

Frustration and fear of rejection are tormenting feelings. Most people who seek counseling are in search of a person who is understanding; who is a good listener; and, most important, who will listen to one's problems without criticism.

This last point is perhaps the most important point of all. Everyone has a constant fear that someone else will openly, or secretly, be amused at his/her very personal emotional needs and the behavior that results. There is a fear that the personal emotional needs that one has are so unusual or so abnormal that no one else experiences them. Therefore, it is felt that anyone hearing about them will consider the victim to be "crazy" and not a good prospect for a friend.

Few people talk about their emotional problems and therefore have no idea that other "normal" people experience the same feelings. This is basically the reason that many people live in constant fear that their perceived "abnormality" will be discovered.

Coping

A Human Need

By Dr. Charles W. Faulkner

The fact is that much of the behavior which we attempt to hide, because we think no one else has such behavior, is experienced by practically everyone else. When we ascribe the behavior entirely to ourselves, we think that we are abnormal and tend to become the very abnormal person we think we are. People who think that they are abnormal tend to adopt the abnormal behavior that they think is consistent with their "unusual" personalities.

Most of us a simply crying out for compassion. We spend our lives trying to find someone who

understands us; trying to find someone who will sympathize with us; seeking someone who will be compassionate and loving; searching for someone who will put away his/her own emotional needs just for a second and give full understanding to our own emotional needs.

This search can become endless. The constant fear of rejection can become such a controlling force in our lives that it consumes most of our time making it difficult to sleep, to think normally and difficult for us to carry out our normal activities.

The search for someone to understand our problems and to love us in spite of our problems can actually drive an individual into a very incompatible relationship.

This point is easy to prove. While you are downtown shopping, or in class at school or just working at your daily job, go up to a stranger and introduce yourself. You can predict the response. Initially, the other person might appear to be shocked, next will come either a subdued response or a failure to acknowledge you. The latter behavior is caused by the other person's fear of revealing his/her need to be accepted. In other words, the individual will be highly pleased that you spoke but will not want you to know it.

Make no mistake about it, everyone wants to be accepted and loved. Everyone needs it but, some people have had so little love in their lives that they do not know how to respond to it.

How do you respond when a stranger says, "Hello?"

Letter to the Editor...

Hayti Redevelopment

I would like to commend the *Times* for its newsworthy and in-depth coverage of the Hayti redevelopment effort via last week's article, "Optimism Wanes as City Contract Draws to a Close".

To complement this journalism, I would like to point out a few other factors concerning the Hayti project and the position of The Durham Business and Professional Chain along with the "relocatees" and the City of Durham.

1. The CHAIN feels very optimistic about the prospects for Hayti. The relocatees have rightly requested that reasonable actions be taken in assisting them to prepare for the permanent moves.

2. The City of Durham has been very cooperative and helpful in assisting the CHAIN to provide required information for the relocatees.

3. The Hayti Development Corporation and The CHAIN are both supportive of working together and with other organizations to see that development occurs in Hayti that can best serve the community. To this end, these organizations have consulted with each other and shared planned development activities for this area.

Though it has taken years to achieve, The CHAIN sees a sincere desire of all parties involved to develop a positive working relationship to insure the revitalization of Hayti.

It is easy for a community to sit, complain, and do nothing about its predicament. It is, however, very refreshing to see the Hayti community and the City of Durham begin to come together to accomplish this much needed project.

I think that the Durham community should value the in-depth coverage of Hayti and other important issues dealt with by this newspaper. It should also value the efforts and current commitment of the City of Durham in helping to insure the success of this Hayti venture. The Durham Business and Professional Chain looks forward to doing its part in helping to develop an informed, intelligent community, as well as a viable, growing Hayti.

—Ervin L. Allen, Jr., Executive Director
Durham Business and Professional Chain

President's Advisory Group To Meet In Dallas

WASHINGTON — The President's Advisory Council on Small and Minority Business Affairs will hold an open meeting with delegates to the NBL 82nd Annual Convention on Wednesday, September 15. According to NBL president, Theodore R. Hagans, Jr., the meeting will take place at the Dallas Fairmont Hotel in Dallas, Texas, site of the National Business League's 88th Annual Convention, September 14-17. The Advisory Council, appointed by President Reagan, is charged with the responsibility of reviewing and making recommendations on the federal government's programs and efforts to assist small and minority business persons. Chaired by R. Miller Hicks, of Austin, Texas, the Council's membership includes NBL board member, Dr. Lincoln Ragsdale.

On Friday afternoon, September 17, Associate Administrator for the U.S. Small Business Administration, Dr. Robert L. Wright, will lead off the Annual Town Meeting, also open to the public, which will be devoted exclusively to the programs and activities of the Small Business Administration. Dr. Wright, who has primary jurisdiction over SBA's minority enterprise and capital owners development programs, will be joined by other representatives of SBA, including the general department area for: Finance and Investment, Procurement, and Technology, Management Assistance and Advocacy.

Other highlights of the convention program include: The Inaugural Conference of the American Association of Black Women En-

trepreneurs on September 14; an opening night "western" style Texas Bar-B-Que Reception, sponsored by Black Enterprise Magazine and Radio Station KNOK of Dallas; the second annual Berkeley G. Burrell Private Sector Awards Session, featuring Carl Ware, vice president, Coca-Cola, U.S.A.; a Special Session on Economic Development featuring Assistant Secretary for the U.S. Department of Commerce, Carlos C. Campbell; the highly acclaimed Certificate Institute Series and the Ninth Annual Conference of the National Student Business League, hosted by Bishop College, September 15-18.

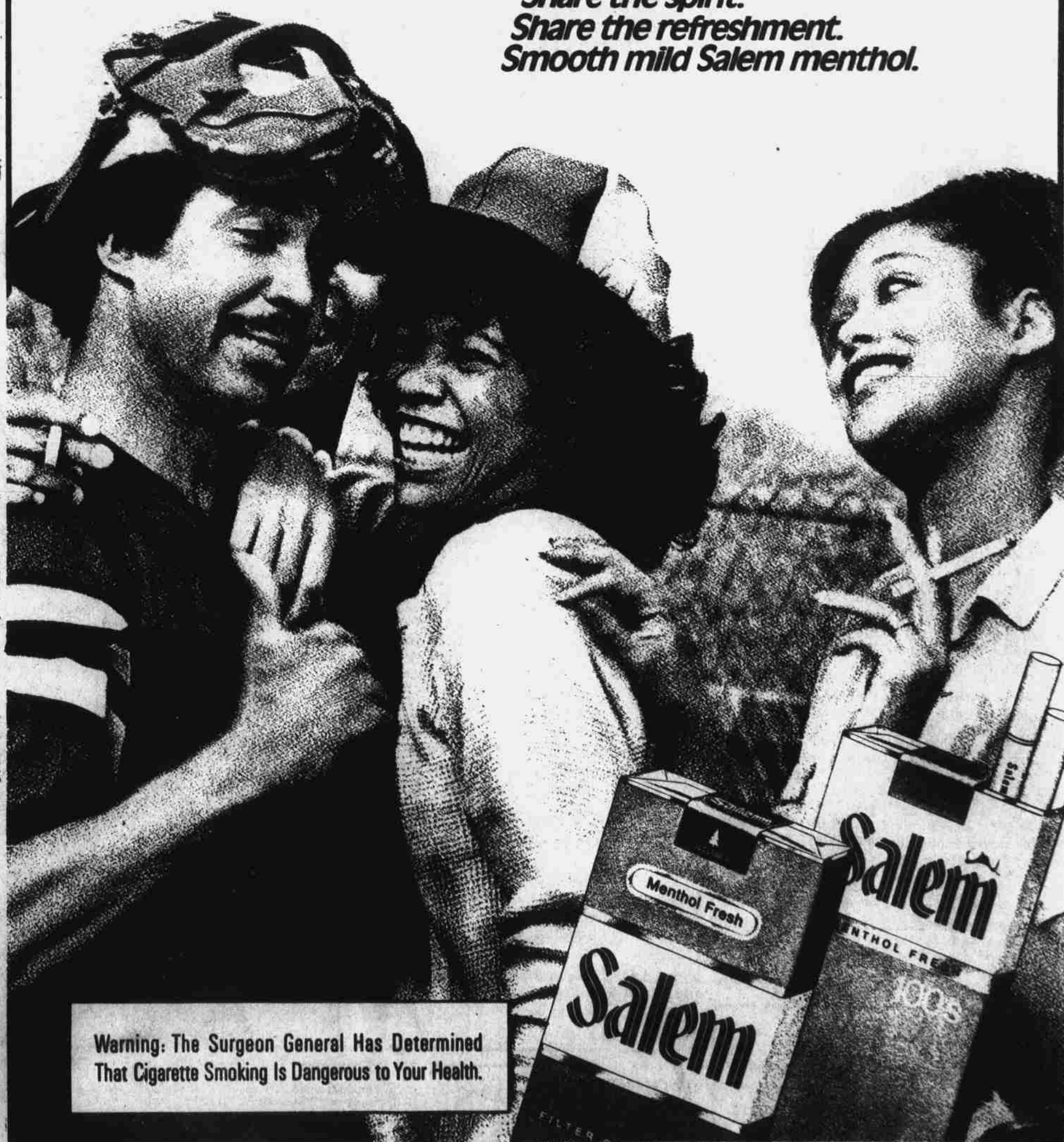
In addition to eight workshops, two luncheons and an exceptional awards banquet on September 17, the 82nd Assembly will explore strategies to build a more stable economic base in the black community to confront the growing problems and opportunities of the eighties.

The National Business League, founded in 1900 by Booker T. Washington, is America's oldest national business organization, and the largest association of blacks and other minorities engaged in business. Its growing membership can be found through 120 chartered chapters in 37 states and the District of Columbia. Its incumbent president, Theodore R. Hagans, Jr., is only the eleventh person to head the 82-year-old institution. For additional information on the 82nd Annual Convention, contact NBL Headquarters at: 4324 Georgia Avenue, N.W., Washington, D.C., 20011, or call (202) 829-5900.

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