

CONSTIPATION

And Sour Stomach Caused This Lady Much Suffering. Black-Draught Relieved.

Meadersville, Ky.—Mrs. Pearl Pat-

... was very constipated. I had sour stomach and was so uncomfortable. I went to the doctor. He gave me some pills. They weakened me and seemed to tear up my digestion. They would gripe me and afterwards it seemed I was more constipated than before.

I heard of Black-Draught and decided to try it. I found it just what I needed. It was an easy laxative, and not bad to swallow. My digestion soon improved. I got well of the sour stomach, my bowels soon seemed normal, no more griping, and I would take a dose now and then, and was in good shape.

I cannot say too much for Black-Draught for it is the finest laxative one can use."

Thedford's Black-Draught has for many years been found of great value in the treatment of stomach, liver and bowel troubles. Easy to take, gentle and reliable in its action, leaving no bad after-effects, it has won the praise of thousands of people who have used it.

J. O. NEWELL, M. D.
Louisburg, N. C.

Offices next door to White & Malone
Will be at Louisburg regularly.
Day Phone 329 — Night Phone 292-J

DR. W. B. MORTON
Eye Specialist
Office in Hotel Building
Louisburg, North Carolina

S. ATWOOD NEWELL,
Attorney-At-Law.
Louisburg, Franklinton
Offices over Aycock Drug Co.
General Practice

DR. ARTHUR HYNES FLEMING
Surgeon Dentist.
Louisburg, North Carolina
Office over P. S. & K. K. Allen's Store.

DR. H. G. PERRY
Physician and Surgeon
Louisburg, North Carolina
Next Door to Aycock Drug Co.
Phone Connections 287.

DR. J. E. MALONE.
Louisburg, North Carolina
Office in Aycock Drug Store, Market
Street. Office Practice Surgery
and consultation.

DR. D. T. SMITHWICK.
Dentist.
Louisburg, N. C.
Office in the First National Bank
Building on Main and Nash Sts.

W. M. PERSON.
ATTORNEY-AT-LAW
Louisburg, North Carolina
Practice in all courts. Office on Main
Street.

M. F. HOUCK.
CONTRACTOR and BUILDER
Trading agents for all kinds of
building supplies, artistic Mantles and
Wiles. Architectural designs sub-
mitted.

E. B. White E. H. Malone
WHITE & MALONE
LAWYERS
Louisburg, North Carolina
General practice, settlement of es-
tates funds invested. One member of
the firm always in the office.

Wm. H. Ruffin, Thos. W. Ruffin
WM. H. & THOS. W. RUFFIN
Attorneys-at-Law
Louisburg, North Carolina
General practice, both civil and crim-
inal, in Franklin and adjoining coun-
ties, Supreme and Federal Courts.
Offices in First National Bank
Building.

DR. J. B. DAVIS
Physician and Surgeon.
Louisburg, N. C.
Formerly interne St. Agnes Hospital
Office next door to Durrell Davis
Blacksmith Shop
Phone Connections 64.

DR. T. B. HENDERSON,
of Henderson, N. C.
Will be in LOUISBURG every
FIRST and THIRD Monday
of each month at the office
of Dr. Herbert Perry from
10:00 to 1:00 o'clock.
Practice limited to the EYE,
EAR, NOSE and THROAT.

STEGALL BROS.
Barbers
Louisburg, N. C.
We have purchased the shop former-
ly occupied by Oscar Stegall and will
run same at the same stand. Zollie
Wilkins will be with us, and satisfac-
tion and cleanliness shall be our mot-
to. Plenty of hot running water and
clean towels.

FIRE INSURANCE.
When you want insurance take it
with T. W. WATSON. He knows
how. 7-21-18.

666 cures Headaches, Bilious-
ness, Loss of Appetite, or that
tired aching feeling, due to Ma-
laria or Colds. Fine Tonic.

THE KITCHEN CABINET

Conversation is but carving;
Give no more to every guest
Than he's able to digest.
Give to all but just enough.

—Walter Scott.

WHAT ABOUT OATMEAL.



OATMEAL furnishes us with the food elements in better proportion than any other grain. It is more easily digested and contains more body-building material than any other cereal. The oat also contains a large amount of mineral matter, the important body regulating material.

Oatmeal to give its best, must be cooked long and well. As a breakfast food, it stands at the head, yet we are learning to use it in various other ways and in different combinations.

Added to wheat breads it makes a most wholesome loaf. Scald one cupful of rolled oats, let stand until cool, add to the usual bread sponge and proceed as usual, adding more salt than for other bread.

Oatmeal With Cheese en Casserole.—Arrange three cupfuls of cooked oatmeal in layers with one cupful of grated cheese. Sprinkle the top with buttered crumbs and bake in a hot oven until the crumbs are brown.

Oatmeal Soup Italienne.—Melt one tablespoonful of fat; add a small chopped onion, and cook until slightly brown with one-half a green pepper, also chopped. Remove from the fire, stir in a tablespoonful of corn flour, a teaspoonful of salt, a cupful of cooked oatmeal, and three cupfuls of milk. Cook in a double boiler until smooth. When serving sprinkle with one-half cupful of grated cheese.

Oatmeal and Fish Croquettes.—Mix together one and one-half cupfuls of cooked fish, three cupfuls of cooked oatmeal, one teaspoonful of chopped parsley, two tablespoonfuls of chopped onion, one tablespoonful of salt, and a few dashes of pepper. Make into croquettes; dip in egg and crumbs and fry in hot bacon fat. Serve with a white sauce to which a little chopped green pepper has been added.

Oatmeal Wafers.—Take two cupfuls of fat, one cupful of brown sugar, one egg, one cupful of oatmeal, five tablespoonfuls of wheat flour, two tablespoonfuls of water. Mix and drop on a greased pan. Bake until brown on the edges.

Nellie Maxwell

Great Faith in Chamberlain's Colic

"Chamberlain's Colic and Diarrhoea Remedy was used by my father about a year ago when he had diarrhoea. It took three doses he was absolutely cured. He has great faith in this remedy," writes Mrs. W. H. Williams, Stanley, N. Y.

Old Bill Shakespeare, who classified the seven ages of man, would have enjoyed himself on Sept. 12. He'd have found most of them at the registration stations.

Experience the Best Teacher.
It is generally admitted that experience is the best teacher, but should we not make use of the experience of others as well as our own? The experience of a thousand persons is more to be depended upon than that of one individual. Many thousands of persons have used Chamberlain's Cough Remedy for coughs and colds with the best results, which shows it to be a thoroughly reliable preparation for those diseases. Try it. It is prompt and effectual and pleasant to take.

INSURANCE
See J. L. Palmer.

LIVERY STABLES MOVED

I herewith announce to my customers and all others wishing the services of a first class livery stable, that I have moved my business from the stables on Nash Street to accommodation at the rear of my residence on Main Street, where I will be glad to serve you at all times with the best personal service.

J. C. Tucker
Louisburg, N. C.

Be a Joy-Walker, "Gets-It" for Corns

2 Drops, 2 Seconds—Corn Is Doomed!

When you almost die with your shoes on and corns make you almost walk sideways to get away from the pain, take a vacation for a minute or two and apply 2 or 3 drops.



"My Corns Peel Clean Off, With 'Gets-It'!"

of the world's magic and only genuine corn-peeler, "Gets-It." Then, and then only, will you be sure that your corn will loosen from your toe so that you can peel it right off gloriously easy with your fingers. Take no chances of continued pain and soreness—why use greasy, irritating salves, plasters that shift and press into the "quick," razors and "diggers" that make corns bleed and also grow faster? Use painless, easy, always sure "Gets-It." There's only one like it in the world—that's "Gets-It." Millions have tried and O. K.'d it for years. It never fails. "Gets-It," the guaranteed, money-back corn-remover, the only sure way, costs but a trifle at any drug store. Mfg. by E. Lawrence & Co., Chicago, Ill.

Sold in Louisburg and recommended as the world's best corn remedy by F. R. Pleasants.

"By their fruits ye shall know them." Whatever the principles may be which resulted in the bombing of the Federal building in Chicago, they are mighty poor principles to hold.

Grove's Tasteless Chill Tonic restores vitality and energy by purifying and enriching the blood. You can soon feel its Strengthening, Invigorating Effect. Price 60c.

Perhaps movie censorship is being overdone. A mind that can be depraved by the sight of a film is in a constant of flux. Show it an uplifting film, and it can be reformed again.

A mind so easily dislocated will never be very effective for good or evil. Do we worry too much about its processes?

Still, the films provide us with a convenient alibi. We can charge them up with much of evil that is really inherent in ourselves.

Has a High Opinion of Chamberlain's Tablets.

"I have a high opinion of Chamberlain's Tablets for biliousness and as a laxative," writes Mrs. C. A. Barnes, Charleston, Ill. "I have never found anything so mild and pleasant to use. My brother has also used these tablets with satisfactory results."

If you want life insurance see J. A. TUR-

666 cures Bilious Fever.

666 cures Chills and Fever.

FIRE INSURANCE.
When you want insurance take it with T. W. WATSON. He knows how. 7-21-18.

If you have any farms for sale that you wish to subdivide see J. A. TUR-

Notice to Creditors.

Having qualified as administratrix of John Ross, deceased, late of Franklin County, North Carolina, this is to notify all persons having claims against said estate to present the same to the undersigned on or before the 23 day of August, 1918, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate payment. This August 23, 1918.

MRS. M. J. SPIVEY, AD-
ministratrix of John Ross, deceased.
WM. H. & THOS. W. RUFFIN, ATTYs.



IF YOUR HEAD ACHE
YOUR EYES ACME
YOUR EYES TIRE
YOUR EYES BURN
YOUR EYES WATER
YOUR EYES SQUINT

It Is A Case For Glasses

W. B. MORTON

Master Optician & Graduate of
INCORPORATED CHARTERED
The Philadelphia Optical College

Studebakers Last a Life Time

Studebaker
WAGONS BUGGIES HARNESS



WHY IT PAYS TO BUY A STUDEBAKER

I am using a Studebaker Farm Wagon which has been in constant use for 35 years. The wagon was bought from J. D. Lester by Fred. Gruner and was used for hauling grain to Telena, fifteen miles away.

I bought the wagon from Mr. Gruner and have hauled as high as 80 bushels to the load.

The wagon has been in several runaway accidents but has never had a broken wheel or axle, nor has a new felloe or spoke been put in.

The wagon is in excellent condition and is being used every day.
C. E. Stephenson,
Atwood, Ill.

Hauls his grain to market in 35 year old Studebaker

And this isn't an exceptional Studebaker.

From coast to coast, there are scores, yes hundreds, of Studebaker wagons that have been used 35 and 40 years and that are giving satisfactory service today.

Since paint can make all wagons look of equal quality, appearance is a most deceptive thing.

To make sure you will get a lifetime of service, buy a Studebaker.

G. W. FORD & SON

The Best Tobacco Market
In The State Is

Rocky Mount

AND

The Farmers Mutual
Is the Best Warehouse

We have two good judges of tobacco running our sale with plenty of nerve and capital to back their judgment and see that the farmer always gets the highest market prices.

Our Auctioneer has no equal. Give us a trial with your next load and we will make a customer of you. 0 0 0 0 0 0 0 0 0 0

R. P. HOLT,
W. T. CLEMENT, Managers
Jim Yarboro
AUCTIONEER