

It Always Helps

says Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her experience with Cardui, the woman's tonic. She says further: "Before I began to use Cardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my household work. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my household work as well as run a big water mill."
I wish every suffering woman would give

CARDUI

The Woman's Tonic

a trial. I still use Cardui when I feel a little bad, and it always does me good."
Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, ailing women for more than fifty years.

Get a Bottle Today!

SUNDAY SCHOOL.

Lesson XI.—First Quarter, For
March 12, 1916.

THE INTERNATIONAL SERIES.

Text of the Lesson, Heb. xi, 32, to xli, 2—Memory Verses, xli, 1, 2—Golden Text, Heb. xli, 2—Commentary Prepared by Rev. D. M. Stearns.

This lesson on the heroes and martyrs of faith was probably suggested to the committee by the previous lesson on the death of Stephen. If a word or phrase gives the key to a chapter or portion this is certainly the "faith" chapter of the Bible, for the word is found twenty-four times in this chapter. But we must look at chapter x. 23, for the reason why of this chapter. "The just shall live by faith," a sentence quoted three times in the New Testament, the other two places being Rom. 1, 17; Gal. 3, 11, and all three quotations of Hab. 2, 4. Before we can live by faith, we must glorify God by a righteous life, and this is done by faith, made just or righteous (Rom. 7, 1), and that takes us to the first "believe" in the Bible in connection with righteousness (Gen. xv, 6). "He believed in the Lord, and He counted it to him for righteousness." This also is quoted three times in the New Testament (Rom. 4, 3; Gal. 3, 6; James 2, 23). Our first very important sayings are those must be righteousness. Our first great need is righteousness, the kind that God requires and has provided fully in Christ and can be obtained only by faith (Rom. 3, 28). Then, being saved, we must glorify God by a righteous life, and this is done by faith, for as we have received Christ Jesus the Lord so must we walk in Him (Col. 3, 6). Faith and patience are the two essential things in the daily life of the believer, steadfastly believing the Lord Jesus, implicitly believing His word and waiting in hope for His return (Heb. vi, 12, 15, x, 35, 37; xli, 1, 3). Faith is not what we feel or see, but is a simple trust in what the God of Love has said of Jesus as the Just. Unsaved people cannot possibly please God (Rom. 8, 8), and only by faith and obedience can we receive His blessing (Rom. 7, 12). By believing (Rom. 1, 1) with Ps. xxxiii, 9, we know how the world was made.

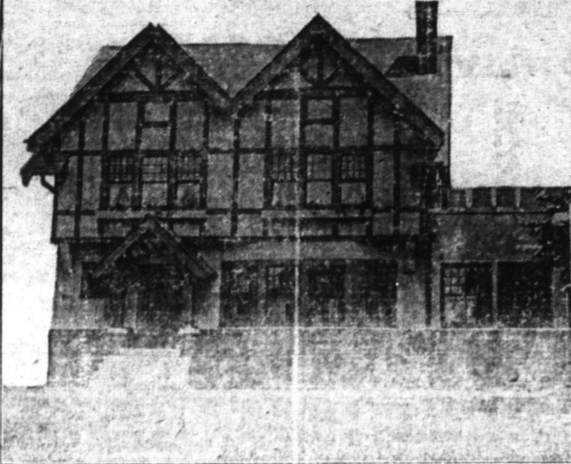
Abel believed that the only way for a sinner to approach God was by sacrifice and shedding of blood as taught to his father in Gen. 4, 21. Cain did not believe God, and therefore his rejection by God. Enoch was fully agreed with God in everything and was unwilling to hear the scoffing of the world (Amos 3, 3; Jude 14, 16). Noah believed in an approaching judgment and in obedience to God prepared for it. Abraham did not consider himself nor Sarah nor seeming impossibilities, but was fully persuaded that God was able and would do what He promised (Rom. 4, 19-21). The word of God concerning things to come sustained Isaac and Jacob and Joseph and the parents of Moses and Moses himself. The unseen heavenly city and the recompense of the reward were real, visible realities to Abraham and to Moses, enabling the one to live as a stranger and a pilgrim here and the other to turn his back upon all the pleasures and treasures and prospect of preferment in Egypt. Daniel feared not the lions' den, nor his friends the fiery furnace, nor David the giant Goliath, because to each the living God was a glorious reality.

While many are mentioned by name in this list of people of God, we cannot but adore the grace which mentions Rahab among such as these and even associates her with Abraham in James 2, 25. We wonder as we read of Barak and not of Deborah, and we notice the words "and others" of verse 35 and pray for grace to be willing to be counted among the "others," though not mentioned by name. The mystery of the sufferings of the saints we may not understand, but we can trust the wisdom of a God of love and wait patiently for Him to make it plain. This is our faith and patience. These all "and others" died in faith, not having received the promises, but having seen them afar off, were persuaded of them and embraced them (Hebrews 10, 39). I believe that the believing ones before the deluge saw a more of resurrection and glory in the cherubim within the garden of Eden than many believers now see. (Write to the Rev. D. M. Stearns, P. O. Box 216 Harrisburg, Pa. for booklet on the cherubim.)

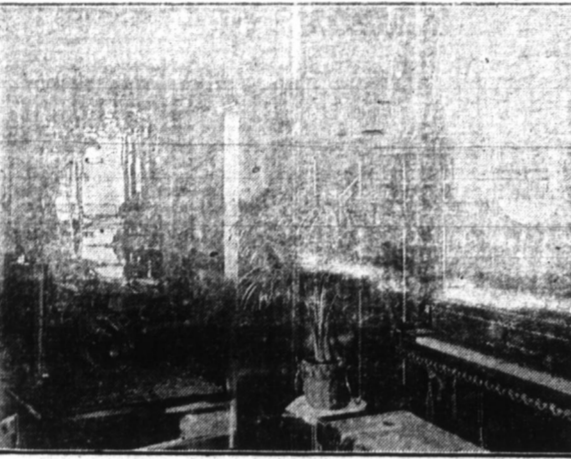
In the opening verses of chapter xli we are told that even our blessed Lord Himself was sustained in His sufferings by the joy set before Him. He ever lived in the love of His Father and in the glory of the kingdom of which He was always speaking and for which He is still waiting, so Paul prays in II. Thess. 1, 3, that our hearts may be directed into the love of God and the patience of Christ (margin). As we consider Him at the right hand of the throne of God and remember His promise that when He comes to His own throne the overcomers shall be with Him there (Rev. 3, 21) such love and such glory should constrain

ROUGH CAST HALF TIMBER DESIGN

Design 953, by Glenn L. Saxton, Architect, Minneapolis, Minn.



PERSPECTIVE VIEW—FROM A PHOTOGRAPH.



INTERIOR VIEW—PEDESTALED STAIRWAY.

The interior view shown in this article is taken from the reception room, looking toward the pedestaled open stairway, with its art glass window at the side. Size of this house is 32 feet wide by 30 feet deep. It can be built for about \$5,400, exclusive of heating and plumbing. There is a full basement under the entire house. First story, 9 feet; second story, 8 feet. Red oak finish for the principal rooms in the first story, with red oak floors.

Upon receipt of \$1 the publisher of this paper will furnish a copy of Saxton's book of plans, "American Dwellings," which contains over 300 designs costing from \$1,000 to \$6,000; also a book of interiors, \$1 per copy.

Ideals of the Pacifists Too High to Be Realized Outside of Utopia

By Dr. JACOB GOULD SCHURMAN, President of Cornell University

THE pacifist would have no army or navy at all. The militarist would have a vast army and the strongest navy in the world. I am neither a pacifist nor a militarist. If we lived in Utopia I should be a pacifist. But we live on this half civilized earth, and the majority of its inhabitants are today at war with one another. Nations are dragged into the conflict against their will. America, now as always, loves peace and is devoted to peaceful pursuits. But the nations of Europe and Asia who are at war—to say nothing of Mexico—may at any time, now or later, force us to defend the honor of America and the lives and the rights of Americans.

IN THIS RUDE WORLD NEITHER INNOCENCE NOR JUSTICE NOR ANY MORAL OR SPIRITUAL PERFECTION WILL GUARANTEE A NATION AGAINST ATTACK.

The pacifist's ideals are so high that they can be realized only in celestial spheres. On this terrestrial globe even the most enlightened and civilized nations must provide for themselves means of defense against the aggressions of other nations who covet their wealth or territory, oppose their national policies or violate their just rights. This inexorable necessity of self defense America cannot escape. Like other nations, she must protect herself. HEAVEN GRANT SHE MAY ALWAYS BE ABLE TO RESIST AGGRESSION! SHE CERTAINLY WILL NEVER BE THE AGGRESSOR.

Electricity, by Bringing Nations Closer Together, Will End Wars

By NIKOLA TESLA, Famous Electrician and Inventor

DO NOT subscribe to the theory that you can make war impossible by making it too terrible. All wars, and especially the present conflict, have shown that you CANNOT MAKE THE STRUGGLE TOO FRIGHTFUL FOR THOSE PARTICIPATING IN IT. New and deadly explosives, poison gas, aeroplanes, forty-two centimeter guns and the like cannot convince men that they should not fight one another. NO SOONER IS AN ENGINE OF DEATH INVENTED THAN ANOTHER INVENTION COMES ALONG THAT ACTS AS AN ANTIDOTE.

The deadly engine of war makes a scientific appeal, not an intellectual or mental appeal—that is, poison gas does not educate a man to the point where he can understand his foe and so forgive the latter's shortcomings instead of choking him for them. If you want to prevent war you must educate the various peoples up to the point where they will ultimately understand each other's ways and points of view.

WE SHALL MAKE A MENTAL APPEAL THROUGH THE AGENCY OF ELECTRICITY. THE SCIENTIST WILL EVENTUALLY ANNILATE DISTANCE. THE VARIOUS RACES WILL BE BROUGHT INTO SUCH MARVELOUSLY CLOSE CONTACT WITH ONE ANOTHER THAT THE LANGUAGES WILL EVEN TEND TO MERGE INTO ONE. AT LEAST, THERE WILL PROBABLY BE AN ATTEMPT TO ADOPT SOME COMMON LANGUAGE. GERMANS WILL UNDERSTAND THE WAYS OF ENGLISHMEN, AND VICE VERSA. WITH KNOWLEDGE, DISTRUST AND HATRED WILL DISAPPEAR. YOU WILL FIND THAT WHERE PEOPLE BECOME CLOSELY ACQUAINTED THEY DO NOT READILY FIGHT.

An inspiration.

Lionel was at a matinee with his father, and when a trapeze acrobat failed to catch the object at which he dove through the air and fell sprawling into the net the boy was greatly excited.

"They are never hurt," explained his father. "It is a regular trick to make such a miss once or twice to give the audience an idea of the difficulty of the feat and thereby intensify the applause when it has been successfully performed."

Lionel thought a moment and then, with a bright smile, said: "Daddy, do you think I could make a hit with my teacher by following this circus stunt and missing my lessons once in awhile?"—Puck.

TRY SMILING.
Smiling and growing will make a man old; Money and fame at the best are beguiling; Don't be suspicious and selfish and cold; Try smiling.—John Estlin Cooke.

Workers Should Receive a Share in Surplus Earnings of Business

By GEORGE W. PERKINS, Capitalist

I BELIEVE that wherever possible the general method of compensating the worker should be as follows: Say to the employee: "It takes so much money to pay the fixed charges of this business for a year. You receive your wages as compensation for helping to earn the aforesaid fixed charges. If at the end of the year said fixed charges are earned and anything is earned over and above them, then, in addition to your wages, you will receive a percentage of said surplus of earnings."

Wherever possible this surplus should be distributed in the form of a security of some kind connected with the business in question, the understanding that the security is to be retained by the employee for a fixed but reasonable length of time. This, you see, places the worker in the position of being an actual partner.

HE IS DRAWING OUT OF THE BUSINESS ALL THE TIME A CERTAIN SUM OF MONEY FOR HIS LIVING EXPENSES IN THE FORM OF WAGES AND LEAVING IN THE BUSINESS HIS SURPLUS.

Public Opinion Should Devise Means to Prevent Railway Strikes

By HOWARD ELLIOTT, Chairman of the Board of the New York, New Haven and Hartford Railroad

MUST not public opinion devise some means that will make impossible even the conception of a plan to paralyze the entire railway system of the country?

Today labor says, "I can do with my own as I like, and if I want to stop work that is my business." ONLY A FEW YEARS AGO CAPITAL SAID THE SAME ABOUT VARIOUS UNJUST DISCRIMINATIONS AND UNFAIR PRACTICES, AND THE PUBLIC STOPPED IT.

Does not a man when he elects to earn his living by working for a public service corporation enter into a moral obligation to the public to keep that corporation at work pending a dispute over wages and working conditions until that dispute is settled in an orderly manner? Should that obligation be made not simply a moral one, but a humane, patriotic and even legal one?

Country Needs a Navy Sufficient For Its Defense

By S. STANWOOD MERRIN, President of the National Security League, Incorporated

THERE is a crisis in national preparedness. This means there is a crisis in the affairs of the nation. We want a navy sufficient for our defense. We want it now and demand its construction on scientific, businesslike, economic lines under the direction of the best equipped man in the country, and we CANNOT BELIEVE IN ANY ONE'S CONVICTIONS IN FAVOR OF PREPAREDNESS WHO DOES NOT RECOGNIZE THE GOOD SENSE OF THIS DECLARATION.

Congress won't act unless certain of the views of those they represent and the people of this country a quite clear as to certain matters among others that they have a good deal for defense in the past and get little for it, and if they are to spend more they want to be sure that they will get full value and that the best guarantee of this result is in proper control of expenditure by the master workmen of industry.

GOOD INTENTIONS CAN NEVER SUPPLANT EXPERIENCE AND TECHNICAL SKILL.

The prettiest feet. A Swiss professor states that not one woman in a score has a perfect foot, owing to the wearing of high heeled shoes and pointed toe shoes. Russian, German, American, Austrian and Dutch women, he says, have broad feet, while those of Englishwomen are too narrow to fulfill classical and healthy conditions. The women of the Lath race, excluding Frenchwomen, have the best formed and therefore the prettiest feet, the professor says.—London Mail.

The fishing schooner Mary C. Santos, with 23 men on board, was blown up in Boston harbor by an explosion of gasoline. Two members of the crew were killed and ten injured.

The bill to repeal the free sugar clause of the tariff law was favorably reported to the House of Congress Monday by the unanimous vote of the ways and means committee.

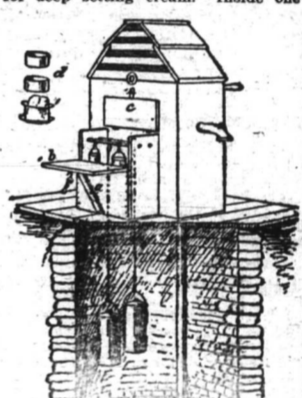


Photo by American Press Association. G. W. PERKINS.

A SPRING NOVELTY.

This is one of the very newest sport suits—a saffron colored silk jersey cut on beautiful lines. The skirt closes down the front with big brown novelty buttons, as does the single-breasted loose coat. Please notice how smart are the collar and cuffs of brown glazed leather, which is also used to face the slit pockets. The striped belt is another interesting feature. With this elegant outfit goes a brown chip sailor simply trimmed with a soft bow and band of satin ribbon. The whole design speaks of simple elegance.

Well Cooler for Butter.
A convenient cooler for butter, milk and other perishable products can be made in any well as shown by the drawing. It consists of a bottomless box placed on the well platform and provided at the top with two hinged doors. Inside extending across the box are a pair of bars. On these bars hang deep pans (No. 9 wire) well hung deep pans similar to those used for deep setting cream. Inside one



WELL COOLER FOR BUTTER.

of these pans are placed dinner plates and somewhat smaller metal rings for holding butter in fat shed quantities. The other pan is for milk. When filled the pans are lowered into the well as indicated. They may or may not rest in the water. If desired the well used for milks may be made with perforated bottom and top so there will be free circulation of cool air around the butter or other material inside.

These pans may be of any convenient shape and dimension is ten or twelve inches in diameter and eight to ten inches deep. The inner collar should be at least one inch smaller than the outer. Label one and a half inch wide and found preferable. The best weight is two feet high, two feet wide and about eight inches across. It should have a latch and a padlock if there is danger of its being visited by people who have no business on the premises. Preferably the pans should be hung on metal rods rather than by cords or chains. This will facilitate raising and lowering.

Let us Direct. "The wise thing to do nowadays is to invest your money in a going concern."

"Yes, and it's also a wise thing to first find out which way the concern is going."—Judge.

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OBSERVER CO.

CHAKLOUHE, N. C.

Jelousy. Jealousy is a consumption bred within the structural house of love when all its walls are sealed. When we are jealous we shut ourselves up in a shell of misery or blind indifference. We want someone all to ourselves. We fear that if we open the doors and let the current of affection or the wind of interest come in, our love will sweep away. A woman is not only of her husband's life but of his work and even of his glory. This brings the windows closed. she looks out from the house of love beyond them.

Unconscious expense. "We've got to cut down expense," announced Mr. Riverside, "and I think we'll begin by giving up our box at the opera."
"Oh, Henry, you surely wouldn't think of doing that!" protested his wife.

"Why not? If my business keeps on as rotten as it is now I won't be able to buy you any new gowns, and there is no use paying rent for a show window when you haven't got any goods to show."—Pittsburgh Chronicle.

Rain Hats in Korea. Korea is a country of strange customs, but perhaps the most curious headgear of all are the immense rain hats worn by the farmers' wives while working in the fields during the rainy season. These extraordinary coverings are often as much as seven feet long and five feet broad and protect the body as effectively as any umbrella could do.

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