

HERTFORD COUNTY HERALD

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AHOSKIE, N. C., MARCH 12, 1915.

NO. 8

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The Herald office has just re-
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Helps for Home-Makers.

Edited by the Extension Department
of The State Normal and In-
dustrial College.

FOODS—Prepared by Miss Minnie L.
Jamison, Director of the Domestic
Science Department.

THE WORK OF THE HOME THE NOBLEST CALLING.

There is an impression prevalent, especially in the South, that young women may grow up without any knowledge of cooking, cleaning, buying, the care and feeding of the child in the home, and, yet when the proper time comes, by some sort of inspiration, these young women become good home-makers and house-keepers. This is true to a limited extent. An energetic, business-like young woman who sets about housekeeping intelligently, may, after much worry, waste of time, money and energy, become a good housekeeper—even as good as her mother and grandmother. Have we not a right to expect more of the home-makers of this generation than was possible for our mothers and grandmothers? With the light that science is throwing around the home, and in the home, have we not a right to expect stronger manhood and womanhood in the coming generation?

Nearly all professions are open to women, but engage in any one of them a woman must take the training necessary for that profession. What profession can compare in honor and in responsibility to that of home-making and motherhood? Is not the feeding and growth of a child's body of fundamental importance? Is not the responsibility of the moral and religious training of the child of the home enough to make the most careless home-maker stop and marvel at the task she has undertaken? The men of this country are studying the scientific feeding of their cattle in order that they may make the most out of it. Is not the feeding of the child of the home of vastly more importance than the feeding of the pig? And yet we prepare for all other professions and leave the highest of all God given privileges to haphazard hit-and-miss methods. The home is the unit of society and as much it relates to all human activities; however, it relates primarily to the life—physical, mental, and moral life—and happiness of the family.

If young women are taught how to plan meals for the growth of bone, cell and blood, for the repair of waste tissue, for the elimination of waste, and how to prepare the same from a hygienic, economic standpoint, is it not reasonable to believe that such training will produce better management in the home, less friction as result, and stronger manhood and womanhood.

Our Bodies Are Made up of Cells.

1. The Proteins—eggs, milk, lean meat, fish, cheese, peas, beans, lentils, and some nuts—furnish the material out of which these cells are built.

2. The ash or mineral matter found in green vegetables, fruits, and salads furnish the cell-salts, which, when united with the proteins, make the chemical changes that must be made to keep an even balance or health in the body: If the body is burned the ashes that are left contain these inorganic cell-salts—iron, magnesia, potash, lime and silica.

TWO POST OFFICES ROBBED.

For the second time within a week yeggmen did work in the vicinity of Charlotte. Saturday morning early they entered the postoffice at Mount Holly, taking between \$1,100 and \$1,300 in money and stamps. No explosion was heard as a pick and crowbar was used. Only a few nights before an attempt was made to loot the postoffice at Matthews. No arrests have yet been made.—The State Journal.

Decision of the Supreme Court.

Parol Evidence to Complete Written Agreement.

Brown v. Mitchell is an action begun before a justice of the peace to recover mule, worth \$20. The plaintiff testified that he sold the mule to defendant and took from him a paper writing as follows: "I, Wright Mitchell, promise to pay W. A. Brown, the sum of twenty dollars for one bay mule, if said mule should get well and able to work any time in the limited time of twelve months. If said mule does not get well and able to work in this limited time, aboved mentioned, I am not to pay W. A. Brown anything." The trial judge refused to allow introduction of evidence that a half hour after the above agreement was delivered, it was agreed that the title to the mule should remain in Brown until payment made. On the ground that it assailed the written contract and further there was no consideration.

Justice Allen states: "In the first place, if the agreement had been made contemporaneously with the writing, it would fall within the principal that where a part of the contract is in writing and a part not, that the part in parol may be proven because there is no inconsistency between a promise to pay and an agreement to secure payment, and if made subsequent to the writing, which appears to be the case here, the rule excluding parol evidence would have no application.

As to the second point, Justice Allen states that we are also of opinion that the pre-existing debt is a sufficient consideration to support the agreement. There was error in excluding this evidence. New trial.—News and Observer.

Road Methods Changed.

Buncombe Will Not Work Highways in the Mud.

Asheville, N. C., March 7.—Radical changes in the methods of maintaining the dirt roads of Buncombe county provided for in regulations adopted by the county commissioners yesterday with the election of the road supervisors who will serve during the approaching year. The new regulations provide that only during four months of the year shall operations be maintained on the dirt roads; operations during any other months must be carried on only under the orders of the chairman of the board. The rules were adopted with a view to elimination operations during months when the roads are muddy and when road work is of no value.

The commissioners intend to make the roads of Buncombe among the best in the South and their recent rule was adopted in line with the recommendations of road experts throughout the country who declare that work on dirt roads when they are muddy harms them more than it aids them.—Ex.

BIG PURPOSES ON THE HILL.

Mr. John Nolan, of Boston, the most distinguished landscape architect in America gave an illustrated lecture last week to the Community Club and the citizens of Chapel Hill, upon The City Beautiful. He was the guest of the Community Club. There good women have on foot a generous, big beautification plan for our little University City.—The University News Letter.

A Sluggish Liver Needs Attention.

Let your Liver get torpid and you are in for a spell of misery. Everybody gets an attack now and then. Thousands of people keep their Livers active and healthy by using Dr. King's New Life Pills. Fine for the stomach, too. Stop the Dizziness, Constipation, Biliousness and Indigestion. Clear the blood. Only 25c. at your Druggist. Adv.

Aulander News

Compiled and Arranged for Herald
Readers by our Regular
Correspondent

Mrs. Claude Roebuck, of Greenville was a visitor here last week.

Messrs. Frank Gillam and M. H. Morris, of Windsor passed through last week on their way to Norfolk.

Miss Effie Herring gave a birthday party one evening last week and a large crowd of young people were present.

A moving picture troupe showed here two nights last week to large crowds. The pictures are said to have been very good.

Miss Annie Lou Davis, daughter of Rev. and Mrs. M. P. Davis has returned from Sarah Leigh Hospital very much improved in health.

Mr. and Mrs. Johnson, of Toronto have moved here. Mr. Johnson recently accepted a position with Standard Oil Company in this town.

The County Teachers meeting was held here last Saturday and practically all the towns in the county were represented. The session was a most instructive and enjoyable occasion.

Richard Powell a respected colored man of this section died of pneumonia after a short illness. Uncle Dick was about 60 years old and was well esteemed by white and colored people here.

Fire destroyed the drying kiln at Halls mill last week, burning about fifteen thousand feet of lumber. The fire started from the flues used in drying lumber. There was no insurance on the property.

Mrs. D. E. Henderson, of New Bern, is visiting her parents, Mr. and Mrs. J. H. Jenkins. She will return to her home this week, accompanied by Miss Brunice Jenkins will spend some time in New Bern.

The Graded school bonds have been sold again. These bonds have been sold about three times and each time something prevented the consummation of the deal. It is to be hoped that this sale is to be confirmed shortly and the work on the new school will begin at once.

Dr. Sheldon Saunders, a native of this town, has decided to locate here, and established an office here last week. The Doctor is well and favorably known in this section and has made special preparation for his work. Doctor Saunders is a son of Mr. and Mrs. Abe Saunders who live across the Hertford line about five miles from here.

Paul J. Dunning Dead.

Paul J. Dunning died at his home near here Monday about noon after a short attack of pneumonia. He grew worse on Saturday and a trained nurse was sent for, but his condition rapidly became grave and no hope was entertained for his recovery after Sunday. Mr. Dunning leaves a widow and several children. For years he had superintended the farm of Mr. W. J. Dunning and was a most industrious and energetic worker. Arrangements are being made for the funeral and interment as this is written. Paul will be missed about the plantation and around town where he had many friends. He was about 50 years old, though he seemed younger and always had a good word and a cheerful smile for everybody.

It is extremely unfortunate that the people living in the Hertford County portion of the school district have had that part of the district eliminated, not from the standpoint of the financial aid to the district as a whole, but from the important standpoint of the vital needs of that particular section. The town and vicinity of Aulander is so closely connected with that portion of our neighboring county that their interests are practically one, and in preparing for this school Aulander would have done them a grave injustice if they had not been taken into consideration.

The vote to include them was 140 to 60, this vote showing the proper spirit in the matter. Since that time a few citizens in that section have prevailed upon the voters to sign a petition asking the Legislature to eliminate them, and with the help of a few in town who were disappointed in the site selected, they succeeded in presenting it. On the face of the petition, the Legislature could hardly do otherwise; it was signed by the people of that section themselves, and the Legislature necessarily was not concerned as to how the names were secured. As a matter of fact this movement was led by one or two citizens who own property in that section and who have not children to educate. From a selfish point of view these men are right—they simply object to paying out money to educate other people's children, but to make it appear that these people were being imposed upon and unjustly burdened was carrying the matter rather too far. Those people were simply hoodwinked and duped, and in order to save a few dollars to one or two men, they signed a petition denying their own children the right of practically a free education. This very fact proves their extreme need of the very thing they opposed. In their ignorance they have been played upon and their rights taken away from them while being persuaded that they were getting their rights. From a financial point of view the withdrawal scarcely affects the school. The amount of taxes to be derived from that section was relatively small, only about 7 per cent, and over half of this would have been paid by our townsmen, Hon. C. W. Mitchell who owns the greater portion of the land in that territory. From statistics it appears that there are 86 children in that section, 41 of whom cannot read and write. 58 per cent of these are 12 years of age and older. Probably half of the fathers and mothers are as educationally deficient, if not more. Under this act these children would have received \$24.72 per year per head while paying only \$6.68, in other words that would receive \$18.04 per head more than they paid in. The school as planned will be nearer to them than the public schools they are supposed to attend, and three wagons have already been bringing them to school in this town. We repeat that it was an unfortunate move for the people of that section. Doubtless they will never have another such opportunity. All honor to Mr. Mitchell. Here is a type of men directly opposed to the type who stir up strife and dissatisfaction. Without a child to educate, owning about three fourths of the taxable values in that section, he voluntarily voted to tax himself to help other people's children. Such a citizen deserves honor. It is such men as this who keep the wheels of progress moving, who is big enough to make some personal sacrifice for the good of the whole people. Narrow minded men, selfish men have ever kept the masses in ignorance and in want and have used them for the furtherance of their own selfish ends. The pity of it is that the people cannot or will not see and are constantly being deceived by self seeking individuals. It is greatly to be regretted for the sakes of those most directly to be benefited that such a step was accomplished. As it is, one or two men will be in pocket a few dollars, several others have realized a pet grudge, and a big majority of needy children will go on without the advantages of their neighbors children, helpless in the present and doubtless as much so in the future by reason of being kept in ignorance, which means poverty and possibly slavery. The people of Aulander however may feel that they have tried to help their neighbors, and there is no reason for Aulander to blush for conditions in other counties, however near they may be. Those who are responsible for the effort to help them certainly deserve commendation however futile their efforts may have been.

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