

STOMACH TROUBLE

Mr. Marion Holcomb, of Nancy, Ky., says: "For quite a long while I suffered with stomach trouble. I would have pains and a heavy feeling after my meals, a most disagreeable taste in my mouth. If I ate anything with butter, oil or grease, I would spit it up. I began to have regular sick headache. I had used pills and tablets, but after a course of these, I would be consoled. It just seemed to fear my stomach all up. I found they were no good at all for my trouble. I heard

THE DRAUGHT'S

BLACK-DRAUGHT

recommended very highly, so began to use it. It cured me. I kept it in the house all the time. It is the best liver medicine made. I do not have sick headache, or stomach trouble any more." Black-Draught acts on the liver and helps it to do its important work of throwing out waste materials and poisons from the system. This medicine should be in every household for use in time of need. Get a package today. If you feel sluggish, take a dose tonight. You will feel fresh tomorrow. Price 25c a package. All druggists.

ONE CENT A DOSE

INCOME TAX RETURNS DUE

Business Men, Farmers and Wage Workers Must File Schedules of Income for 1919.

MARCH 15 LAST FILING DATE.

Net incomes of \$1,000 or Over, if Single; or \$2,000 or Over if Married, Must Be Reported.

The Income Tax imposed by Act of Congress on earnings of the year 1919 is now being collected.

Returns under oath must be made on or before March 15 by every citizen and resident who had a net income for 1919 amounting to:

\$1,000 or over, if single; or if married and living apart from wife (or husband); or if widowed or divorced, \$2,000 or over, if married and living with wife (or husband).

The status of the person on the last day of the year fixes the status for the year with respect to the above requirements.

Under any of these circumstances a return must be made, even though there is no tax due.

Husband and wife must consider the income of both, plus that of dependent minor children, in meeting this requirement; and, if sufficient to require a return, all items must be shown in a joint return or in separate returns of husband and wife.

A single person with minor dependents must include the income of such dependents.

A minor who has a net income of \$1,000 or more is not considered a dependent, and must file a separate return.

Personal returns should be made on Form 1040A, unless the net income exceeded \$5,000, in which case Form 1040 should be used.

Residents of North Carolina should file their returns with, and make payments of income tax to, Josiah W. Bailey, Collector of Internal Revenue, Raleigh.

How to Figure Income.

The best way to find out whether one must file a return is to get a Form 1040A and follow the instructions printed on it. That form will serve as a reminder of every item of income, and if a return is due it tells how to prepare and file it.

If in doubt on any point as to income or deductions, a person may secure free advice and aid from the nearest Internal Revenue office.

Gueswork, estimates and other hit-or-miss methods are barred when a person is making out his income tax return. Accuracy and completeness must be insisted upon. The return is a sworn statement. As such it must be thorough and accurate.

Shared persons and wage earners must ascertain the actual compensation received. Overtime, bonuses, shares in the profits of a business, value of quarters and board furnished by the employer and other items which are compensations for services must be included.

It must be borne in mind that compensation may be paid in other forms than in cash. A bonus paid in Liberty Bonds is taxable at the market value of the bonds. A note received in payment for services is taxable income at its face value, and the interest upon it is also taxable.

Other Returns Due.

Every partnership doing business in the United States must file a return on Form 1065; and every personal service corporation must file a similar return.

Corporations must file annual returns on Form 1120.

Trustees, executors, administrators and others acting in a fiduciary capacity are required to file returns. In some cases, Form 1041 is used; in others, Form 1040; and still others, returns on both forms are required.

Information returns, on Forms 1000 and 1000, must be filed by every organization, firm or person who paid, during 1919, an amount of \$1,000 in salary, wages, interest, rent, or other fixed or determinable income to another person, partnership, personal service corporation or fiduciary. These information returns should be forwarded directly to the Commissioner of Internal Revenue (sorting division), Washington, D. C.

Charlotte.—Presbyterians of Charlotte this week will wind up the state-wide drive for \$1,000,000 for education. Pledged thus far \$919,000.

Sanford.—Rev. David McNeill, of New Broadway, died lacking only seven days of being 91 years old. The deceased was born and reared in Hartwell county.

Nemo.—Joe Bryant, of Johnston county, sentenced to ten years in the state's prison for manslaughter was pardoned by Governor Bickett on condition of good behavior.

SOUND BUSINESS BASIS FOR CHURCH

Interchurch World Movement
Natural Growth Of Tendency
To Eliminate Waste

AVOIDS USELESS COMPETITION

Religious Financing Revolutionized
By Success Of Men And Millions
Movement And Cooperation
Is Result

The Interchurch World Movement of North America is an attempt by forward-looking leaders of the various evangelical denominations of the United States and Canada to co-ordinate the resources in men, money and material for Protestant America.

Historically it is the logical outgrowth of a tendency of the national boards in each denomination to form working alliances among themselves, in which each board shall preserve its identity and control its own personnel and treasury.

In former times, the home mission society, the foreign mission society, the church extension society and the various philanthropic and eleemosynary agencies of any denomination conducted their affairs independently of one another. Each surveyed its own restricted territory, prepared a budget of money and workers for its own purposes and made its own appeal to its constituency for support.

It could only mean that these agencies were more or less uncoordinated with one another; that there were waste and duplication of work and money, and that among them all some work was neglected and some denominational resources were entirely overlooked. Because of their specialization and the leaders of each agency regarded themselves as peculiarly fitted for their tasks, and jealousy regarded attempts at outside interference.

Decide On Experiment
After decades of such haphazard methods, the leaders of one denomination decided on an experiment. They thought it would be possible for the agencies to get together for a common study of all the opportunities and resources of their brotherhood, to make out a unified budget of men and money, and to conduct a concerted appeal for funds. It was made clear that each constituent board should preserve complete autonomy.

When the board representatives met they found it possible to eliminate a great amount of organization expense. They ultimately worked out a budget and plan of action that was satisfactory to all. This resulted in the famous "Men and Millions Movement" of the Disciples of Christ, which brought in what was then considered the staggering sum of \$6,000,000 for a five-year program. The success of this enterprise revolutionized the whole business of church financing. The other great denominations imitated the plan. The denominational associations have come to be known as "forward movements," and some thirty of them are in existence today. Each one has clarified all the information in relation to an enterprise within the denomination, and has reduced the expense of collecting and spending money to a science.

World-Budget Formed
The Interchurch World Movement is simply a plan to do interdenominationality what the forward movements have done within the denominations. It means that every denomination would be made in the light of world needs instead of in the semi-obscurity of incomplete information. It means that contributions to one denomination will not be in wasteful competition with contributions to another, because all the fellowships will have worked out their program together.

The functions of the Interchurch World Movement are threefold. First, it collects, by means of world surveys, all the pertinent facts on which denominational programs are built. Second, it sets up the practical machinery of co-operation. Third, it acts in an advisory capacity whenever its advice is requested.

The Movement has nothing to do with organic church union or matters of creed or doctrine. Each constituent unit preserves complete autonomy, and is bound only so far as it wishes to be bound. Financial appeals are made by each denomination to its own constituency. Any surplus in unassigned funds, over and above the actual cost of administration, will be prorated among the denominations engaged in a given financial undertaking.

An illustration of one thing that the Movement can do is to be found in a western community of 1,600 persons in which thirteen denominations have been supporting separate churches with missionary funds, while an adjacent territory of 50,000 persons has only three churches. By seeing that all missionary boards are supplied with information in such cases, the Movement will make possible a wiser distribution of funds.

Its first goal is to reduce unnecessary duplication and overlapping in a minimum and to bring about an intelligent division of labor in unoccupied fields.

RECIPROCATON OF ARRESTS BY THE POLES AND UKRAINIANS
Warsaw.—Members of the former Polish government have been arrested by Polish military authorities who accuse former Premier Maczeka and others with political co-operation with the bolsheviks according to a Lemberg dispatch. At the same time Ukrainian government banks at Kamieny and Podolsk were taken over by the Poles, who contend the banks financed propaganda against Poland.

Red Springs.—The mid-winter meeting of the fifth district, North Carolina Medical association, was held in the auditorium of Flora Macdonald college.

Raleigh.—Schools, theaters and other public gathering places which have been closed here for the past two weeks on account of an epidemic of influenza, were re-opened.

Nemo.—Friends of ex-State Senator Frank Gough are urging him to "come out" for state treasurer. When asked by your correspondent how he felt about entering the race, Mr. Gough refused to commit himself.



REMARKABLE RACE BY HORSE

Castor, Morgan Gelding, Finishes Long Endurance Contest With Clean Speed Record.

(Prepared by the United States Department of Agriculture.)

In a 30-mile endurance contest with horses of the purest Arabian breeding, "Castor," a Morgan gelding bred by the United States department of agriculture at its Middlebury, Vt., Morgan horse farm, was the only horse with a clean speed record at the end of the fourth day of the grueling contest. "Castor" won third place for speed at the end of the contest, notwithstanding the fact that he fell in the deep sand on a bad bit of road, injured his nose, and made the last five miles in a walk. This achievement is an indication of what has been accomplished by the department of agriculture in the rehabilitation of agriculture in the rehabilitation of the Morgan breed during the few years since the work was undertaken.

The race was from Fort Ethan Allen, Vt., to Camp Devens, Mass., largely over unimproved roads. The purpose was to stimulate interest in the breeding of cavalry mounts throughout the United States. A majority of the horses entered were Arabians. One was a crossbreed that had seen overseas service and was the first horse to pass successfully through the grueling contest. The winner was Morgan, bred at the department's Morgan farm. The veteran of overseas service, "Bob," owned and ridden by Colonel George, led the field at the beginning of the race, but was taken out before the finish. The two Arab-



Castor, the United States Department of Agriculture Morgan Gelding Which Recently Made Such a Remarkable Record in a Long Distance Race.

ians to finish ahead of the Morgan after his accident were Rustem Bey and Hamza.

Maj. C. A. Benton (retired) was one of the judges, acting as the representative of the bureau of animal industry.

GOST OF HORSE BLEMISHES

Defects Cannot Always Be Prevented, But One Bad Spot Will Prove Expensive.

A horse market report from one of the Western selling points says: "When present, blemishes take off up to \$50 or even more from the price of first-rate animals of the same type." Blemishes can't always be prevented, but it is good business to try to prevent them, for, as can readily be seen, one bad spot in the makeup of a horse may mean the difference between profit and loss on him. Outside of precautions to prevent injury the only safeguard against blemishes is to breed only sound mares to sound stallions. Sometimes a colt will be curly or otherwise defective, in spite of all that can be done to avoid such weaknesses, but that is no argument against trying to produce only the good ones.

ADDITIONAL FEED FOR PIGS

Scalded Middlings, With Milk Added, Placed in Shallow Trough— Fine For Porks.

When the pigs are about three weeks old they will want to eat more than the milk they can get from their mother. A small shallow trough should be placed where the sow cannot get to it. Scald some middlings, stir and pour in some milk. Put into the trough about a table-spoonful of molasses. Drive the little pigs carefully over to the trough. They will get the odor from the molasses, but their noses to the feed, lap it and begin to eat.

PROPER QUARTERS FOR PIGS

Animals Should Be Kept in Dry Pens and Fed in Clean Troughs— Prevent Chilling.

Pigs should always be kept in dry, clean quarters and fed in clean troughs. They should not be allowed to run out in cold rain or allowed to become chilled in any way. Sows running through filth and then being suckled will often cause pigs to scour.

Charlotte.—The Jake Newell forces, who were overwhelmed in the Mecklenburg county republican convention, are charging steam roller tactics and even go so far as to allege that bribery and thievery were practiced.

Rich Square.—Benjamin P. Brown, one of the best known ministers of the Society of Friends in the state, died at Fairhope, Ala., of pneumonia, which followed influenza, according to a telegram received here by his family.

Rocky Mount.—At a meeting of the various soliciting committees for the subscription to stock in the Rocky Mount housing corporation, it was reported that stock to the amount of \$140,000 had been sold in the project.

Nemo.—Friends of ex-State Senator Frank Gough are urging him to "come out" for state treasurer. When asked by your correspondent how he felt about entering the race, Mr. Gough refused to commit himself.

Children Cry for Fletcher's



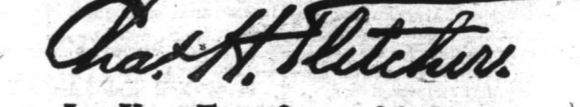
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulence, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

FARM POLITY

REDUCTION IN EGG BREAKAGE
Matter of Much Importance That Smaller Proportion Than Ever Be Injured in Transit.

(Prepared by the United States Department of Agriculture.)

An egg broken accidentally before it leaves the farm usually goes on the farm table, and nothing is lost. Eggs broken at the grocery may be disposed of at reduced prices as cracked eggs and little actual food loss results. But the egg broken after it is packed for shipment is likely to be a thoroughly bad egg before it arrives at its destination and become a total loss. With eggs selling at record prices, it is a matter of importance that the

Laureburg.—J. R. Wilson, better known as "Potato" Wilson, has interested capitalists—and will soon begin the erection of a potato curing house with 20,000 bushels capacity. It will be built so it can be enlarged.

AMERICA'S FRUIT, THE APPLE

People Are Beginning to Show It Proper Appreciation, and Crop Should Be Increased.

Americans are coming to treat apples more as a food and less as a between-meals superfluity than they used to do, yet when the north wind blows and the fresh gloom they can't refrain from paying especial attention to the question whether there is a plenty of them. This year, the farm reports tell us, there is not. There are, in the whole country, 1,001,000 barrels fewer than there were in 1918, and almost the same shortage from the crop of 1919, though we are considerably better off than we were in 1917. That is, we have 24,000,000 barrels this year.

That's about one for each family in the country, and each family, not each member thereof, might, if they were evenly distributed, have one apple a day. The true lover of apples will never admit this to be sufficient, and he should not.

It is not especially cheering to learn that the country's crop of apples does not tend to increase. Our record crop was in 1912, but we had almost as many in 1906, and the crop in 1905 was greater than that in either of the past four years. But the apple is America's fruit, the most satisfactory, the most dependable, the most healthful fruit in the world.—Hartford Times.



GOOD QUALITIES OF GUINEAS

Have Large, Plump Breasts and Gammy Flavor That Is Enjoyed by Many Epitourans.

Guineas have large, plump breasts and a gammy flavor that is much enjoyed by some farmers. They are good foragers and easy to raise and their clacking will frighten hawks or sound an alarm if other intruders come to the poultry range. Their disadvantages are not serious, but they will fly into the garden and sometimes do a little damage and the old birds are often quarrelsome with the young poultry. They can be allowed to roost in the house with the old birds and they will lay their eggs in the same nests.

THE COUNTRY GENTLEMAN

This bank encourages such accounts for farm wives, and it is glad at any time to receive them and to give to the women the same careful instruction in the use of all its banking facilities that it gives to their husbands.

5¢ the copy everywhere

increase the amount by following the instructions to be found weekly in the poultry and vegetable and dairy and beekeeping and fruit pages of THE COUNTRY GENTLEMAN. Let us send in your subscription for a year of THE GREAT NATIONAL FARM WEEKLY—52 big, interesting issues for only \$1.00—and then watch the bank account grow!

The National Bank of Alamance

Gentlemen:
(1) Because you know me, enter my name for THE COUNTRY GENTLEMAN for one year and charge the cost, \$1.00, to me.
or
(2) Here's my dollar. I want THE COUNTRY GENTLEMAN. Send it to me.
(My Name) _____
(My Address) _____
(City) _____ (State) _____

LIFT OFF CORNS!

Apply few Drops then lift corn, sticky corns off with fingers.



OVER-ACIDITY

of the stomach has upset many a night's rest. If your stomach is not regularly discharging twice or three

KI-MOIDS

on the tongue before retiring and enjoy refreshing sleep. The purity and goodness of Ki-Moids guaranteed by SCOTT & BOWNE

SALE OF VALUABLE REAL ESTATE.

By virtue of an order of the Superior Court of Alamance county, made in the Special Proceedings entitled Bertha Bethell et al. vs. French Moore et al., the undersigned commissioner, being thereunto duly appointed, will, on

SATURDAY, MARCH 13, 1920, at 12 o'clock M., at the court house door in Graham, N. C., sell to the highest bidder for cash, the following tract of valuable land, to-wit: Lying and being in Alamance county, Haw River township, adjoining the lands of the late Abel Griffin, George Row and others, and bounded as follows:

Beginning at a stone on said Row; thence N 30 deg E 7 chs to a stone; thence N 60 deg W 18 chs and 33 links, to a stake; thence S 7 chs and 80 links to a stake; thence S 60 deg E 15 chs to the beginning, said to contain 12 acres, more or less.

This sale is being made for partition among the heirs-at-law and parties succeeding to their interest in the same.

This February 10, 1920.

W. H. CARROLL, Commissioner.

Used 40 Years

CARDUI

The Woman's Tonic

Sold Everywhere

For \$1.65 you can get both The Progressive Farmer and THE ALAMANCE GLEANER for one year. Hand or mail to us at Graham and we will see that the papers are sent.

Jas. H. Rich W. Ernest Thompson

Rich & Thompson

Funeral Directors and Embalmers

MOTOR AND HORSE DRAWN HEARSE

Calls answered anywhere day or night

Day Phone No. 86W

Night Phones

W. Ernest Thompson 2502

Jas. H. Rich 546-W

Her Bank Account

A good old joke is told of the woman who, when asked by the banker to endorse her husband's check so it could be cashed, wrote on the back: "I heartily endorse this check. Your loving wife, Mary." Whether that incident is true or not, it happens frequently in real life that some woman, left alone by her husband's absence or death, finds herself in woeful ignorance of how to manage her money affairs. Thoughtful farmers and other business men these days are opening bank accounts for their wives—as told in a splendid article in the next issue of

The COUNTRY GENTLEMAN

This bank encourages such accounts for farm wives, and it is glad at any time to receive them and to give to the women the same careful instruction in the use of all its banking facilities that it gives to their husbands. Many women hardly know what to do with their butter and egg money. Deposit it with us! And incidentally, you may rapidly

The National Bank of Alamance

Gentlemen:
(1) Because you know me, enter my name for THE COUNTRY GENTLEMAN for one year and charge the cost, \$1.00, to me.
or
(2) Here's my dollar. I want THE COUNTRY GENTLEMAN. Send it to me.
(My Name) _____
(My Address) _____
(City) _____ (State) _____