

Pains, Dizzy Spells

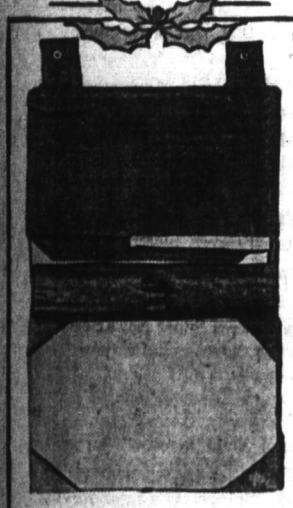
Mrs. G. P. Cartwright, of Whitwell, Tenn., writes: "I suffered with bearing-down pains. . . The dizzy spells got so bad that when I would start to walk, I would just pretty nearly fall. Was very much run-down. I told my husband I thought Cardui would help me. . . It helped me so much that he got me another bottle. I got a whole lot better. The dizzy spells and the bearing-down pains . . . left me entirely."

TAKE CARDUI

The Woman's Tonic
You can feel safe in giving Cardui a thorough trial. It is composed of mild, vegetable, medicinal ingredients, recognized by standard medical books for many years, as being of great value in the troubles from which only women suffer. The enthusiastic praise of the thousands of women who have been helped by Cardui in its past 40 years of successful use should assure you of its genuine merit, and convince you that it would be worth your while to try this medicine for your troubles. All druggists sell it.

Try Cardui

Soldier's Portfolio



A small, neat portfolio to carry stationery, pen and pencil for the soldier is one of the gifts that can be made for him at home. It is a simple affair, of substantial brown denim, and requires nothing else but thread and snap fasteners, to make a very complete and handy writing case.

As shown in the picture, the case is about ten inches wide and sixteen inches long. One side of it holds three blotters that make a good support for the writing tablet in cramped quarters where there is no table. On the other side are compartments for paper, envelopes, post cards and stamps. A narrow strap of the denim, is sewed down at the center to carry pen and pencil. Ink can be carried in solid form now. It comes in small sticks that dissolve in water. The case fastens with strong snap fasteners as indicated in the picture.



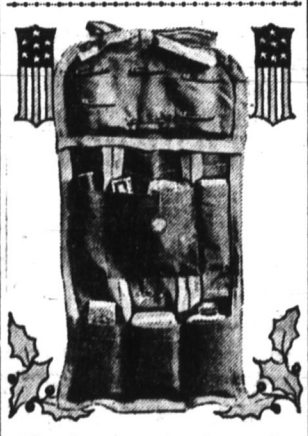
This year's Christmas candles will be dressed out with shades in red, white and blue, as well as in the accustomed red and green. Here are two, among many others, in which the national colors are skillfully used to make graceful shades. The shade at the left is mainly red with white and blue in ruffles and braided strands about the top and bottom.

Homemade Character Dolls



Carl and Pat along with Gretchen and Hortense, are making eyes at us this Christmas, inviting us to inquire into their merits. They belong to a new order of the beloved rag dolls that have always held the warmest corner of little folks' hearts.

Kit for the Navy Lads



Here is a compact and comprehensive kit, designed to carry all the things needed by our boys in the navy, to keep them and their belongings fit and nifty. It is made of blue denim and a little red cotton-flannel, stitched with red thread and bound with a strong braid. Short lengths of braid sewed in it serve to hold comb, brushes, pencils, etc.

Cretone Knitting Bag



She who has not a knitting bag must feel like a stranger in a strange land. Christmas will give opportunity to provide her with this requisite of the woman in polite society. Also to replace knitting bags that have grown shabby with use.

Wishbone Thimble Case



A pretty thimble case, made of a wishbone saved from the wreck of the Thanksgiving turkey, is something new. Heavy silk or mercerized cotton is used for crocheted lace to make a wide border about the wishbone. It is crocheted with a heading to carry baby ribbon that is run through it and made into three little bows as shown in the picture. A tiny bag, to hold the thimble, is suspended between the ends of the bone and the pretty gift is suspended by ribbon hangers.

Dainty Camisoles



Camisoles—that is corset covers, by a less matter-of-fact name—are never neglected when the Christmas list of salable finery is made up by buyers for the big shops. This year they have presented shoppers with many lovely camisoles of ribbon, or net and ribbon combined, or crepe georgette and ribbon. Those shown in the picture are in pale pink, which is the favored color for fine underwear.

Inviting Telephone Girls



Pretty ladies, made of painted wood, conceal our telephones and invite us to tell secrets that will never be betrayed. These are the "pingcraft" girls and they make fascinating gifts to either men or women friends.

The Lantern Bag



No matter how many laundry bags have vainly besought our male friends to be orderly, this lantern bag has every chance of success in fulfilling its mission. It is a thing of beauty that will never be relegated to a closet, but is destined to spend its days hung in a conspicuous place to be admired.

Lollipops for Youngsters



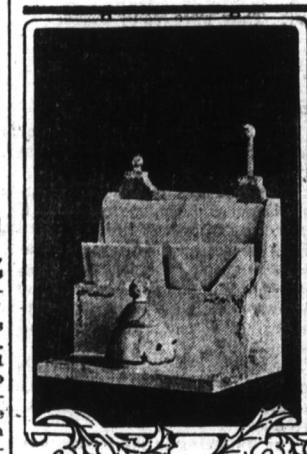
If Santa Claus finds himself short of money anywhere we invite his attention to those dressed-up lollipops. They will delight the children. A lollipop is a flat piece of candy on the end of a stick and it lasts a long time.

Christmas Gifts That Are Sure to Please

A CHRISTMAS gift that can't be used and enjoyed is a disappointment. The average man or woman would rather receive a post card with a cheerful "Merry Christmas" than a gift that is just perfunctory. The war has made us all alert this year for the cheer and welfare of our



boys on the sea and in the army. So why not knit the young patriots gray wool sweaters and those excellent long-wristed mittens, with finger tips missing not to impede their work at the rigging and behind the gun?



Illustrated is a desk set for father, hubby or sweetheart. If you are clever you can saw it out of thin pine and enamel it beautifully, filling it with good paper, pens and stamps.



crepe, the same quantity of beading and a little more narrow ribbon are required. Cut the vest straight, hem on the bottom, put the beading across the top and run the ribbon through it.

Silage Reduces Beef Cost

Result Given of Steer-Feeding Test Made at Missouri College of Agriculture.
A steer-feeding test recently completed at the Missouri College of Agriculture illustrates the possibility of reducing the cost of beef production by the extensive use of corn silage. Sixteen head of two-year-old steers fed for 130 days made an average gain in live weight of 322 pounds per head.

Why Not Make Some Gifts This Christmas?

SOME philosopher or other said long ago that we do not appreciate that which we do not work hard to obtain and that we love more the people whom we do for than we love the people who do most for us.



use the rest of this for a banding that ties carelessly in front.



so skillfully applies to the elephant's howdah, the parrot's wings and the sailor boy's middy.



his Morris chair. The cut suggests the embroidery done on a background of linen fabric.

A quickly made gift for a little girl and one which serves to teach her a lesson of neatness is a set of ribbon rolls for her hair ribbons.

AN OLD MAN'S STOMACH.

As we grow older and less active less and less food is required to meet the demands of our bodies.

CASTORIA
For Infants and Children
In Use For Over 30 Years

"What Shall I Give My Friends?"

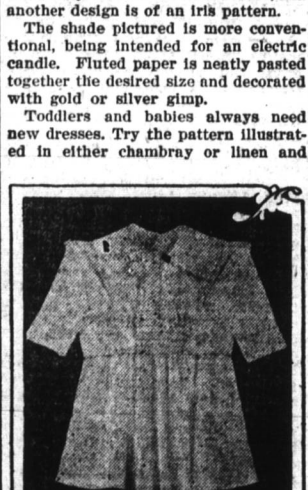
CHRISTMAS comes on apace, and the usual question confronts every woman, "What shall I give my friends this year?"



fancy waist. The point is to keep the edges straight rather than rounding.



effectively carried out in cut work, and another design is of an iris pattern.



smock the front in any harmonizing color or a contrast.

A dozen or so of homemade crullers wrapped separately in oiled paper and packed in a dainty basket such as can be purchased for from 10 to 25 cents should be an acceptable gift for some man friend who lives in a hotel.

RUB-MY-TISM—Antiseptic, Relieves Rheumatism, Sprains, Neuralgia, etc.

Your Ad. In This Paper Will Bring Business to You That Now Goes to a Mail Order House

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of **Chas. H. Fletcher** and has been made under his personal supervision since its infancy.

GENUINE CASTORIA ALWAYS
Bears the Signature of **Chas. H. Fletcher**
In Use For Over 30 Years
The Kind You Have Always Bought

Cap and Slippers to Match



Just the newest things in breakfast caps are of Chinese inspiration and among them appears the cap with maline crown and wired lace trim for a brim that is shown in the picture.

Rich Bags in Ribbon



Bags fill a large part of the horizon of the Christmas shopper, for never was there such a furore for them. Knitting bags and countless other kinds, made mostly of cretone or of ribbon, are gay and beautiful, easily made and inexpensive.

Always Welcome China



Here are a cake basket and a bonbon dish made of small plates set in baskets of paper rope. They are the sort of gift the housewife always welcomes and require a small outlay of money and the time of the maker.

Very Serious
It is a very serious matter to ask for one medicine and have the wrong one given you. For this reason we urge you in buying to be careful to get the genuine—

THE DRAUGHT
BLACK-FRAGHT
Liver Medicine
The reputation of this old, reliable medicine, for constipation, indigestion and liver trouble, is firmly established. It does not irritate other medicines. It is better than others, or it would not be the favorite liver powder, with a larger sale than all others combined.

PATENTS
Trade marks and copyrights obtained for no fee. Filled, sealed, or broken and description for FREE SEARCH and report on patentability. Think before you patent. **D. SWIFT & CO.** PATENT ATTORNEYS, 303 Seventh St., Washington, D.C.

LAW

UNIVERSITY OF NORTH CAROLINA LAW SCHOOL

Excellent Faculty Reasonable Cost
WRITE FOR CATALOG
THE PRESIDENT,
CHAPEL HILL, N. C.

Help For Girls Desiring Education.
We have on our campus an apartment house, a two story building of 25 rooms, with a frontage of 100 feet which may be used by girls who wish to form clubs and live at their own charges.

UP-TO-DATE JOB PRINTING DONE AT THE OFFICE. GIVE US A TRIAL.

Used 40 Years
CARDUI
The Woman's Tonic
Sold Everywhere

ARNOLD'S BALSAM
ALL SUMMER SICKNESSES BY
Graham Drug Co.

DO YOU WANT A NEW STOMACH?
If you do "Digestolene" will give you one. For full particulars regarding this wonderful Remedy which has benefited thousands, apply to **Hayes Drug Co.**