

Saved Girl's Life

"I want to tell you what wonderful benefit I have received from the use of Theford's Black-Draught," writes Mrs. Sylvania Woods, of Clifton Mills, Ky.

"It certainly has no equal for the grippe, bad colds, liver and stomach troubles. I firmly believe Black-Draught saved my little girl's life. When she had the measles, they went in on her, but one good dose of Theford's Black-Draught made them break out, and she has had no more trouble. I shall never be without.

THEFORD'S BLACK-DRAUGHT

in my home." For constipation, indigestion, headache, dizziness, malaria, chills and fever, biliousness, and all similar ailments, Theford's Black-Draught has proved itself a safe, reliable, gentle and valuable remedy.

If you suffer from any of these complaints, try Black-Draught. It is a medicine of known merit. Seventy-five years of splendid success proves its value. Good for young and old. For sale everywhere. Price 25 cents.

SUNDAY SCHOOL

Lesson X.—First Quarter, For March 5, 1916.

THE INTERNATIONAL SERIES.

Text of the Lesson, Acts vii, 54, to viii, 3—Memory Verses, 59, 60—Golden Text, Rev. ii, 10—Commentary Prepared by Rev. D. M. Stearns.

Stephen seems to have remained at least before his accusers until the high priest asked, "Are these things so?" Then, beginning with the appearing of the God of glory to Abraham, he traced the history of Israel down to the time of Solomon and the building of the temple, passing from that to Him who spoke of Himself as the Temple, which He said if they destroyed, He would raise it up the third day (verses 51-53; John 11, 21). He referred to the delay in the fulfillment of the promise to Abraham, the sufferings and deliverance of Joseph, the people's refusal of Moses, but God's choice of him as deliverer, and then accused them of committing all the iniquity of their fathers by murdering the Just One, who had been promised to Abraham and Moses and foreshadowed in Isaac and Joseph and Moses and Solomon. Although Joseph and Moses were refused for a time, God used them when the time came, and so He will use the rejected, crucified and risen Christ at the appointed time. As truly as Joseph came to the place of power and Moses delivered Israel, so surely shall Jesus Christ come to the throne of David and be king over a redeemed Israel when the fullness of time shall have come.

As usual, the accusation of being the murderer of their Messiah cut them to the heart (chapter v, 23) and made them angry enough to kill Stephen, which they succeeded in doing. As they snatched on him with their teeth (verse 54) he was seemingly oblivious to it all, for he saw Jesus in glory. The expression "gnashing of teeth" was used just seven different times by our Lord concerning the torment of the lost and always concerning those who were professedly religious, but not really His (Matt. viii, 12; xli, 42, 50; xli, 13; xli, 51; xxv, 12; Luke xiii, 28).

WAR ON CANKERWORMS.

Directions For Fighting This Common Enemy of Trees.

War has been declared. No, it is not with shot and shell that the fight is to be waged, but with sticky bands and spraying solutions. The common enemy is the cankerworm.

To assure success in the combat too much emphasis cannot be laid upon the necessity of beginning early," says George A. Dean, professor of entomology in the Kansas State Agricultural college.

In the case of shade trees or of a few fruit trees a simple method, and one that gives excellent satisfaction, consists in banding the trunk of the tree with a sticky substance to prevent the ascent of the wingless female. The best method is to smear the sticky substance on bands of heavy paper, such as building or tarred paper, bound to the trunk of the tree.

The paper bands should be put on in the first warm days of February or early spring, and the sticky substance renewed whenever the material hardens. In order to close all crevices between the bands a strip of cotton batting, cheapest grade, about two inches wide should be placed around the tree and covered with the band of tarred paper. The paper should be drawn snugly enough to press the thick band of cotton into the crevices.

TAKE FRENCH TRENCHES

Germans Capture Mile of Works in Champagne District.

The capture of Navarin farm, in the Champagne, was announced by the German war office.

French positions on both sides of Navarin farm, over a front of about 1000 yards, were taken. It is said more than 1000 men and nine machine guns were captured.

The report adds:

"There have been exceedingly violent artillery engagements at several places.

"On the front north of Arras, there had been intermittent mining activity. The Germans blew up about forty meters of an enemy position.

HOPEFULNESS.

Hope means the trimming of the lamps and the girding of the loins and the resolute attitude of strife. It is help and comfort, hope and inspiration, that we want even more than knowledge.

A GOOD RULE.

Let us be cheerful without regret for the past, with contentment in the present and with strong hope for the future.

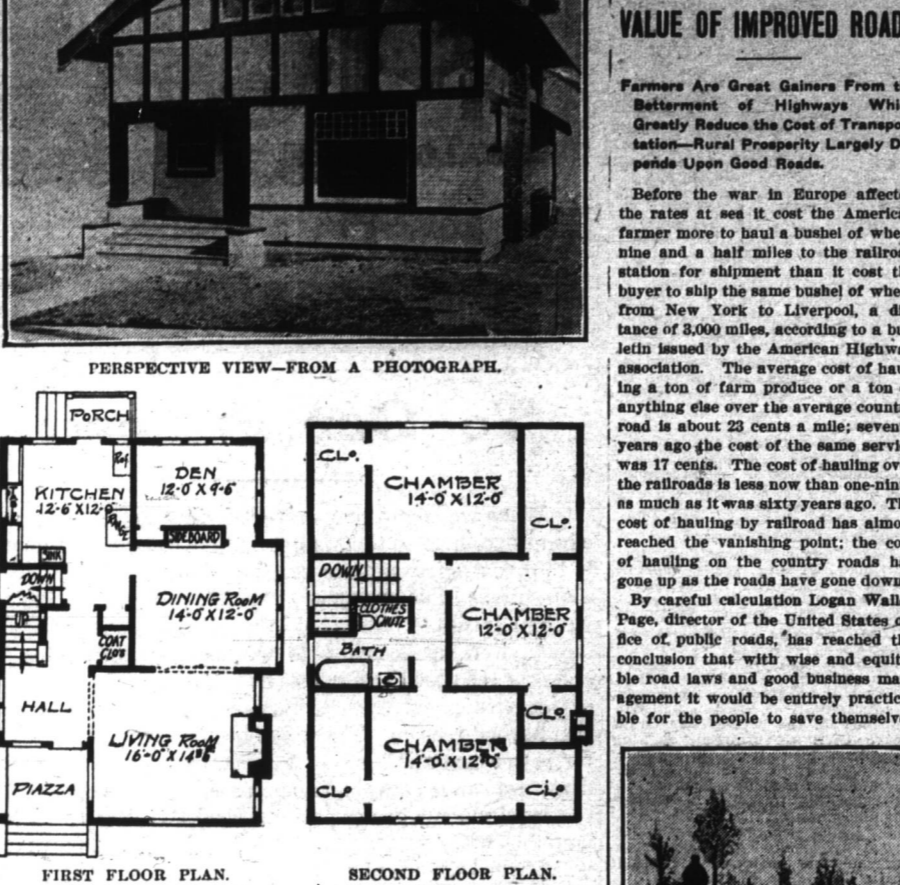
PURE WHITE CEMENT AND HALF-TIMBER

Design 1044, by Glenn L. Sexton, Architect, Minneapolis, Minn.

GOOD HIGHWAYS AND FARMERS

Lower Cost and Reduce Trouble of Transportation.

VALVE OF IMPROVED ROADS



This plan provides for a cased opening between the hall and living room. Fireplace in the living room, with high windows on each side. Dining room has a built-in sideboard, with a large square bay. The den may be used as a bedroom or as a library. Built-in cupboards in the kitchen, and the refrigerator is led from the rear piazza. Second story has three chambers, full 8 feet in height. Full basement under the entire house. First story, 9 feet; second story, 8 feet in the clear. Size over the main part, exclusive of porches, is 20 feet wide by 38 feet deep. Cost to build, exclusive of heating and plumbing, about \$3,000.

Upon receipt of \$1 the publisher of this paper will furnish a copy of Sexton's book of plans, "American Dwellings," which contains over 300 designs costing from \$1,000 to \$6,000; also a book of interiors, \$1 per copy.

Military Training Should Be a Part of the Life of the People

By SAMUEL GOMPERS, President American Federation of Labor

NATIONAL defense and preparedness are but one phase of national life.

Provisions for this purpose must be a part of the whole plan for national development. In other words, military training and military institutions must be a part of the life of the people rather than of a nature to alienate citizens from the spirit, the ideals and the purposes of civic life. A great danger comes from isolating the military, from making military ideals separate and often in conflict with those of the masses of the people.

THE MILITARY SHOULD NOT EXIST AS SOMETHING APART, BUT FOR THE SERVICE OF THE WHOLE NATION.

The basis and the prerequisite for all military preparedness and national defense is a citizenship physically strong, well developed and fit. This essential can best be obtained by making physical training a part of the work to be done at our public schools.

Such training will not only prepare boys for service in the defense of the nation, but will make them efficient in all relations of life.

The naval and military institutions of our country which give a special training to those who have a particular fitness and desire to follow military or naval professions ought also to be open to all who possess the required qualifications.

SUCH A PROVISION WOULD ENABLE MEN FROM ALL WALKS OF LIFE TO ENTER THE ARMY AND THE NAVY—A CONDITION WHICH IN ITSELF WOULD BE IN ACCORD WITH THE SPIRIT OF DEMOCRACY.

It Is the Part of Common Prudence to Prepare For Protection

By ATLEE POMERENE, Senator From Ohio

WHEN dangers arise in our municipalities or in our states, as prudent men we increase our means of protection against riot and disorder. Ought we not for the same reason, when some of the belligerents are sinking vessels in violation of every principle of international law and humanity and other belligerents are interfering with our commerce under the plea of military necessity, have a reasonably sufficient navy and army to protect the lives and property of our people against the aggressions of nations that are PAYING NO RESPECT FOR THE RULES WHICH CONTROL THE INTERCOURSE AMONG THE FAMILY OF NATIONS?

I hope war may never come, but I would regard myself as derelict in the duty I owe to the people of the state and nation if I did not heed the lesson of the hour and provide accordingly. If, unfortunately we should become involved in war within the next three or four years and were not prepared what criticism would be heaped upon the heads of the legislature and executive departments if we had failed in the face of the warnings we have had of impending dangers!

I AM SPEAKING ONLY OF PREPAREDNESS FOR DEFENSE. I AM OPPOSED TO PREPARATION FOR A WAR OF AGGRESSION.

Talking Machines.

As nearly as can be determined the original talking machine—the real precursor of the phonograph—was the so-called "phonostrophograph," invented by Leon Scott in 1877. But the first real reproduction of sound was achieved by Thomas A. Edison in 1876. He may, with perfect justice, be called the "father of the talking machine."—New York American.

Substituted.

"So you have taken to carrying around a monkey? This is going too far."

"Well, you never go anywhere without me." was the wife's somewhat ambiguous retort.—Pittsburgh Post.

Quarantined.

Mother to district health visitor—I declare to goodness, miss, there ain't no danger of infection. Them children wa's got the measles is at the head of the bed, and them wat' is at the foot.—Spokane Review.

FARMERS ARE GREAT GAINERS FROM THE BETTERMENT OF HIGHWAYS WHICH GREATLY REDUCE THE COST OF TRANSPORTATION—RURAL PROSPERITY LARGELY DEPENDS UPON GOOD ROADS.

Before war in Europe affected the rates at sea it cost the American farmer more to haul a bushel of wheat nine and a half miles to the railroad station for shipment than it cost the buyer to ship the same bushel of wheat from New York to Liverpool, a distance of 3,000 miles, according to a bulletin issued by the American Highway Association. The average cost of hauling a ton of farm produce or a ton of anything else over the average country road is about 23 cents a mile; seventy years ago the cost of the same service was 17 cents. The cost of hauling over the railroads is less now than one-ninth as much as it was sixty years ago. The cost of hauling by railroad has almost reached the vanishing point; the cost of hauling on the country roads has gone up as the roads have gone down.

By careful calculation Logan Waller Page, director of the United States Office of Public Roads, has reached the conclusion that with wise and equitable road laws and good business management it would be entirely practicable for the people to save themselves

THE SPRING JUVENILE.

For youth is this attractive costume for afternoon wear. It is fashioned of tan broadcloth and pussy willow taffeta, a clever combination picked out with bits of brocade on the collar, sleeves and huge solitary button, which closes the novel front. The jacket is short and loose, with low set sleeves, finished bishop style at the wrists. The trimless hat that goes with this smart suit has a band of gold cloth, and the atmospheric effect atop is achieved with brown-tulle wired upstanding.

THE GORED SKIRT.

Every variation of the gored skirt is in vogue. One seen a short while ago in four pieces, but the front and back were finished and lapped on to the sides to give the effect of panels or box plaits. The finish of the skirt could be made at either the raised waist line or at the natural waist line. In the model seen broadcloth was trimmed with braid, but the model was a good one for all seasonable materials and all seasonable trappings.

AS TO BLOUSES.

Some of the newest lingerie one designed for spring wearing are of sheer, fine voiles or soft batistes in snowy white. Most all have tucks, sometimes combined with hemstitching, sometimes with the rilly ruffles that are so feminine and pretty. These are not too expensive, have long sleeves and usually low collars. But for those who wear them some have collars to be worn high or low.

Calomel Salivates and Makes You Sick

Acts like dynamite on a sluggish liver and you lose a day's work.

There's no reason why a person should take sickening salivates, vomit and suffer when 50 cents buys a large bottle of Dodson's Liver Tonic—a perfect substitute for calomel—it is a pleasant vegetable liquid which will start your liver just as surely as calomel, but it doesn't make you sick, and cannot salivate.

Children and grown folks can take Dodson's Liver Tonic, because it is perfectly harmless.

Calomel is a dangerous drug. It is mercury and attacks your bones, takes a dose off masty calomel today and you will feel weak, sick and nauseated tomorrow. Don't lose a day's work. Take a spoonful of Dodson's Liver Tonic instead and you will wake up feeling great. No more biliousness, constipation, sluggishness, headache, coated tongue—or sour stomach. Your druggist says if you don't find Dodson's Liver Tonic acts better than horrible calomel your money is waiting for you.

Made Him Mistle.

"To what do you attribute your success?"

"To the fact," replied the self-made man proudly, "that in my youth I enjoyed all the disadvantages."—St. Louis Republic.

Alaskan Ocean Rocks.

The almost complete absence of life in the Alaskan oceans during the period of deposition of many thousands of feet of sediments has left the rocks practically devoid of fossils, which are so valuable in determining rock ages.

The Very Good Man.

"He's forever prating about what his conscience tells him. What does his conscience tell him, anyway?"

"It usually tells him apparently what awful sinners his neighbors are."—Philadelphia Press.

"And Thy Neighbor as Thyself."

Wille-Ma, may I have Tommy Wil son over to our house to play, Saturday? Mother—No, you make do with your own house. You'd better go over to his house and play.—Boston Transcript.

Hard to Say Sometimes.

Wille-Ma, when has a man horse sense? Pa—When he can say "Nay," my son.—Philadelphia Evening Ledger.

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UNAKLUITE, N. C.

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