

**Was Very Weak**

"After the birth of my baby I had a back-set," writes Mrs. Mattie Crosswhite, of Glade Spring, Va. "I was very ill; thought I was going to die. I was so weak I couldn't raise my head to get a drink of water. I took . . . medicine, yet I didn't get any better. I was constipated and very weak, getting worse and worse. I sent for Cardui."

**TAKE**

**CARDUI**

The Woman's Tonic

"I found after one bottle of Cardui I was improving," adds Mrs. Crosswhite. "Six bottles of Cardui and . . . I was cured, yes, I can say they were a God-send to me. I believe I would have died, had it not been for Cardui." Cardui has been found beneficial in many thousands of other cases of womanly troubles. If you feel the need of a good, strengthening tonic, why not try Cardui? It may be just what you need.

**All Druggists**

**THE AMERICAN RED CROSS IN PEACE TIME**

With the Soldiers



There remain in army hospitals throughout the country more than 25,000 soldiers still being treated for wounds received overseas. Red Cross workers give them the same sort of friendly aid—only more of it—that was given during the war. Furthermore, the Red Cross is teaching these men occupations at which they can later make a living and is keeping in touch with their home folks in order that no dependents may suffer for lack of funds.

**Trap Lanterns for Bugs.**

Entomologists have been experimenting in many parts of the United States with trap lanterns, to determine what classes of insects are most abundantly caught by these lamps. At one station, where the trap was run every night for five months, it was found that the harmful insects, such as the buffalo tree-hopper, the squash bug, the chinch bug, and the bean-aphid, almost entirely avoided the light, and surprisingly few specimens were caught, whereas ichneumon flies, bees, ladybugs and other insect aids of the farmer were destroyed in vast numbers.

**Mushrooms That Deer Love.**

Two hundred pounds of hedgehog mushroom spores was recently planted in the Santa Barbara national forest of California, by an organization of southern California sportsmen, for the purpose of providing a much sought food for the herds of wild deer inhabiting that region, says Popular Mechanics. A study of the habits of the deer in a Los Angeles park revealed that they are as fond of hedgehog mushrooms as cats are of catnip.

**The Whale's Acute Hearing.**

The office on the whale's ear is scarcely perceptible, yet it is said that the whale's hearing is so acute that a ship crossing its track half a mile distant will cause it to dive instantly.



**HIPPLE CONCERT COMPANY.**

Earl H. Hipple, "wisard of the xylophone," is the manager of the Hipple Concert company. Each of the other members of the company is thoroughly experienced in concert work. The company's program, as usually given, is both classical and popular in character although a strictly classical program will be given on request. The Hipple Concert company have earned a splendid reputation as entertainers and enthusiastic words of commendation have been written concerning them by people in all parts of the United States.

**NURSING SERVICE IS RAPIDLY EXPANDING**

**This American Red Cross Work Flourishing in Small Towns Throughout Country.**

More than 37,000 graduate nurses have been enrolled in the American Red Cross to date and its department of nursing is daily increasing this enrollment.

The department of nursing has been authorized to maintain an adequate reserve of nurses for the army and navy. It will continue to supply the needs of the United States Public Health Service to which it has assigned more than 1,000 nurses in the last year.

It will assist in establishing proper nursing service in foreign countries where the American Red Cross has organized hospitals, dispensaries and schools for nurses. Courses, in home hygiene and care of the sick have been started for thousands of women who have never received any education in this direction. Rural nursing which was in its infancy a short while ago has been put ahead at least a decade through the work of the department of nursing and local Red Cross chapters.

Public health nursing has been extended to many rural communities and now flourishes actively in hundreds of small towns and counties. Nearly a thousand efficient nurses have already been assigned to this kind of work.

The department of nursing is uniting with other organizations in a year's campaign in recruiting nurses for training schools, in educating the general public as to standards of nursing education and in showing communities their responsibility toward schools of nursing. It will endeavor to meet all these needs as well as to continue the enrollment of dietitians who will be utilized as instructors in home dietetics, in developing nutritional clinics, and in supplying dietitians for the United States Public Health Service and the civilian hospitals.

The Nursing Service will continue to offer to women and young girls the opportunity of securing instruction in home hygiene and care of the sick in every community in the country. This instruction has not only laid the foundation for public health but in some places has given impetus to the establishment of hospitals and community school houses.

"As a community profits by the work of the nurse," says Miss Clara D. Noyes, director of the department of nursing, "it is logical that the community should be aroused to its responsibility. The American Red Cross stands ready to help in a general campaign of recruiting and must have the support, sympathy and understanding of the medical profession as well as the intelligent co-operation of the people at large."

**He Hadn't Started.**

Hiram Meadows was an old-fashioned farmer. He firmly believed in that quaint and worn-out saying: "Early to bed, early to rise." How does the rest of it go? He couldn't get along at all with the modern type of farm hand. So after thinking matters over, Hiram decided to reform. After many trials he secured a strapping big fellow and resolved to keep that hand if humanly possible. Accordingly, on the first morning he waited till four o'clock before sounding the breakfast call.

"Get out of there quick if you want anything to eat."  
"Thanks, very much," growled the gem. "But I never eat anything just before going to sleep."—Kansas City Star.

mentation have been written concerning them by people in all parts of the United States.

The personnel of the company is as follows:  
Earl H. Hipple, manager, xylophone soloist, trombonist, drums, traps and novelties.

Azel A. Osborne, violin soloist and saxophone.  
Mrs. Earl H. Hipple, piano soloist, pianoforte, xylophone and saxophone.  
Christ Knudson, flute soloist and cornetist.

**RENO, THE MAGICIAN.**

Edward Reno has been a magician for more than thirty-five years. He has traveled in every quarter of the globe and is constantly inventing new things in magic and illusions with which to mystify and entertain the public.

During the hour and half that Reno has the platform he executes sixty or more tricks, two or three times as many as are shown by the ordinary magician.

The running-fire of comments as Reno puts over his tricks are about as amusing as the tricks themselves. He goes out into the aisles and comes into close touch with those attending.



**EDWARD RENO.**

the performance. In fact, the audience takes part in many of his tricks. Reno uses a number of yells in his entertainments, and he allows the children to play with these pets between times. There is always a rush of boys and girls to the stage when Reno makes his appeal for assistants.

Among the many bewildering tricks performed by Reno is one in which he takes a lad's watch from a loaf of bread when it is supposed to be locked securely in a wooden box. Again he lights a candle, wraps it in heavy paper and later takes it from his inside coat pocket, still burning. He shows the children how to make two doves out of one. He breaks an egg in a pan, lights a fire underneath it and then pulls out a duck. Everything Reno does is done with an exceedingly clever pair of hands.

On a recent swing through Ohio Reno appeared in Cleveland, Columbus, Cincinnati and other cities, and in every case enthusiastic reports were received by the Redpath Bureau.

**An Eye to Cleanliness.**

The young English girl thought she could safely speak to the soldier who was traveling in the railway carriage with her. She had been unable to take her eyes off the rows of medals which spread across his chest, and when he told her that he had been a sailor before he had been a soldier her triumph was complete. "Tell me now," she urged, pointing a confidential finger impressively at him, "when were you last washed up on a desert island?"—London Morning Post.

**Adaptability.**

"Of course, you are in favor of votes for women."  
"Of course," answered Senator Sargum. "A man who hopes to hold his own in politics must do his best to be in favor of anything that anybody wants."—Washington Star.

**Misleading.**

"You call her a fair sample of the beauty of the place?"  
"We so consider her."  
"How can she be a fair sample when she's a brunette?"

**KEEP SETTING HENS FREE FROM LICE**

Enormous Baby Chick Loss Caused Annually by Lice and Vermin.

"I would not try to keep poultry without Dr. LeGear's Poultry Remedy," says Mrs. L. V. Rose, of Cuero, Texas. "We have never had any of them fail to do even more than you claim for them."

Every year, millions of Baby Chicks are lost because setting hens are not kept clean and free of lice. Dr. LeGear's Lice Killer quickly kills your flock of lice and vermin.

Through his advice and remedies, Dr. LeGear has helped thousands of Poultry Raisers during his 27 years' experience as an Expert Poultry Specialist. It will pay you also to take advantage of Dr. LeGear's advice just as Mrs. Rose did and increase your poultry profits. Get a can of Dr. LeGear's Lice Killer from your dealer, use it according to directions. If you are not entirely satisfied with results return the empty can to your dealer and he will cheerfully refund your money. —Dr. L. D. LeGear Med. Co., St. Louis, Mo.

**Water Power in China.**

China's great commercial water highway, the Yang-tze Kiang, is to be put to work. To keep the river always at flood level, and, incidentally, to get rid of rapids which interfere with navigation, seven dams will be constructed. The project contemplates the development of 81,000,000 electric horsepower, and will cost \$40,000,000.

This is the first important water power development undertaken in China, whose industrial future has a wonderful outlook in that direction. For, thanks to its lofty mountain ranges, the Flowery land has far greater water power available than any other country in the world.

**Judge Had It Wrong.**

Charged with stealing a cheese, a man was brought up before a magistrate. The principal witness, a carter, told how he had seen the man snatch up the cheese and had run up and held him.

"Then you caught him in the nefarious act?" said the magistrate.

"The what, sir?" said the witness. "You caught him in the nefarious act, I say," repeated the magistrate.

"Not me!" was the reply. "I caught him in the passage just beside the grocer's shop."

**Don't Sound Like Chopin.**

Farmer Spuds and Mrs. Spuds were enjoying—experiencing would be a better word—their first concert. "What be the chune the orkestray's playin' of now?" asked the farmer of his spouse.

"I dunno," admitted Mrs. Spuda. "But I 'eard some bloke say as 'ow it were Chopin."

"Chopin!" snorted the farmer. "Chopin be blowed! It sounds a deal more like sawing!"

**He Couldn't Tell.**

"Where were you yesterday, Tommy Cribbs?" asked the teacher.

"Please, mum, I had the toothache," answered Tommy.

"Has it stopped?" asked the teacher sympathetically.

"I don't know," said Tommy. "He children how to make two doves out of one. He breaks an egg in a pan, lights a fire underneath it and then pulls out a duck. Everything Reno does is done with an exceedingly clever pair of hands."

**World's Largest Organ.**

The largest organ in the world will be installed in the cathedral now nearing completion in Liverpool. This mammoth among musical instruments will have no fewer than 10,567 pipes and 215 stops, each actuated by its separate draw-stop knob.

**Matching His Boat.**

Interested Friend—Why did you give the young man I sent you only a "suppe" part in the play?  
Manager—Because from his own account he was such a broth of a boy.

**ASPIRIN FOR HEADACHE**

Name "Bayer" is on Genuine Aspirin—say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine. Aspirin prescribed by physicians for nineteen years. Handy tin boxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monacensis, Silesia.

**THAT DAY HE TOOK GRAM**

Husband's Unwonted Act Too Much for Gemant With Which Plate Had Been Mended.

When we had guests for our first little dinner party after we were married I found that I was one dinner plate short. An aunt had given us a beautiful chop plate soon after we were married, but unfortunately this had been broken almost immediately and then mended for a plate rail ornament.

I looked about hurriedly for some plate to serve one person, and, seeing Aunt Jennie's plate, thought that it would be all right to give that to my husband, since he never used gravy, the heat of which I feared would open the cemented cracks.

The plate, accordingly was put at his place. To my horror as soon as the hot gravy was passed he took some, more, and finally some more. Nothing happened, though, and I began to be serene when with a sudden groan the cemented cracks did open, and John's dinner was all over the embroidered tablecloth.

Aunt Jennie's plate was never mended again.—Chicago Tribune.

**THE UNCERTAIN BOY**



"Does your son show a leaning toward any particular vocation?"  
"At times his conduct suggests his becoming a missionary and at others he seems to incline more toward general get-away."—Browning's Magazine.

**GLASS DINNER SETS.**

Though the conservative hostess still prefers to serve her dinners in china, the more radical have begun the extensive use of glass dishes. In such establishments every dish is of rock crystal. To add to the decorative effect a silver border of unobtrusive design will protect the rims of each piece and the note of silver and crystal, crystal and silver will be echoed from plates to cutlery, from cutlery to water glasses and water glasses to cups. There is no intention, of course, to make glass entirely supplant china, which has beauties of its own, but the idea is to use glass and silver for the most exquisite effects on special occasions. —Good Housekeeping.

**WILL MAKE DARING VOYAGE.**

Capt. A. L. Napper of the Sussex Motor Yacht club of England proposes to start on a "one-man" voyage around the world in a motorboat. Many times the Atlantic has been crossed in small boats, while one man attempted the crossing in a barrel. In 1886 three men navigated a small boat, called the Homeward Bound, from Port Natal, in South Africa, to Dover. During the great war, four members of the British ship Manila, torpedoed by a German raider in the Pacific, voyaged 1,200 miles to Pago-Pago in the ship's small boat.

**KIND CONDUCTOR.**

A very ugly man was quite perturbed at having an organ grinder sit down beside him on the street car. Walking back to the conductor, he asked: "Do you allow monkeys on this car?"  
"Just sit here in the back seat," replied the conductor, "and nobody will notice you."

**THE FACT.**

"I always suspected in Smith's hunting expedition something went back on him."  
"So something did; his gun kicked."

**CAN'T AFFORD TO WASTE IT.**

"Where are you and your family going on vacation?"  
"Nowhere. Our rent's gone up and we're going to stay at home and get our money's worth."

**Children Cry for Fletcher's**

**CASTORIA**

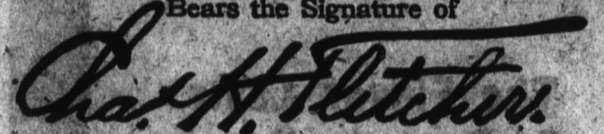
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

**What is CASTORIA**

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving health and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS**

Bears the Signature of



**In Use For Over 30 Years**

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY

**THE SIGNS OF LACK OF IRON IN THE BLOOD**

**Nervousness—Lack of Appetite—Easily Tired —No Endurance—Falling Off in Bodily Vigor**

These are a few of the symptoms that indicate your blood is weak and anemic and lacking in red corpuscles. Vigorous young men and women all have rich red blood, but age and worry and hardship take the power and strength out of this life fluid. You can supply what the blood lacks, you can enrich the blood, you can bring back the strength and vigor you once had, if you will take a teaspoonful of Acid Iron Mineral three times a day. You'll note the effect, first, in an increased appetite—Food will begin to taste good. The next improvement will show in your sleep—you will awaken in the morning refreshed and feeling like a new person. Your friends will remark the improvement in your appearance and you yourself will feel as you know you ought to feel. You can accomplish all these things by simply putting more iron into your blood, through the use of a natural form of soluble iron, known as Acid Iron Mineral. It contains no alcohol or injurious drugs, and will not blacken the teeth. Pills and tonics said to contain iron may have disappointed you in the past, but Acid Iron Mineral will start improvement that you can see, in a very short time. Try this method of putting iron into your blood—it cannot fail. Druggists will refund the purchase price cheerfully if you fail to receive the improvement you seek.

For Sale by All Good Druggists.

Burwell & Dunn and John M. Scott & Co., Charlotte, N. C.,

Distributors.

**A Surfeit of Art.**

When I was a schoolboy and was to have a new knife I could not make up my mind as to which was the prettiest in the showcase, and I did not think any of them were particularly pretty; and so I chose with a heavy heart. But when I looked at my purchase at home where no glittering blade came into competition with it, I was astonished to see how handsome it was. To this day my new hats look better out of the shop than they did in it, with other new hats. It begins to dawn upon me now that possibly what I have been taking for uniform ugliness in the galleries may be uniform beauty after all. I honestly hope it is to others, but certainly it is not to me. Perhaps the reason I used to enjoy going to the Academy of Fine Arts in New York was because there were but a few hundred paintings in it, and it did not surfeit me to go through the list. I suppose the academy was bacon and beans in the Forty-Mile desert, and a European gallery is a state dinner of 13 courses. One leaves no sign after him of the one dish, but the 13 frighten away his appetite and give him no satisfaction.—Mark Twain in "The Innocents Abroad," from Paine's "Moments With Mark Twain" (Harper's).

**Island Women Are Financiers.**

The Loo Choo Islands, home of the world famous red lacquer ware, lie between Japan and Formosa, not far from China's coastwise routes. The ware tables, bowls, trays and boxes used daily throughout Japan and China, and sold to thousands of tourists, come principally from the little towns of Naha and Shuri. The trade in the ware is conducted by the women, who do all the merchandising, and are in fact have charge of it. They are strictly one-price merchants, the amount first asked for an article being the one at which it is finally sold, no matter how much bargaining is done. The women are straight of back and erect of carriage, due to the custom of carrying everything on their heads. No matter what the weight or size of the object they place it on their head, and walk off seemingly unconcerned no thought to balancing it.

Accept No Substitutes for **Thedford's BLACK-DRAUGHT** Purely Vegetable Liver Medicine

**Kindergarten in Smaller Towns.**  
Statistics just compiled by the kindergarten division of the bureau of education show that approximately 21,085 children were enrolled in kindergartens in towns under 2,500 population during the year 1918, in charge of 509 kindergarten teachers. The banner states for kindergartens in smaller places appear to be Michigan and Wisconsin, the former state with 119 kindergartens teachers and 4,015 pupils, and the latter state with 78 teachers and 2,990 children in attendance at kindergartens in smaller towns. California has 67 kindergarten teachers and 2,037 pupils in cities under 2,500 population; Iowa, 59 teachers and 1,750 children; New Jersey, 49 teachers and 1,912 pupils; and Nebraska, 62 teachers and 1,746 children. The Nebraska figures indicate a special effort to reach the smaller towns with kindergarten facilities.

**BUY "DIAMOND DYES" DON'T RISK MATERIAL**

Each package of "Diamond Dyes" contains directions so simple that any woman can dye any material without streaking, fading or running. Dyes has color card—Take no other dye!