

**TIME TO EXERCISE PATIENCE**

**Machinery of Business, at Present a Little Out of Order, Will Soon Be Running Smoothly.**

Now is the time for all good Americans to be patient. It is true that the times are out of joint. Nothing is done the way it should be done, a plague of incompetence is upon us, there has been a general slowing down in all branches of business and industrial life and a general lowering of the average of social efficiency. But it is the war, and we must have patience. Don't flare up and tell us that it takes ten minutes to get your "part" on the telephone, and then, like as not, it isn't your party at all. You ought to be thankful for any party.

And the elevators! And the clerks! They do not wait on you. You wait on the clerks, oh, so long. And it is going to be worse—for a while. But it is the war, and it is to be expected and we will have to put up with it. Business and industry are in the hands of recruits who have not been to training camp. But they are being trained as fast as possible, and by and by the recruits will be veterans, the times will get back in joint, things will be done the way they should be done, efficiency will again reign, business and industry will be speeded up and all will be well. In the meantime, while the captains of industry are training the rookies and doing their best to get the world running smoothly again, it is up to us to be more patient than we ever were before and smile all the while.—St. Louis Post-Dispatch.

**STEP IN FOOD CONSERVATION**

**Minnesota Physician Has Discovered Method of Condensing Buttermilk and Retaining Nutritive Value.**

In a recent interview with Dr. William Greick of St. Paul, Minn., the fact was brought out that immense quantities of buttermilk have been wasted. Doctor Greick is a member of the American Chemical society and for years has devoted much study to the milk problem. As a result of his work a method has been discovered of condensing buttermilk into a semi-smooth substance of the consistency of ice cream.

As the nutritive value of the buttermilk is conserved in this product, and it is especially suitable for use in bread making. From eight to ten pounds of this material when added to a barrel of flour produce a loaf of greater food value. The milk protein helps to make up the deficiency in our present-day flour substitutes. The vitamins of the butterfat help to define the structure of the bread, besides producing an agreeable milk flavor; and the sugar of milk, aside from being of great food value, when combined with the dextrin in flour makes a fine brown crust at a comparatively low baking temperature. It saves fuel and prevents unnecessary loss of moisture.

**Confession of a Teacher of German.**

I began bravely this difficult work of teaching German since 1914, by the hypothesis that the best in Teutonic literature is a revolt against this very militarism we are now fighting, and for a time I deluded myself with the great good that could be accomplished by emphasizing this in such men as Schiller, Lessing and Goethe, as well as in some of the things from such moderns as Widenbruch and Theodor Sturm. But the newspapers made current events too vital for one to spend his hours shoring up the tottering structure of German popularity. Eighteenth century nobility was overcast by twentieth century inhumanity.—September Atlantic.

**Ghosts in Maine.**

The most tragic incident of the summer is recorded in the town of North Edgecomb. An elderly couple coming home from church saw two ghosts. The ghosts were flitting without apparent feet or legs through the gloaming and over the grass and through other things. They were dressed, of course, in the conventional white of ghosts and ghostesses. The elderly couple legged it like mad. They fell into a cucumber patch and could not extricate themselves. The old gentleman was rather badly injured. They were rescued by the ghosts, who proved to be a couple of farmerettes in calico overalls.—Lewiston Journal.

**Value of Discarded Bones.**

The Meat Trade Journal of England says that Birmingham has a way of dealing with old bones which is held up by the national salvage council for imitation in other parts of the country. Butchers who sell bones undertake to buy them back after the housewife has made full use of them, paying the customer half the proceeds of their disposal for national purposes. In this way they are saved to the nation, which is urgently in need of the glycerin they contain, as well as of the phosphates for manure and the valuable pig and poultry foods which can be extracted from them. Housewives are showing themselves eager to respond to the government's appeal for bones.

**Omar Repudiated.**

"A book of verses underneath the bough," began the man who quotes. "That's far enough," interrupted Miss Cayenne. "The loaf of bread must be curtailed to limit the wheat consumption. The jug of wine is out of place in a prohibition community, and ever as to the book of verses—I'd rather hear somebody read the war news."

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