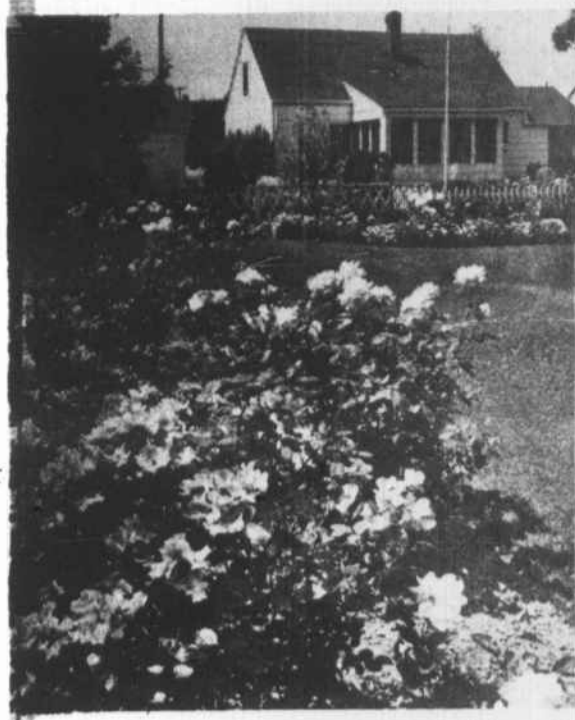


Are You A Rose "Bug"?



The universal popularity of roses is amazing. They are easy to grow, have lovely blooms all season long, from spring to fall, according to the American Association of Nurserymen. It is easy to become a rose "bug" once a few plants are tried and soon a whole rose garden blooms.

OUR HEALTH

By J. M. Amberson, M.D.

Sore Throats

Strange as it may seem, salt water, bear grease, sauerkraut juice, a sugar cube and hot rum spiked with gun powder were once considered "cures" for a sore throat. While all of these remedies now sound hilarious, they underscore the fact that sore throats are not a modern invention—the first caveman caught in a sudden thunderstorm probably suffered one.

But, a sore throat itself is not a laughing matter. Frequently, it may be the warning sign for a more serious illness or it could develop into a life endangering illness.

Fortunately, today physicians have antibiotics to treat serious throat infections which patients in earlier times endured as they ran their normal course. We now have medications to relieve the painful irritation of minor sore throats as well as reduce the bacterial flora present in the mouth and throat.

One of the most important of these medications is a relatively new non-prescription, anesthetic (pain killing) and anti-septic (germ killing) oral solution was found to be "very effective in relieving the pain and discomfort of sore throats from a variety of causes," according to Dr. Julian W. Giles of the Veterans Administration Hospital in Tuskegee, Alabama. More than 200 patients were treated with Chloraseptic in this study and all reported that they obtained relief from throat pain.

This is only one of a number of studies confirming the pain relieving value of this important oral solution. As the cold weather approaches many parts of the country, colds and sore throats become more common. If you suffer symptoms of a minor sore throat, bed rest, fluids, aspirin, and Chloraseptic to relieve sore throat discomfort may be used.



Dr. Amberson

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Doctor Talk

By Rembert Benjamin, M.D.

This is the time of year when millions of annual hay fever victims begin to suffer because of their susceptibility to the dust and pollen particles which are in high concentration.

There is a large percentage of the population which is unfortunately very sensitive to certain plant particles. As a result these persons are very uncomfortable with such typical symptoms as nasal congestion and excessive secretions from the nose and eyes, and a general irritation of the upper respiratory tract.

Hay fever, or allergic rhinitis, is actually a disease brought on by a reaction of the body to foreign particles capable of inducing a response largely in the mucous membranes of the respiratory system.

Usually those persons only mildly involved can be relieved with any of the new antihistamines. For the more severe

cases your doctor may find it necessary to prescribe more potent medication.

In some instances, it may be profitable for the patient to submit to a very extensive skin reaction test in order to determine the degree of his allergy to specific substances. From this information the allergy specialist may prepare a vaccine, composed of those substances to which the patient is found to be very sensitive.

When the vaccine is given to the patient by way of multiple intermittent injections a gradual desensitizing effect is established in that particular patient. This person is then better able to withstand the effect of exposure to these irritating particles.

When all means of control are found to be ineffective, one may have to avoid exposure by resorting to a complete change where the pollen concentration is usually found to be diminished.

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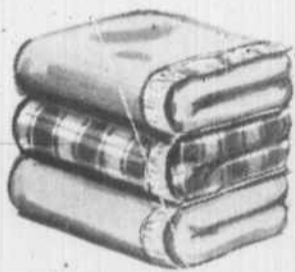
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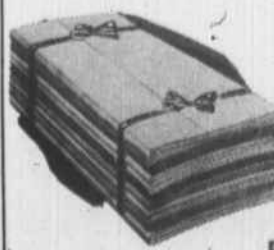


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Monsters In Our Depths

By Bob Brewster

Reports of sea serpents or monsters are usually dismissed as figments of a vivid imagination, particularly when they come from your favorite fishing hole rather than from the original spawning grounds of Loch Ness.

However, there are several gargantuan fish in our waters that might qualify for the "monster" label, say the fishing authorities at Mercury outboards.

Take the alligator gar, for example. Here's a rough, tough

customer with a mouthful of sharp teeth and dimensions to unnerve the bravest of men. Weighing more than 300 pounds and reaching a length of almost 10 feet, this granddaddy of the gar tribe reflects his prehistoric origins in a truly frightening way.

Providing unusual sport on the lower stretches of the White River in Arkansas and other southern locations, the alligator gar does not attack man. He gets a bit touchy when boated or towed ashore, so if you value your limbs give his wicked

jaws a wide berth. The sturgeon is another throwback to an ancient age. His weird appearance plus ample proportions combine to present an awesome sight. While size records for sturgeon are uncertain, one of 1800 pounds has been reported in British Columbia. An Eurastian variety is claimed to reach weights of more than a ton.

Though formidable in appearance, the sturgeon's temperament is unlike that of the legendary sea serpent. Since he possesses no teeth, using a

strange tube-like mouth to feed on the bottom instead, he poses no hazard to intruding humans. The third oddball in our waters is the paddlefish, a pot-bellied creature with a long snout. He has been known to reach 200 pounds in weight and six feet in length. This monster belies his ferocious profile, and feeds on tiny plankton instead of "man-sized" rations as one might suppose.

So next time you hear a wild tale, give it a bit of credence, urge the Mercury folks.

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