

What's Your Medicine Chest

On the surface of things, it might appear that the reason a medicine chest is thus called is that it's a good place to store medicines. Not so, according to the Food and Drug Administration. Potential danger lurks when there's medicine in the medicine chest. One reason, is that bathroom medicine chests are usually right over the sink, and accessible enough to tempt the curiosity of children who live in or visit your house.

To help you know not only how to child-proof your medicine chest, but to keep it safe and up-to-date for adults too, the Food and Drug Administration has a free reprint from its magazine, the FDA Consumer. For your copy of **What's in Your Medicine Chest**, write to Consumer Information Center, Dept. 645K Pueblo, Colorado 81009.

Even if there aren't any children in your household, the medicine chest is not a good place for drugs, since the warm moist atmosphere of the bathroom can cause some drugs to deteriorate. Ideally, both prescription and non-prescription drugs should be kept in a cool, dry place.

What else should be kept in that cool, dry place will depend on the makeup of the family. If there are young children in the family you're likely to need baby aspirin, anti-bacterial topical ointments, and medicine to treat the symptoms of diarrhea. Almost every family will want to keep aspirin or a non-aspirin pain reliever on hand.

No matter what the age of your family, avoid overstocking drugs. Some drugs change in consistency. Ideally, supplies in medicine chest should be bought to last over a period of no more than 6 to 12 months.

Be sure to review the contents of your medicine chest every 6 months and discard old supplies. Also be sure that any new prescriptions you get are clearly dated.

Tablets that have become crumbly, medicines that have changed color, odor, or consistency, or are out-dated should be destroyed. Empty the bottle of medicine into the toilet, flush it down and rinse out of the bottle. Don't put leftover drugs in the trash basket where they can be dug out by inquisitive youngsters. Newly purchased drugs that don't look right should be returned to the pharmacy. Drug products that lost their labels also should be destroyed.

And, as a final safety precaution, always keep the telephone number of the local poison control center, doctor, hospital, rescue squad, fire and police departments near every phone in the house. And tape the emergency phone list wherever you keep medicines and emergency supplies, as well as inside the bathroom medicine chest door.

When you order **What's in Your Medicine Chest** (free) you'll also receive a free copy of the **Consumer Information Catalog**. Published quarterly by the Consumer Information Center of the General Services Administration, the free **Catalog** lists 200 selected free and moderately priced consumer products.

Subscribe To
The Carolina Times
Call 682-2913

CORNS
Soft pads protect from pain, while medicated disks work to remove corns.
Dr. Scholl's Zino-pa

WINN DIXIE

Now more than ever, we're right for you!

*PRICES GOOD THRU SAT., NOV. 6TH *NONE TO DEALERS *WE RESERVE THE RIGHT TO LIMIT QUANTITIES *COPYRIGHT 1982, WINN-DIXIE STORES, INC.



Harvest of best brands SALE

<p>KRAFT</p> <p>12-OZ. PKG. KRAFT SLICES VELVEETA</p> <p>\$1.99</p>	<p>KRAFT</p> <p>32-OZ. JAR KRAFT MAYONNAISE</p> <p>89¢</p> <p>WITH \$10.00 OR MORE ORDER (LIMIT 1)</p>	<p>KRAFT</p> <p>16-OZ. PKG. KRAFT SLICES VELVEETA</p> <p>\$2.39</p>
<p>24-OZ. LOAVES DIXIE DARLING SANDWICH BREAD</p> <p>2 FOR 99¢</p>	<p>KRAFT</p> <p>1-LB. PKG. IN QUARTERS PARKAY MARGARINE</p> <p>59¢</p>	<p>KRAFT</p> <p>14-OZ. PKG. KRAFT DELUXE MACARONI DINNER</p> <p>99¢</p>
<p>16-OZ. PKG. MUELLERS ELBOW MACARONI</p> <p>69¢</p>	<p>New from Pillsbury</p> <p>All Ready Pie Crusts</p> <p>2-PAK 15-OZ. PILLSBURY PIE CRUST</p> <p>\$1.49</p> <p>IN THE DAIRY CASE</p>	<p>KRAFT</p> <p>5 1/2-OZ. BOX KRAFT SPIRAL MACARONI & CHEESE DINNER</p> <p>3 FOR \$1.09</p>
<p>2-LB. PKG. KRAFT VELVEETA</p> <p>\$4.29</p>	<p>KRAFT</p> <p>19-OZ. BAG KRAFT MINIATURE MARSHMALLOWS</p> <p>79¢</p>	<p>KRAFT</p> <p>8-OZ. BTL. KRAFT BUTTERMILK DRESSING</p> <p>79¢</p>
<p>16-OZ. PKG. MUELLERS VERMICELLI</p> <p>69¢</p>	<p>KRAFT</p> <p>8-OZ. SIZE KRAFT GRATED PARMESAN CHEESE</p> <p>\$2.69</p>	<p>KRAFT</p> <p>32-OZ. JAR KRAFT GRAPE OR APPLE JELLY</p> <p>\$1.19</p>
<p>FALL CHEESE FESTIVAL</p> <p>16-OZ. PKG. KRAFT AMERICAN SINGLES</p> <p>\$2.69</p>	<p>KRAFT</p> <p>13-OZ. JAR KRAFT MARSHMALLOW CREME</p> <p>\$1.19</p>	<p>KRAFT</p> <p>1/2-GAL. BTL. KRAFT ORANGE-PINEAPPLE JUICE</p> <p>\$1.89</p>
<p>AMERICAN SLICES</p> <p>12-OZ. PKG. DELUXE AMERICAN SLICES</p> <p>\$1.89</p>	<p>Festive Favorite</p> <p>8-OZ. PKG. KRAFT PHILADELPHIA CREAM CHEESE</p> <p>\$1.09</p>	<p>KRAFT</p> <p>2-LB. TUB KRAFT PARKAY CORN OIL SPREAD</p> <p>\$1.79</p>
<p>Cheese & Wine Anytime</p> <p>10-OZ. SIZE KRAFT CRACKER BARREL STICK CHEESE</p> <p>\$1.99</p> <p>*MELLOW *SHARP</p> <p>CRACKER BARREL EX. SHARP \$2.09</p>	<p>KRAFT</p> <p>7-OZ. JAR KRAFT MARSHMALLOW CREME</p> <p>66¢</p>	<p>KRAFT</p> <p>4-PAK PILLSBURY BUTTERMILK BISCUITS</p> <p>\$1.19</p>
<p>3-LITER BTL. GALLO WINES</p> <p>—CHABLIS BLANC —RED ROSE —HEARTY BURGUNDY</p> <p>\$5.49</p>	<p>The Family Favorite!</p> <p>16-OZ. SIZE PILLSBURY COOKIES 'n MILK HOLIDAY COOKIES</p> <p>\$1.49</p>	<p>KRAFT</p> <p>32-OZ. BTL. KRAFT ORANGE OR GRAPEFRUIT JUICE</p> <p>99¢</p>

3600 N. Duke Mall Lakewood Shopping Center
Croasdaile Shopping Center Avondale Drive
Shannon Plaza 810 Liberty St