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Whooping Cough should not be without it. Keep it handy for all Coughs and Colds.

25c. at your Druggist. Electric Bitters a Spring Tonic. Adv.

Backlog.

Helps for Home Makers.

Edited by the Extension Department of The State Normal and Industrial College.

CARE OF HOUSE.

The Kitchen.

Each room in the house has its distinct and separate function in the domestic economy. Take for example the kitchen, the most important room in the house, the woman's workshop. It is the place where the food is prepared and cooked and where the dishes are

What then are the requisites for this workshop? Since the housekeeper spends a large part of each day in her workshop, it, first of all, should be well lighted and ventilated. It should be comfortably warm in winter and cool in summer. The floor, walls and ceiling should be of such material as may be easily cleaned. The equipment for the work that is to be done should be ample, of good quality, intelligently selected, and so arranged that the various task of the kitchen may be quickly performed and with the least expenditure of energy.

Floors No entirely satisfactory finish for the kitchen floor has yet been found. The time honored way of scrubbing with soap and water makes the whitest and cleanest looking floor it is true-but think of the work requird!

Linoleum is undoubtedly the best floor surface. It is thick enough to be warm and is easier for the feet than any other floor surface. It wears well and is easily cleaned by mopping, but the first day school lesson leaflets or quarcost is too great for any but a small kitchen or a large pocketbook.

Congoleum is an excellent floor covering and cheaper than lino-

Oilcloth may be used but it wears out quickly.

Painted Floors.

Two coats of good floor paint in tan or gray are attractive in ap pearance and wear well-reWhen worn spots appear they should be touched up at once. If the floor two coats of shallac before the

Care of Painted Floors. hot water. If there are spots that will not come off use a little soap on the cloth, but painted floors are ruined by using a scrubbing brush and soap and water. 'Once a week after having swept the floor go over it with a cloth dampened with one part of boiled linseed oil and one part of turpentine, or kerosene may be used. This cloth may be put on a old broom and the floor quickly gone over.

The work of caring for a floor in this manner is much less than when a great deal of soap and water is used; and moreover, the floor is in a sanitary condition, because the boards are dry and

HOW IT HAPPENED.

Bill Johnson got "hitched" to a good woman when he was earning \$18 a week. He joined a fraternal order; his wife said she preferred a new spring hat to paying assessments, and Bill took in the moving pictures and played pinocle instead of keeping his certificate in force. Bill was injured while at work, and was sent to the hospital. Then his wife hunted up his certificate Well-everyone knows the effect and tried to reinstate Bill. The of Pine Forests on Coughs. Dr. surgeons operated on Bill and Bill Bell's Pine-Tar-Honey is a remedy which bring quick relief for Whooping Cough, loosens the Mucous, soothes the liping of the Mucous, soothes the Mucous and throat and lungs, and makes the asylum. Bill's wife, humble and coughing spells less severe. A destitute, unattractive and desponwith growing children dent, earns a precarious livelihood

Bibles Wanted

Patients at the State Sanatorium Need Bibles and Books.

"How's your Sunday school State Sanatorium for the Treatment of Tuberculosis was asked a few days ago.

"Oh, fine," he replied, "we have more interest shown and a better attendance, according to our population, than you folks have at home." Continuing, he explained that every Sunday afternoon, after the rest period, the convelescing patients assemble in the main lobby of the Sanatorium where one of their number, usually a minister or former Sunday school worker, leads in the study of the lesson or in such other devotional exercises as may seem appropriate.

"How about your Sunday school equipment?", he was asked.

"Well, you see it really doesn't take very much," he replied. "A generous friend gave the Institution an organ sometime ago. What we need most now is about 75

In this connection he stated that requires that they spend a great Already, friends of the Institution have contributed various books to the extent of about three hundred. The patients read these at the rate of fifty or more a week, Bibles, New Testaments, books, magazines, magazine subscriptions, song books and a subscription for seventy-five to one hundred Sunterlies would be of much value to and the great back bone of the the patients who are there waging country. the battle of life and death with the Grim White Plague, Such books or liter-ture, if sent by parcel post to the State Sanatorium, at Sanatorium, N. C., will receive a hearty welcome by the patients.

Short Course for Club Members.

by members of the College faculty farms, observation trips through the College buildings, practical demonstrations, and a trip down town to the various places of interest in the Capitol City.

Each evening we hope to have popular and illustrated lectures for the men and boys. We want all the members of all the clubs who can to come. The College will furnish rooms free and meals at twenty-five cents each. Each boy will be expected to bring towels and sheets. We hope the parents will encourage the boys to take this little outing, and at the same time begin their education in agriculture. We don't know how the boys can spend a week more profitably than in attending this Short

This is an opportunity no farm boy can afford to miss.

You Need a General Tusis Take Grove's The Old Standard Grove's Tasteles

Press Comment on Bryans Note Quarter-Century Celebration at Elon to Germany.

The comment of the independent and partizan press on Secretary cord is a pleasing one to all the getting along?" an official at the of State Bryan's note to Germany, Alumni. The College was charterin answer to the insinution that ed March 11, 1889 and opened its the United States was unneutral, doors Sept. 2, 1890. The faculty in selling implements of war to the contained seven members that Allies, when Germany could get year and 105 students were enrollnothing from us, has been one of ed. The equipment consisted of the highest compliments any Sec- the Administration on Building retary of State has ever received. and the East Dormitory. Two The New York Sun which has members of the original faculty been hostile to the Administration are yet filling their chairs hereever since Wilson came in. and Dean J. U. Newman and Dr. J. O. especially to Bryan, pronounces it Atkinson. Today the faculty numa "master-piece". And in deed bers 24, the student body 402, and nearly all of the Republican editors the equipment is valued at \$300,have been similarly enlopistic. As 000 and consists of seven buildings. a master-peice of diplomacy and The Alumni and "Old Guards" unanswerable logic, on a most are scattered in every State of the delicate international problem, it Union and practically every is unsurpassed by any state papers Foreign country. It is a splendid of Jefferson, Webster, Seward or record and forebodes much for the Blaine. The opposition papers future. The 1915 Commencement have indulged in much criticism of will therefore fittingly celebrate Mr, Bryan in delivering lectures the quarter-centenary. throughout the country, claiming The Commencement exercises that they indicated neglect of his begin Saturday afternoon May 22, duties as Secretary of State. with Class Day Exercises. That Bryan has shown them that he can evening Society Representatives lecture more than half the time, will contest for the Representanearly all the patients read quite a and then match any diplomat tive's Medal. bit, for inasmuch as the rest cure who tries to entrap our state De- On Sunday morning Dr. Frank partment. It is now pretty evident G. Coffin, Albany, N. Y., Presiportion of their time in bed and that the bitterness of the attacks dent of the American Christian sitting around, a great many that have been made on Bryan in Convention, will preach the bacimprove their time by reading. the motropolitan republican dailies calaureate sermon. Dr. Coffin is are inspired by the Whiskey Trust, one of the most eloquent preachers which controls editorial utterances of the Christian Church, a pro-

PROSPERITY SWEEPING OVER THE COUNTRY.

Evidence continues to accumu late in proof of the fact that a broad and powerful wave of pros- by Rev. A. W. Andes, Harrisonperity is sweeping over the coun-burg, Va. as well as the Alumni try. One of the best of proofs is There is to be held at A. & M. the large earnings of the U. S. College, August 17-20th, a "Short Steel corporation whose net earnis not hard wood it should be given Course and Club Week" for the ings for March were eight million North Carolina members of the dollars against four and half for paint is applied, and all cracks Boys' Agricultural Clubs. This is February. This shows the railshould first be fill with crack filler. to be held during the first week of roads, and building construction D. C. It forbodes much for our the annual Short Course for the are very active and prosperous country's progress and advance-Sweep the floor, and wipe off County Demonstration Agents, to again. The American locomotive ment in civilization to have at the the dust with a damp cloth. If be held at the College. The boys works with plants in Virginia, head of its great industries and and agents will be given Monday Pennsylvania, New York, Ohio public utilities men such as Presiuse's woolen cloth wrung out of to get to Raleigh and get located. and other places has received dent Harrison, men who combine Work in earnest will begin Tues- or years that will keep them busy business acumen with the most day morning. August 17th. The for more than a year. And best liberal culture, who see in life regular lectures for the boys will of all our exports to foreign coun- more than industry and who aim be separate from the men's meet- tries are runing at an increase more at the production of men ings. The mornings will be devot- over all records of about four than of money as forming the only ed to real practical instruction for hundred million dollars per an- sure basis for national prosperity. the boys, in thirty minute lectures num, and South America is just President Harrison will be heard launching two new steamship lines with great expectancy by a great and Station force. The afternoons one from Rio Janeiro, Brazil and audience. will be left open for the boys to the other from Buenos Aires visit the College and Stations Argentine, so as to aid in taking care of the rapidly increasing trade between them and us.

Wilson Gives Woman Job of Labo Expert.

labor problems as they arise in ten cent a piece to our readers. immigration service are to be worked out by a woman.

Mrs. Lucy Jones Harris, of Morganfield, Ky., to take up that work of the service in New York. -Ledger Dispatch.

Don't Have to Wait Till Fall.

(Wilmington Star)

Eastern North Carolinn's lettuce and early truck crop is bringing a Don't forget the date, August lot of money to this section, but on and after next week the strawberry crop will be the means of bringing something like a million then. Thousands of people keep dollars here for distribution. In their Livers active and healthy by this country we don't have to wait using Dr. King's New Life Pill's. till fall before we can market a money crop. The spring, summer jousness and Indigestion. Clear and fall are money crop times all the blood. Only 25c. at your around Wilmington.

The approaching Commencement rounds out the first quartercentury of Elon history. The re-

in the big dailies by their big half found thinker, and great ecclesipage "whiskey ads" which sub- astical leader not only in his own sidizes those papers so their at-denomination, but in the nation. tacks and those of other grafters. This is his first visit south of the on Bryan, have only served to ren- Mason and Dixon line. That evender him more beloved than ever ing Pres. Harper will give his by the sterling Americans who parting official message to the constitute the great middle class, Class of 1915. His subject and is to be Aspiration and Life.

On Monday the Board of True tees will meet, Somety reumons will be held, and at night the Annual Concert occurs.

Tuesday will be illustrious besides being the occasion of the graduating exercises of the class of 1915 and of the Alumni Address Rally and the Art Exhition, particularly because a new type of orator for the literary address will be heard, in the person of President Farifax Harrison, of the Southern Railway, Washington,

W. A. Harper, Pres. and Cor.

SOUTHERN INVENTORS.

The following patents were just issued to Southern clients reported by D. Swift & Co., Patent Lawyers. Washington, D. C., who will Washington, May 3 .- Woman furnish copies of any patent for

Va. Marcus A. Stickley, Strasburg, Farm Gate; Frank W. President Wilson waived Civil Minor, Richmond, Eblarging lan-Service requirements and appoined term or projectorscope; Frant S. Miller, Bristol, Currycomb.

N. C. J. A. Baucom, Raeford. Motor vehicle steering gear; Fred D. Blake, Charlotte, Car step; M. M. Brower, Concord, Chair; A. O. Davis, Wilson, Sprocket guard for cycles.

S. C. R. M. Warren, Sumter, Armature for electrical machines.

A Sluggish Liver Needs Attention. Let your Liver get torpid and you are in for a spel! of misery. Everybody gets an attact now and Fine for the Stomach, too. Stop the Dizziness, Constipation, Bil-Druggist, Adv.

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WALTER L. CURTIS AHOSKIE N. C.

ACHERGRERERS RESIDENCE REACHERS REACHERS DON'T SPEND ALL YOUR EARNINGS

Put some aside for possible sickness, or misfrtune. We welcome small accounts as well as large ones. The man who has a little money saved is the one who is in a position to open the door when Opportunity Knocks. Don't run the risk of loss by fire or thieves, deposit your surplus earnings with us,

THE BANK OF WINTON WINTON, N. C. ARAGERERERERERERERERERERE

MONTAUK ICE CREAM TOUCHES THE SPOT

Fills the demand for a dainty dessert, as no other dessert can. It's the choice of mother, father, sister and brother—and the boarders, if there be any. It's one subject upon which the whole family agree. That's because Montauk Ice Cream is so pure, rich and delicious. Try it:

THE MONTAUK COMPANY, INC., NORFOLK, VA Makers of "Purify" Ice Cream 275 Granby Street

in this community cary accounts at this bank. Some are checking, others are savings, while still others are both. We invite YOU to become a member of our happy family.
Checking accounts are the most convenient me thod of paying bills, and they discourage extravagant habits.
Saving accounts draw 4 per cent interest.

Merchants and Farmers Bank Winton, N. C.

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I have opened up an up-to-date Pressing Parlor in the rear of my stand and solicit the work of the public. Syecial Attention to Ladies' and Childrens' Garments.

Let Me Have Your Order For That Spring Suit or Trousers,

Z. V. BELLAMY, Ahoskie, N. C.

is often no harder to find than a dollar when you want one in a hurry.

Annex a check book by opening an account at this bank, and protect yourself from such annoyances is the future.

We carry many accounts at this bank. Possibly we have yours, too. If not, we invite you to open an ac-

count today. We will serve you faithfully.

THE PEOPLES BANK MURFREESBORO, N. C. ****************

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Now is the time to save money on all of you New Spring Goods. Don't forget, everything in this Store at a Genuine Bargain for 15 days only, rain or shine.

FELDMAN'S BARGAIN STORE

Newsome's Block AHOSKIE, N. C.