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## Heart to Heart Talks

By JAMES A. EDGERTON

men work themselves to death.

They may worry themselves to death or dissipate while working and so burn the candle at both ends, but good,

hard, bonest work is a tonic rather than a health destroyer. Don't be afraid of doing too much. will not exhaust you. It is the men who work by fits and starts that are worn out by the unaccustomed effort rather than those who keep plugging at it all the time.

nterest, buoyancy and spirit. If your work ever becomes drudgery, then it will wear you out, but not otherwise. Moreover, we become capable to do by doing. Man has an almost limit-

by doing. Man has an almost limitless capacity to adjust himself to whatsver task is before him.

We must economize in work as in all
other things, make no false motions
and conserve our nerve force. There
is a secret about efficiency, and happy
is he who finds it.

A man can invent new and better
ways of doing things, just as he can
invent a machine. There are more inbor saving devices than are made out
of wood and steel.

It is all right to talk about short cuts
to success. Even short cuts require in-

to success. Even short cuts require in-bor—labor of the brain. I bave heard of a few indolent great

I have heard of a few indolent great men, but never of one who was great because of his indolence. Moreover, i have suspected that even those men who are seemingly averse to outward effort keep up a prodigious thinking. Bid it ever occur to you that work, will and win begin with the same let-ter? The same is true of laziness, loaf-ing and loser.

The highway of achievement is paved with labor. It is the only way to keep out of the mud.

THE GOOD OLD SUMMER TIME.

THE GOOD OLD SUMMER TIME.

When the green gits back on the trees an' bees
Is hummin' aroun' ag'in
In that sort of an easy, go as you please,
O' way they bum roun' in,
When you ort to work an' you want to
not
An' you an' your wife agrees
It's time to spade up the garden lot,
An' the green gits back on the trees,
Why, I like, as I say, sich times as these
When the green, you know, gits back on
the trees

- James Whitcomb Riley.
I quote from memory, not having

James Whitcomb Riley.

I quote from memory, not having seen the poem in fifteen years, so do not mind if there should happen to be a comma misplaced. But, at any rate, the sentiment is there.

Well, it is coming again, the "good old summer time." You can feel it in the air right now.

And I like it—don't you? Every senson is good, but summer—well, sum-

And i like it—don't you? Every sension is good, but summer—well, summer is the wine of the year.

The bees like summer, and the bees have more sense than some people.

The birds like summer. So do the flowers. So does the small floy.

Some people picture heaven as a place where summer never ends.

Well, they do not have to go to heaven to find that condition. They can get it in soushern California or down around the equator.

But there can be too much of even as good a thing as summer.

These little winter absences heighten our enjoyment of it, just as we appreciate home the more when we have been away.

Winter is a good thing because it whets the appetite for summer.

The sun is a magician who by merely looking upon the fields and trees covers them with verdure and blossoms.

He is an artist who ness the certifical contracts.

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It is belitting that this spotless name should grace the capital city of the greatest of republics, for it is a confinual suggestion of the character that epublic should take.

It is said by competent authorities hat when present plans have been arried out Washington will be the most beautiful city in the world.

Even now it is beautiful, a city of arks and broad streets, of pleasant omes and public buildings worthy-of a reat nation.

many Migies, both from hear and rar, must approach it from the river and see it from the Virginia hills. It is well worth study even in its present uncompleted state. What, then, will it be when the plans of its builders have been translated into parks and mails, memorials, statues and classic buildings?

The parking is being continued along the banks of the Potomac. There the Lincoln memorial will stand. The capitol will be, in part, surrounded by parks, one extending to the new Union

have been translated the mails, memorials, statues and classic buildings?

The parking is being continued along the banks of the Potomac. There the Lincoln memorial will stand. The capitol will be, in part, surrounded by parks, one extending to the new Union atation and postoffice and another down past the agricultural buildings to the Maington monument.

In vision one can see the heights about the city crowned with beautiful homes. Already these are beginning to appear.

The parking is being continued along these for the nation.

Government can only restrain us from being bad We must make ourselves good.

Institutional restraints are largely negative. Positive results must be achieved by the individual.

A good citizen is one who leads to ward better things, not one who is dragged or driven to better things.

Involuntary righteousness does not count for very much in the building of character.

Don't trust anybody or anything else make you what you ought to be.

agine Washington becoming a second Athens or Rome, a center of poetry and learning, an intellectual as well as a political and social capital.

An American can take a greater pride in his country after looking upon her capital city.

THE OPTIMIST. If we are looking for good we can generally find it. The universe itself is good. All we need to discover that fact is to relate ourselves to it in the

right way.

Pessimism is usually a case of ingrowing egotism.

The world has not treated us in the

way we imagine we should be treated; hence we take a dyspeptic view of things generally.

For the most part pessimism is self siderthand failure.

dvertised failure.
When we think everything and every-

ing they will hit the sore spot.

I know a man who is always predicting dire calamities that never happen

ing dire calamities that never happen
He is a failure.

The same man is forever talking of
the things he once did.

I know another man who lets the
things he is doing now speak for themselves.

Many good people seem to be alarmed because there are a number of new cuits in the world.

Why, bless these dear, timid souls.

way, bees these dear, time sonis, there have always been new cuits. Some of them have succeeded and have become the accepted doctrines of the race. Others have disappeared.

But there was never much really to

be feared from any of them.

Today we are in a state of transition

A new generation is coming to the
front and is insisting on re-examining front and is insisting on re-examining everything—religion, politics, business, industry, labor, therapeutics and even our systems of finance and inxation. The young men of our age are not content to take the word of the past. They want to know for themselves. The so called new cults are merely efforts to improve conditions.

Personally I believe in some of them, and in others I do not believe, but I am not afraid of any of them.

If they are not good they will not last, Meantime they will make people

last. Meantime they will make people think.

Truth is not so puny that it need fear one fad or a thousand. It outlives all fads. For if the fads have any substantial reason for being they succeed and cease to be fads, and if they have not they disappear and cease to be anything at all.

For centuries a lot of good people have said that man never could fly, but man is flying. Now a number of other good people are disturbed because so many aviators are killed Well, that is sad and deplorable, but through this tragic experience we are learning how to improve the acropiance that danger is decreased. In time it may become as safe to ride in the airs as on the earth or the sea.

Others are troubled because of food cuits, healing cuits, suffragist cuits, the labor movement, the new woman move ment, shifting standards as to matrimony, socialism and what not. There is nothing to be affaid of in all these

ment, shifting standards as to man-mony, socialism and what not. Ther is nothing to be afraid of in all ther things. Most of them profess to see better ways and better days. The provoke discussion. Eventuality is will sift out the chaff from the when and whatever contribution of good as

to make you what you ought to be. Do it yourself.

That gives you strength and confidence that the results are permanent Don't be a moral learner.

Pleased the Boy.

In one of the missionary schools of China the ages of the male students range from nine to thirty-five. Often father and son attend school together and sometimes run a spirited race for the first place in a class. Sometimes family rivalry is productive of dire results.

suits.

The second master had been a short time at the school when one day he noticed that a boy was absent, and he made inquiries as to the reason. The following dialogue in Chinese immediately ensued:

Officious Boy-Please, sir, Li-ho-wack isn't well.

Master-What's the matter with him?

Master-What's the matter with him? Officious Boy-His father thrashed him last night, and he is too bad to come to school today.

Master-He must have committed a

serious offense to merit a thrashing What did he do? Officious Boy-Piease, sir, he laugher when you caned his father yesterday.-London Answers.

He is a success.

He is also an optimist.

There are dire things happening to the world—earthquakes, fires, floods and disasters—but there are so many optimists that they repair the injury and build better than before.

San Francisco is a greater city than she was when a slip in the earth's crust laid her low.

I have no doubt that the many citles that recently suffered from cyclone and flood will be better five years hence than before the elements struck them. They are filled with American optimists, who have the will that triumphs over accident.

Whether or not optimism is always justified, it generally justifies itself. It helps to make the good in which it believes.

Moreover, the optimist escapes whole flock of forebodings about imaginary ills.

SOMETHING NEW UNDER THE SUN.

Many good people seem to be a lawn.

Many good people seem to be a lawn.

Silips of Authors.

Pope was wout to boast of his accuracy, but he blunders in translating the "llind," where he transforms the "llind," where he transforms horse. Campbell writes of aloes and pain trees in Wyoming, but neither of these trees grows there. In "Paradise leaves that strow the brooks in Vallombrosa." The trees of Vallombrosa. In autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves. A cartain English novelist puf Bombay in autumn with their leaves of a cartain English novelist puf Bombay in autumn with their leaves of a cartain English novelist puf Bombay in autumn with their leaves of a

Life's Little Tragedies He liked her. She was bright, well read, animated. He called at her home many times, and then a friend made a remark that set him thinking. Had be

been absorbing this girl's attention an unwarranted way? an unwarranted way?

He was not a marrying man, as the saying goes He had no desire to give up the full measure of manly independence, yet there was but one way in which to make amends.

He asked her to marry him.

She had been expecting this for a long time, but, womanlike, affected a sudden coy reluctance.

"My father depends upon me so much," she murmured. "I don't see how I can leave him."

"Oh, well," said the man briskly "I'm not exactly a brute, and if you put it in that way—why, let's say no more about it."

And he never did.—Cleveland l'iain

The Price of Sausages.

A man went into a butcher's shop and asked how much sausages were a and asked how much sausages were a pound.

"Ah," said the butcher, "der brice tas gone ups. I shall haf to sharge you trenty-vive cents."

"Nonsense!" exclaimed the customer "That is ourrageous. I can get them at Schmidt's for 20 cents."

"Veil, vy didn't you?"

"Recause he was out of them."

"Because he was out of them."
"Oh, vell." replied the butcher, "if I vas oudt of 'em I'd sell 'em for tventy sents too "-Chicago Record-Herald.

WHAT ONE MAN HAS DONE

Try Also With Success.

A farm of 100 acres, twenty-five miles out of Philadelphia and with good railroad facilities, was sold for taxes some years ago because the land was worn out. If had a thin, gravelly soil. Most of the mad lies on the side of a ridge and has a moderate slope, but about five acres are level meadow, on which a tine spring is situated.

A market gardener purchased the farm at a tax sais lie cut trenches about 500 feet long and 20 feet wide across the meadow, the bottoms of which were covered with gravel, and diverted the spring water into them. A stand of watercress was then started, and by fall it covered the trenches, and the owner began to cut and ship ed, and by fail it covered the trenches, and the owner began to cut and ship it to the l'hiladeiphia markets. As cold weather approaches the cress is protected from frost by rough houses built over the trenches. The north sides of the houses are of inch boards, against which corn fodder is stacked to keep out the wind. The south sides are of glass. The beat of the sun and the warmth of the spring water are sufficient to keep the cress growing rapidly all winter without resort to artificial heat. A portion of the beds is cut over each day, and to about ten days it is again ready for cutting. The returns the first winter were about \$100 a day from the cress. A narrow strip of soil between the back of the house and the edge of the trench is devoted to violets and has proved very profitable.



UP IN A CHERRY TREE.

But, oh, it is such bully fun
To swing up there so high and free!
Why, I just felt as if I was
A robin or a chicadee!

And, mind you, robin flew up there

Did I ant cherries? Well, you bet!
But, say, don't tell, and don't you laugh.
I ate and ate and ate and ate—
I ate a bushel and a haif!
C. M. BARNITZ.

RAISE GUINEAS A LA NATURE.

RAISE QUINEAS A LA NATURE.
Jobp Buil considers the guinea such a game bird that he stocks his game preserves with them, and our English cousins find them about as hard to shoot as we did the lively keet caught with our camera. Raising guineas on the canary cage plan is about as easy as raising cats with cathirds.
Ask Farmer Cordtassel where his guineas stay, and he'll say, "Ail over the farm and other parts of the township." And really the only way to raise them is to just let them rip and run. Keep'a good bunch, with about eight males to every twelve femnles. Let them nest, brood and feed themselves and their young after nature's



They not only require this natural

DON'TS.

that to the shote.

Don't laugh at our rimes. They help you save dimes to pay for your peper right on time.

Don't blame the farmer and poultry-

man for high prices. Remember the middleman and the trusts.

Don't let the ducks puddle in the barnyard nor let, the turkeys roost in the benroost.

'Don't try to cover bughouse practices with apologies. Charity may cover a multitude of sins, but a multitude of apologies won't hide symptoms of lazy prostrations.

Don't spend time knocking your state because it is not at the head of the posters.

poutry procession Boost the rooster; don't knock and block. Mariar. Two heads are better than one, even if yours is a pumpkin head.

Don't turu purchased fowls loss among your fock on arrival. A short quarantine often saves an epidemic.

for a song.

Don't criticise the rooster. If he wakes you up early in the morning he saves your wife the trouble perhaps of a family jar and some hen-

THE WATER GLASS EGG.

the smen. But the water glass egg is what you make it. You know its origin and its age, and if you put them-up right you'll find the last in the crock tastes as sweet as the one on the top. So many are preserving eggs in the cheap season to use when eggs are so high, and so many are tooking for a reliable recipe, and so we print ours and advise them to paste it in their scrap book for home use and for that

Oh, golly, it's the greatest fun To climb a loaded cherry tree, To grab a hold of the lower limbs That seem to reach right down to mel

To climb right up just like a squirrel, To go on climbing up so high Until at last I'm at the top And right above me the blue sky!

Oh, my, it looks far down below! I hardly hear the rooster crow, And mother's voice I hardly know, It seems so far away and low!



Photo by C. M. Barnitz. QUINEA REET.

way, you to supplement their foraging with a little extra grain when they come in at night.

Guineas live mostly on worms and bugs (natural protein), seeds, berries, greens and grain they pick up in field and wood.

They not only require this natural

up. He didn't get a single fertile egg.
Our plan for raising guineas is the same as for turkeys—a la nature—the method by which the great Creator in-

Don't chew the rag; leave that to the goat. Don't grunt and squeal; leave that to the shote.

Massachusetts Agricultural college did itself proud at the Boston show. It had a great exhibit, part of which

Don't judge young stock too quick Give them a chance to develop their good points or you may sell prize birds for a song.

The water glass egg has come to stay, and it certainly does pay.

That one in the picture was a year old when fried. We ate it, and as a critic on eggs we must say it was buily. They certainly are superior to lime pickled and cold storage eggs. The shell shows little change, the contents vary but little from the appearance of the fresh article, and they taste sweet and have no unusual smell. Cold storage eggs are so different. They may be five years old for all you know and then—well, we'll not describe



Photo by C. M. Barnitz.

A GLASS EGG FRIED.

friend who wants to know how to friend who wants to know how to have good eggs in whiter and to save good unney easy.

Secure a three gallon stone crock or wooden vessel and one pint of water glass tsilicate of soda. Pour into the vessel eight quarts of water, cooled after boiling, and stir in the water class. If a number of vessels are used.

ed after boiling, and stir in the water glasse if a number of vessels are used it is best to mix the ingredients for each vessel separately.

Use eggs not over two days old, sound, clean and perfect of shell, and immerse each one in the liquid and lay it flat in crock, a three gallon crock bolding about twelve dozen normal sized eggs. Eggs may be placed in crock a few at a time and used as needed.

The vessel should be covered with.

The vessel should be covered with The vessel should be covered with a stone or wooden lid and set in a cool place. As the stiffcate of sodir plugs the shell pores, it is necessary to make a small hole in large end of egg or they will crack while boiling. Water glass eggs find a ready sale at a good price in winter, but to avoid unpleasant complications the sales should ant complications the seller should comply with all the requirements of the law in regard to the sale of preserved eggs.

FEATHERS AND EGGSHELLS. Ordinary lawn clippings, dried mount to little for winter feeding mount to little for winter feeding elippings will be rich in protein.

"Crowded stock never thrives." This is an old saying we recommend to the fellow who is tempted to hatch more chicks than he can take care of as well as to the friend who is about to buy land to go into the poultry business Chickens require plenty of room, and because this was not provided for at the outset many a poultry farm bus been a fallure Willis McBratney, a boy living near

Uniontown, 17a, captured ten black skunks and a groundbog in one hole. The skunk skins brought him 335. For the recent trapping season he made a record of 104 skunks, 80 groundhogs, 16 possents, 4 gray and one red fox. We congratulate Mr. McBrafney, as the changloin polecut acther of Pennsylvania and also the poultry rathers of his vicinity on having such a poultry pest killer handy to save their roosters. We advise farmers who go to shows o buy stock to inquire before buying

if it was bred by the double until

method. If so we advise them not to buy, for the double muting system is unnatural, and the birds eminot pro-duce offspring having their character-They not only require this natural to the birds cannot food, but much exercise—not only exercise, but exercise in pure air amid perfectly sanitary environment.

This they don't get in coops nor in an dozy barnyard dragging after a nature take chicken stepmother.

For two seasons a neighbor tried to fight over the feed, and in the content of the same binned of the same binned of the same binned the same binned of the birds cannot due to the same binned of the birds cannot due to the same binned of the birds cannot due to the same binned of the birds cannot due to the same binned of the birds cannot due to the same binned of the birds cannot due to the same binned of the birds cannot determine the same binned of the birds cannot determine the same binned of the sam There are times when two male birds get along peacefully together with the same binch of hens. Often-

ther amounts to anything as a breed-er. Use such scrappers alternately in the pens for best results. The poultry product has reached a portance of the hen should be recog-nized. Every state should carry on an investigation in poultry culture, promote the industry and issue up to date bulletins for the information of the people.

was forty fowls representing twenty varieties. Of the throngs that visited the booth a thousand requested that the college poultry bulletins be sent An Ohio inquirer writes, "How do you make peacocks lay?" The only method we know of to make a peacock method we know of to make a pence-lay is to use an ax or a shotgun on him. His pen hens will lay if fed a natural ration, most of which they will pick up themselves if on a good range.

Simmo &T. M. of

A SENSIBLE BOY.

A SENSIBLE BOY.

The writer has lately received an inquiry from a young man—a frind—in a large city who would like a position with an intelligent and progregive farmer during the coming summer vacation. Our friend, who is strong and vigorous and willing to work, seemingly feels that, entirely saide from what he may receive in wages, the experience which he will get during the summer, coupled with the wholesome outdoor life, will be well worth while, and we are inclined to take the same view. It would be a godsend to thousands of city lads if they would plan to do just as this young man is expecting to do, and this is especially true of those who are none too robust. The summer's work would give them same backs and arms, but would also cultivate ravenous appetites and would harden their muscles and tone up their whole system. Besides, it would give them insight into one of the important vocations of life—one, by the way, that is bound to become more and more important as the years go by.

Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has be in use for over 30 years, has borne the signature and has been made under his p sonal supervision since its infan All Counterfeits, Imitations and "Just-as-good" are Experiments that trille with and endanger the health Infants and Children—Experience against Experiments

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syraps. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years thas been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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The Kind You Have Always Bought In Use For Over 30 Years

AN EASY THING TO DO.

It is not a difficult matter to ascertain what the cows are doing in the way of milk and butter fat production. The

ROOMS.

feel perfectly safe in eating any must

gilled mushrooms he includes those

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

BRAIN WORK COUNTS.

The farmers must get their

de free their work. I do not

her de fire their work. I do not advise you to work longer hours in the day or to work any harder wille you are at if. My text for the men on the farm is to get in more head work. Some men seem to slave away many hours a day and yet accomplish very little. I question if these men read the Bible. The Bible men read the Bible. The Bible mays. A man shall come he

men read the Bible. The Bible says, "A man shall earn his bread by the swent of his brow." Most men leave their bends out of the game and make a poor living by the swent of their backs and the swent of the backs of all the rest of the family.—Professor A. E. Chamberlain, St. Paul, Minn.

Woodford's Sanitary Lotion Never fails. Sold by Graham

At a construction camp at Whitney, Stanly county, Sunday a week there was a free-for-all fight, the result of negroes being loaded with cocaine. Two men were killed and a third may die.

room that has black gills and

lesh is white and solid.

first requisite is a small sized Babcock testing outfit, which can be got for \$4 **OBSERVER** or less. While in the making of an absolutely correct test for record purposes it is customary to weigh and test the butter fat content of both milkings the butter fat content of both milkings each day, for ordinary purposes this is not necessary. If the milk is weighed night and morning one day each month during the milking period it is sufficient. Samples of the milking should be tested for butter fat, directions being furnished with the testing outfit. Multiplying the amount of milk as well as its butter fat content for one day by the number of days in the months Subscription Rates Daily and Sunday 8 00 Sunday - - - as its butter fat content for one day by
the number of days in the months
gives approximately the production
for the month. The same procedure
should be followed once each month
while the cows are in milk. To get at
the cost of the cow's bill of fare one
should weigh and estimate the cost of
the feed consumed on the day of the
test, and multiplying this by the days
in the month will give what the feed The Semi-Weekly Observer

The

CHARLOTTE DAILY

The Charlotte Daily Observer, isin the month will give what the feed for the month has cost. Following the same plan for the other months will enable one to ascertain what the feed bill for the year amounts to. With sued Daily and Sunday is the leading newspaper between Washington, D. C. and Atlanta, Ga. It gives all the news of North Carolina besides the complete Associated Press Service.

Tues. and Friday - 1.00

means of making a cow census for one-self as simple as this, there would seem to be no reason for farmers keeping cows around that will not pay for their The Semi-Weekly Observer issued on Tuesday and Friday for \$1 per year gives the reader a full report of POISONOUS AND EDIBLE MUSHthe week's news. The leading Semi-Weekly of the State. Address all W. W. Robbins of the Colorado Ag-

ricultural college in a recent article orders to ricultural college in a recent article contributed to an agricultural paper gives some simple directions for detecting edible mushrooms from those that are polsonous. He classes as polsonous mushrooms those that (1) have white gills, (2) that have a ring on the stem just beneath the cap and (3) that have a cup or scales at the base of the stem. He further says that one may feel perfectly safe in eather any mush. Observer

This book, entitled as above. solves with age into an inky mass, though it should be eaten before this contains over 200 memoirs of Ministers in the Christian Church ange takes place. Among the black with historical references. An with a "shargy mano," with a more of less tell shaped and creamy white cap and the "linky cap" variety, which grows in dense clusters. The puff balls are also edible if eaten when the cloth, \$2.00; gilt top, \$2.50. By mail 20c extra. Orders may be

sent to P. J. KERNODLE, 1012 E. Marshall St. Richmond, Va. Orders may be left at this office.



**Bucklen's** rnica Sa

Itch relieved in 20 minutes by

THE WORLD-FAMOUS HEALE

When you take Grove's Tast less Chill Tonic because the form ula is plainly printed on ever bottle showing that it is Iron an Quinine in a tastless form. "N