

Durham Notes of Interest

By Mrs. Symner Daye 477-3370

Mr. and Mrs. Ricardo Privette of Fayetteville spent a few days in Durham recently visiting her parents and grandmother, Mrs. Jessie Turrentine.

Happy birthday anniversary to Mrs. Delores Estes, Mrs. Florence Cates, Mrs. Margaret Cheek, Robert Winston, Jim Hinson, William Hackney, Frank Bailey, Miss Louise Latta, Eugene Thompson, Pearl Foskey, Brian Davis and Pamela Bowling.

Mrs. Irene Long's vacation days — visiting with her son and family Mr. and Mrs. James Long, and daughter, Mr. and Mrs. Robert Roberson and daughter in Hampton, Va. — were shortened and she has returned home to be with her daughter, Mrs. Priscilla Daye, who is in the hospital.

Congratulations and best wishes to newlyweds Mr. and Mrs. Larry Byrd, Mr. and Mrs. Wayne B. McLurkin, and Mr. and Mrs. Harold Jackson.

Rev. Bruce Wright, pastor of St. James Baptist Church, Durham, accompanied by the Youth Choir and congregation, will appear on program for the Pastor's Aide Club at Battle Creek, Fuquay-Varina on Sunday, October 3, at 6 p.m.

Mr. and Mrs. Alphonso Claiborn of Richmond, Va., recently observed their fourth wedding anniversary. They also spent a few days with their parents, Mr. and Mrs. George Fuller in Durham.

Please pray for the sick and shut-in: Mesdames Julia Ann Harris, Estelle Nixon, Georgianna Ray, Alyce Roberts, Pearl Foskey, Hattie Parrish, Julia Jackson, Odelle Evans, Annie L. Wade, Velma Robinson, Luttie Lipsey, Nannie Toeran, Creola Campbell, Annie Myers, Willie Rhodes, Candice Moore, Annie Roberts, C. Holeman, Priscilla Daye, Burnestine T. Hicks; Messrs. W.A. Harris, Brodie Daye, Joseph Wade, Judge Harris, Dorsey Beard, Michael Lunsford, Ervin Lyons and Rev. Edward (Jack) Parker.

YWCA-HEALTH DEPT. Set Family Sexuality Education Week

National Family Sexuality Education Week is October 5-11. The purpose of its observance is to reinforce the message that parents are the primary sexuality educators of their children and to encourage parents to talk to their children about sexuality.

Whether it is done well or poorly, parents influence their children's attitudes and provide their basic education about sexuality. Parents can be effective in their teaching without being experts, the sponsors say. The important thing is for parents to be "askable".

A free film showing dealing with entering puberty is scheduled for October 4 at 7:30 p.m., at the YWCA for interested adolescents and parents. "Dear Diary",

a film for girls, covers information on the normal physical and emotional changes that girls go through. "Am I Normal" covers similar information for boys. The films are recommended for youth ages 11 through 13. Both films present the information in an entertaining and humorous fashion. Parents are encouraged to come and take advantage of this opportunity to share this educational experience with their children. It may offer a chance to begin or reinforce discussions at home.

For more information, call 688-9375 and ask for Health Education, or the YWCA at 688-4396. Programs on this subject are available through the Health Education Division.

HELP!

The Planning Committee of the Hillside High School Class of 1943, in preparing for its 40th Class Reunion on July 2-3, 1983, needs to get information and/or addresses for the following classmates:

- Evelyn Virginia Beasley
- Mary Lee Bishop
- Dessie Lee Brown
- Blanche Majesta Henson
- Kathryn Roberta Jones
- Dorothy Allen McDaniel
- Elmer Oliver
- William Roosevelt Revels
- Ethel Lynette Scott
- Chrizzelle Smith
- James Walker
- Evelyn Illeine Whitt
- Anna Woody Williams

If you have information on any of these classmates, please call (Mrs.) Ruth S. Boyd at 596-6747 or (Mrs.) Doris L. Reddick at 596-1016 or 344-7495.

The committee is also searching for information and/or addresses of anyone starting Hillside with the class who did not finish for some reason in 1943.



WASHINGTON—Two men wait in line for a soup kitchen to start serving 12 blocks from Capitol Hill, where two years ago about 300 meals were served, and now up to 600 per day are served. UPI Photo

Department Of Agriculture Offers Canning Information

Fall is the time to preserve summer memories, relish the coolness and beauty of autumn and cook up plans for the long, cold winter months ahead.

The U.S. Department of Agriculture has three booklets which can help you preserve the labors of your summer harvest for the upcoming winter: **Home Canning of Fruits and Vegetables** (Dept. 211K, \$2.50), **Home Freezing of Fruits and Vegetables** (Dept. 212K, \$3.50), and **Making Pickles and Relishes at Home** (Dept. 213K, \$4.50). For a copy of either one, two, or all three booklets send your name, address and money to the Consumer Information Center, Pueblo, Colorado 81009.

Whether you were a home gardener this past summer who hoped to save money, enjoyed gardening as a hobby, or just wanted fresher food, preserving your crop through canning, freezing, pickling and making relishes will add to your pleasure throughout the year.

Here are a few frequently asked questions with answers from the U.S. Department of Agriculture to get you started.

Question: Must glass jars and lids be sterilized by boiling before canning?

Answer: No, not when boiling-water bath or pressure-canner method is used. The containers as well as the food are sterilized during the processing. But be sure jars and lids are clean.

Question: How can I tell if jars are sealed properly after canning?

Answer: Test the seal on glass jars with porcelain-lined caps by turning each jar partly over in your hands. To test a jar that has a flat metal lid, press center of lid; if lid is down and will not move, jar is sealed. Or tap the center of the lid with a spoon. A clear, ringing sound means a good seal. A dull note does not always mean a poor seal; store jars without leaks and check for spoilage before use. Don't use canned food that shows any sign of spoilage. Look closely at each container before opening it. Bulging cans, jar lids, or rings, or a leak these may mean the seal has broken and the food has spoiled. When you open a container look for other signs—spurring liquid, an off odor, or mold.

Question: Why is it necessary to wash and blanch vegetables before I freeze them?

Answer: The washing removes dirt and bacteria. Since freezing retards but does not kill bacteria, it's essential that food for freezing be clean. Except for green peppers and mature onions, all vegetables must be blanched to destroy enzymes that cause unwanted changes in food color, texture, and flavor.

Question: What kind of salt and vinegar should I use in pickling?

Answer: Use canning or pickling salt (available where you get your canning supplies). Uniodized table salt may make the brine cloudy. Do not use iodized table salt, since it will darken the pickles. Use cider or white distilled vinegar. Do not dilute

the vinegar unless the recipe calls for it. If you want less sour pickles, add sugar.

Question: What are some of the common causes of spoilage in sauerkraut?

Answer: Off-flavors and off-odors develop when there is spoilage in sauerkraut. Spoilage in sauerkraut is indicated by undesirable color, off-odors and soft texture. These may result from uneven distribution of salt, too high temperatures during fermentation or air pockets caused by improper packing.

Home Canning of Fruits and Vegetables (Dept. 211K, \$2.50), **Home Freezing of Fruits and Vegetables** (Dept. 212K, \$3.50), and **Making Pickles and Relishes at Home** (Dept. 213K, \$4.50) have detailed instructions for safe food preservation, including how to minimize quality loss. When you order any of these booklets, you will also receive a copy of the free **Consumer Information Catalog** that lists more than 200 other free or moderately priced government publications of consumer interest. The **Catalog** is published quarterly by the Consumer Information Center of the General Services Administration.

Wachovia Scholarship Winners Announced

The first two recipients of Wachovia Technical Scholarships were announced September 23 at Durham Technical Institute.

Lloyd Gurley, senior vice president and city executive for the Durham office of Wachovia Bank and Trust Company,

presented the scholarships to Ms. Gertrude Williams and Stephen Hait. Both are second year students in the Business Data Processing program.

Last December, Wachovia Bank and Trust Company established a \$250,000 endowment to provide scholarships for technical training in the state's community college system.

Valued at \$500 each, the technical scholarships are awarded on the basis of need and student performance in the first year of a technical training program.

At the scholarship award ceremony, Dr. Phail Wynn, Jr., president of Durham Technical Institute, noted the importance of Wachovia Bank's support of technical education by providing these scholarships.



Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted.

PRICES EFFECTIVE THRU SAT., OCT. 2 AT A&P IN DURHAM
ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS

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Sirloin Tips **1.68** 9 lb. to 12 lb. avg. lb.

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Sliced Bacon **1.59** 12 oz. pkg.

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or Chicken Bologna

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Ann Page Mayonnaise **79¢** 32 oz. jar
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