IF WE COULD ONLY KNOW!

Stomach Trouble and Nervousness Cured.

Four years ago my general health gave way. I was afflicted with a distressing stomach trouble, and could not touch solid food of any kind. For one year I would vomit everything I would swallow, even down to medicine and water. My dramach would not estain a thing down to medicine and water. My stonach would not retain a thing. No one can know what I suffered from weakness, diziness, shortness of breath and nervousness. I often felt like it would be so much better could I die and get out of my suf-fering. Off and on I was nucle doctors' treatment for three years, and I can only say that doctors' medicine did me no good. Then some good fate put one of Mrs Joe Person's pamphlets in my hands, and I read where so many had been curred that were as bad off as I was. I got ms a bottle of the Remedy, and from the very first dose I took I knew I had struck the right thing It was the first medicine I ever It was the first medicine I ever took that the first dose did me good, For the first time in a long time, I was not nauseated after taking it. I continued it, and continued to improve until I took thirteen bothes, and it made a perfect cure of me. It has been a year since I was cured, and I know I am well. I recommend it to everyone who has stomach trouble and to all who have rheumatism, as the tried to get me to take it long refore I did, but I thought, because et will cure rheumatism was no reason it would cure stomach trouble. I had no faith in anything: it was as a last resort I tried it. How much suffering it would have saved me from had I tried it three years before.

Miss) RESECTA TROLLINGER. Newton, N. C., Nov. 11, 1904.

MR BROWER TRAINMASTER.

Franklinville Boy Appointed to High Position In Railway Service.

Mr C E Brower, son of Mr M N Brower, of Franklinville, has been appointed trainmaster of the second appointed trainmaster of the second division of the Atlantic and Bir-mingham Railway, with head-para-ters at Fitzgerald, Ga. Mr Brower began his railroad career fifteen years ago with the old C F and Y V R. R. By close application to business he has been rewarded by steady promotion in the service. His many friends in Randolph will be glad to learn of his success.

HOUSEHOLD TOPICS.

Items of interest to Women.

House-cleaning time is approach-ing, when winter garments must be packed away, and sometimes the most careful of housewives fail to inost careful of housewives fail to make sufficient provisions against moths. Here is an old-time house-keeper's plan: Be sure everything that is to be packed away is thor-onghly brashed in every seam, bits of trimming, fold and gather, so that no possible moth eggs remain. Have furs combed, and beaten with a switch. Then pack them in perfectly clean tranks, boxes of chests that have been lined with clean newspapers three thick. Sat nate bits of absorbent cotton with



THE above picture of the man and fish is the trade mark of Scott's Emulsion and is the synonym for

strength and purity. It is sold in almost all the civilized countries of the globe.

If the cod fish became extinct it would be a world-wide calamity, because the oil that comes from its liver surpasses all other fats in nourishing and life giving properties. Thirty years ago the proprietors of Scott's Emulsion found a way of preparing cod liver oil so that everyone can take it and get the full value of the oil without the objectionable taste. Scott's Emulsion is the best thing in the world for weak, back ward children, thin, delicate backward children, thin, delicate people, and all conditions of wasting and lost strength.

Send for fr - sample

SCOTT & BOWNE, CHEMISTS 405-816 PRAI & STREET, NEW YORK Me. and \$1.00, All druggiets.

again. Make two or three plaits, on either side, at the waist line, in both bib and apron, to make it fit comfortably,

THINGS TO KNOW.

jured.

bertectiv clean trunks, boxes or chests that have been lined with clean newspapers three thick. Sat unte bits of absorbent cotton with turpentine, and place between the receptacles and the papers. Cover very closely with three thicknesses of papers, and you will have no trouble with moths; for there is nothing they detest like the odor of printers' ink and turpentine. Oil paintings should be cleaced with oil and brush over a few inches at a time, then wipe gently and thor-oughly with a very soft cloth. Here is a receipt for the genuins English Good Friday hot cross buno. Dissolve in a generous half-pirt ef warm milk a quarter of a cupful of sifted flour, half a cupful of salt, half a crated nutmer. Line for the set is on the set of a subtront sitted flour, half a cupful of salt, half a crated nutmer. Line for the set is stated the set of sitted flour, half a cupful of salt, half a crated nutmer. Line for the set of the set our office. Bate of a subtront of salt, half a crated nutmer. Set of set of salt, half a crated nutmer. Set of se

LEXINGTON'S GROWTH.

More Employed In Mills than the Entire Popu lation in 1900.

Mr H B Varner, while in Wash-ington last week in the interest of

industries with a capital of \$200, 000; there were no public improve-000% there were no public improve-ments whatever, and in short, the the community was a small, sleepy, insignificant village. Since 1900 the number of inhabitants have in-creased to 5,017, by actual count. The number of mills and factories has increased from live to thirty, and the aveital invested in them have and the capital invested in them has grown from \$200,000 in 1906 to \$2,000,000 in 1906. More people are employed in the manufactories of Lexington than the total popula-tion in 1900."

It is possing strange that Miss Kime, the indicted postoffice clerk at Concord was allowed to remain nmolested until her relative, J M Millikan, was ie-appointed Marshal when the fact, that the indictment of Wagner's relative debarred him from holding a Federal office. These are some thoughts worthy of consideration, one desires to be con-sistent .-- Mt Airy Ledger.

public should be given the contents if that letter, so that the people can know the true state of affairs.--Mt Airy Ledger.

Indigestion is much of a habit. Don't get the habit. Take a little Kodol Dyspepsia Cure after eating and you will quit belching. puffing, palpatating and frowning. Kodol digests what you cat and makes the stomach sweet. Sold'by.—Standard Drng Co and Asheboro Drug Co, Asheboro, N C.

THINGS TO KNOW. When ivory becomes yellow, set it in the sun to bleach. To clean it wash with alcohol and a soft brush then polish with a dry, soft brush A mirror, when intended to be decorative, should always be placed where it will reflect something which will add to the appearance of the room, such as the window with a view beyond, or the open door leading to another 'roorn an effect of space is thus gained. Never hang it where the sun's rays will fall upon it or it will become dull and its power of reflection in-jured. THINGS TO KNOW. Senator Simmons spoke in behalf of the railway rate bill Thursday of the the aliver and week. Chairman Millard and Senator Kuox, former attorney general, spoke in highest praise of the deliverance. The best way to rid the system of a cold is to evacuate the bowles. Kennedy's Laxative Honey and Tar acts as a pleasant, yet effectual cathartic on the bowels. It clears the head, cuts the phlegm out of the throat, strengthens the bronchial ubes, relieves coughs, colds, croop, whooping cough etc. Sold by. a cold is to evacuate the bowles. Kennedy's Laxative Honey and Tar acts as a pleasant, yet effectual eathartic on the bowels. It clears the head, cuts the phlegm out of the throat, strengthens the bronchial tubes, relieves coughs, colds, croup, whooping cough etc. Sold by, Standard Drag Co, and Asheboro Drug Co, Asheboro, N C

> Spirng Planted Trees.

Just before the spring growth starts is one of the best seasons to plant fresh-dug Fruit, Shade and Orna-mental trees. They start to grow at once, and do not lose vitality as they do when dug in the fall and kept over five or six months before growth can start. This is common sense. We have a large stock that can have a large stock that can be dug and shipped on short

JOHN A. VOUNG, Greenshore Nurseri Greensboro, N. C.

BALEM IRON WORKS, Winsto





style that can be found anywhere come and see us. Our buyer has just returned home and the new goods are rolling in daily. We have as nice a stock, and as low prices



sifted flour, half a cupful of sugar, half a teaspoonful of salt, half a grated nutmeg, half a yeast cake, dissolved in a little water, and two eggs, the whites and yolks beaten separately. Mix into a soft dough, place where it will not become chilled, and let it rise over night. Take pieces of the dough the size of an egg and, with floar on your hands, mold them into round cakes an inch in thickness; put in a bakhands, mold them into round cakes an inch in thickness; put in a bak-ing pan with a little space between, then cover and place where they will keep warm. When swollen to dauble their size, cut a cross in the center of each with a sharp knife, and bake for half an hour in a moderate oven. When baked, brush

The best safeguard against head-water. IN THE SITCHEN. Housekeepers who are sometimes obliged to do their own rough kitchen work will be pleased to hear—if they do not already know it—that a bib apron of white table oileioth is a great comfort. Try it, and you will never be without one

\$1.00 (The Courier) Southern Agriculturist Nashville Weekly American .50 .50 Industrious Hen (poultry) .50 Southern Fruit Grower .50

Total regular price 3.00 We will send you all five of the above papers a whole year for only \$1.50.

These papers are all southern publications and each is a leader in its particular field. Order this club and you will get a big year's read-ing at nominal cost. Address, THE COURIER, Asheboro, N C.

To Cure a Cold in One Day.

M. L. ALLRED. Breeder of

Barred Plymoth Rocks

Eggs per setting of 13, \$1.00.

Climax, N. C.

Take LAXATITIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E W GROVE'S signature is on each hor. 25c,

as any one in Randolph county. We guarantee quantity and quality, otherwise your money refunded.

A. W. CURTIS, Manager. LIBERTY (N. C.) MERCANTILE (O.,

New Goods.

We have just received a lot of Spring Goods, Suitings, Waist and Skirt Goods, Shoes, Oxfords-white and black for ladies and children. A lot of old stock of Shoes at cost. We can please you in most any thing. Come in and take a losk.

Ridge, Fox & Company.

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I am now in my office prepared to practice entistry in its various branches.