## $\Rightarrow \diamond =$ =><>= Pains. DIZZV Spells

Mrs.G.P.Cartwright, of Whitwell, Tenn., writes: "I suffered with bearingdown pains. : . The dizzy spells got so bad that when I would start to walk. I would just pretty nearly fall. Was very much run-down. I told my husband I thought Cardui would help me. Cardui would help me. . . He got me a bottle. . . If ned me so much that he got me another bottle. I got a whole lot better. The dizzy spells and the bearing-down pains . . .

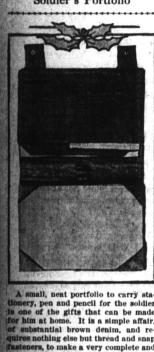
left me entirely." If you are weak and un-down, or suffer from anly pains,

TAKE

You can feel safe in giv-Cardui a tho It is composed of mild, vegetable, medici-nal ingredients, recog-nized by standard medical books for many years, s being of great value in he troubles from which only women suffer. The enthusiastic praise of the entitusiastic praise of the thousands of women who have been helped by Cardui in its past 40 years of successful use should assure you of its genuine merit, and convince you that it would be worth while to try this ne for your troules. All druggists sell it.

=<> \*\*\*\*

Soldier's Portfolio



writing case. shown in the picture, the case ut ten inches wide and sixteen long. One side of it holds three eel like a stranger in a strange land Christmas will give opportunity to pro vide her with this requisite of the woman in polite sociefy. Also to re-place knitting bags that have grown s that make a good support for are there is no table. On the other or compariments for paper, en-opes, post cards and stamps. A row strap of the denim habby with use. wy strap of the denim, is seved in at the center to carry pen and il. Ink can be carried in solid now. It comes in small sticks dissolve in water. The case fastith strong snap fasteners as in-



Carl and Pat along with Gretchen and Hortense, are making eyes at us this Christmas, inviting us to inquire into their merits. They belong to a new order of the beloved rag dolls that have always held the warmest corner of little folks' hearts. These dolls are made of discarded

These doils are made of discurded socks or stockings and stuffed with cotton. White socks are used for the heads and colored ones for the bodies. Fancy stufiching with heavy mercerized cotton or yarns, outlines the jackets, makes ties and garters and represents makes thes and garters and represents buttons. The eyes, nose and mouth are outlined also in black and red. Two-toned silk socks, usually in a

bright color on the wrong side are much sought after by the makers of these jolly looking character dolls.

The Woman's Tonic Kit for the Navy Lads

♦ ✨ � Try Cardui 1.74

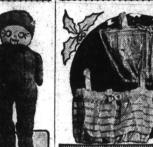
Here is a compact and compreh sive kit, designed to carry all the things needed by our boys in the navy,

to keep them and their belongings fit and nifty. It is made of blue denim and a little red cotton-flannel, stitched with red thread and bound with a strong braid. Short lengths of braid sewed in it serve to hold comb, orushes, pencils, etc.

This kit carries an unbelievable number of things—among them these: Soap in a soap box, talcum powder, scrub brush, pencil with eraser, paper, post cards, black and white thread, needles, pins, safety pins, tooth brush, tooth paste, bone buttons, bachelor buttons, safety pins, corncob pipe, bag of tobacco and has room to spare for other things. It rolls up and is tied with the strong braid or tape used for

binding it. One of these kits, fitted out, is a fine gift along with a gay lit-tle bag of sweets, or something equally foolish, for Christmas.

**Cretonne Knitting Bag** 



Camisoles-that is corset covers, by a less matter-of-fact name-are never neglected when the Christmas list of salable finery is made up by buyers salable inery is made up by buyers for the big shops. This year they have presented shoppers with many lovely camisoles of ribbon, or net and ribbon combined, or crepe georgette and rib-bon. Those shown in the picture are in pale pink, which is the favored color

for fine underwear. Very wide satin ribbon, decorated with small tucks, lace insertions and French knots in pink and blue slik, serves to produce the camisole at the top of the picture. It is edged with a frill of pink creps and supported by shoulder straps of satin ribbon.

The camisole below it is made of fine, white net, bacded with satin rib-bon. The same ribbon is used for shoulder straps and for drawing up the fullness over the bust. It is fin-ished with a small bow at the front. A flat elamic run in a narrow hem in the

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

**Dainty Camisoles** 

shabby with use. \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*



Pretty ladies, made of painted wood, conceal our telephones and invite us to tell secrets that will never be be-trayed. These are the "pingocraft" girls and they make fascinating gifts

Uncle Sam does not furnish the boys

with these two winter luxuries,

to either men or women friends. Each one stands at the front of a small board on which the telephone is to be placed. The mouthplace is un-screwed and when replaced forms the crown of a hat or springs from a high corsage bouquet or disappears alto-gether or is frankly in evidence, just as you will. STATE OF The pingocraft novelties are made Illustrated is a desk set for father

hubby or sweetheart. If you are clever you can saw it out of thin pine and enamel it beautifully, filling it with of wood cut out from thin boards, painted white. The figures are out-lined on them ready for painting and each is painted to suit the individual good paper, pens and stamps. Or you can make the frame of stiff cardboard taste. The little figure at the left is holding her hat and, when she is placed, the mouthplece of the phone and cover it with any attractive pape that matches his den or library. hes the crown of it.

Handmade lingerie is always a test of affection. So make sister an under vest made of crepe de chine. One yard and a quarter of a good quality of



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**Christmas Gifts** 

That Are

Sure to Please

CARE CARE CARE

Why Not Make **Some Gifts** This Christmas?

Some philosopher or other said long A CHRISTMAS gift that can't be used and enjoyed is a disappoint-ment. The average man or wom-an would rather receive a post card with a cheerful "Merrie Christmas" on it than a gift that is just perfunctory. The war has made us all alert this year for the cheer and welfare of our CHRISTMAS comes on apace, and the usual question confronts ev-ery woman, "What shall I give my friends this year?" If the outlay cannot be very much then if is a good idea to make some useful article to Purchase enough white georgette crepe to make a collar and cuff set. Perhaps the collar can follow the out-line of a coat difficult to fit with a



use the rest of this for a banding that fancy waist. The point is to keep the edges straight rather than rounding, for we will have the border machine hemstitched, or the edge can be stitch ties carelessly in front. Smoking jackets, suspenders, bath mules, necktle and collar cases for travelers, knitted golf gloves, throat ed or hemstitched with fine white sill mufflers and tooled leather picture and finished with tiny embroidered and finished with tiny embroidered dots of white silk or French knots of a faintly contrasting color. Or make sister a fetching breakfast

"What Shall

I Give My

frames are some of the gifts you can make for the men in your family. Nothing "boughten" could compare with the joy furnished a youngster by these toys that daddy made himself. Pine or sweet gum wood are easily manipulated, and the delight enters jacket of georgette crepe, voile or dim ity. Close it on the left side, hand em rolder the front and gird it with he with the gay enamel paint that daddy





STO MICESSA

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-sonal supervision since its infancy. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment. Minate is CASSTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains age is its guarantee. For more than thirty years it has

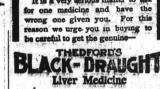
neither Optim, Morphine nor other harcour substance. As age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.



ruc

In Use For Over 30 Years The Kind You Have Always Bought

\*\*\*\*\*\*\*\*\*\*\*\*\* Cap and Slippers to Match It is a very serious matter to



Very Serious

ble medicine, for constipation, is-digestion and liver trouble, is firm-ly established. It does not imitate other medicines. It is better than others, or it would not be the fa-vorite liver powder, with s larger sale than all others combuned. SOLD IN TOURY The reputation of this old, relia medicine, for constipation, in

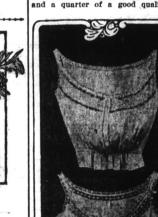




THE PRESIDENT, CHAPEL HILL, N. C.

Help For Girls Desiring Education. We have on our campus an apar

The Lantern Bag



Mother may like something new and attractive in the form of luncheon nap-kins made of one and a half yards of white linen (a good quality comes at 75 cents a yard) cut into six squares and bordered with a picot Irish edge after Or she may prefer a theater bag made of brocade velvet in any of the

new colors and lined with a soft silk in contrasting color. They are made with a pocket in the bottom, either oblong or round, and the top has a casing through which gold ribbon is drawn. Now that patriotism runs high make hubby a red, white and blue pillow for





effectively carried out in cut work, and nother design is of an iris pattern. The shade pictured is more conven tional, being intended for an electric candle. Fluted paper is neatly pasted together the desired size and decorated

with gold or silver gimp. Toddlers and babies always nee new dresses. Try the pattern illustrated in either chambray or linen an trat

d in the pictur at is a good idea to embroider the attials on belongings made for the oys in the service because so many and portfolios are alike in all de Besides it is another evidence ss on the part of th



year's Christmas candles will and blue, as well as in red, and blue, as well as in the ac-med red and green. Here are among many others, in which the ors are skillfully used to graceful shades. The shade at it is mainly red with white and in ruffles and braided strands the top and bottom.

e over red in the other candle a pretty background for small pasted to the crepe paper. This is tied about the top with nar-

basket and box for salted fections, are shown with The basket is made of

Those of cretonne have everything to recommend them. They are cheer-ful and durable and they are inex-

Also to re-

She who has not a knitting bag mus

pensive as bags go. The handsome bag in the picture is nade of tan cretonne with black stripe and Japanese designs in brilliant flo ers and foliage. It is lined with bright green sateen and finished with clusters of satin-covered apples in tan, red and

green at each side. The handles are of thin wood an re wound with a flat gold braid.

Wishbone Thimble Case

180

finished with handsome silk tassel ad suspended by a silk cord. A cover made for the top of the lantern and stened by the clip through the braid 19/2 fastened by the cl ased for binding. \*\*\*\*\*

Lollypops for Youngsters

are to be disposed of.



If Santa Claus finds himself short of money anywhere we invite his atten-tion to those dressed-up lollypops They will delight the children. A lolly

All you define the clinic A with the end of a stick and it lasts a long time. All sorts of little figures of things animate and inanimate are made by dressing up lollypops in crepe paper. One end of the stick is thrust into a A pretty thimble case, made of wishbone saved from the wreck of the Thanksgiving turkey, is something new. Heavy slik or mercerized cot ton is used for crochet lace to make a wide border about the wishbone. If disk of heavy cardboard and arms and legs are provided by small wires fast ened about the stick. The faces are painted on wax paper, over the lollys crocheted with a beading to carry baby ribbon that is run through it and les. The basket is made of baby inbon that is run through it and end about the stick. The faces are painted the candle at the list is a superded by the boxs as shown in the picture. A tiny bag, to hold the thimble, is suspended between the soliders, dolls, dancing girls, clowns-there is no limit to the things that shade of the other candle.



n are re and a little more narrow ribbon are re-quired. Cut the vest straight, hem on se silk, red velvet and gold braid. It the bottom, put the beading across the scent of the recipient and made, say, in heart shape edged with narrow lace would be attractive, and they are always useful. Little lavender silk bags with dried lavender could be appreciated by anyone with on closet.

> SILAGE REDUCES BEEF COST Result Given of Steer-Feeding Test

Made at Missouri College Agriculture.

A steer-feeding test recently completed at the Missouri College of Agri-culture illustrates the possibility of re-ducing the cost of beef production by the extensive use of corn slinge. Sixteen head of two-year-old steers fed

teen head of two-year-old steers fed for 130 days made an average gain in live weight of 322 pounds per head. They were fed 3.16 tons of corn silage, 750 pounds of alfalfa hay, and 503 pounds of cotton-seed meal and old grocess linseed oil meal per steer. They received no corn other than that contained in the silage. By this meth-od of feeding a fairly satisfactory grade of beef can be produced, and it is possible to fatten three steers on an acre of good corn instead of one, the need of chamberians rates to to correct the disorder. These tablets do not contain pepsin, ou strengthen the stomach and ena-ble it to perform its functions nat-urally. They also cause a gen-tle movement of the boweis.

acre of good corn instead of one which was usual under former meth-ods of feeding

his morris chair. The cut suggests the embroidery done on a backgr

linen crash A quickly made gift for a little girl and one which serves to teach her a one which serves to teach her a on of neatness is a set of ribbon rolls for her hair ribbons. Small paste wrapped separately in oiled paper and board cylinders, such as are used for mailing purposes, are first covered with cotton wadding and sachet powder and

then with silk or satin. The materia may be plain or flowered, but must be of a quality not to "run."

homemade jelly or orange marmalade would be useful as well as ornamental. Apple jelly and orange marmalade car be made at the holiday season as well as in the summer, and then one can truthfully say on the little card of greeting that it was made expressig for the friend to whom it is sent.

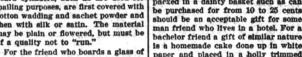
AN OLD MAN'S STOMACH.

too much is habitually takes the

stomach will rebel. When a man reaches the advanced age of 85 or

90, you will find that he is a light eater. Be as careful as you will however, you will occasionally eat more than you should and will feel the need of Chamberlain's Tablets to correct the divorder These

As we grow older and less activ less and less food is required to meet the deands of our bodies. It



is a homemade cake done up in white paper and placed in a holly trimmed box. Most men have a secret sweet tooth, and Christmas seems to be the time to have it filled.

A dozen or so of he

Men as a rule do not like to receive wearing apparel as gifts, especially socks, but embroider a man's mono-gram on the said socks and you will find him delighted.

Your Ad. In This

Paper Will

Bring Business to

You That Now

Goes to a Mail

Order House

Break your Cold or LaGrippe with

few doses of 666.

mock the front in any harmonizin

acked in a dainty basket such as can

Here are a cake basket and a bonbo RUB-MY-TISM --- Antiseptic, Relieves Rheumatism, Sprains, Neuralgia, etc.

de crulles

wide striped ribbon and will serve as other knitting bags do, for shop-ping and carrying small parcels. It will make glad hearts at Christmas

\*

**Always Welcome China** 

Goldmine Book.

Itch relieved in 20 minutes by

Woodford's Sanitary Lotion. Never fails. Sold by Graham Drug Co,

15novtf

SUBSCRIBE FOR THE GLEANER 51.00 A YEAR. John M. Hammer of Greensboro a brother of District Attorney Ham-mer, died last week.

kinds, made mostly of cretonne or of ribbons, are gay and beautiful, easily

made and inexpensive. Two views of a beautiful knitting

we have on our campus an apart-ment house, a two storyb uliding of 25 rooms, with a frontage of 100 feet which may be used by girls who wish to form clubs and live at their own charges. Pupils can live cheaply and com-fortably in this way, many of them having their table supplies sent to them from their homes. For further information address J M. Rhodes, Littleton College, Littleton, N. C.





The Woman's Tonic The baskets shown are in dark brown, and that one holding the bon-bon dies is brightened with a yellow

Sold Everywhere cord woven in a cross pattern over the Call and Get Your Vest Pocket



DO. YOU WANT A NEW STOMACH? If you do "Digestoneine" will give you one. For full particulars regard-ing this wonderful Remedy which has benefited thousands, apply to

Hayes Drug Co.

SUBSCRIBE FOR THE GLEANER



SLOO A YEAR

