

**THE FEATHERHEADS**

By Osborne  
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**FINNEY OF THE FORCE**

By Ted O'Loughlin  
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**MESCAL IKE**

By S. L. HUNTLEY



**'SMATTER POP— Chicken Soup, A La Egg**

By C. M. PAYNE



**'REG'LAR FELLERS'**

Not A Poor Fish



**Our Pet Peeve**

By M. G. KETTNER



**The Weather**

By GLUYAS WILLIAMS



**Dental Hygiene**

The Road to Health

By DR. R. ALLEN GRIFFITH

**TEETH AND VANITY**

Twenty-five or thirty years ago it was considered quite the thing to have diamonds set in the teeth. About the same time, too, even some of our own American people had gold crowns put on their front teeth to add to their attractiveness. A little later, several American dentists did a land office business in old Mexico grinding down the front teeth of the peons and putting gold crowns on them. Many of these peons would spend their last dollar for a gold crown. And these were nearly always put on perfectly sound teeth.

The mouth is the most expressive organ of the human body. What is more attractive than smiling lips with a perfect set of clean, white teeth? Most people could have beautiful teeth if they would only give them the necessary time and attention. My lady sometimes spends a fortune for a string of pearls which are in her mouth. Teeth, carefully polished and free from decay, have much of the sheen of the pearl, and should be far preferable.

Teeth are the first organ of digestion. Poorly chewed food places an enormous strain on the digestive system. Not only does the person lose much of the food value, but serious digestive disorders may result.

The average individual does not realize the value of either teeth or health until they are lost. Then he makes frantic efforts to regain what is too frequently gone forever, when a little prevention in the beginning would have preserved both.

Vanity, alone, should prevent the very absurdities noted above. Even the loss of a single back tooth will show in a photograph. The teeth form a perfect arch and any single tooth removed from that arch will cause a change in its form. In the same way, should a brick or a stone be allowed to disintegrate in an architectural arch, it will cause the arch to gradually collapse.

Porcelain teeth are made nowadays to take the place of teeth "lost" from any cause. The art of "dental ceramics" has reached a stage where the artificial is hard to tell from the natural. Vanity is unquestionably the cause of this high degree of perfection, but no artificial tooth is ever as good as the natural.

It is perfectly natural for every normal human being to want to look as well as possible, and vanity alone should teach them to care for their teeth in time and to keep them clean.

**TEETH AND SELF-RESPECT**

Many a man takes a bath and changes his collar every day and wears the latest style clothes, while his teeth cry aloud: "Give me a bath and take me to the dentist."

Go where you will, there is a continuous parade of irregular, elongated, unkempt teeth. Of those who visit the dentist, very few do so because they sincerely believe that sound, clean teeth are conducive to lengthening their lives. Most men visit the dentist because they are driven to him by pain or pride. Few people think of their health until they are sick. As the physician and dentist see things today, there will be far less surgery and sickness when the full knowledge of modern preventive medicine and dentistry become fully known throughout the world. The average duration of human life has been increased many years during the last half century. This has come about more through the protection of the people by public health laws and the saving of children than through the knowledge and use of drugs.

Concerning the diseases of children, it used to be thought necessary for children to have diseases that are now largely prevented by quarantine. We know, too, now, that these unnecessary diseases leave their scars according to the seriousness of the infection. Scarlet fever breaks down an enormous amount of the surface of the kidney, the chronic infections do the same thing in a small way. We cannot afford to "have" our children suffer these handicaps.

Bad drinking water is probably one of the most common and dangerous carriers of disease. In our cities millions of dollars have been spent to insure pure drinking water, but we are just beginning to spend anything to keep clean the child's mouth.

This great advance in the prevention of the diseases wherein dentists are so much interested is the knowledge that acute, special, local and chronic diseases such as neuritis, sciatica and acute paralysis come from mouth infections in the majority of instances. We are also coming to believe that appendicitis, diseases of the gall bladder and ulcerated stomachs may be caused by bacteria in the capillary circulation at the base of mucous cells. Another prime cause is local infections.

We find foci of infections in the tonsils, in pyorrhea, in cavities in the teeth, in abscesses at the roots of the teeth. All of these foci of infection may be prevented by keeping the mouth clean and healthy.

Can we not change our attitude from one of neglect to one of self-respecting care?

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**Smiles**

DIZZY

The inquisitive woman was worrying the gardener. She asked a lot of meaningless questions. "What steps do you take with caterpillars?" she asked. "Well, mum," said the exasperated gardener, "I takes half-a-dozen steps into our nearest field and turns the caterpillars round three times so that they gets giddy and don't know their way back."

Vain Regret

"What a change! The old lane replaced by a wide road, and there, Henry, just where we used to meet when courting, they've actually placed a traffic signal." "I wish that red light had been showing then, Maria!"

Important Question

She—When we are married, darling, two hearts will beat as one. He—Yes, but which one?

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**Fine For Digestion**

**WRIGLEY'S SPEARMINT**  
THE PERFECT GUM

**Fine For Teeth**

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