

SUNDAY SCHOOL CONVENTION.

Meetings Will Be Held All Over the County During the Month—Subjects to Be Discussed.

The activity of the Sunday School workers in Randolph county will be very evident during the month of June. Many townships will hold conventions for the purpose of discussing subjects of interest to both teacher and pupil, that the work may be more successfully carried on throughout the county.

These meetings will be largely attended and will be made interesting for all.

The COURIER takes pleasure in publishing the following programs by request:

RANDLEMAN TOWNSHIP, SAINT JOHN'S CHURCH, SUNDAY, JUNE 17, 1906.

- 9:30 Song Service. Scripture Reading and Prayer—Wm. A. Lamb.
- Reports from Schools—Read by Secretary of Convention.
- 10:15 Round Table—The Sunday School Teacher—Led by Dr. W. I. Sumner.
- 10:45 Our Little Folks—L. R. Hughes, Frances P. Hubbard.
- 11:15 A Few Things the Pastor Should Expect from the Sunday School—Rev. C. M. Campbell.
- 11:40 Pledges, Collections, etc.

NOON.

- 2:00 Song Service and Prayer. Election of Officers and Other Business.
- 2:30 Some Good Things about the "Baraca"—W. H. Dickard.
- 2:45 The Hardest Problem in My School—Three min., talks from Superintendents.
- 3:15 Round Table—Sunday School Management—Led by Dr. C. C. Hubbard. Announcements and Closing.

COLUMBIA TOWNSHIP, BAPTIST CHURCH, RAMSEY, N. C., JUNE 17TH, 1906.

MORNING SESSION.

- 10:20 Devotional Exercises—Rev. J. B. Richardson.
- 10:45 Report from Schools.
- 11:00 Organized Class Work—Prof. Clay Staley.
- 11:20 Round Table—The Sunday School Superintendent, Led by L. E. Craven. Pledges for State and County Sunday School Work.

AFTERNOON SESSION.

- 2:15 Song Service.
- 2:30 The Possibilities of Childhood—Rev. C. A. Wood.
- 3:00 Address by County President—Prof. J. M. Way.

Election of Officers.

Every Sunday School in the township is urged to send delegates, and it is desired that every Sunday school superintendent participate in the discussions.

Dinner will be provided for delegates and visitors.

M. E. JAMES, President.
Miss Pearl Fisher, Secretary.

TRINITY TOWNSHIP.

Trinity Township Sunday School Convention will be held at Fairview Church, June 10, 1906. The program is as follows:

- 10 a. m.—Song service, followed with prayer by Rev. B. F. Hargett.
 - 10:15 a. m.—Words of welcome by Dr. D. Reid Parker. Response by Rev. B. F. Hargett.
 - 11 a. m.—The Sunday School as a Guide of Young Life to its Best Estate—Prof. N. C. English.
 - 11:30 a. m.—The Sunday School a Beneficial Influence on Persons of Mature Years, Dr. Frank H. Wood.
 - 12 m.—Adjournment for dinner.
 - 1:30 p. m.—Singing followed by resolutions from members of Fairview Sunday School.
 - 2 p. m.—Address by Prof. J. M. Way.
 - 2:30 p. m.—The Sunday School as a Missionary Factor, Prof. J. T. Henry.
 - 3 p. m.—How to Secure a Better Sunday School Attendance in our Rural Districts, by Rev. D. C. Cox. Special general discussion.
 - 4 p. m.—Reports from Schools.
 - 4:30 p. m.—Election of Officers.
 - 5 p. m.—Adjournment.
- W. N. Egan, President.

GRANT TOWNSHIP.

Grant Township Sunday School Convention will be held at Spoon's Chapel, Sunday, June 24th, 1906. The following is the program:

MORNING SESSION.

- 10:00 Song Service.
- Devotional.
- Welcome—A. D. Hamilton.
- Response—C. W. Cox.
- Song.
- Recitation—The different schools as follows: What a Boy Can Do—Clifford Glasgow. The Downward and Upward Road—Steen J. Humble.
- Charity's Meal—Lula Cole.
- Song.
- Alone—Dallas Glasgow.
- A School of Horses—Erna Lynch.
- A Drunkard's Child—Sawanna Bird.
- Song.
- The Role of Christ—Mattie Kenney.
- The Gift of God to Fallen Man—Ezada Smith.
- A Voice from the Poor House—Leola King.
- Have You not a Word for Jesus—Pearie Cox.
- Song.
- He Stoops to Conquer Sin and Death—Mamie Kenney.
- The Judgment—Ruth E. Smith.
- A Mother's Prayer—Etta Lowdermilk.
- Only Try—Olive Moffitt.
- Be Sure Your Sins Will Find You Out—Ella King.
- Song.
- Address—Dr. C. C. Hubbard.
- Intermission.

AFTERNOON SESSION.

- Song Service.
 - Report from Schools.
 - A Talk on Sunday School Teaching—E. C. Williamson, President of Randleman.
 - Scripture Reading—Rev. C. C. Hubbard.
 - Prayer.
 - Announcements.
 - Election of Officers.
- S. S. Cox, President.
Miss Bird, Secretary.

GOOD HEALTH GIVERS

IMPROVED HIGHWAYS FROM A MEDICAL POINT OF VIEW.

Michigan Physician Points Out the Benefits and Disadvantages to Mankind of Fine and Bad Roads—Value of Trees Along Roadside.

The medical man in pioneer days was many times one of the first to blaze the path, to lay out the road or to plan the highways, and it is a fact that in modern times he is one of the first to lend his knowledge and aid to further the movement of good roads, says Dr. E. B. Smith, secretary of the Michigan College of Medicine and Surgery, in the Auto Advocate and Country Roads.

Many years ago Michigan possessed a man of sterling worth, broad intellect and keen observation for the requirements of the people of his locality and the needs of good roads and the reclaiming of many acres for new settlers and clearing up of the cause of much sickness and death. Dr. Henry Wyman in about 1844 was a member of the legislature from Lenawee county. The district was a great cottonwood swamp. Malaria and typhoid fever prevailed every month of the year. Through his efforts in the legislative body Dr. Wyman secured appropriations for digging a ditch a considerable distance across Lenawee and well into Monroe. They say that at that time logs were felled, and over the logs was thrown the dirt from the ditch, which contained considerable clay. These logs were either fired on purpose or by chance, and the fire baked the clay into the brick substance, and today going through this country one can see the result of that baking process.

As a result of this ditching and turning-piking there are more beautiful farms, with people enjoying good health, in any other part of the United States than in Lenawee and Monroe counties. So I believe that as good roads mean good drainage—that is, drainage of the surface of the road, drainage under the road and drainage along the sides of the road—so we have good health to those living along the roads constructed after this manner.



FINE ROADS MEAN GOOD HEALTH.

Man is so constructed that when he walks, runs or jumps the jar is lessened and entirely spent before it reaches tissue or vital organs that are unable to withstand it. This is so on account of the arch in the foot and on account of the elasticity of that arch. This arch is a more perfect one than you builders can make. Between each joint are fluid buffers, and running from one bone to another, keeping the joints from spreading and to aid them to swing, are guy ropes that assume a lax or tense condition, as required, and between each bone in the spinal column are mattresses that make it possible for one to jump from a considerable height, and, striking upon the feet, the force of the blow is carried from part to part of the body and the force spent upon these resisting bodies until it is spent before reaching the brain. I firmly believe that the rough, bad roads of our country are no small factor as a cause of the large number of nervous and insane cases that our rural districts supply.

Catastrophic conditions are aggravated by the dust from the roads, the decaying vegetable life along the roadside breeds disease, and the stagnated pool is a fertile field for low forms of animal life. From these the air is polluted, and man has only to be found in a condition to be infected. It is too bad that these stagnant pools cannot cry out to the passerby: "Unclean! Unclean!" If this were so you and I could turn out of the way and pass by. Healthy plant life along the roadside is conducive to good health in man. It helps give unto man that which man needs for his growth and for his living. What is pleasing to the eye gives health. That is one reason why the tourist and traveler seek other climes. The eye is delighted, it is pleased. That helps the body. Every special sense is helped, and so the great body is made more healthy. The nose smells, and we are pleased or displeased. We are satisfied, even gratified, or we are disgusted and sickened. The ear hears the sweet songs, the mind becomes joyous, and the heart beats stronger and fuller, and we are made to feel the joy of exhilaration at the pleasant surroundings; we are made to feel that it is good to live. The keen sense of taste begins to manifest itself. The appetite is sharpened, the stomach does better work, and the man begins to feel his power and strength and feels that it is good to be here.

I can say to you farmers, I can say to you men outside of the cities and towns, that good roads are your salvation, your health. I can say that that which improves your everyday life and that which improves your works in life make you live longer, make you live easier, make you live a little better, and that which makes you live longer, easier and better makes it possible for you to die easier.

CALVIN J. STOUT DEAD.

Result of Attack of Paralysis on Streets at High Point Wednesday of Last Week.

Calvin J. Stout, formerly of Randolph county, but lately of High Point, died suddenly at that city last Wednesday after an illness of only a few hours.

He was attacked with paralysis early in the morning while walking along the streets of High Point. He fell and became unconscious before he could find shelter. The deceased leaves a wife and seven children.

Mr. Stout was born and reared in Grant township, Randolph county, and for many years lived four miles east of Asheboro. For some time he had made his home at High Point where he was employed as carpenter.

The funeral services were held Thursday afternoon followed by the interment at Springfield, near Archdale, Guilford County.

LIST TAKERS APPOINTMENTS.

I will be at Branson Mills June 6; Providence, June 7; Red Cross, June 8; Pugh & Lineberry Store, June 9; Union Grove, June 11 afternoon to list tax for Providence township.

I will attend at the following times and places to list the property in Liberty township: Liberty, June 6th; Julian, June 7th; Melancthon, June 8th and Liberty, June 9th.—C. R. CURTIS.

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First the stereoscope. The stereoscope is our world-famous "Aluminum Crystal Lens" Stereoscope. Genuine aluminum hood, bound with dark rich velvet. Frame is of fine finished cherry wood with elegant folding handle, folding underneath frame, and sliding bar. The lenses are extra fine quality, selected for clearness and brilliancy, 1 1/4 inches in diameter, ground from best quality glass and carefully adjusted. This Crystal Lens Aluminum "Scope" has won universal praise from lovers of the beautiful, and as a means of entertainment stands second to nothing.

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