

# HUSBAND RESCUED DESPAIRING WIFE

After Four Years of Discouraging Conditions, Mrs. Bullock Gave Up in Despair. Husband Came to Rescue.

Cañon, Ky.—In an interesting letter from this place, Mrs. Bettie Bullock writes as follows: "I suffered for four years, with womanly troubles, and during this time, I could only sit up for a little while, and could not walk anywhere at all. At times, I would have severe pains in my left side.

The doctor was called in, and his treatment relieved me to a while, but I was soon confined to my bed again. After that, nothing seemed to do me any good.

I had gotten so weak I could not stand, and I gave up in despair. At last, my husband got me a bottle of Cardui, the woman's tonic, and I commenced taking it. From the very first dose, I could tell it was helping me. I can now walk two miles without its tiring me, and am doing all my work."

If you are all run down from womanly troubles, don't give up in despair. Try Cardui, the woman's tonic. It has helped more than a million women, in its 50 years of continuous success, and should surely help you, too. Your druggist has sold Cardui for years. He knows what it will do. Ask him. He will recommend it. Begin taking Cardui today.

Write for Chattanooga Medicine Co., Ladies' Advisory Dept., Chattanooga, Tenn., for Special Instructions on your case and 64-page book, "How Treatment for Women," sent in plain wrapper.

## Farm and Garden

### THE FARM WOOD LOT.

Forest Culture is an Art the Farmer Should Cultivate.

Forest culture is as much of an art as corn culture. A good wood lot, like a good cornfield, is the result of applying intelligent methods to produce a full, valuable crop. A cornfield with fall spots, empty hills, feeble stalks and half filled ears is neither a credit to the farmer nor a paying investment for the farmer. No more is a wood lot half stocked with inferior trees. When timber is cut is the time of all times to apply forestry. The

they will eat of the mast, for if you do they will be apt to sit around after they are filled and become chilled with inactivity. On the contrary, give them about half a feed of mast and scatter small grain in the litter, so that they may be kept warm by scratching for the seeds. This will keep them active and healthy and consequently profitable.

### ACQUIRING A FARM.

How a Young Western Immigrant Farmer Has Achieved Success.

The question is frequently raised as to whether under present conditions it is possible for a young man with no capital but health and industry to acquire a farm of his own, says the Farm and Fireside. In Washington county, Minn., lives James Blank, a young farmer, whose experience should be an encouragement to other young farmers. But his real name isn't Blank.

This young farmer, leaving home and parents, came to this country from Sweden at seventeen years of age. For nine years he worked as a farm hand for the best farmers in the country. Practically all of the nine years were spent in the employ of two farmers. After nine years of apprenticeship as a farm hand he had saved sufficient money so that he was able to buy a small farm, equipped and ready to farm. As with many other young farmers, the time of changing from hired man to tenant was that of his marriage.

After three years he bought for \$5,000 the 120 acre place which he was then farming as a tenant. Since buying the original place he has bought another forty acres. Now he owns 160 acres, worth, with improvements, about \$8,000, and equipment, in the way of live stock, feed and machinery, worth \$11,000. There is a mortgage of \$1,000 on the farm. Deducting this leaves the young farmer worth \$10,000.

During the year of 1914 this farmer made \$1,250 as his labor income. In other words, he had \$1,250 for his own work above farm expenses and 5 per cent interest on the investment of \$11,000.

The secret of this young man's success seems to have been good health, good business judgment in managing the farm business, frugal living, industry and a knowledge of the most successful methods of handling crops and live stock as learned from successful farmers during his apprenticeship as a hired man.

### LEAF SPOT OF CUCUMBERS.

A Disease Quite Prevalent in Eastern and Middle States.

The angular leaf spot of cucumbers is a disease quite prevalent throughout the eastern and middle western states. It was reported as having been present the past year in Michigan, Indiana, Wisconsin and New York, as well as the provinces of Ontario and Quebec. In Canada, the disease has also been reported recently from Maryland and other southern states. The presence of the disease is indicated by angular, dry, brown spots on the foliage, which by dropping out or tearing give the leaves a ragged appearance. Although the disease has been known for many years in the field and has been conceded to be of bacterial origin, heretofore no organism has been named as its cause. As a result of experiments recently conducted by the plant pathologists of the federal department, however, the germ causing the disease has been isolated and identified.

It was found that the disease is caused by a bacterial organism entering the leaf through minute orifices in the outer layer, wounds not being necessary to permit infection. Young stems may become soft rotted or crack open, but no direct connection has been found between the leaf spot and the soft rot of the fruit. A heavy infestation, however, often materially reduces the crop by destroying the active leaf surface of the plants.

### A Land Measure.

When one has land to measure that requires greater accuracy than just stepping it off make a land measure by using hardwood pieces five-eighths or three-quarters of an inch by six inches. Have lower points five feet six inches apart and make a round head in the

### POULTRY IN WINTER.

Look out for sudden severe spells. See that the henhouse is closed tight when a norther shows its nose.

One cold night is sufficient to freeze the combs of all your fowls and spoil them for the show at which you wish to exhibit them.

It avails nothing to bewail the fact that the poultry house doors were not closed the night of the storm after the damage has been done. Shutting the doors before the storm comes is what counts.

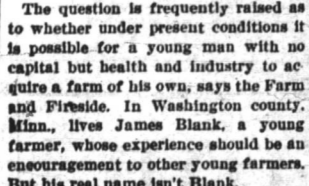
Success in poultry culture is simply the result of looking after all the little details connected with the business. Any one can be successful if he will use a little diligence and common sense.

A hot mash on a cold winter morning is a good thing to give the chickens. It is not wise to give them all

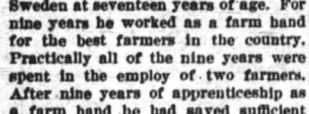
Wake Forest students charged with painting buildings at Trinity College, engaged in fist fights with A. & M. students after a Basketball game in Raleigh last week.

## DINING ROOM IN SMALL RESIDENCE.

Design 940, by Glenn L. Saxton, Architect, Minneapolis, Minn.



PERSPECTIVE VIEW—FROM A PHOTOGRAPH.



INTERIOR VIEW—DINING ROOM.

The interior view shows a dining room carefully designed. At the end is the buffet, with china closets on each side, with an art glass window above each closet. The design in the windows is of Concord grapes and green leaves. A pedestal opening connects the living room and dining room. Size, 26 feet by 22 feet over the main part. Birch finish for the first story, pine to paint for the second. Birch floors throughout. Cost to build, exclusive of heating and plumbing, \$3,900.

Upon receipt of \$1 the publisher of this paper will furnish a copy of Saxton's book of plans, "American Dwellings." It contains over 300 designs costing from \$1,000 to \$6,000; also books of interiors, \$1 per copy.

## Everybody Agrees Suffrage Is Bound to Come—Year Opens With Great Promise

By Mrs. NORMAN DE R. WHITEHOUSE, Head of New York State Woman Suffrage Party.

THE year 1916 opens with the greatest promise for the suffragists. Hitherto in predicting the outcome of the vote upon woman suffrage in this state we had no solid basis upon which to go. It is true that in the past campaign the voters were canvassed with encouraging results. It was, however, impossible to reach all the voters, and the assurances given by the men who were canvassed were not binding upon them. We had to discount some of the favorable signs.

THEN WE COULD ONLY HOPE. NOW WE KNOW THE STRENGTH WITH WHICH WE START. OVER FIVE HUNDRED AND FORTY-FOUR THOUSAND MEN IN NEW YORK STATE BELIEVE IN WOMAN SUFFRAGE AND HAVE VOTED FOR IT. THIS IS AN EXCELLENT BEGINNING FOR A NEW CAMPAIGN. IT IS A LARGER VOTE THAN THE REPUBLICANS POLLED IN THIS STATE IN THE LAST PRESIDENTIAL ELECTION.

Everybody agrees that suffrage is bound to come. It has been said that it is coming automatically. WE ARE SURE THAT IT IS BOUND TO COME, BUT WE ARE EQUALLY SURE THAT IT IS NOT BOUND TO COME AUTOMATICALLY. So my New Year's wish for the suffragists of the state is: May 1916 be a year of hard work for us all; of such work that, building upon the sure foundation we can now count upon, will make doubly certain a speedy victory.

## Instinct of Self Preservation Has Been Aroused in Nations

By DARWIN P. KINGSLEY, Life Insurance President and Financier

THE year 1916 could be made the first year in an epoch so important that it would change the calendar. Will that be its history? Probably not. Civilization can go no further under the leadership of the doctrine of unconditional sovereignty. So much is certain.

THE INSTINCT OF SELF PRESERVATION, WHICH IS JUST AS STRONG IN NATIONS AS IT IS IN MAN AND ANIMALS AND JUST AS NATURAL AND NECESSARY, HAS BEEN AROUSED. THAT IS WHY THE WORLD IS FIGHTING. FIGHTING IT OUT WILL SETTLE NOTHING UNLESS THIS DOCTRINE IS ABANDONED. THERE IS ROOM ENOUGH IN THE WORLD FOR ALL NATIONS, BUT UNDER THE COMPULSION OF UNCONDITIONED SOVEREIGNTY THE GREAT POWERS OF THE EARTH WOULD BE CROWDED IF PLACED ON THE PLANET JUPITER.

## Not True Trade Follows Flag, but Flag Follows Investments

By Rear Admiral FRENCH E. CHADWICK, Retired, of the United States Navy

THE Monroe doctrine simply means that there should not be set up in the Americas any more special spheres of influence, that they should develop on their own lines, let them be good or bad.

WE TOOK A STAND THAT THE PEOPLES OF THE WORLD HAD A RIGHT TO THEIR OWN SOUL BESIDES THE RIGHT TO LIVE IN SUCH PEACE AS THEY THEMSELVES COULD ESTABLISH WITHIN THEIR OWN BORDERS. LET US PUT FORWARD, THEREFORE, FOR ADOPTION BY THE WHOLE WORLD THE MONROE DOCTRINE AS THE DOCTRINE OF JUSTICE FOR ALL—VIZ, THAT THERE SHOULD NOWHERE EXIST ANY SPECIAL SPHERES OF INFLUENCE.

Imperialism has had its worst and most injurious development in recent years, its essence being land grabbing and the establishing of these spheres. Imperialism from a national standpoint does not pay; regarded as a means of assuring unearned incomes to governing classes it emphatically does.

IT IS NOT TRUE THAT TRADE FOLLOWS THE FLAG, BUT IT IS TRUE THAT THE FLAG FOLLOWS INVESTMENTS. NAVY AND ARMIES ARE INSURANCE FOR CAPITAL OWNED ABROAD BY THE LEISURE CLASS OF A NATION. IT IS FOR THEM THAT EMPIRES AND SPHERES OF INFLUENCE EXIST. THE GREAT WAR NOW WAGING IS A CULMINATION OF EFFORTS TO MAINTAIN AND EXTEND THESE SPHERES.

Spiced Cakes. When making spiced cakes always sift the spices with the flour. They will be more evenly distributed.

## Look For Increase In Immigration After the War

By Professor JEREMIAH W. JENKS of New York University

THE demand for men to restore destroyed property and to keep armies up to full strength was great at the end of the Balkan war of 1913. One would expect, if the arguments now made for a permanently decreased immigration are sound, to find almost no immigration after its close. The fact is that the number of immigrants from Serbia, Bulgaria and Montenegro, 10,221 in 1911, to 10,657 in 1912, to 9,087 in 1913, in 1914 increased to approximately that of 1910.

It is curious to note that even the Boer war of 1899-1901 seems to have resulted in a greatly increased English emigration. SUMMARIZING THE FACTS, WE ARE ABLE TO SAY THAT WAR GENERALLY MAKES FOR AN IMMEDIATE AND TEMPORARY DECREASE IN IMMIGRATION, FOLLOWED BY A RETURN TO NORMAL OR EVEN AN INCREASE SOON AFTER PEACE IS DECLARED.

THERE exists in human beings a mass of latent unused power—a reserve fund of energy. It is this power which, dynamically directed and applied, regenerates the outcast, sobers the drunkard, restores the normal thought and feeling the distraught and suicidal, the perverted and the obsessed. Its expression implies the existence of a personal, immaterial, intelligent element in which it inheres. And this something is other than God. It is variously known as the SUBCONSCIOUS MIND, THE SUBLIMINAL SELF, THE SUPERIOR SPIRITUAL PERSONALITY.

HOW IS IT TO BE EXPLOITED? HOW CAN THIS ABEYANT EFFICIENCY BE HARNESSSED AND MADE AVAILABLE IN THE WORK-ADAY WORLD? THE ANSWER IS, THROUGH SUGGESTION, WHICH IS NOTHING MORE THAN AN EARNEST, STRAIGHTFORWARD DYNAMIC APPEAL TO THE HIGHER SELF. SUGGESTION MAKES EFFICIENT, AND EFFICIENCY IS A STATE OF PERFECT ACTION IS HAPPINESS.

How's This? We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

W. J. GIBNEY & CO., Toledo, O. We, the undersigned, have known J. C. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WATSO, AS BANK OF GOVERNMENT. H. L. Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 50 cents per bottle. Sold by all druggists. Take Hall's Family Pills for constipation.

## Criminals Cannot Be Reformed by the Honor System Alone

By Justice F. E. FRICK of the Supreme Court of Utah

THERE are many among whom a number are prison officials, who have conceived the idea that all men are the same, and since some can be trusted all may be, and therefore all that is required to reform a criminal is to place unrestricted trust and confidence in him. THAT IS, ALL THAT IS NEEDED TO REFORM HIM IS TO CALL HIM A MAN OF HONOR, AND—PRESTO!—CHANGE—HE BECOMES A MAN OF HONOR!

Such a method of dealing with confirmed criminals is as pernicious in practice as it is illogical in reason. It treats an abnormal human being as though he were perfectly normal. The result is that it sets at large the most dangerous criminals we have to deal with.

I have become thoroughly convinced that the indiscriminate application of the so called honor system to convicts is more than a delusion and a snare.

## WHAT CATARRH IS

It has been said that every third person has catarrh in some form. Science has shown that nasal catarrh often indicates a general weakness of the body; and local treatments in the form of snuffs and vapors do little, if any good.

To correct catarrh you should treat its cause by enriching your blood with the iron in Scott's Emulsion which is a medicinal food and a building tonic, free from alcohol or any harmful drugs. Try it.

Scott & Bowne, Buffalo, N. Y.

## VILLAGE STREET IMPROVEMENT

New York State Follows Old Custom For Payments. EXPERTS ADVOCATE CHANGE

Authorities on Taxes Are Against Making Street Improvements at Expense of the Town and Maintain That the Cost Should Be Assisted Against Adjoining Property.

Many tax experts have recently called attention to the venerable custom of making street improvements in the villages of New York state at the general expense of the whole village. On this important question the Real Estate Record of Westchester county has this to say:

"This custom has been freshly assailed in a small folder. Cities charge such valuable property improvements against the parties who benefit thereby, inasmuch as the market value of the premises is immediately raised more than the cost. It is asked, 'Why should the property owner have a great deal of additional value added to his land at the general expense of the community and not pay for it?' It is characterized as taxing one set of village landholders for the benefit of another set. It also increases the general tax of each village so that the taxation looks high and is high compared with cities elsewhere, hurting the sale of real estate thereby.

"The argument also is very properly advanced that since the day of the macadam road is gone and 'paved' roads (with brick, asphalt or stone) are the most economical, a village ought not to incur enormous debts for such increased marketability of his land.

"The proper and right way is for the village to assess the total cost against the adjoining property, and to let the interest on a necessary bond issue to cover the same for a period of ten years and then collect one-tenth of this total cost of the improvement from the property adjoining each year. The assessment is thus evenly borne by the property owner, and he gets the immediate good from the improvement making his property a great deal more valuable, and he justly bears the expense.

"The village trustees of all villages of the first and second class should be given authority to make these improvements in this way. Now their authority is too great. It enables them to improve one set of properties at the expense of another. In other words, the whole village pays for sidewalks and pavements in front of those of the greatest wealth on the best streets and roads and those best able to pay for it."

The following resolution was passed at the fifth annual tax conference held in Albany, Jan. 21, 1915:

Resolved, That the provision of the present law which orders that the cost of street improvement and other special improvements shall be levied on the adjacent property is antiquated, unjust and tends to retard modern progress in the village. We believe that the law should be amended so as to conform to the practice of first and second class cities in assessing sidewalks and special improvements upon the abutting property and proximate areas directly benefited, except that the cost of improvements shall be borne in part by the village and in part by the abutting property.

## Calomel Dynmites A Sluggish Liver

Crashes into sour bile, making you sick and you loose a day's work.

Calomel salivates! It's mercury, Calomel and like dynamite on a sluggish liver. When calomel comes in contact with sour bile it crashes into it causing griping and nausea. If you feel bilious, headache, constipated and all knocked out, just go to your druggist and get a 50c bottle of Dodson's Liver Tonic, which is a harmless vegetable substitute for dangerous calomel. Take a spoonful and if it doesn't start your liver and straighten you up better and quicker than any calomel, and without making you sick, you just go and get your money back.

If you take calomel today you'll be sick and nauseated tomorrow; besides it may salivate you, while if you take Dodson's Liver Tonic you will feel better and get a full of ambition and ready for work or play. It's harmless, pleasant and safe to give to children; they like it.

## Ashen as a Fertilizer.

The farmer who burns wood for heating and cooking should carefully store the ashes and not permit them to leach, as they have a peculiar fertilizing value. They not only contain potash and phosphoric acid in appreciable amounts, but also contain manure, which is of great value to the land. They also act indirectly to increase the available nitrogen content of organic matter in the soil.

## Men Parasites.

The latest and apparently the most promising new destroyer of lice on manure fowls is Resolene and the element, mixed together in equal parts. A piece about the size of a grain of corn is well smeared over the skin of the fowl in the feet just beneath the vent. It should not be rubbed into the skin, but should cover a space about the size of a silver dollar.—Rural New Yorker.

\$100.—Dr. E. Detchon's Anti-Diuretic will be worth more to you—more to you than \$100 if you have a child who soils the bedding from incontinence of water during sleep. Cures old and young alike. It arrests the trouble at once. \$1.00. Sold by Graham Drug Company.

Floyd West, a young white man operating an elevator in a cotton mill at Goldsboro, got his hand caught between the floor and the elevator cage and his hand was seriously hurt.

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D. SWIFT & CO. PATENT ATTORNEYS. 303 Seventh St., Washington, D. C. ADMINISTRATOR'S NOTICE. Having qualified as administrator of the estate of Mattie Wells, deceased, the undersigned hereby notifies all persons holding claims against said estate to present the same duly authenticated, on or before the 24th day of Dec., 1915, or this notice will be placed on file of their recovery. All persons indebted to said estate are requested to make immediate payment. J. C. Swift, Administrator. J. C. Swift, Public Adm'r. Mattie Wells, dec'd.

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