

# The KITCHEN CABINET

Run if you like, but try to keep your breath; Work like a man, but don't be worked to death.

## SOME SUMMER MEATS.

**T**HE perishable meats that are not needed for shipping to our army and allies, supply a sufficient variety.

**Beef's Heart With Veal Stuffing.**—Soak the heart three hours in cold water, then remove the fat and all bits of hard tissue. Take one pound of uncooked veal, chopped fine, a quarter of a pound of salt pork chopped fine, or the same amount of pork sausage, four tablespoonsfuls of bread crumbs, a tablespoonful of onion juice, one teaspoonful of salt, a quarter of a teaspoonful of pepper, one egg slightly beaten and a few fresh mushrooms, if they are obtainable. Mix all these ingredients together and stuff the heart. Wrap in a cloth and sew it. Stand in a small saucepan with the point down, cover with boiling water and just simmer very slowly for three hours, then remove the cloth and bake in a quick oven one hour, basting every ten minutes with a little sweet fat. Serve with a brown sauce, hot or cold. Heart is very nice, sliced and served cold.

**Smoked Beef's Tongue.**—Wash and soak the tongue over night. In the morning put on to cook in a kettle of cold water, simmer gently for four hours, or until it is perfectly tender. Add more water if needed. When the tongue is cold remove the skin. To serve as a hot dish, place on a heated platter well garnished with parsley to cover the root end. What is left may be sliced and heated in a well-seasoned sauce, using such flavors and condiments as one's taste requires.

**Sheep's Kidneys en Brochette.**—Take six sheep's kidneys, cut through the upper portion of the fat veins and fat. Wash well, cover with boiling water and let stand five minutes, then wipe dry. Cut a fourth of a pound of bacon in slices half the size of the kidneys, then place two pieces of bacon to each kidney. Place on a broiler, baste with fat and cook over a hot fire five minutes.

**666 cures Malarial Fever.**—NER at once as our fall datings are filling up fast. 7-26-tf

**Grove's Tasteless chill Tonic** destroys the malarial germs which are transmitted to the blood by the Malaria Mosquito. Price 60c.

If you want life insurance see J. A. TURNER. 7-26-tf. Ask J. A. TURNER to show you the new disability policy. 7-26-tf.

**666 cures by removing the CAUSE.**



## HORSES and MULES

I still have a nice lot of Horse and Mules for sale at reasonable prices and will make it to your advantage to come in and look them over.

R. F. FULLER  
Louisburg, N. C.

## H. C. TAYLOR

Does a class of buggy repairing that is above criticism. This is accomplished by expert knowledge of the business and the use of the right kind of high grade material.

I can do any job on your buggy whether large or small in a manner that will please you. I make a specialty of putting Rubber Tires on buggies. Only the highest grade used. I have for sale Buggy, Wagon and Road Cart; shafts, spokes, rims, singletrees, bars, steel tires carriage and tire bolts, fifth wheels, steel shaft ends etc. Come and examine the quality of my goods.

## H. C. TAYLOR

## Horses and Mules

We are better prepared to serve you now than ever before and invite you to come in and see our new drive of horses and mules.

Perry & Pearce  
Youngsville, N. C.

## Suit Cases and Traveling Bags

Need a suit case or traveling bag—if so, buy now—there is a most enticing state of luggage price affairs today—we saved in the buying of many lines of most dependable suit cases and traveling bags, and we give you the opportunity to do likewise—you expect to take a trip sooner or later—anticipate your needs now in these lines—you can make a great saving.

W. E. White Furniture Company  
Louisburg, N. C.

## New Shop, New Tools, New Man

We have leased the Addie Perry old stables on South Main Street, had them remodeled and converted into one of the most fully equipped and modern Machine Shops in North Carolina.

In our equipment will be found the latest machines for all work on the market including 24in x 16 foot and 15in x 8 foot South Bend Lathes, 42in Cannedy Ot to Radial Drill, 20 in. Upright Silver Manufacturing Co., Drill, 304 A. Oster Power Pipe and Bolt Machine, releasing die, Shapers and all other necessary tools, and drill bits from 64ths to 1 1-2 inches and complete Blacksmith shop.

Our Mr. T. K. Allen, Manager for this concern, is one of the best and most careful machinists in North Carolina and will have personal supervision of all work. Agents for FRANKLIN AUTOMOBILE.

## Coy Machine Co.

Phone No. 295-J  
ISBURG, NORTH CAROLINA

*Nellie Maxwell*

**Piles Cured in 6 to 14 Days**  
Don't spend money if PAIN OINTMENT fails to cure Hemorrhoids, Piles, or Protruding Piles. It cures all kinds of itching, burning, and sore spots after the first application. Price 60c.

### MICKIE SAYS

THOSE BUYING SUIT CASES AND TRAVELING BAGS... OTHERS? WELL, THEN A REASON... THE FELLERS NE BOOZY... AM ALL THE TIME TRYIN' TO GET CUT RATES ON THE R... ADVERTISING - CROWDING A... 25 AD INTO A 50 CENT SPACE



The Quinine That Does Not Affect The Head Because of its tonic and laxative effect. LAXATIVE BROMO QUININE (Tablets) can be taken by anyone without causing nervousness or ringing in the head. E. W. GROVE'S signature on box. 30c.

666 cures Chills and Fever.

**FIRE INSURANCE.** When you want insurance take it with T. W. WATSON. He knows how. 7-21-tf.

If you have any farms for sale that you wish to subdivide see J. A. TURNER. 666 contains no alcohol, arsenic nor other poisonous drugs.

**INSURANCE** See J. L. Palmer.

**For Sale.** 20 horse power engine and boiler, 80 saw, Daniel Pratt Gln, Improved Power Press Platform Scales Shafting Belts and Pulleys. Wood saw. I will sell by the piece or all together for 50 per cent of its cost. All as good as new.

J. B. SMITH, Moulton, N. C.

# War Has Changed Everything

The world war is receiving the attention of everybody. It is a time for saving and sacrifice. Save, save, and save. Let us help you. We have a saving department, as well as a commercial department. We do all kinds of banking, and do it right. When selling your tobacco, bring us your money; we will hold it safe for you and have it when you want it.

## SERVICE AND SAFETY ASSURED YOU

Miss Clara Young, Acting Cashier  
J. M. Allen, President

## THE FARMERS NATIONAL BANK

LOUISBURG, N. C.

## The Year of Thrift

This year marks the anniversary of the establishment of the first savings bank in the United States.

In commemoration of this centennial, bankers' organizations are speeding up the thrift movement.

Strangely enough, this effort comes at a time when national progress in commerce and industry depend on the people's power to save.

No longer can America draw on the savings of the thrifty people of Europe for capital with which to develop its resources.

From now on the United States must produce its own capital.

An account in a savings bank insures national progress and your own independence.

*One Dollar Starts an Account!*

# BUNN BANKING CO.

Benj. B. SYKES, Cashier  
Bunn, N. C.

Mr. R. L. Huffines, Pres.  
Mr. Benj. B. Sykes, Cash.

Mr. C. P. Harris, Vice Pres.  
Miss Louise Curtis, Asst. Cash.