

It Always Helps

says Mrs. Sylvia Woods, of Clifton Mills, Ky., in writing of her experience with Cardui, the woman's tonic. She says further: "Before I began to use Cardui, my back and head hurt so bad, I thought the pain would kill me. I was hardly able to do any of my household work. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my household work as well as run a big water mill. I wish every suffering woman would give

CARDUI

The Woman's Tonic

a trial. I still use Cardui when I feel a little bad, and it always does me good."

Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, ailing women for more than fifty years.

Get a Bottle Today!

Our Christmas Carols.

THE ancient Christmas carol "Holy Night" is German in its origin and is considered by many persons to be the most beautiful of all Christmas carols. It has sometimes been ascribed to Martin Luther, but the consensus of expert opinion is that it is much older than his time and is one of the oldest of German folk songs.

The carol "God Rest Ye Merry, Gentlemen," is English in its origin and dates back to about the beginning of the seventeenth century, although the author of the words and the composer of the music are unknown. The fine old melody sung to this poem possesses all the best qualifications of a sterling hymn tune and will probably last as long as the verses with which it is always associated.

Originally the old carol was sung in polyphonic harmony with the melody placed in the tenor, as was the invariable custom of the seventeenth century. Modern transcriptions of it, however, have placed the melody in the upper voice part instead of the third voice part as formerly. This carol, too, is one of the most popular and most beautiful in the entire range of Christmas music.

The carol "Draw Nigh, Immanuel," and its variant "The Little Drummer Boy" are also very old. The latter melody is in existence, and both the words and music far antedate any of the others. The music is an old French melody, dated from the thirteenth century, although, of course, it has been harmonized to conform to more modern standards.

There is a most curious but beautiful musical effect at the close of this carol. The words of "Draw Nigh, Immanuel" are about 100 years older than the music being taken from the Mozartian breviary of the twelfth century, and is generally held to be the exact origin of this fine old song in somewhat of a doubt.

Another carol, "The First Noel," is a traditional French melody and probably originated in France, although the exact origin of this fine old song is somewhat in doubt.

ONCE on a time in a queer little town
On the shore of the Zuyder Zee,
When all the good people were fast asleep,
A strange thing happened to me.

Alone the night before Christmas,
I sat by the glowing fire,
Watching the flame as it rose and fell,
While the sparks shot higher and higher.

Suddenly one of the sparks began
To flicker and glimmer and wink
Like a big, bright eye till I hardly knew
What to do or say or to think.

Quick as a flash it changed to a face,
And what in the world did I see
But dear old Santa Claus nodding his head
And waving his hand to me!

"Oh, follow me, follow me!" soft he cried,
And up through the chimney with him
I mounted, not daring to utter a word
Till we stood on the chimney's rim.

"Now, tell me, I beg you, dear Santa Claus,
Where am I going with you?"
He laughingly answered: "Why, don't you know?"
To travel the wide world through.

From the crystal palace, far in the north,
I have come since dark, and see
These curious things for the little folk
Who live on the Zuyder Zee."

Then, seating himself in his reindeer sledge
And drawing me down by his side,
He whistled, and off on the wings of the wind
We flew for a midnight ride.

But first such comical presents he left
For the little Dutch girls and boys—
Onions and sausages, wooden faced dolls,
Cheese and gingerbread toys.

Soldiers that marched at the word of command,
Necklaces, bracelets and rings,
Tiny gold watches, all studded with gems,
And hundreds of exquisite things.

Straight to America then, where I,
Perched on a chimney high,
Watched him scramble and bustle about
Between the earth and sky.

Many a stocking he filled to the brim,
And numberless Christmas trees
Burst into bloom at his magical touch.
Then all of a sudden a breeze
Caught us and bore away to the south
And afterward blew us out west,
And never till dawn peeped over the hills
Did we stop for a moment's rest.

"Christmas is coming!" he whispered to me,
"You can see his smile in the sky,
I wish merry Christmas to all the world.
My work is over. Goodby!"

Like a flash he was gone, and I was alone,
For all of this happened to me
Once on a time in a queer little town
On the shore of the Zuyder Zee.

"Who Gave Us Christmas Day?"
A happy, happy Christmas
Is yours again,
Oh, not the falling measure
Of Christmas earthly pleasure,
But Christmas joy abiding,
While years are swiftly sliding.
Be yours, I pray,
Through him who gave us Christmas Day!

Christmas Cribbs of the Tyrol

THE Christmas cribs, showing the first resting place of the infant Christ, which once seen occasionally in the churches of this country are not to be compared with those of Europe, especially the remarkable ones made by the peasants of Italy and of the Tyrol. In the latter country there has been of recent years a decided revival of interest in these groups representing the nativity of Christ.

It is not unusual to see one with several hundred figures. Not alone the birth of the Saviour, but the adoration of the shepherds, the arrival of the kings with their soldiers and courtiers, the flight into Egypt, Jesus in the temple, and even the marriage at Cana are represented.

The Tyrol's cribs have been famous for centuries, and the people were justly proud of them until the spirit of "modern enlightenment" invaded the land and crib building was denounced as child's play. Enterprising antiquarians and art sellers eagerly bought up all the old cribs and then sold them at good profit to tourists in the Tyrol.

Many fine specimens have disappeared from the land, but fortunately a few of the best were acquired by national museums. The best Tyrol crib known to have had, the "Urulnein-kripp" of Innsbruck and the Moser kripp of Bozen, are now in the Bavarian National museum at Munich. A third, the Jaufenthaler crib, is in the Vienna museum.

Originally it belonged to a family in Wiltzen, now a part of Innsbruck. It contained 154 human figures, 24 buildings and 256 animal figures. It included solid woodwork, figures the heads of which were wax and other whose heads and limbs were movable. Some of these date back as far as the year 1700. Seven scenes were represented.

The Moser crib of Bozen was much more extensive. Moser's "city" was in itself a masterpiece and included palaces, fountains, monuments, the citadel of King David and towers with six city clocks striking the hours of the night. It was valued at more than \$50,000 during Moser's lifetime.

The Ursulines' crib was particularly famous on account of the gorgeous dressing of the figures. The figures were clad as courtiers of heaven in the rich court costumes of the seveneenth century.

These masterpieces are now lost to Tyrol. It can hardly cause surprise, then, that serious-minded men began to think of grave fears for the future of the Tyrol's art and its history. A practical result in the formation of a society whose object was to prevent the future reckless exportation and selling of old cribs and to revive the spirit that produced them.

Tyrolean cribs may be divided into three classes, the ardent type, the simple and the rustic. The ardent is to be born again, redeemed by grace from ill, 19, 24. Then because of the judgment seat of Christ for all His redeemed (xiv, 7-12) we must live unto Him, not to self.

Lesson VIII.—Paul's defense before Agrippa, Acts xxvii, 22. Golden Text, Rom. xiv, 10. "I am not ashamed of the gospel, for it is the power of God unto salvation to every one that believeth." Whether in Jerusalem, or on shipboard, or at Malta, or in Caesar's household, Paul could honestly say, "I am debtor; not only to the Greeks, but to all men. I have preached the gospel, not for man's sake, but for God's sake."

Lesson IX.—A living sacrifice, Rom. xii, 1-8. Golden Text, Rom. xii, 1. "Present your bodies a living sacrifice, holy, acceptable to God, which is your spiritual service." Because of the benefits of His grace, as set forth in chapters I to viii, we are asked to let Him have full control of all that He has purchased, that He may prove us and to others through us His perfect will and love, to His glory.

Lesson X.—Jesus Christ the first and the last, Rev. I, Golden Text, Rev. I, 17, 18. "Fear not; I am the first and the last, and the Living One, and I was dead, and behold, I am alive forevermore." Note all the wonderful names of the wonderful Prince of the earth and the crown of life. Note believers with Him and remember that He is always in the midst, even where only two or three are gathered.

Lesson XI.—Faithful unto death, Rev. II, 1-17. Golden Text, Rev. II, 10. "I will give the crown of life." Note specially His various titles in the seven epistles and the promises to the overcomers. He reveals Himself to each company and to each individual believer according to our need. Distinguish between the crown of life of His own reward and the crown of glory which shall be all in all (I Cor. xv, 28). May the light of that city make us blind to all else.

Lesson XIII.—Unto us a Son is given, Isa. ix, 1-6. Golden Text, Isa. ix, 6. "His name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." He who was born in Bethlehem, whose goings forth were from the days of eternity, was born to rule in Israel, and He surely will, according to the prophets and also the words of Gabriel to Mary (Luke I, 32, 33).

Christmas Eve Adventure

ONCE on a time in a queer little town
On the shore of the Zuyder Zee,
When all the good people were fast asleep,
A strange thing happened to me.

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I sat by the glowing fire,
Watching the flame as it rose and fell,
While the sparks shot higher and higher.

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Like a big, bright eye till I hardly knew
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Be yours, I pray,
Through him who gave us Christmas Day!

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. J. C. Fletcher* and has been made under his personal supervision since his infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Dr. J. C. Fletcher
In Use For Over 30 Years
The Kind You Have Always Bought
THE CENTAUR COMPANY, NEW YORK CITY.

COUNT TARNOWSKI CONGRESS QUICKLY PASSES FIVE BILLS

ADJOURNMENT FOR HOLIDAYS TAKEN BY CONGRESS UNTIL JANUARY 2, 1917.

PASS 5 SUPPLY MEASURES

The Urgent Deficiency Legislative, Indian, District of Columbia, and Diplomatic and Consular Appropriation Bills in Three Weeks.

Washington.—Congress adjourned for the Christmas holidays to reconvene January 2. In the three weeks of the session the House passed five Government supply measures, the urgent deficiency legislative, Indian, District of Columbia and diplomatic and consular appropriation bills, more than ever passed before in the brief period preceding a holiday recess.

One of these bills, the urgent deficiency, has passed the senate.

Railroad legislation suggested by President Wilson failed to get much attention in either branch. The House Commerce Committee decided to await initiative action in the Senate, where beginning January 2 the Senate commerce committee will hold hearings on the proposed railroad arbitration measure and the bill authorizing the president to take over the railroad, telephone and telegraph lines in case of military necessity.

At the conclusion of the hearings the railroad measure in some form will be pressed as amendments to the pending bill to enlarge the Interstate Commerce Commission. Senator Newlands, chairman of the committee, hopes to get action before the March adjournment.

The Senate passed the immigration bill with its literacy test provision and it is now in conference.

The National prohibition constitutional amendment was reported favorably from the Judiciary Committee in each House and will be pressed by its champions, at every opportunity, although they have little hope of securing the necessary two-thirds majority at this session in conference.

House committees also reported the Borland food investigation resolution with a favorable recommendation and the Susan B. Anthony constitutional amendment for woman suffrage without recommendation. Neither resolution advanced to consideration in the House.

PRESIDENT WILSON NAMES NEW SHIPPING BOARD.

Three Democrats and Two Republicans Selected to Serve For Government.

Washington.—President Wilson nominated the following to be members of the Government shipping board:

William Denman of San Francisco; Bernard N. Baker of Baltimore; John A. Donald of New York; John Barber White of Kansas City, Mo.; and Theodore Brent of New Orleans.

The board will have general supervision over freight rates in American waters and is empowered to organize a \$10,000,000 corporation to build or buy merchant ships.

The ships built or bought will be available to lease or charter by private interests, but may be operated by the government should private concerns fail to take them. The intent of the law, aside from restoration of ships for American commerce removed by the war is to open up trade routes which private capital does not consider yet profitable enough for it to enter.

Mr. Denman, who gets the longest term of six years, is a Democrat and a lawyer with experience in Admiralty cases.

Mr. Baker, nominated for a five-year term, has had wide experience as a ship owner and for thirty years was president of the Atlantic transport line. He is a Democrat and Mr. Donald, the third Democratic member, was nominated for four years. He has had a life-long experience in the steamship business.

KING CHRISTIAN SIGNS SALE OF ISLANDS TREATY.

Copenhagen, via London.—King Christian in Cabinet council ratified the treaty providing for the sale of the Danish West Indies to the United States.

This follows the passage by both houses of the Danish Parliament of the bill for the ratification of the treaty. The exchange of the ratification instruments will take place in Washington probably towards the end of January.

The average male American may not know why there should have been a riot in Rome over warring nations, but the rioters have his sympathy.

Count Tarnowski is the newly appointed ambassador from Austria Hungary to the United States. He is a Pole and his home is in Galicia. About fifteen years ago he was secretary of the Austrian embassy in Washington.

PRESIDENT ASKS TERMS

PRESIDENT WILSON VOICES HUMANITY'S LOUD CRY FOR WORLD PEACE.

President Wilson Asks the Warring Nations to Make Known Terms on Which They Would Consider Peace—Action Causes Surprise.

Washington.—President Wilson has appealed to all the belligerents to discuss terms of peace.

Without actually proposing peace or offering mediation, the President has sent formal notes to the governments of all the warring nations suggesting that "an early occasion be sought to call out from the nations at war such an avowal of their respective views as to the terms upon which the war might be concluded and the arrangements which would be deemed satisfactory as a guaranty against its renewal or the kindling of any similar conflict in the future, as would make it possible frankly to compare them."

Wholly without notice and entirely contrary to what administration officials have described as his course, the President dispatched notes to all the belligerents and to all the neutrals for their information. Summarized in the notes, his attitude is as follows:

"The President is not proposing peace; he is not even offering mediation. He is merely proposing that soundings be taken in order that we may learn the neutral nations with which the belligerents, how near the haven of peace may be for which all mankind longs with an intense and increasing longing. He believes that the spirit in which he speaks and the objects which he seeks will be understood by all concerned and he confidently hopes for a response which will bring a new light into the affairs of the world."

This latest development in the rapidly moving world events toward a discussion of peace was not permitted to become known until the notes were well on their way to the American Ambassadors in the belligerent capitals, and probably already in the hands of some of them.

It was a most distinct surprise to all official Washington, which had been led to believe that with the formal transmission of the proposals of the Central Powers, the offices of the United States would await further moves between the belligerents themselves, and that certainly in view of the speech of Premier Lloyd George and the announcement in Russia, France and Italy, further action by neutrals would depend upon the next careful and delicate moves in the great diplomatic spectacle between the belligerents themselves.

The whole tenor of official opinion throughout Washington when the President's action became known was that it immeasurably improved the prospects for some sort of exchange looking toward an approach to peace discussions between the belligerents.

SALE OF ISLANDS PASSES ONE HOUSE

Copenhagen, via London.—After a slight reading, the Folketing adopted the bill ratifying the treaty for the sale of the Danish West Indies to the United States. The vote was 90 in favor and 16 against ratification.

"There's many a slip between cup and lip," says an excellent proverb. We suggest therefore, that the two ends of the Panama Canal named the Cup and the Lip, respectively.

CHRISTMAS PLAYS IN THE HOME THEATER.

The dramatic instinct is strong in most children and should be encouraged, says Mrs. Blanche Cole Rosedale in the New York Evening Sun. To the young child his exercise serves to while away many rainy hours; to the older child it can be made a source of inspiration to noble deeds and a means of gratifying the longing for romance and the desire for adventure.

Where there are two or more young children Santa Claus plays of all sorts will occupy the pre-Christmas days.

The most popular and simplest one is that in which one child represents the beneficent saint and the rest of the family go to bed after hanging the stockings. The saint fills the stockings and makes what other preparations his imagination can compass, then usually becomes a child again and goes to bed himself, not wishing to be left out of the Christmas morning fun so soon to follow.

All Christmas stories may be dramatized. The story of Gretchen, who set her shoe by the chimney and found a poor sparrow in the toe, will be acted out with as many embellishments as the story teller has been able to add.

There is a story of two children who awoke to find Santa Claus in their room. They accompany him to toyland and back with many adventures on the way. This lends itself well to playacting.

The religious dramatics of the family on Christmas morning is a pretty play. The generous Samaritan goes laden with toys to the unhappy ones, and play ends in a joyous dance.

While the dramatizing spirit is in the children will not stop with Christmas tales, but will play Cinderella, Little Red Riding Hood and any other simple story which is familiar to them.

GRANDMA'S CHRISTMAS

WHEN GRANDMA WAS A GIRL

TEOTONS DRIVE BACK FOE AFTER SHARY BATTLE.

London.—Except in northern Dobruja, where the troops of the Central Powers continue to drive the Rumanians and Rumanians towards the Danube, there has been little important activity on the battle fronts of Europe.

The Russian troops in Dobruja, Petrograd announces, were forced to retire northward under heavy attacks from numerically superior hostile forces.

NOTED VIRGINIA SURGEON DIES AT RICHMOND

Richmond, Va.—Dr. Geo. Ben Johnston, a noted surgeon, died suddenly here of heart failure. He was a fellow of the International Surgical Association and Past President of the American Surgical Association, the Medical Society of Virginia and the Southern Surgical and Gynecological Society.

Dr. Johnston was a great-nephew of Gen. Joseph E. Johnston, Confederate States Army.

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Well located close to the best trade in Graham. Price reasonable and building ready for occupancy now.

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Help For Girls Desiring Education.

We have on our campus an apartment house, a two story building of 25 rooms, with a frontage of 100 feet which may be used by girls who wish to form clubs and live at their own charges.

Pupils can live cheaply and comfortably in this way, many of them having their table supplies sent to them from their homes.

For further information address J. M. Rhodes, Littleton College, Littleton, N. C.

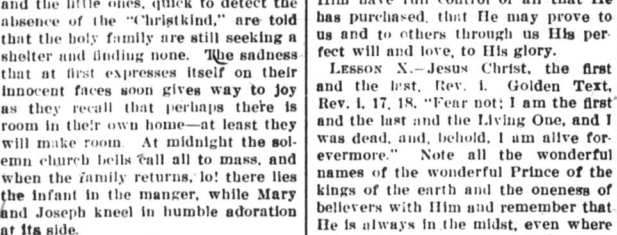
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\$100—Dr. E. Detchoa's Anti-Diuretic may be worth more to you—more to you than \$100 if you have a child who soils the bedding from incontinence of water during sleep. Cures old and young alike. It arrests the trouble at once. \$1.00. Sold by Graham Drug Company.

English Spavin Liniment

removes Hard, Soft and Calloused Lumps and Blemishes from horses; also Blood Spavins, Curls, Spilts, Sweeney, Ring Bone, Stiffs, Sprains, Swollen Throats, Coughs, etc. Save \$50 by use of one bottle. A wonderful Blemish Cure. Sold by Graham Drug Company.

CHRISTMAS CARDS



Where Bayberry Candles Come From.

It was the women of Hingham, that quaint old Massachusetts town, that first brought down from their attics their grandmothers' old candle molds and began the great burning of bayberry candles for a few appreciative people who wanted them to burn in homes furnished in antiques. The women of charming old Deerfield, in the same state, shortly followed suit, and then the housewives of Cape Cod, seized their opportunity, all of them using the molds that had been in the towns for generations.

Roast ostrich was the prime dish at the Christmas dinner of the Young Men's Christian Association of Los Angeles, Cal., a few years ago. More than 1200 persons were served from one bird.

The newspaper men of New Bern, assisted by the Chamber of Commerce, are planning to give the editors of the state a rare treat when they meet in their annual convention at Morehead City next summer and after the business sessions have been concluded.

There are millions of Menhaden, better known as fat backs, now off the North Carolina coast and fishermen down around Morehead City and Beaufort are said to be making record-breaking catches of these fish, these being turned over to the fertilizer factory at the former place.

A peculiar circumstance occurred on the farm of W. E. Funderburk, two miles west of Monroe, when plowmen turned up a nest of adder snakes, containing 12 in number. They were 15 inches in length and apparently needed for the winter season. The snakes were all in a very small space and coked together in a round ball.

Very Serious

It is a very serious matter to ask for one medicine and have the wrong one given you. For this reason we urge you in buying to be careful to get the genuine—

THE DOG'S BLACK-DRAUGHT Liver Medicine

The reputation of this oil, reliable medicine for constipation, indigestion and liver trouble is firmly established. It does not irritate other medicines. It is better than others, or it would not be the favorite liver powder, with a larger sale than all others combined.

SOLD IN TOWN

Danger Signal.

If the fire bell should ring would you run and pick it up or go and help put out the fire? It is much the same way with a cough. A cough is a danger signal as much as a fire. A cough should no more try to suppress it than to stop a fire bell when it is ringing, but should cure the disease that causes the coughing. This can nearly always be done by taking Chamberlain's Cough Remedy. Many have used it with most beneficial results. It is especially valuable for the persistent cough that so often follows a bad cold or an attack of grip. Mrs. Emma A. (seeing) Andrews, Ind., writes, "During the winter my husband and I were sick and coughed and coughed. Chamberlain's Cough Remedy is the best medicine I ever used in my life. It cured me and you cannot get him to take any other." Obtainable everywhere.

Mr. Bryan deserves all the honor accorded him in Washington. He left the Wilson administration because he feared it was too militant, but, unlike many others of the same mind, he did not rush into the arms of a candidate who was practically committed to war in both form and pherese. In loyalty to party principles as well as faithfulness to an idea, he has given the country a fine example of fidelity and common sense.

Do You Want a New Stomach?

Do you want a new stomach? If you do "Digestone" will give you one. For full particulars regarding this wonderful Remedy which has benefited thousands, apply to Hayes Drug Co.

ARE YOU A WOMAN?
Take Cardui
The Woman's Tonic
FOR SALE AT ALL DRUGGISTS

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