Life Was a Misery

Mrs. F. M. Jones, of Palmer, Okla., writes:

"From the time I entered into womanhood . . . I looked with dread from one month to the next. I suffered with my back and bearing-down pain, until life to me was a misery. I would think I could not endure the pain any longer, and I gradually got worse. . . Nothing seemed to help me until, one day, . . . I decided to

TAKE

CARDUI

The Woman's Tonic

"I took four bottles," Mrs. Jones goes on to say, "and was not only greatly relieved, but can truthfully say that I have not a pain. . .

"It has now been two years since I took Cardui, and I am still in good health. . . I would advise any woman or girl to use Cardui who is a sufferer from any female trouble."

If you suffer pain caused from womanly trouble, or if you feel the need of a good strengthening tonic to build up your run-down system, take the advice of Mrs. Jones. Try Cardui. It helped her. We believe it will help you.

All Druggists

J. 68

IMPORTANT NEWS THE WORLD OVER

IMPORTANT HAPPENINGS OF THIS AND OTHER NATIONS FOR SEVEN DAYS GIVEN

THE NEWS OF THE SOUTH

What Is Taking Place In The Southland Will Be Found In Brief Paragraphs

Domestic

The upper South Carolina conference of the Methodist Episcopal church, South, in annual session at Chester, S. C., voted, 93 to 28, for the extension of laity rights to the women of the conference.

The United States senate finance committee has completed revision of the war revenue bill, designed to raise six billions of dollars in taxes in 1919 and about four billions in 1920.

On July 1, 1919, 2-cent postage will be restored on letters; one cent on postcards.

Liberty fuel, vastly cheaper than gasoline and possessing many advantages over the product, has been invented by officers of the war department and is now being produced in large quantities.

The sixteen so-called tent camps originally constructed as training centers for national guard divisions will be abandoned as soon as practicable it is announced by the war department.

Five armed bandits held up and robbed a dozen men in a poolroom in the center of Philadelphia of cash and jewelry amounting to $5,000.

The sentence of Thomas J. Mooney—sentenced to be hanged on December 13—for the death of ten persons killed by a bomb explosion in San Francisco during a preparedness parade in July, 1916, was commuted by Governor W. D. Stephens to imprisonment for life.

Wholesale thefts of liquor in transportation from the North to "wet" sections in the South has been revealed in Chattanooga, Tenn., by the arrest of a former politician named Sam Jones and others. The Southern road had been called upon to pay $8,000 for missing liquor, but it has not yet been determined how the liquor was taken from the cars.

G. K. Schinn of Uvalde, Texas, recently sent Speaker Champ Clark a sweet potato weighing fourteen and a half pounds.

The United States government has refused to approve the proposed transfer to a British syndicate of the vessels now under British registry owned by the International Mercantile Marine Corporation.

Washington

The entente allies have decided to demand that Holland surrender the former emperor of Germany to justice according to the London Daily Express.

A Reuter correspondent who visited "U-boat Avenue" off Harwich, where the surrendered submarines are lying, states that the "avenue" is over a mile long.

General March, chief of staff, announces that the Cunard liner, Mauretania, sailing from Liverpool for New York November 25, has aboard 165 officers and 3,834 men of the American army, including 116 sick and wounded.

An intensive campaign to bring home to the American people the need for food conservation so that three hundred million hungry people in Europe and the near East, may be fed, will be conducted by the food administration.

In the coming year, it is announced, we must send twenty million tons of food to Europe—practically the limit of shipping capacity at our ports.

At a dinner given in honor of the American aviators in honor of their French comrades in the air service, it was announced by the under-secretary of aviation that of 240 American pilots in the Lafayette squadron, 60 lost their lives.

It is officially announced that during the war the forces of Great Britain actually lost nearly one million men, killed or dead, through various causes.

There was no formal celebration of Thanksgiving Day in Washington, but hundreds of soldiers and sailors, many wearing the golden V for service overseas, were dinner guests in private homes.

Indications anent the peace conference are that the "League of Nations" will be taken up early in the deliberations.

A Lima dispatch says that it is officially announced that Peru has withdrawn her consuls from Chile as a result of the renewal of anti-Peruvian rioting in Iquique and Antofagasta.

The possibilities of hostilities between Peru and Chile are the topic of discussion in diplomatic circles. The controversy about the boundary line has approached a critical stage.

The Twenty-seventh division, totaling 484 officers and 12,681 men, and the thirtieth division, totaling 488 officers and 12,099 men, both of which operated on the British front, have been withdrawn from the Lemans area, and probably will embark in a few days.

Although President Wilson sail for France next week, no details have been given out. The president plans to complete the trip within six weeks.

Soldiers reaching Berlin report that the great bulk of the German army will resist all efforts of the Bolsheviki to control the new Germany.

On Thanksgiving day special services were held in most churches over the country. President Wilson and Mrs. Wilson attended the Central Presbyterian church, where simple services were conducted by the pastor, the Rev. Dr. James Taylor, who read the president's proclamation before he delivered his sermon.

It is stated by way of London that the new Austrian government will demand the trial of Kaiser Wilhelm of Germany and Emperor Charles of Austria.

The representatives at the peace conference of the United States will be President Wilson, Robert Lansing, secretary of state; Henry White, former ambassador to France and Italy; E. M. House, and Gen. Tasker H. Bliss, representative of the American army with the supreme war council at Versailles. This is the announcement made directly from the white house.

It is announced in a dispatch from Munich that Bavaria has broken with the Berlin government. The message says that this action is taken "owing to efforts of the Berlin government to deceive the people by withholding the truth about conditions."

Viscount Kato, former minister of foreign affairs, will head the Japanese delegation to the peace conference at Versailles, according to unofficial advices reaching Washington from Japan.

Difficulties between Peru and Chile, which resulted in recall of consular representatives by each nation from the principal cities of its neighbor, have been overcome by an apology on the part of the Peruvian government, Carlos Castro Ruiz, consul general of Chile, is announced in New York City.

It is understood that the question of the extradition of the former German emperor is being considered by British law officers of the crown, who are working in close co-operation with the French authorities. Action in the premises was taken immediately after the flight of the former emperor to Holland.

Reports from Germany of tests of strength between the conservative elements and the independent and Bolshevik Socialists in various places continue to indicate that, as far as mere numbers go, the extremists are almost negligible.

George W. Wickersham, attorney general in the Taft administration, in an address in New York City before more than a hundred educators, lawyers, bankers and merchants engaged in international trade who are members of the Council of Foreign Relations, advanced the opinion that the constitution makes it mandatory upon Vice President Marshall to assume the office of president if Mr. Wilson leaves the United States to attend the peace conference. The former attorney general quoted section one of article two

European

Count Wilhelm Hohenzollern will soon leave Amerongen, Holland, according to news from Amsterdam. It is stated that he will go to a sanitarium near Arghem, where he will undergo treatment for shattered nerves. The former kaiser is reported to be subject to frequent fits of violent weeping.

Austria-Hungary lost four million killed and wounded during the war, according to an Exchange Telegraph dispatch from Copenhagen. Eight hundred thousand men were killed, including seventeen thousand officers.

The German losses in the war are placed at 6,330,000 by the Socialist Vorwaerts of Berlin.

The celebration of victory over Germany opened at Pekin with a review of the Chinese and allied troops by President Hsu Shih Chang.

Eleven hundred Jews were killed during the recent massacre in Lemberg. Hundreds of Jews are said to have barricaded themselves in a synagogue which was set afire. Those who attempted to escape from this refuge were shot.

Germany must pay the cost of the war to the limit of her capacity, Premier Lloyd-George declared in a speech at Newcastle, England.

Lloyd-George says: "We have got so to act that men in the future who feel tempted to follow the example of the rulers who plunged the world into war will know what is waiting for them at the end."

General Allenby, who commanded the victorious allied troops in Palestine and Syria, in their operations against the Turks, has returned to Egypt from the battlefront.

Marshal Foch, the allied commander-in-chief, has established headquarters at Luxemburg.

Nowadays when you go to a police station in Berlin the desk sergeant will say: "You are not required to register any longer." They do not even look at your passport.

A striking feature of the "new freedom" in Germany is that the private soldier no longer salutes his superior officer. The soldier calls his officer "Comrade."

Break your Cold or LaGrippe with few doses of 666.

U. S. HEALTH SERVICE ISSUES WARNING

Increase in All Respiratory Diseases After the Influenza Epidemic Probable.

Influenza Expected to Lurk for Months. How to Guard Against Pneumonia. Common Colds Highly Catching—Importance of Suitable Clothing—Could Save 100,000 Lives.

Washington, D. C.—With the subsidence of the epidemic of influenza the attention of health officers is directed to pneumonia, bronchitis and other diseases of the respiratory system which regularly cause a large number of deaths, especially during the winter season. According to Rupert Blue, Surgeon General of the United States Public Health Service, these diseases will be especially prevalent this winter unless the people are particularly careful to obey health instructions.

"The present epidemic," said Surgeon General Blue, "has taught by bitter experience how readily a condition beginning apparently as a slight cold may go on to pneumonia and death. Although the worst of the epidemic is over, there will continue to be a large number of scattered cases, many of them mild and unrecognized, which will be danger spots to be guarded against." The Surgeon General likened the present situation to that after a great fire, saying, "No fire chief who understands his business stops playing the hose on the charred debris as soon as the flames and visible fire have disappeared. On the contrary, he continues the water for hours and even days, for he knows that there is danger of the fire rekindling from smoldering embers."

"Then you fear another outbreak of influenza?" he was asked. "Not necessarily another large epidemic," said the Surgeon General, "but unless the people learn to realize the seriousness of the danger they will be compelled to pay a heavy death toll from pneumonia and other respiratory diseases.

Common Colds Highly Catching.

"It is encouraging to observe that people are beginning to learn that ordinary coughs and colds are highly catching and are spread from person to person by means of droplets of germ laden mucus. Such droplets are sprayed into the air when careless or ignorant people cough or sneeze without covering their mouth and nose. It is also good to know that people have learned something about the value of fresh air. In summer, when people are largely out of doors, the respiratory diseases (coughs, colds, pneumonia, etc.) are infrequent; in the fall, as people begin to remain indoors, the respiratory diseases increase; in the winter, when people are prone to stay in badly ventilated, overheated rooms, the respiratory diseases become very prevalent.

Suitable Clothing Important.

"Still another factor in the production of colds, pneumonia and other respiratory diseases is carelessness or ignorance of the people regarding suitable clothing during the seasons when the weather suddenly changes, sitting in warm rooms too heavily dressed or, what is even more common, especially among women, dressing so lightly that windows are kept closed in order to be comfortably warm. This is a very injurious practice.

Could Save 100,000 Lives.

"I believe we could easily save one hundred thousand lives annually in the United States if all the people would adopt the system of fresh air living followed, for example, in tuberculosis sanatoria. There is nothing mysterious about it—no specific medicine, no vaccine. The important thing is right living, good food and plenty of fresh air.

Droplet Infection Explained in Pictures.

"The Bureau of Public Health, Treasury Department, has just issued a striking poster drawn by Berryman, the well-known Washington cartoonist. The poster exemplifies the modern method of health education. A few years ago, under similar circumstances, the health authorities would have issued an official dry but scientifically accurate bulletin teaching the role of droplet infection in the spread of respiratory diseases. The only ones who would have understood the bulletin would have been those who already knew all about the subject. The man in the street, the plain citizen and the many millions who toil for their living would have had no time and no desire to wade through the technical phraseology."

COLDS, INFLUENZA, PNEUMONIA, AND TUBERCULOSIS ARE SPREAD THIS WAY

Copies of this poster can be obtained free of charge by writing to the Surgeon General, U. S. Public Health Service, Washington, D. C.

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of Chas. H. Fletcher

BUY WAR SAVING STAMPS

Wrist Motion Ascribed as Secret of Attaining Speed In Art of Husking Corn

Corn husking is rapidly becoming an art of rare attainment. In years past, observes a writer in the Illinois State Register, many good stories have been told about records achieved by men accomplished in that art. As stated by a husking expert, in years past, farmers coupled size with skill and would not hire a hand to husk corn unless he was a giant physically. Those were the days before the science of the business had been developed. Experience taught the lesson that the wrist motion, if properly acquired, would enable an ordinary husker to develop speed. When the science of the game was brought out, the smaller men gradually won recognition as huskers of rare ability.

No standard of production can be laid down to govern the ability of the average husker. The foundation of the corn determines greatly the speed of the picker. With corn of medium height, well matured and standing erect, there is some opportunity to estimate a good day's work. These three conditions rarely ever existed at the same time.

Viewed from the angle of a trade, corn shucking is rapidly becoming a craft, according to the announcement of a local trade journal. In past years corn shuckers have worked without any attempt to secure a uniform rate. In most cases the shucker worked by the day and it followed that on rainy and stormy days, the men drew their wages, even though they did not go into the field.

As corn husking grew to be more and more a profession, it is reported, the huskers began to angle for shorter hours and a more uniform scale of wages, either based upon the day wage or the commission on the bushel gathered. The latter system is rapidly gaining a foothold.

Pithy Paragraphs

A polite man never meets a stranger.

Self-possession is nine points with the lawyer.

One week in the country should make one strong in the city.

When a man is looking for difficulties he will find two where he expects one.

Every time a girl gets a small dent in her heart she imagines it is broken.

At some period in his career every man carries something in his pocket for luck.

U. S. Flag Standards.

The president of the United States has no official flag, but as commander in chief of the army and navy his presence is notified by distinct standards. The army flag is red, and bears in the center the official coat of arms of the United States. Bearing the same coat of arms and somewhat similar, except in color—blue—is the navy flag.

Advices received in London say that dogs and men are battling in Petrograd for the flesh of horses which drop dead in the streets.

USE OF CORN

United States Consumes More Than Any Other Country

Consumption of corn in the United States is 29.40 bushels per capita, the largest of any country in the world. It is also the largest corn producer in the world, raising over 80 per cent of the entire crop. Austria-Hungary is the second largest consumer, using 3.77 bushels. The Netherlands uses 3.05 bushels, Italy 2.99 bushels, as it is a large manufacturer of macaroni, and Belgium uses 2.16 bushels. Japan is the smallest corn consumer, using only .07 bushels. Crops in most countries this year are below average. The average production and consumption of corn, including cornmeal, as given by the department of agriculture, is tabulated below in bushels:

	Av. Yield.	Consump.	Per Cap.
Austria-H.	178,206,000	188,125,387	3.77
Belgium	No data.	15,489,682	2.16
France	22,498,900	36,829,960	.94
Germany	No data.	34,966,553	.57
India (Brit.)	No data.	No data.	....
Italy	91,999,400	100,076,324	2.99
Japan	3,293,636	3,293,636	.07
Netherlands	No data.	17,394,010	3.05
Un. Kingdom	No data.	85,060,797	1.99
U. S.	2,610,162,500	2,543,812,435	29.40

Why the Setting Sun Seems Larger and of Oval Shape.

We all know an optical illusion makes the setting sun seem larger and often of an oval shape, says Popular Astronomy, but a recent explanation by W. F. Badgley of some of the causes which bring this about is interesting. The atmosphere near the earth's surface, when hot and dusty, acts as a magnifying glass. Looking upward, we see through more rarefied air, which does not possess the magnifying power. The oval appearance is due to the fact that the sun is seen through the edge of an aerial lens, which may be clearly illustrated by drawing a small circle on a piece of white paper and placing a reading glass over it. Under the center of the lens the circle appears round, but if the glass is moved until the circle is near its edge its shape changes to an oval.

Cigar Makers Now Propose The Conservation of Boxes.

The Tobacco Merchants' Association of the United States would save a total of 29,736,586 feet of lumber through a conservation program which they will submit to the war industries board for approval. One of the most expensive features in connection with the sale of cigars is the container. The most common container is the wooden box. Under the plan, which is now being canvassed by the tobacco and cigar manufacturers of the country, no cigars of certain classes would be packed in wooden boxes of less than 100 each capacity, and the thickness of all such box material would be reduced as far as practicable. Under this arrangement there would be few cigars in containers of 50 capacity, and none at all in containers of 25 or ten capacity.

BUY WAR SAVING STAMPS

SUGAR SHOWED OUR BACKBONE

American Willingness to Give Up Luxury Demonstrated Nation's War Conscience.

STAND WITH THE ALLIES.

By Reducing Consumption People of the United States Averted a Famine at Home in Spite of Low Supplies.

The fact that the people of the United States were able to reduce by more than one-half million tons their July, August, September and October consumption of sugar proves conclusively that their war conscience was thoroughly awakened and that the country as a whole stood ready to follow the injunctions of the Government.

Our normal consumption of sugar in the four-month period beginning with July has been 400,000 tons per month, a total of 1,600,000 for the quarter year.

In July, when our sugar stringency began to reach its height, consumption was reduced to 260,000 tons. In August only 325,000 tons went into distribution and in September only 279,000 tons. In October the distribution fell to 230,000 tons.

If the general public had failed to observe the injunctions of the Food Administration this country would have been in the throes of a sugar famine before the end of August. Our visible supplies were so low as to bring great anxiety to those familiar with the sugar situation. They feared that it would be absolutely impossible to reduce consumption to a point where sugar would no longer be a mere luxury in the American diet.

Few accomplishments of the Food Administration will stand forth so predominantly as this reduced consumption of sugar. By it we have been able to bridge over the period of stringency until the new beet and Louisiana cane sugar crops were in sight.

Now the nation is in a position so that if we choose we may return to our normal home use of sugar, and Europe, with the release of ships to go far afield, can maintain its recent restricted rations. If, however, those nations are to increase their use of sugar very considerably it must be by our continued sharing with them through limiting our own consumption.

AMERICAN SPIRIT RELIED ON TO WIN.

In the light of succeeding events it is interesting to recall the confidence with which the United States Food Administrator viewed the gloomy outlook in July of 1917, when this country had been in the war for less than four months and the Germans were steadily sending the western front nearer and nearer to Paris.

"Even though the situation in Europe may be gloomy today," he declared in a public statement, "no American who has knowledge of the results already obtained in every direction need have one atom of fear that democracy will not defend itself in these United States."

LOYALTY IN LITTLE THINGS LAST PROOF OF PATRIOTISM

Americans without murmuring cut their sugar allowance from four pounds a month to three and then as long as need be to two pounds for loyalty's sake.

Food Will Win the World.

America earned the gratitude of allied nations during war by sharing food. America under peace may win the world's good will by saving to share.

DEMOCRACY VS. AUTOCRACY.

"There is no royal road to food conservation. We can only accomplish this by the voluntary action of our whole people, each element in proportion to its needs. It is a matter of equality of burden."

The truth of this statement, made by the United States Food Administrator soon after we entered the war, has been borne out by the history of our exports. Autocratic food control in the lands of our enemies has broken down, while democratic food sharing has maintained the health and strength of this country and of the Allies.

Hair Gray? Read This!

This is a message of importance to all who have gray hair. Science has made a great discovery in Q-ban.

Gray or faded hair changes to a natural, uniform, lustrous, beautiful dark shade simply by applying Q-ban. Works gradually and defies detection. Safe, sure and guaranteed harmless. All ready to use. 50c a large bottle, money back if not satisfied. Sold by Hayes Drug Company and all good drug stores. Try Q-ban Hair Tonic, Soap Liquid shampoo, also Q-ban Depilatory.

Try Q-ban

Dixon's Lead Pencils are the are THE BEST Try them and be convinced They are for sale at this office.—5c.

TELLS ABOUT JOHN RANDOLPH

Thomas H. Benton Relates Interview With Eccentric Man, in Which He Depicts His Melancholy Mood.

Thomas H. Benton in his "Thirty Years' View" gives an interesting account of an interview he had with the eccentric John Randolph of Roanoke.

The interview was at Mr. Benton's room in Crawford's hotel, in Georgetown. It was in the gloom of the evening, before the lamps were lit. Mr. Randolph, reclining on a soft, silent and thoughtful, repeated, as if to himself, Johnson's lines on "Senility and Imbecility," that show his life under its most melancholy form:

"In life's last scenes what prodigies surprise,
Fears of the brave and follies of the wise.
Down Marlborough's eyes the streams of dotage flow,
And Swift expires a driveller and a show."

When Mr. Randolph finished repeating these lines, Mr. Benton said to him: "Mr. Randolph, I have often heard you repeat these as if they could have an application to yourself, while no one can have less reason than yourself to fear the fate of Swift."

To this Randolph replied: "I have lived in dread of insanity."

While Randolph was not insane in the ordinary sense of the word, it is certain that he had occasional temporary aberrations of the mind, and it was during such times that his talk was most brilliant, a copious flow for hours of wit and classic allusion, a perfect scattering of the diamonds of the mind.

His will was contested on the ground of insanity, but it was not set aside.

MIX DOUGH WITH SEA WATER

Wider Adoption of the Practice Is Recommended by French Naval Pharmacist, Health Advantages.

It has long been a custom in certain parts of France to make up the dough for bread with sea-water instead of using, as is customary, fresh water, with the addition of salt required to make bread both healthful and appetizing, says the Literary Digest. M. Abert Saint Sernin, a French naval pharmacist of the first class, urges the wider adoption of the practice, which has, according to him, several advantages; the bread keeps moist longer, owing to the affinity for water possessed by the magnesium chloride sea-water contains; it is very wholesome, since it provides not only the chlorides of sodium and magnesium, but other mineral substances which the body can make use of.

The water must be collected at a suitable distance from land and should be taken from a depth of six or seven yards if possible. The yeast must be prepared with fresh water and the salt water used for mixing the dough. The French writer adds:

"Bread made with sea water, useful for everybody, is to be recommended especially for growing children, for convalescents, and for all those who need to repair the wastes due to fever or to hard labor."

Half-Way Work.

We are, none of us, so good architects as to be able to work habitually beneath our strength; and yet there is not a building that I know of, lately raised, wherein it is not sufficiently evident that neither architect nor builder has done his best. It is the especial characteristic of modern work. All old work nearly has been hard work. It may be the hard work of children, of barbarians, of rustics; but it is always their utmost. Let us have done with this kind of work at once; cast off every temptation to it; do not let us degrade ourselves voluntarily, and then mutter and mourn over our shortcomings; let us confess our poverty or our parsimony, but not belie our human intellect. It is not a question of doing more, but of doing better. Do not let us boss our roofs with wretched, half-worked, blunt-edged rosettes; do not let us flank our gates with rigid imitations of medieval statuary. Such things are more insults to common sense, and only unfit us for feeling the nobility of their prototypes.—Ruskin.

Four-Arc Rainbow.

A four-arc rainbow was seen by a vessel at sea recently, one pair intersecting the other pair. Two arcs are often seen on land, and three are sometimes seen; but the invariable rule is that these arcs all have a common center lying below the horizon. The explanation of the two pairs of arcs was, however, quite simple. The sea at the time was exceptionally calm, and acted as a gigantic mirror. Two of the arcs, which had a common center below the horizon, were due to the sun itself; the other two arcs, which had a common center above the horizon, were due to the reflection of the sun in the sea.

Rust Dissolver.

An Italian inventor has patented a method of cleansing iron and steel from rust. By his process the metal is made the cathode in a phosphoric acid electrolyte. It is claimed that this acid, unlike others, dissolves away the rust without attacking the solid metal, and also tends to prevent subsequent rusting. The electrolyte is made by adding 10 parts of phosphoric acid to 90 parts of water, or by adding a 10 per cent solution of sodium phosphate to 10 per cent of the acid. A temperature between 58 and 70 degrees Centigrade is recommended.

Evidently She Had Not.

The small boy was teasing his mamma for candy all during the preparation for a trip downtown, when finally exasperated, she said: "Claude, if you don't stop mother will be angry. If I see fit when we get there I'll buy some otherwise I'll not."

He was quiet during several visits in and out of the downtown stores when finally he said: "Mother, have you seen your fit yet?"

ASK ANYONE WHO HAS USED IT.

There are families who always aim to keep a bottle of Chamberlain's Colic and Diarrhoea Remedy in the house for use in case it is needed, and find that it is not only a good investment but saves them no end of suffering. As to its reliability, ask anyone who has used it. For sale by all dealers.

UP-TO-DATE JOB PRINING DONE AT THIS OFFICE. GIVE US A TRIAL

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

HOME TOWN HELPS

WELL WORTH SMALL OUTLAY

Cultivation of Hedges and Fences Along Railroads' Right of Way Is of Real Practical Value.

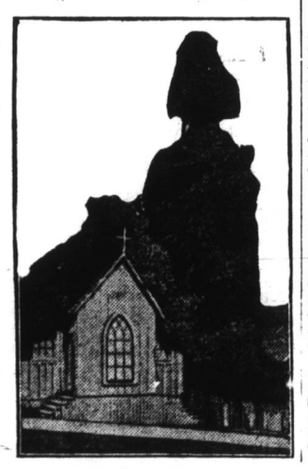
A number of railroad companies have already made considerable effort to beautify their rights of way and station grounds. In some places the roads are paralleled for many miles by hedges, and the land on either side of the tracks is covered by beautiful turf. About the stations, hedges, shrubbery, and flower beds are common. If this planting could be aimed in part, at least, toward attracting birds it would be very effective nad great good would be done. If the clumps of shrubs were formed of kinds furnishing bird food, if more of them were placed along the rights of way, if the hedges were allowed to bear fruit, and if the fence poles or possibly even some of the telegraph poles bore bird houses, thousands of birds could live where very few do now.

The suggestions made are by no means without practical value to the right of way itself. For instance, supplying bird boxes is the best method of preventing damage to poles by woodpeckers, which come anyway under present conditions and make their own homes. Hedges or fences densely covered with vines would decrease, if not entirely obviate, expenditures for the movable snow fences now extensively used.

TRAINED TO RESEMBLE BELL

How Church Tower in Western State Was Effectively Clothed With Heavy Mantle of Ivy.

Travelers rarely fail to be impressed by the novelty and natural beauty of the ivy-covered tower and belfry of a



Some Ten Years Ago a Few Scraggy Slips of Ivy Were Planted About the Base of the Tower, Which Today Is Burdened by a Dense Growth of Greenery That Completely Conceals It.

small frame chapel that stands on a hillside at Tacoma, Wash. Planted some ten years ago, the vines have grown luxuriantly and now completely conceal the four sides of the tower, which rises to a height of about 50 feet. At the top the foliage has been so trained and trimmed that it has the appearance of a massive bell.—Popular Mechanics Magazine.

How Town People Aid Farmers.

How the little town of Delhi, situated in the Catskill mountains in New York state, is aiding farmers in the surrounding community in securing much-needed labor is told by a representative of the United States department of agriculture, who has recently returned from an inspection trip in that district. The local commercial club of Delhi has organized some of the business men of the town who are willing to do farm work after three o'clock. The farmer who needs help telephones to the club, and at three o'clock the volunteer workers climb into automobiles and report to his farm for a half day's work. About 35 business men are being placed every day on the farms around Delhi. The local minister has set the example. He spends one day helping each of the farmers in his congregation.

Used 40 Years

CARDUI

The Woman's Tonic

Sold Everywhere

F. 6

PATENTS

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PATENTS BUILD FORTUNES for you. Our free booklets tell how, what to invest and save you money. Write today.

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PATENT LAWYERS,

303 Seventh St., Washington, D. C.

SALE OF REAL ESTATE UNDER DEED OF TRUST.

Under and by virtue of the power of sale contained in a certain deed of trust executed January 1, 1917, by John A. Burton and Lula C. Burton, his wife, to Alamance Insurance & Real Estate Company, Trustee, for the purpose of securing the payment of four certain bonds due January 1, 1918, which deed of trust is duly probated and recorded in Book of Mortgages and Deeds of Trust No. 71, at page 223, in the Public Registry of Alamance county default having been made in the payment of said bonds at maturity and the interest thereon, the undersigned trustee will, on

MONDAY, DECEMBER 23, 1918,

at 12 o'clock M., at the court house door of Alamance county, in Graham, North Carolina, offer for sale at public auction to the highest bidder, for cash, a certain tract or parcel of land in Alamance county, State of North Carolina, in South Burlington township, adjoining the lands of Oak and Cameron Streets, and others, and bounded as follows:

Beginning at an iron stake on the northeast side of Oak Street, corner with Mrs. Jennie Terrell; running thence with the line of Oak Street North 29 deg. 15 min. West 81 1-2 feet to corner on Oak and Cameron Streets; thence with the line of Cameron Street North 51 deg. 40 min. East 150 feet to corner on Lot No. 33; thence with the line of Lot No. 33 South 29 deg. 15 min. East 81 1-2 feet to corner on Lot No. 33 and Mrs. Terrell's corner; thence with Mrs. Terrell's line South 51 deg. West 150 feet to the beginning and being Lots Nos. 13 and 14 of what is known as Witherdale heights.

Upon this lot is situated a 5-room cottage.

Alamance Ins. & Real Estate Co., Trustee.

This November 21, 1918.

DO YOU WANT A NEW STOMACH?

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HAYES DRUG CO.

40 YEARS OF REPUTATION

ARNOLD'S BALSAM

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SUMMER COMPLAINT.

During the hot weather of the summer months some member of almost every family is likely to be troubled with an unnatural looseness of the bowels, and it is of the greatest importance that this be treated promptly, which can only be done when the medicine is kept on hand. Mrs. F. F. Scott, Scottsville, N. Y., states, "I first used Chamberlain's Colic and Diarrhoea Remedy as much as five years ago. At that time I had a severe attack of summer complaint and was suffering intense pain. One dose relieved me. Other members of my family have since used it with like results." For sale by al dealers.