident the Rams can bring the title home in the 1983 season."

Despite the fact that Goff considered his season sub par, Coach Hampton Smith, head baseball mentor for Albany State, had nothing but praise for the Columbus native.

"Tim is an outstanding athlete and person," opined Smith.

"Not only was he willing to sacrifice playing in the outfield," Smith continued, "but did a tremendous job working hard for us all season."

Because of Goff's versatility and hard work, he received an award as Albany State's most outstanding pitcher in 1981, and was named the most versatile athlete during the 1982 campaign.

Goff closed out an impressive high school athletic career at Shaw High in 1979-80, as a three-year letterman in both football and baseball. He was recognized as one of the top defensive backs in the Region I 4-A competition and was the recipient of the Golden Helmet Award in his junior year as the city's top defensive player.

Goff was also tabbed for all-city honors in football and baseball his junior and senior seasons.

"I never seriously considered playing football in college," said Goff, who believes that his

5-10, 165-pound frame would be too small for the collegiate grid competition.

Barring unforeseen difficulty, Goff should be ready to make his contribution to the

Rams' baseball team, wherever he's needed, much to the delight of Albany State fans.



ST. AUG.'S PRESIDENT CHATS WITH STUDENTS — Dr. Prezell R. Robinson, president of Saint Augustine's College, takes time out to further explain his address following the All-College Assembly. L-R: Harold Lewis, a senior, history and government major from Brooklyn, New York, president, student government association; Dr. Prezell Robinson, president of St. Augustine's College; and Ms. Angela Reed, S.T.E.P. student (Special Training and Enrichment Program), Allied Health field, a senior, Hillcrest High School from Simpsonville, South Carolina.

Sports Medical Facility Located At Olympic Training Center

MILWAUKEE — One of the most sophisticated sports medicine facilities in the world is located at the Olympic Training Center, Colorado Springs, Colorado. But how do athletes throughout the U.S. utilize this state-of-the-art equipment?

"Our mobile laboratory was designed as an outreach program for the 32 Olympic and

Pan American sports," Dr. Kenneth S. Clarke, director, sports medicine division, said. It has the capability to provide physiology evaluations, biomechanics analysis and explanation, and education programs.

Biomechanics, the study of human movement, is a direct application of physics and plays an integral part in the Sports Medicine pro-

gram at the Training Center.

According to Clarke, sports physiology is an applied discipline that evaluates heart-lung endurance and capacity, muscle power, and joint flexibility.

"Biomechanics is the study of human movement. We use high-speed cameras and special analytical systems to help evaluate the body's

mechanics and how they relate to optimum performance," he added.

The mobile laboratory is equipped to test the following - physiological parameters: height-weight; flexibility; body composition; muscular strength and endurance; and aerobic capacity.

Upon completion of the physiological evaluations, sports physiologists can meet with the coach, trainer and athlete to discuss the testing results. The data are explained in relation to the specific aspects of the sport.

The Mobile Fitness Laboratory has been built in a traveling mobile home for continual on-the-road use. The lab travels to sporting events to provide on-site assistance to athletes. The lab also travels by appointment throughout the nation to test and evaluate athletes at the "grass-roots" level.

Groups interested in having the mobile lab visit their area should contact Dr. Clarke at the Olympic Training Center, Colorado Springs.

Carpenter's

**For Pleasure Or Work
Lease Your Car Or Truck
at Carpenter's Chevrolet**

12.5% APR*
July Only

**NO
DOWN PAYMENT**

1982 CHEVETTE #1321 \$121.25*	1982 9-10 PICKUP #1106 \$143.42*
1982 MALIBU CLASSIC SEDAN #1487 \$198.13*	1982 CITATION #1384 \$181.18*
1982 MONTE CARLO #1509 \$214.42*	1982 CAPRICE CLASSIC SEDAN #1490 \$216.96*

*Closed-end lease with approved credit. 15,000 miles per year, taxes & license not included. Refundable security deposit.

Hrs. Mon-Fri. 9 AM-8 PM
Sat. 9 AM-5 PM

800 E. Main St.
Downtown Durham
682-0451

Carpenter's

Is Your Appraiser A Professional?

By Dexter D. MacBride, ASA
Executive Vice President
American Society of Appraisers

Your accountant is a CPA; your lawyer has passed the State Bar; your doctor is an MD. What about your appraiser?

Does your appraiser have a designation such as ASA? That designation tells you the person using it has been tested (intensive, written tests) and certified, is a Senior Member of the American Society of Appraisers. He or she has a minimum of five years, fulltime, appraisal experience.

Neither federal nor state governments test or certify appraisers, although some states require real property appraisers to hold real estate brokers licenses. Other than that, the appraiser, in order to be classed in the professional ranks, joins an organization that tests and certifies and, when he or she is qualified (sufficient appraisal experience), willingly submits to a day-long, rigorous examination process.

DEALS ON WHEELS

PROWLER

Advanced Design Steel Belted Radial

Prowler Steel Radial Whitewall

AS LOW AS **\$39.44**

FOR SIZE P165/80R13 PLUS \$1.52 F.E.T.

Size	Our Price	F.E.T.
P165/80 R13	42.00	1.74
P175/80 R13	44.00	1.79
P185/80 R13	46.00	1.91
P175/75 R14	48.99	1.88
P185/75 R14	52.99	2.04
P195/75 R14	55.99	2.26
P205/75 R14	58.00	2.37
P215/75 R14	60.00	2.52
P225/75 R14	62.50	2.74
P205/75 R15	60.00	2.50
P215/75 R15	62.00	2.64
P225/75 R15	63.00	2.85
P235/75 R15	66.00	3.06

- Two radial plies and two stabilizing belts reduce rolling resistance and tread squirm
- Two full width steel belts provide impact and bruise protection
- Traction block tread and wide grooves give good wet traction and resistance to hydroplaning

Strength! Stability! Great Savings!

Deluxe Belted Whitewall
A great value at an affordable price!

\$30

FOR SIZE P175/80 B13 PLUS \$1.55 F.E.T.

Size	Our Price	F.E.T.
P185/80 B13	32.00	1.68
P185/75 B14	32.00	1.77
P195/75 B14	33.00	2.01
P205/75 B14	34.00	2.14
P215/75 B14	36.00	2.24
P225/75 B14	38.00	2.45
P215/75 B15	38.00	2.40
P225/75 B15	40.00	2.55
P235/75 B15	42.00	2.77

- Fiberglass cord belts give strength and stability
- Good traction, smooth ride
- Modern whitewall styling

Blackwalls available in most sizes — at extra savings!

NU-TREAD TIRE CO.

601 Foster St. 682-5795

Hrs: 7:45-5:30 Mon-Fri.