

### Seven Paths

Guests of Mr. and Mrs. J. E. Williams, Connie, and Diane from Sunday until Tuesday were Mr. and Mrs. Kenneth Gosline, Miss Dolores Gosline and Joey Gosline, Jr. all from Long Island, N. Y. They all visited with Mr. and Mrs. C. M. Moore.

Mr. L. L. Edwards and daughter, Jeanne, of Jacksonville, Fla. spent a couple of days with Mr. E. B. Moore and other relatives.

Mr. and Mrs. Howard Ray Wilder, Vicky and Ricky of Raleigh visited Mrs. Lena Wilder Sunday afternoon.

Weekend guests of Mrs. Lucy Wilder, Mr. and Mrs. J. S. Collier, and others were Mr. and Mrs. Will Blagman of Washington, D. C.

Mr. and Mrs. Henry H. Fisher of Virginia Beach, Va. were guests of Mr. W. D. Fisher and the M. E. Fishers Sunday through Tuesday. On Sunday Mr. and Mrs. Calvin Gay and Mrs. Robert Jordan of Whitakers, Mr. and Mrs. A. T. Cooke of Whitakers came.

LA. Cmdr. and Mrs. Arthur Cleveland Stallings and children, Neil and Darla, of Sanford, Fla. are visiting in the home of Mr. and Mrs. A. C. Stallings.

Misses Martha Stallings and Anne Nunnery of Whitakers were in Jarrett, Va. for a weekend with Miss Judy Jones.

Mr. and Mrs. Jimmy Nunnery of Whitakers were visitors in the home of Mr. and Mrs. A. C. Stallings Sunday afternoon. Mrs. Arthur Strickland and Miss Margaret Stallings of Hampton, Va. have spent some time here.

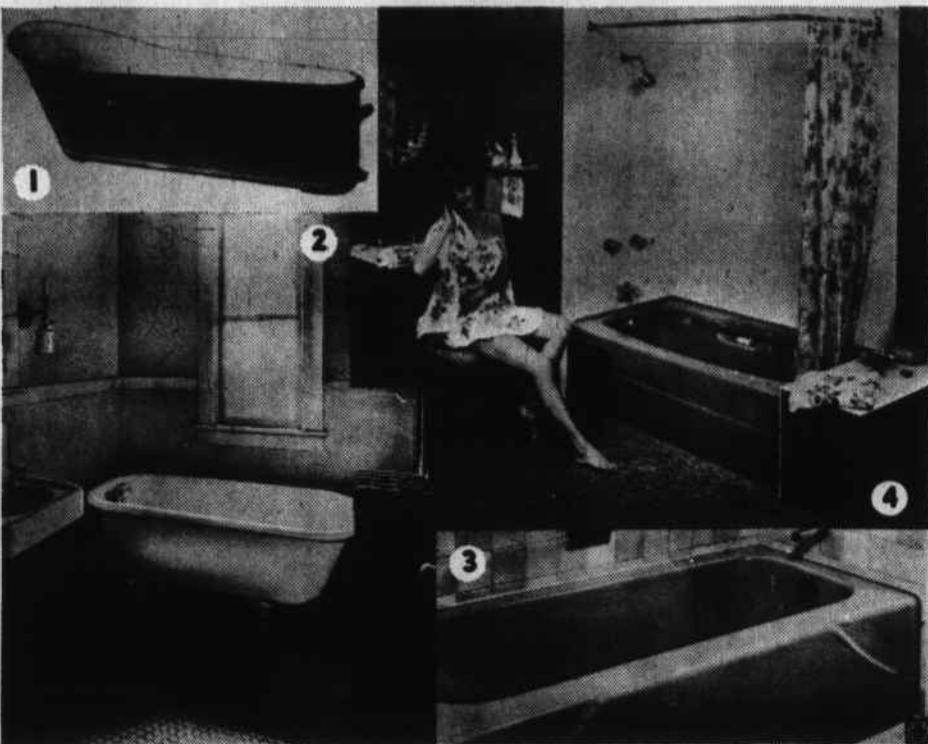
Miss Margaret Strickland, Mrs. Hulda Wilson and son, Ed, motored to the Carolina Mountains for a weekend.

Gene Fisher spent Wednesday night with Carolyn, Mr. and Mrs. M. E. Fisher.

Some people fear life and death and others fear neither.

### It's Body Shaped

### New Tub Made For People



From the hand-made bathtub of the western frontier (1) where men took baths once a month whether they needed them or not, 'til today, tubs were made for one purpose, to hold a lot of water. True, the first manufactured tubs were larger, like the "boat-with-feet" models of the 1800's (2). And later ones, like the side-wall types that came in during the '20's (3), offered "modern" design, but they were still made primarily just to hold water. Now bathtub manufacturers such as Crane Co. are going well beyond the original concept and considering the people using them, their safety in use and how they harmonize with the decor of the room. The Empress (4), for instance, is the first "body-shaped" tub. It's tapered to allow extra hip and elbow room, and has a contoured backrest and bottom. Built-in innovations include a sturdy grab bar, an integral, easy-to-clean soap dish and a wide ledge for toilet articles. An optional slip-resistant bottom helps prevent injuries, while the tub's sculptured lines match modern design motifs.

### Health And Beauty

It is well to bear in mind that dangerous germs are always present in the normal skin, especially in the fold around the hair follicles and in the oil glands about the nose and back. As a rule they cause no harm, but are capable of causing serious infections if a person's skin becomes broken or abraded, or the vitality is lowered for any reason. When the skin is kept in a healthy condition, face powder is a great aid to beauty. It helps to conceal minor

defects, such as discolorations, and so forth. The powder does not clog the pores and cause blackheads if removed at night by cream or by washing the face. In fact, it really acts as a protection or covering against biting winds and direct rays of the sun. The foundation lotion or cream prevents the powder from coming off and gives the skin a softer and more velvety sheen. During the day if you wish to freshen your appearance,

lie down for a short period, if you have time, close the eyes and relax every muscle in your body. Fall asleep if you can. On awakening, take a short, hot bath, finishing with a dash of cold water. Rub with a crash towel until the whole body is glowing from the friction. Put some fresh lotion on your face and remove the excess with a soft towel.

Breathe in all the air that your lungs will hold. Attempt to expel it with resistance. The cheeks will puff out, the lungs and throat become tense, and the blood will race through the body, causing the cheeks to flush with the glow of health.

When you are slowly letting out the breath while resisting, tap the face, neck, and throat with the fingers, playing a sharp rat-a-tap, tap on the tensed muscles. Now, put on your powder and other make-up that you choose. You will not only feel alive and rested, you will look as fresh as when you started out in the morning after a refreshing night's sleep and a good breakfast.

Too many people in apparent good health suffer from chronic fatigue. The only way to fight fatigue is to learn its causes and its types. You must learn to avoid that weary feeling before it strikes.

The best medication for fatigue is food and sleep. Too often habits made concrete over the years prevent adults from getting this needed rest and food. It may be that you drink too much coffee or take too many pep pills to allow yourself to relax enough to sleep, or to even have the proper desire for food. It may be as simple a habit as staying up too late. If you read or watch TV until after 12:00 p.m. and have to get up at 6:30 or 7:00 a.m., you will soon find out you need more rest than this, day in day out. Emotional fatigue is a great drain on many people. It takes a great deal of energy to get angry and to carry on an argument. It even takes a lot of energy to brood in silence. You owe it to yourself to develop control over your emotions. It is important to know your limitations. Don't wear

### Franklin Mem. Hospital Notes

The following were patients in the hospital Thursday morning:

PATIENTS: Emily Burwell Allen, Philadelphia; Gertie Stone Ayscue, Louisville; Hattie Branch, Louisville; Joseph Walter Burgess, Henderson; Betsy Ann Carroll, Franklinton; Flossie Richardson Coley, Louisville; Earl Farmer, Louisville; Eugene G. Foster, Louisville; Mabel Gilliam Fuller, Louisville; Judy Matlock Glasgow, Louisville; Monita Denton Gupton, Louisville; Patricia Rowland Hunt, Franklinton; Sarah Bunn Joyner, Franklinton; Trudy Jones Lancaster, Castalia; Josephine House Laughter, Franklinton; Mollie Artice Marshall, Castalia; Anne Carter Mustian, Louisville; Frances Regine Oxnevad, Louisville; Howard Louis Parnell, Warrenton; Emily Burt Person, Louisville; Isaac Clifton Privette, Youngsville; Marguerite Faulkner Spencer, Louisville; Minnie Spivey, Louisville; Rachel Stone Taylor, Louisville; Ava Joyner Vaughan, Franklinton; Sue Temperance Alston, Louisville; Laura Frazier Arnold, Louisville; William Spencer Boone, Castalia; Deby Maynard Bullock, Louisville; Willie Burrell Burnette, Louisville; Charlie Burwell, Kittrell; John Wesley Denton, Louisville; Betsy A. Foster, Louisville; James Elias Gupton, Louisville; Lessie Green Harris, Louisville; Fannie Woodlief Jones, Warrenton; Sandy Jones, Louisville; Elizabeth Foster Leonard, Louisville; Fannie Y. Munford, Louisville; Jerry Lee Perry, Louisville; Lula Swanson Rowe, Louisville; Willie Williams, Louisville.

burg; Minnie Spivey, Louisville; Rachel Stone Taylor, Louisville; Ava Joyner Vaughan, Franklinton; Sue Temperance Alston, Louisville; Laura Frazier Arnold, Louisville; William Spencer Boone, Castalia; Deby Maynard Bullock, Louisville; Willie Burrell Burnette, Louisville; Charlie Burwell, Kittrell; John Wesley Denton, Louisville; Betsy A. Foster, Louisville; James Elias Gupton, Louisville; Lessie Green Harris, Louisville; Fannie Woodlief Jones, Warrenton; Sandy Jones, Louisville; Elizabeth Foster Leonard, Louisville; Fannie Y. Munford, Louisville; Jerry Lee Perry, Louisville; Lula Swanson Rowe, Louisville; Willie Williams, Louisville.

### Queen Mary Sold

LONG Beach, Cal.-- Cunard Line officials have announced that the liner Queen Mary has been sold to this city for use as a maritime museum and hotel. The 31-year-old ship was losing \$2-million a year on her weekly trans-Atlantic voyages.

### Heart-Pump Patient Well

Mexico City -- Mrs. Esperanza del Valle Vasquez still wears the identification band which is the only visible sign she underwent surgery a year ago. She was the first person to survive use of an artificial heart pump, and now cares for her son and works seven days a week.

### In Service

FT. JACKSON, S. C. (AHTNC) -- Army Private Richard H. Harris, Jr., 19, son of Mr. and Mrs. Richard H. Harris, Route 2, Franklinton, N. C. completed a four-

week clerk course at Ft. Jackson, S. C., Aug. 11. He was trained in the preparation of military records and handling correspondence. Instruction was also given in typing and fundamentals of the Army filing system.

**Sero**  
THE GENTLEMAN'S SHIRT

TRADITION  
IN  
TATTERSALS

The classic tattersal design in the rich tradition of Sero shirtmaking. Distinctive check patterns on luxurious fabrics enhanced by the gentlemanly look of Sero's exclusive full-flared "Purist" button-down collar. Trimly tapered with a seven-button front for the ultimate in neatness and appearance.

**ROWE'S**  
MEN'S SHOP

## IGA VALUES

# FRYERS

Lb. **25¢**

**SAUSAGE 3 LB \$1.00** **FRANKS 3 LB \$1.00**

# WATERMELONS

LARGE RIPE **49¢ EACH**

<b>BANANAS</b> <b>10¢ LB.</b>	<b>SWEET POTATOES</b> <b>10¢ lb.</b>	<b>FAB WASHING POWDER</b> <b>BOX 29¢</b>	<b>LEONARD EGGS</b> GRADE A SMALL <b>4 Doz. 99¢</b>
----------------------------------	---	---	---

**New And Complete Line Of School Supplies**

<b>SUGAR</b> WITH \$5.00 Or More FOOD ORDER <b>5 LB. 49¢</b>	<b>GOLD SEAL FLOUR</b> <b>25 LB. BAG \$1.99</b>
--	--

<b>OLD MANSION TEA</b> <b>29¢ 1/4 LB</b>	<b>SNOW DRIFT SHORTENING</b> <b>3 Lb. Cans 69¢</b>
<b>DELSEY TISSUE</b> <b>4 ROLL PKG. 49¢</b>	<b>BLUE PLATE PEANUT BUTTER</b> <b>12 Oz. 29¢</b>
<b>BUNKER HILL BEEF STEW</b> <b>23 Oz. can 49¢</b>	<b>EASY-ON SPRAY STARCH</b> <b>22 Oz. CAN 49¢</b>
<b>IGA</b> LOUISBURG, N. C. OPEN FRIDAY UNTIL 9 P. M.	<b>EAT WELL MACKEREL</b> <b>4 Cans \$1</b>
	<b>CHATHMAN DOG FOOD</b> <b>5 LB BAG 49¢</b>

## NOTICE OF TRANSFER OPPORTUNITY FOR STUDENTS ATTENDING THE B. F. PERSON-ALBION SCHOOL IN FRANKLINTON, NORTH CAROLINA AND TRANSFER OF ESEA BENEFITS

The Franklinton City School system, in order to comply with the Civil Rights Act of 1964 and the Rules and Regulations promulgated thereunder by the Department of Health, Education and Welfare, hereby gives public notice that any student who has signed a Choice Form to B. F. Person-Albion School may transfer to the Franklinton High School at any time prior to and including the 31st day of August, 1967.

This opportunity for transfer is offered only to students who have chosen by the Freedom of Choice Form to attend the B. F. Person-Albion School for the school year 1967-1968. The student need not meet any qualifications or requirements. Notice is also specifically given that any of these students now receiving benefits under the Federal ESEA program at the B. F. Person-Albion School will continue to receive these benefits if they elect to transfer to the Franklinton High School.

Transfer forms are available at the office of the Superintendent of the Franklinton City Schools and in the office of the principal of the B. F. Person-Albion School. However, the use of official forms is not required. Any written request to the Superintendent will be valid.

Signed: R. B. Pearce, Jr.  
Chairman, Franklinton City School Board

**NOW IN PROGRESS**

# SUMMER FURNITURE

CREDIT TERMS - WEEKLY - MONTHLY - FALL



RALEIGH ROAD  
LOUISBURG, N.C.

**NEW and USED**

# SALE APPLIANCE

BUY AND PAY AT ONE LOCATION

OPEN 8:30 A.M.  
TILL 5:30 DAILY  
OPEN  
EACH FRIDAY  
NIGHT TILL 9 P.M.