

Andy Park Goes Before Network Cameras

"To all those who watch television drama and say, 'Hell, I could do that!', I've got news. It's hard work!" Those were the words of Andy Park when talking about his part in *Country Gold*, a CBS Tuesday Night Movie starring former WKRP in Cincinnati star Loni Anderson, Earl Holliman, and Linda Hamilton. Miss Anderson stars as a country music entertainer, Mollie Dean Purcell, who is at the top of her career and who would really just like to go home and relax, but her

husband and manager (Holliman) has other plans. Miss Hamilton stars as Josie, an aspiring young singer who befriends Mollie Purcell in order to work her way up in the music business.

Andy's part in the movie came about this past summer when filming took place in Nashville, Tennessee, where he was working as a weather reporter and also as a freelance writer for the Grand Ole Opry. "I play the manager of the Opry in the movie, with my stage name being Hank

Gorman," said Andy. "They decked me out in a ten-gallon hat, string tie, and western cut suit. Ham Durham, the real Grand Ole Opry manager almost died laughing when he saw me. He wears Brooks Brothers suits!"

One of Andy's memorable moments came on the set when the director asked him to "talk Southern". "I asked him if he wanted 'Hollywood Southern' or 'Suthern Southern', and he almost fell off his chair", relates Andy. He went on to explain to the director the dif-

ferences in the true Southern accent and the way to Hollywood portrays it, and as a result, the accents of most of the actors were toned down. "Hollywood's idea of Southern lifestyles and the actual thing are as different as day and night," says Andy.

Besides Andy, who is in real life the weather reporter for WTVD's Eyewitness News,

and the listed leading stars, *Country Gold* features cameo appearances by some of the top names in country music. Appearing as themselves are Mel Tillis, Lynn Anderson, Barbara Mandrell, Stella Parton, Box Car Willie, and many others. *Country Gold* will be presented on the CBS Tuesday Night movies on November 23rd at 9 p.m. of WTVD, Channel 11.

Sunday November 21, 1982

	WFMY CH. 2 Cable 11	WPTF CH. 28 Cable 3	WTVD CH. 11 Cable 6	WUNC CH. 4 Cable 9	WTTG CH. 5 Cable 10	WRAL CH. 5 Cable 12	WTBS CH. 17 Cable 13	WGHP CH. 8
7:00	Kenneth Copeland	Jerry Falwell	Lone Ranger		Jimmy Swaggart	World Tomorrow	James Robison	Dr. B. James Kennedy
7:15	"	"	Zorro		"	Spiritual Awakening	It Is Written	"
7:30	"	"	Kwicky Koala		"	"	"	"
7:45	"	"	"		"	"	"	"
8:00	Rex Humbard	Kenneth Copeland	Curious		Frederick K. Price	Robert Schuller	Three Stooges	Gospel Expo
8:15	Oral Roberts	"	Kaleidoscope		"	He Is Risen	& Friends	Show My People
8:30	"	"	Special		"	"	"	"
8:45	"	"	"		"	"	"	"
9:00	Sunday Morning	Jim Bakker	Sunday Morning		Dr. Jerry Falwell	Oral Roberts	Lost in Space	Jimmy Swaggart
9:15	"	"	"		"	Rex Humbard	"	"
9:30	"	"	"		"	"	"	"
9:45	"	"	"		"	"	"	"
10:00	"	Jerry Falwell	"		Flintstone	Day Of Discovery	Lighter Side Of News	Robert Schuller
10:15	Day Of Discovery	"	David Horowitz		Movie: "Blondie's"	Healthbeat	Theatre:	"
10:30	"	"	"		"	"	"	"
10:45	"	"	"		"	"	"	"
11:00	Champion Fishing	Jimmy Swaggart	F.Y.I.		Reward	First Presbyterian Church	"	Jack Anderson
11:15	Face The Nation	"	Face The Nation		"	"	"	This Week With David
11:30	"	"	"		"	"	"	With David
11:45	"	"	"		"	"	"	"
12:00	UNC Football	UNC Football	Kidsworld		Theatre II: "Gargoyles"	Monte Griffin	"	Brinkley
12:15	NFL FB:	Wild	NFL FB:		"	Duke FB	"	Little Rascals
12:30	"	"	"		"	"	"	"
12:45	"	"	"		"	"	"	"
1:00	"	NFL '82	"	Firing Line	"	This Week With David	Rat Patrol	Showcase: "Guns Of The Magnificent"
1:15	"	"	"	"	"	Brinkley	"	"
1:30	"	NBC Sports	"	"	Theatre III: "Anchors"	Kiffin	This Week In Baseball	"
1:45	"	"	"	"	"	"	"	"
2:00	"	"	"	Merry Andrew	Awake	Pro & Con	Atlanta Hawks	Seven
2:15	"	"	"	"	"	Southern Sportsman	"	"
2:30	"	"	"	"	"	"	"	"
2:45	"	"	"	"	"	"	"	"
3:00	"	"	"	"	"	Cinema 5: "The Other Side"	"	Showcase: "The Longest Yard"
3:15	"	"	"	"	"	"	"	"
3:30	"	"	"	"	"	"	"	"
3:45	"	"	"	"	"	"	"	"
4:00	"	Basketball '83	"	Neptune Journals	Movie: "Bye Bye Birdie"	Of The Mountain Pt. II	"	"
4:15	"	Matinee:	"	"	"	"	"	"
4:30	"	"	"	"	"	"	"	"
4:45	"	"	"	"	"	"	"	"
5:00	"	"	"	"	"	The Waltons	"	Grizzly Adams
5:15	"	"	"	"	"	"	News Undersea World Of	"
5:30	"	"	"	American Adventure	"	"	"	"
5:45	"	"	"	"	"	"	"	"
6:00	"	Pink Panther Muppet Show	"	N.C. People	Playhouse 5: "Three On A Couch"	News 5	Jacques Cousteau	News
6:15	"	"	"	T. Brown's Journal	"	ABC News	Nice People	ABC News
6:30	"	"	"	"	"	"	"	"
6:45	"	"	"	"	"	"	"	"
7:00	60 Minutes	Voyagers	60 Minutes	Classic Country	"	Solid Gold	Wrestling	Ripley's Believe It Or Not
7:15	"	"	"	"	"	"	"	"
7:30	"	"	"	"	"	"	"	"
7:45	"	"	"	"	"	"	"	"
8:00	Archie Bunker Gloria	Chips	Archie Bunker Gloria	Nature	Lawrence Walk	Matt Houston	"	Matt Houston
8:15	"	"	"	"	"	"	"	"
8:30	"	"	"	"	"	"	"	"
8:45	"	"	"	"	"	"	"	"
9:00	Jeffersons	NBC Movie:	Jeffersons	Masterpiece Theatre	Merv Griffin	ABC Movie: "Escape From Alcatraz"	This Week In Review	ABC Movie: "Escape From Alcatraz"
9:15	"	"	"	"	"	"	"	"
9:30	One Day At A Time	"	One Day At A Time	"	"	"	"	"
9:45	"	"	"	"	"	"	"	"
10:00	Trapper John	"	Trapper John	To The Manor Born	News	"	TBS News	"
10:15	"	"	"	Wodehouse Playhouse	Healthbeat	"	"	"
10:30	"	"	"	"	"	"	"	"
10:45	"	"	"	"	"	"	"	"
11:00	News	Madame's Place	News	Twilight Zone	Sports Wrapup	News 5	Jerry Falwell	News
11:15	"	Jim Bakker	CBS News Entertainment	Twilight Zone	Movie: "Return"	ABC News: Wrestling	"	ABC News
11:30	CBS News No Forts	"	"	"	"	"	"	Berry Farber
11:45	"	"	"	"	"	"	"	"
12:00	Movie:	"	This Week For Our Times	"	To Macon County	"	Open Up	Entertain This Week
12:15	"	"	"	"	"	"	"	"
12:30	"	Insight	"	"	"	"	"	"
12:45	"	"	"	"	"	"	"	"

Health-Wise

AMERICA'S NUMBER ONE CRIPPLER—II RHEUMATOID ARTHRITIS

Allan R. Magie, Ph.D., M.P.H.



The cause of rheumatoid arthritis is still a mystery. One possible cause points to an infection, possible a virus, another identifies a mix-up in body chemistry in which the body produces antibodies that attack the joints and tissues. While research tries to find the cause, we are forced to look for ways to relieve the symptoms.

Rheumatoid arthritis is the most disabling and destructive type of arthritis. The linings of the joint become thickened and fill up the joint space. Sometimes spurs form on the bone, and cartilage develops which interferes with normal joint movement. Though there may be relief between attacks, usually damage to the tissue is progressive. Worse still is the fact that rheumatoid arthritis can also affect the heart, lungs, skin, eyes, blood vessels, and muscles.

Rheumatoid arthritis affects three times as many women as men and usually starts between the ages of 25 and 50. Often a person first becomes aware of this form of arthritis because of fatigue, stiff muscles, and loss of appetite and weight. Nodules, about the size of a pearl or larger, may appear under the skin. Frequently there are muscle spasms. Sometimes there is fever.

Rheumatoid arthritis is an extremely painful disease. Available drugs, such as cortisone—even as prescribed by a physician—must be used with caution. They may bring relief, but prolonged use inevitably leads to other serious consequences.

There are some simple ways to provide relief that are safe, have no harmful side effects, and can be given at home. These treatments include the use of heat, cold, and exercise.

In the early stages, a properly applied ice pack can bring relief from the pain as well as reduce the swelling. Apply the ice periodically for a day or two. Then treat the joints with alternate applications of heat and ice. Follow heat applications with massages. Partial baths, towels, and packs can be used several times a day. Between treatments carry the joints through a wide range of motions in every direction the pain will allow, beginning very slowly. Some pain will have to be tolerated. At this stage it may be necessary to wear a splint to rest the joint between treatments. This helps prevent the development of a deformity.

A person's attitude is crucial. A strong interest in other projects, and an acceptance of certain amounts of pain as inevitable make the disease easier to bear.

Rheumatoid arthritis is painful, there's no doubt about it. But there is also no doubt that much can be done to relieve the pain.

© by the Health Temperance Department of the General Conference of Seventh-day Adventists as a community service.