COLLEGE PRESIDENT

OUTLINES REMEDY

President Nicholas Murray Butle

discussion of the high living costs

SING A SONG OF

things

Sing a song of Savings Stamps,

The cost of living's high.
But have you counted all the

These Savings Stamps wil buy

They help to take that little trip

How many things they'll help you

OUR NEW VIRTUE

In for or sunshine, snow or rain, it's

with its gloom; to know, through pur

chase wisely made, investment plen-ned with sober care, your income's bulk will never fade, but through such rainy days upbear! Last year

and this, an agency for teaching folks

The promises of reduced prices

grow on bald heads.

Or buy some needed clothes.

SAVINGS STAMPS

OLD KING SOLOMON WAS A WISE OLD BIRD

Knew How to Save His Shekels By Tells How High Cost of Living Prob
Putting Them Into Safest Invest, ments Bankers Could Find.
Man and Woman.

Old King Solomon was a wise bird. He distributed a lot of mighty good of Columbia University, in a recent

But he is dead.

You are alive. You will have to make your own decisions and determine your own course of action and your own future. It will not do you a bit of good to try to communicate with Sol and have him solve your problems for you.

"Punishing profiteers is a good thing, but it won't reduce the cost of unity five had all their hoarded goods it would do little good.
"Only the operation of inexorable conomic laws can bring us back to tolerable conditions. The remedy is to save, to practice public economy problems for you.

If you got his ear, you probably would not take his advice.

You will have to acquire your wis-

dom as Sol acquired his, by gaining a rowing for non-productive reasons broad view-point and taking advantage of your own experience and that of others. Solomon was a mason her fore he was a king and a miner as ples greatest weapon against high well, so his view-point probably would prices is the government's Thrift

men and women have put money for years from now. the future in Liberty Bonds, Treasury Savings Certificates and War Savings Stamps. Also there is no record that anyone ever took any of that coin away from Old Sol by inducing him to speculate in wild cat stocks.

He left one bit of advice, the wis

dom of which the years have not changed. He said: "A good man leaveth an inhertance to his child-gen's children."

You can follow that advice by

steady consistent saving and invest ment in War Saving Stamps and Treasury Savings Certificates and in Liberty Bonds at present prices. These securities bought now will be an inheritance for your children's

You can get wise just as he did. If you fail to save you will repen through many years.

ARE YOU AN AMERICAN?

Are you an American?

The 1919 Savings Campaign an all-American movement. That neans it is for every man, woman ering folds of the Stars and

start. Keep on saving and invest ing in War Savings Stamps and Thrift Stamps. Attend the meeting of your society and learn the habit of happy thrift.

BEE AND WORKER

How doth the little Busy Bee, Improve each shining hour? He gathers honey all day long. From each and every flower How doth the worker in our land, Insure some future rest? He saves some money every day, leely to invest.

The Bubble Burst.

Young Tom was spending Christmas in the country and had been invited to the beautiful home of a sweet

Just a stamp, just a stamp, just a stamp on ward;

Just a stamp on ward; young thing named Agnes.

"What a charming place!" he said enthusiastically, to Agnes' proud parents. "Does it go as far as those woods over there?"

"The does" provided the requirements.

Boldly they faced their ills.

"It does," remarked the somewhat unsympathetic father.

"Ah." said Tom. still cheerily; "and "Ah." shid bought a hundred.

"Ah," said Tom, still cheerly; "and to that old stone wall over there, sir?"

And bought a hundred.

High cost to right of them, high cost

"It does," came the gruff answer; to left of them.
"and it goes as far as the river on the south, and to the main road on the thundered, But they kept saving on, just as they "Beautiful!" put in Tom.

"Yes," went on the old man, "but doesn't go with Agnes!"
Then Tom faded peacefully from When will the high cost fade?

Boxing Day in England.

Boxing day is little known in America, but its observance is general in Great Britain. It is the day after Christmas day, and is observed and Stamps by the hundred. day, Christmas being reserved as a day, Christmas being reserved for gious observation. A feature of religious observation. A feature of the day is the giving of gifts by employers to employees. These are grow on hald heads

Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has

age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years The Kind You Have Always Bought

Methodists Save Belgian and Serbian Orphans

sele and Beigrade and Supporte Serbian Refugees in England.

Nashville, Tenn. - The Centenary Commission of the Methodist Episcopal Church, South, will specialize in saring for the children of Belgium well, so his view-point proparly would prove a budget, just as every successful aring for the Methodist Espace on the methodist Espace of the present day.

You may be sure that the high cost business has a budget. The first Berbia and other stricken countries of of living was a problem in Solomon's thing on that budget should be the Europe, according to an announce day as well as in 1919 and that the amount to be saved from the weekly nent made by Dr. W. B. Beauchamp day as well as in 1919 and that the amount to be saved from the weekly ment made by Dr. W. B. Beauchamp, purchasing power of a shakel, minted or monthly income—not the amount from the gold of Ophir, fluctuated just to be spent. Make what you say that da Church Commission have just as does the dollar minted at Philadel. what you spend govern the amount

For this purpose a large home, for-nerly a famous boys' school, has been purchased at Uccle, a suburb of Brus-But Solomon knew that thrift and saving, the stimulation of production and the elimination of waste would per cent interest, compounded every solve those problems just as the wise working man knows it today. He laid the belt by investing in United States the Methodists will assume entire reup a lot of coin through safe and center of the securities. The dollar you save today sponsibility for them and their future, servative investment just as wise may be worth twice as much five Another home has been bought as Belgrade, Servia, and here the under ted orphans of the Southern Slavs will be given medical attention and cared for. A staff of women physicians, secured from Scotland, will be in charge of this home.

Still another orphanage has been taken over at Faversham, England. This home already contains more than a hundred Serbian children, orphane refugees who were taken from their homes during the Austrian invasion.

Plight of Children Deplorable. "One can scarcely imagine the plight of the Belgian and Serbian chil dren," declared Dr. Beauchamp. nines of Northern France have been flooded or filled with concrets by the Germans, and thousands of children will literally freeze to death this win

"I have seen them living in the old gathered from the passers-by. Relief stations will be established as quickly as workers can be obtained and supplies sent. These will be at Brussels, Ypres, St. Quentin, Monddi-dier, Religrade and other conference

have not spent my every gain, and The Centenary Commission is seek thus red/ced my funds to naught—it's line for two young physicians, eight sit inside a cozy room, and realize the dismal haze cannot surround you with its gloom; to know, through pure with its gloom; to know, through pure and directors to reinforce the belief thus reduced my funds to naught-it's

staff. These will be sent abroad at The Church has a fund of \$5,000,000 for this purpose. It is a part of the \$53,000,000 fund which was raised in the recent Centenary Drive.

HEALTH BONDS POPULAR.

this gospel bright has strenuously im-pressed on me the way to duck the waster-bright; "A dollar saved—the interest gained"—this is the lesson and and true, which keeps the way-ward dollar chained and makes the 4 per cent accrue. Thrift! That's the answer to you, sir! The thing that flamed our battle lamps, and The demand for the Health Bonds which the National Tu-berculosis Association issued this year for the first time are meeting with a ready sale. The bone are in graduated denominations, the helped to down the Prusian cur; in other words, WAR SAVINGS amallest being for \$5. In the pass some of the large business houses and other large contributors found it diffi cuit to use up the number of Red Cross Seals their subscriptions called Cinders are no more worthless than good intentions which go no farther. Buy those War Savings Stamps new. for. The bonds have been issued for the convenience of large subscribers and the proceeds of their sale will be Every time you buy a Thrift Stamp you are striking Old Man Gloom on the jaw. ased for the same purpose as the Christmas Seal funds—the financing of the 1920 effort to reduce the nu ber of deaths from tuberculosis in the United States. Last year the disease claimed 150,000 lives. The health bonds can be obtained from state and CHARGE OF THE STAMP BRIGADE. local tuberculosis associations

Remember Old Friends.

"What? A holiday greetings card with old Bill's name scribbled across 11? . . . Good old Bill! Why, it's 11 years almost since we saw each other, and here he's not forgotten me even yet! . . . Hub, Mary, you needn't be so all-fired proud of that scarf Aunt Susie sent you. This may be only a colored postcard, but, by George, it's from Bill! . . . Well, well—this sure is Christmas!"

The armistice cleared the sea of Uboats but your financial craft can be just as effectively sunk without trace foolish investment in wild-car stocks. Government securities, War Savings Stamps and Liberty Bonds are

The armistice ended the war but like typhoid, the after effects must be given close care and attention. Wise financial physicians prescribe the strong tonic of thrift and the regular absorption of War Savings

At an Indiana high school the othe day the athletic society was putting season tickets for ball games on sale. One of the most popular boys in the senior class came up to the desk at which the tickets were being sold, bought two, had his name inserted in the blank on one of the tickets and then reached for the tickets. "But you haven't told us whose

name to write on the other ticket," protested the ticket seller, "and the rules of the association require that all ficket purchasers have their names n their tickets."

Now, the senior had planned to pass the favor of his company along to several girls. "Well," he drawled, "if you have to write something in that blank, just write anonymous."

New and Stronger Bricks. More substantial walls may be con structed with a new type of brick patented not so long ago by a retired contractor of the southwest, and known as self-bending and interlocking, the inventor states. On one side of each brick are two circular, bevel-edged bosses, while on the reverse side, in the same relative positions, are two depressions, into which the bosses fit exactly. The brick is recommended

Seeing Herself.
"Hurry, wife. We'll miss the ele

ow walls.-From Popular Mechanic

es or arches, chimneys or hol

"Hurry, eh? I think I see myself." "In that case, you'll have to stop and make a long inspection."—Louis-ville Courier-Journal.

Setting a Bad Precedent.
Vialta was playing in the yard and
her mother told her it was time to
come in and prepare for bed.
"I don't want to go to bed yet;
pleaded Vialta.

"It's early yet; let her play a lite longer," interceded Grandmother "No." her mother said firmly, "sh

Vialta came up the steps as slowh as possible. "Oh, mamma," she es claimed angrily, "why don't you obe

The Kitchen Cabinet.

Persons who are conscious of a neces-gity for "killing time" can hardly be said to be living. For life is such a wonder-ful thing, such a fascinating thing, such an all-absorbing joyous experience, that it is impossible to tolerate the suggestion of killing even a second of time is we have the privilege of Mving.

Almond Cakes. Use any good white cooky recipe, roll and cut the cookies, then spread with maple fondant and sprinkle with chopped almonds while they are still warm from the oven.

A box of cakes and a glass of jelly or a bottle of grape juice makes a most acceptable gift. It eliminates the unessential, for they are soon gone.

The thrifty housewife who has bottled enough grape juice to supply her family with many tasty dishes and drinks is fortunate. Grape juice is so popular with everybody that it is be ming the universal drink. But grape

Grape Juice Sherbet. Boil together one quart of water and two cupfuls of sugar (strained honey may be used) for 20 minutes; add a tenspoonful of gelatin which has been softened in three tablespoonfuls of cold water. When cold add two cupfuls of grape juice and the juice of one lemon. Freeze. Serve in sherbet glasses with a cherry for garnish. Breakfast grapefruit is delicious served with a spoonful or two of grape

juice poured into the center of the pre-

pared halves of grapefruit.

- Grape Juice Parfait. Grape Juice Parfait.

Beat until siff one and one-half cupfuls of heavy cream, add one-half cupful of grape juice and the juice of half
a lemon. Cook together to the soft
ball stage three-fourths of a cupful of
sugar and one-half cupful of grape
juice, then pour boiling hot water-over
the stiffly beaten egg white; beat until cold. Fold the two mixtures togrether and pour into a quart mold. gether and pour into a quart mold, allied to overflowing. Lay a waxed paper over the mixture and press the cover in place over the paper. Pack in equal measures of ice and sait. Let

BUY THRIFT STAMPS.

THIS CITY BUILT WHILE YOU WAIT

Fourth Largest Town in Alabama Full Grown in One Year.

HAD A MODEL GOVERNMENT

Permanent Settlement Around U. S. Nitrate Plant Presented Unusual Problems.

By CARRET SMITH

The fourth largest city in Alabama races and religions, uprooted from far scattered communities in every part of the United States and Canada sprang into being almost overnight around the great new government am monium nitrate plant down on the open cotton and corn fields at Muscle Shoals on the Tennessee River during the last year of the World War, Here vas a problem in city building, munic ipal government and commulty welfare that has seldom been equalled and the success of its solution has

The job was in the hands of the Air Nitrates Corporation which had been organized under the direction of the Ordnance Department to build plant and city at Muscle Shoals, Early in January, 1918, this new town had a January, 1918, this new town and a few temporary buildings and a popu-lation of 300. This had jumped by the middle of August to more than 21,000. A population multiplied by 70 in 7 In the management of the new

sprang up during the war the old-time evils that attended the growth of mushroom cities Mave been avoided by the application of modern welfare systems. But nowhere were condi-tions more difficult than at Muscle Shoals. Here was a malarial region threatened at the same time with other deadly disease epidemics, Trans-portation was lacking. No nearby labor was available and the general labor shortage was at its most acute stage. Costs of labor and supplies were leaping over night. Furthermore, Muscle Shoals differed from all the other new war towns inasmuch as it was to be permanent. New Government Davised.

The managers, besides city government, had to handle the entire retail ousiness of the town. A camp fire protection and sanitation. The supervisor looked after everything from the mending of a lock to the remodeling of groups of buildings or laying sewers or steam mains. For the bachelor contingent a commissary department was necessary. The business department managed

the stores, canteens, motion picture theaters, pool pariors, tailor shops dry cleaning establishments, barbe shops, newsstands, a hotel, a vegetable farm and a hog farm where 1,000 hogs were raised on the wastes from eat-ing places. It maintained a slaughter house where these hogs were put through the regular packing house course. It operated a laundry which cleaned 7,493 pieces a day. Then there was a real estate department hat rented and managed the family quarters and a housing department which assigned to quarters everybody excepting the families Under separate jurisdiction from its

community director were the police. The health department, in charge of a physician from New York city, started with a small office in one of the temporary buildings, and was soon full grown and splendidly equipped. Conditions were favorable to disease. The winter was the severest on record in northern Ala-The men were compelled to work either in deep snow or mud above work either in deep show or mud above their knees. As a result a pneumonia epidemic developed among the Negroes that spring. Later in the year a typhoid epidemic was threatened. Moreover, the site of the plant was in the heart of the malaria district. But the pneumonia epidemic was checked, the typhoid threat nipped in the bud, and malaria stamped out.

A Health Record Established The little first-aid hospital presen y grew to a complete modern institu arate dispensary for dental, eye, ear, nose, throat, genito-urinary clinics and a surgical dispensary for first-aid

During the eight months when the fluenza and pneumonia epidemics the general health rate was 12.4 per thousand per year, which is lower than in most cities in the same latitude and climate, and the pneumonia death rate during the epidemic was lower than in most army cantonments.

Much of the success of the health

district by the United States Public Health Service.

The education and welfare department also had a vital work to perform.

There was a school population of over 1,000. The Secretary of War created the community organization branch of the Ordnance Department which, with advice and aid of some of the greatest school men of the country. prescribed the courses of study and ecruited teachers from the bust ostablished systems

Sympathetic Neighborho "How do you go about locating a still' in these parts?" asked the stranger.
"Be you a revenuer?" asked the an-

"Oh, no. I'm a newspaper man, pending my vacation up here in the

"Is that so? Well, I never yet hearn tell o' one o' yer paper fellers that didn't have a powerful thirst. You jest set aroun' a spell, sonny, an' some o' th' boys'll git so durned sorry for you they'll come right up an' offer to lead you to a 'still.'"—Birmingham Age-Herald.

CASTORIA For Infants and Children In Use For Over 30 Years the casture of Chart H. Whitehers LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with

Doesn't hurt a bit! Drop a little eezone on an aching corn, instantly that corn stops hurting, then you lift it

A tiny bottle of Freezone costs few cents at any drug store, but is suffi-cient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation. Freezone is the sensational discovery of Cincinnati genius. It is wonderful

His playmate obediently complie COLDS breed and up and down the beach, carrying buckets of water,

swered the boy. "Let's paddle. But, I say, Dorls, do you want to marry, me when you grow up?"
"Yes—oh, yes!" Dorls was delight-

ed at the prospect.

The boy, however, assumed a bored air, and lazily extended his feet toward her.

niversary of the Massachusetts Charitable Fire society, recently observed in Boston, looks back to a time in that city when it was considered desirable that "servants be obliged to go to bed before the householder, and not be per mitted to carry a lighted candle to a bedroom in the garret." The recommendation was made at one of the so clety's earliest meetings, but seems no to have been carried into effect; one may imagine that even so far back there was a "domestic service problem" sufficiently defined to make the average servant's objection to this pro-posed early and dark retirement oper-ative in defeating it.

"Really, Mr. Gloom, you must be mistaken," mildly interrupted the other

man in the argument.
"Mistaken!" thundered J. Fulle Gloom. "Those are not my views Ellsworth Ethelbert Hornbostle, A. M., Ph. D.!"

Thank you for correcting me."
"Pardon us," said we, after the departure of the discomfited critic, "but A. M., Ph. D.?"

"How the devil do I know?" wa the snarling reply. "I invented the name on the spur of the moment. Am I supposed to concoct an entire life history for the myth, too?"—Kansas

Procession of Spiendor.

In the whole gallery of war pictures, it may be doubted if any could have been more colorful than those composed by the remarkable British campaign in which Colonel Lawrence, archaeologist by pre-war profession

He Was Starting Young.
"You fill the palls with sand, and
let me turn them out," suggested sixyear-old Jack to little Doris as they
played on the beach.

baric and splendid.

"Now we'll build a castle, and you shall fetch the water to go round it," exclaimed Jack. Dutifully the little maid struggled

"Can't you fetch the water now, Jack," she suggested, "and let me pour it round?"
"Girls can't do that properly," an-

ward her.

"Very well then," he said nonchalantly. "If you're going to be my wife,
take off my shoes and stockings!"—
Pearson's Weekly. Early "Domestic Problem."

His Conclusive Way.

"Then, very likely I am wrong.

City Star.

paign in which Colonel Lawrence, archaeologist by pre-war profession, gathered and led the desert host of Arabs. "The order of march," says Colonel Lawrence, describing the entrance of the conquerors into the town of El-Wijh, "was splendid and barbaric. Feisal rode in front dressed in pure white. I was on his left, also in white, and on his right was another sherred waring a red headcloth and white, and on his right was another shereef wearing a red headcloth and a tunic and cloak dyed with henna, and behind us were Bedouins carrying three banners of purple silk, topped with gold spikes, and behind them rode three drummers playing a march, and they were followed by a wild, bouncing mass of 3,000 camels that constituted our bodyguard, the men in every variety of colored gown and headdress, and the camels equally brilheaddress, and the camels equally bril-liant in their trappings, and the whole crowd singing at the top of their voices a war song in honor of Feisal and his family." Memory runs over accounts of conquering hosts of all ages and finds nothing, as the English

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Pain along the back, dizziness, headache and genneral languor. Get a package of Mother Gray's Australia Leaf, the pleasant root and herb cure for Kilney. Bladder rout and herb cure for Kilney. Bladder run down, tired, weak and without energy use this remarkable combination of nature. berbs and roots. As a regulator it has ns

KEEP IT SWEET

Trustee's Sale!

Under and by virtue of the powof sale contained in two eertain deeds of trust each bearing date of October 16, 1916, and recorded in the office of the Register of Deeds for Alamance county, in Book of Mortgage Deeds and Deeds of Trust No. 171, page 152, and No. 69 at page 112, said deeds of trust being executed by William Allison and his wife. Lou Dora A lison, and default having been made in the payment of the debts secure thereby, the undersignthe trustee in said deeds of trust, the Graham Loan & Trust Co. will, on

SATURDAY, JAN 24, 1920, at 12 o'clock noon, at the court ouse door in Graham, N. C., ell at public auction, to the lowing described tract or lot of land situate in the town of Graham, and described as follows,

Being lot No. 38, and being the one sold at public auction on May 30, 1903, and fronting on Washington Street 96 ft. and unning thence back west 1591/4 feet, and containing thirty-five one-hundredth acres, more or

Being lot No. 38 in a plat of lands duly recorded in the office of the Register of Deeds for Alanance county, N. C. in Book of Deeds No 25, on pages 94 and 95, and reference to said plat is nereby made for a more comlete description thereof.

Terms of sale: CASH. GRAHAM LOAN & TRUST Co., December 13, I919. J. J. HENDERSON, Atty.

as. H. Rich W. Ernest Thompson

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