

Stephen Wiggins To Serve As Lodge Master

Officers for the Youngsville Masonic Lodge number 377 who were installed this month for the new year are as follows: Master, Stephen Wiggins; Senior Warden, Richard Cash, Sr.; Junior Warden, James E. Smith; Treasurer, Russell Wheeler; Secretary, Dewarner Duke; Senior Deacon, Landis Preddy; Junior Deacon, Fred Wheeler, Jr.; Senior Steward, Richard Cash, Jr.; Chaplain, M. E. Winston; Tyler, John Henry Parrish.

Installing Officer for the installation ceremony was Past Master James Smith. Installing Marshall was Past Master John H. Parrish.

Lodge meetings are held twice a month at the Masonic Hall on Main Street. Present plans call for meetings to be held on the second and third Thursday nights.

Confederate Art And Music Presented

The Joseph J. Davis Chapter of the United Daughters of the Confederacy met Tuesday at the home of Mrs. Grover Harris, Jr.

The meeting began with the salutes to the flags of the United States, North Carolina, and Confederacy; it continued with the U.D.C. ritual and prayer.

"Art and Music of the Confederacy" was the program presented by Mrs. Woodrow Jones. She presented a history of some songs of the confederate period, and a short biography of the composers. Some of the songs discussed were "Dixie", "Bonnie Blue Flag", "Maryland, My Maryland", "The Yellow Rose of Texas", and "Lorena". She also showed reproductions of paintings of that time. Rachel Harris gave a piano selection of "Oh, Susanna". Members, accompanied by Mrs. Elmer Mercer at the piano, sang "Bonnie Blue Flag", "The Yellow Rose of Texas", and "Dixie."

What They Wore... by PHYLLIS JOYCE

"FIRST LADY" FASHIONS

ONE OF THE MOST POPULAR FIRST LADIES, DOLLY MADISON OFTEN WORE THE STYLE KNOWN AS THE "SACQUE" DRESS FOR OFFICIAL ENTERTAINING. IT CONSISTED OF AN OVERDRESS, OPEN DOWN THE SKIRT FRONT, WORN OVER A CONTRASTING UNDERDRESS OR PETTICOAT.



JULIA DENT GRANT WORE THIS DRESS TO HER HUSBAND'S SECOND INAUGURAL BALL IN 1879. THE FULLNESS AT THE BACK OF THE GOWN MARKS THE FIRST SUGGESTION OF THE BUSTLE WHICH BECAME FASHIONABLE SOON THEREAFTER.



PERHAPS NO FIRST LADY HAS INFLUENCED FASHION AS STRONGLY AS THE FORMER JACQUELINE KENNEDY. IMMEDIATELY UPON MOVING TO THE WHITE HOUSE, SHE BECAME RENOWNED FOR HER "3 P'S" - PRINCESS LINE, PEARLS AND PILLBOX.



TODAY... WHEN BUYING WOMEN'S OR CHILDREN'S APPAREL LOOK FOR THIS LABEL - THE SYMBOL OF DECENTY, FAIR LABOR STANDARDS AND THE AMERICAN WAY OF LIFE.

Franklin Mem. Hospital Notes

The following were patients in the hospital Thursday morning:

PATIENTS: Peter Stapleton Allen, Louisburg; Sylvia Ellis Anderson, Franklinton; Judy Collins Ayscue, Franklinton; Paulette Dorsey Bailey, Louisburg; Randy Nowell Bass, Louisburg; Hommie Wester Bottoms, Louisburg; Bertha Lee Brown, Louisburg; Wiley Bayard Bryant, Middlesex; Frank Coley, Louisburg; Jack Collins, Castalia; Linda Brown Cothran, Louisburg; Beulah Tucker Dall, Franklinton; Mary Bunn DeVoy, Louisburg; Mabel Driver, Louisburg; Mamie McGregor Evans, Maxton; Patricia Smith Finn, Franklinton; William Howard Garner, Creedmoor; Rebecca Pearce Gibbs, Franklinton; Joseph Floyd Gilliam, Louisburg; William Minner Gilliam, Castalia; Dorcas Stallings Gravitt, Louisburg; Susie Radford Griffin, Castalia; Luzanner Harrison, Hollister; Katherine Avery Henry, Louisburg; Mary Martha Walker House, Louisburg; Woodrow Wilson House, Franklinton; Josephine Wilder Inscoc, Castalia; Phil May Inscoc, Castalia; Offie Joyner, Franklinton; Pattie Lamm Justice, Louisburg; Margaret L. Kerley, Louisburg; Betty Gupton Leonard, Castalia; George Lemay, Jr., Kittrell; Herbert Gene Leonard, Jr., Louisburg; Bettie P. Lovin, Louisburg; Kenneth Vernon McCurry, Louisburg; Dalen Buren McGhee, Franklinton; Marvin M. May, Louisburg; Rhea Harris May, Louisburg; Johnnie Buck Mills, Henderson; Minda Montgomery, Louisburg; Carrie Octavia Morris, Bunn; Twila Poole Moss, Zebulon; Jodie Radford Neal, Louisburg; George Allen Nelms, Castalia; John Edward Nelms, Louisburg; Mavis Layton Nelms, Louisburg; Thomas V. Osborne, Louisburg; Robert William Pace, Sr., Franklinton; Anna Mae Pearce, Castalia; Ethel P. Pernell, Henderson; Jessie Glenn Perry, Louisburg; Juanita Ayscue Perry, Franklinton; Linda Murray Perry, Zebulon; Dora Richardson, Louisburg; Julia Taylor Scoggins, Louisburg; James D. Speed, Louisburg; Florence L. Stallings, Louisburg; Furney Emmett Tharrington, Castalia; Zelma Lowery Tilley, Louisburg; Lloyd Henry Turner, Louisburg; Mary Dickerson Wester, Franklinton; Myrtle P. Wester, Louisburg; Burta Turner Wheeler, Louisburg; Thomas Sherrad Wilder, Louisburg; Christine Wilson, Louisburg; Willard Thomas Winborne, Louisburg.

For Appetites Heightened By The Cold



Here's the heritage of mince meat updated in a modern international dessert. When serving ambrosial Peaches Romanoff, the Borden Kitchen suggests creating the peaches with pungent mince meat, then saucing with reconstituted lemon juice, margarine with a Danish flavor and heavy cream spirited with rum.

Mince Meat-Peach Romanoff (Makes 6 servings)

In a small saucepan, break 9-oz. package None-Such condensed mince meat into small pieces; add 3/4 cup water. Bring to a boil over medium heat; stir to break lumps. Boil briskly for 1 minute. Cool.

Romanoff Sauce

1/3 cup water	1 tablespoon Danish flavor margarine
1/2 cup sugar	1/2 cup white rum
1 tablespoon ReaLemon reconstituted lemon juice	1/2 cup heavy cream
1 egg yolk	6-8 peach halves (1 lb. 14 oz. can) drained
3 tablespoons sugar	

In a small saucepan, combine the 1/3 cup water and 1/2 cup sugar; bring to a boil; stir constantly. Cook to 240°F. on a candy thermometer or until a thick syrup forms. Remove from heat; add lemon juice. In a small bowl, with a rotary beater, beat egg yolks and 3 tablespoons sugar until thickened. Quickly stir beaten egg yolks into the hot syrup. Place over low heat; stir constantly for 5 minutes. Stir in margarine and rum; cool. Chill in refrigerator 1 hour or until thoroughly chilled. WHEN READY TO SERVE: place drained peach halves in individual dessert dishes or a large low serving bowl. Spoon prepared mince meat into peach half. Whip cream; fold in the chilled rum mixture. Spoon sauce around peaches.

How Is Your Mental Health?

That's quite a big question to try to answer, isn't it? Let's begin by breaking the big question into smaller ones. How do you feel about yourself? How do you act toward other people? What kind of a person are you? All of these questions are basic to your state of mental health. Go back and read them again. Think about them.

Now let's see how some of the mental health authorities might answer them. The mentally healthy person, they tell us, likes himself, believes in himself. That is, he doesn't overestimate or underestimate his abilities and qualities.

So the mentally healthy person is a fairly self-confident fellow. He's quite secure in his everyday relationships with other people. He isn't worried about meeting and talking and working with others. They don't get on his nerves, they aren't threatening to him.

He's a fairly self-reliant person. He's capable of doing things on his own. He's able to make his own decisions. He can cope with stress. He can solve most of his problems. In other words, the mentally healthy person is a fairly competent person as he goes about his everyday affairs.

The competent person has learned to work effectively, play rewardingly, and love deeply. Oh, he may have his ups and downs, but generally he gets a real satisfaction out of life.

He's able to consider the interests and rights of others. He can personally feel the hurts and injuries others suffer. He can be truly compassionate. He can help and cooperate with others.

The truly mentally healthy person is active, alive. He tends to be creative in that he uses his knowledge and talents to their fullest extent for the benefit of himself and others.

He has his own personal values and standards. Guided by these he conforms or does not conform to social influences as he sees best for himself and society.

Finally, I believe the mentally healthy, competent person probably has a pretty good sense of humor. He can laugh. He can laugh at the right time and at the right thing-sometimes at himself. In other words, he's tolerant of himself and his fellowman. His emotions are under control. But he can become outraged, too-at injustice, the absence of democracy, at the continuance of massive social problems. He acts to change such conditions in a positive, constructive way.

Well, how is your mental health? It seems like I've been describing the ideal, unattainable man or woman, doesn't it? Just be assured-nobody is one-hundred percent mentally healthy. Mental health is like Christianity, we have to keep working at it all the time. But first we have to know what to work towards. We can develop our measure of positive personality characteristics, we can improve our relationships with others, we can develop the essential competencies in human relationships.

In future columns, I'll go into more detail about the ideas I have shared with you today-ideas which I believe are basic to a rewarding life in a complex, ever-changing American society.

Looking Ahead

"What made you decide to put off your wedding by two days?"

"Well, you see I figured it out that my silver wedding anniversary would come on a Saturday, and I always play golf on Saturdays."

Check Your Medicine Cabinet Contents Often

The bathroom medicine cabinet can be a source of trouble to you and your family if it is neglected. If yours is like most of them, it has been months since you have checked the contents.

You will probably find numbers of jars and bottles of half used prescriptions, patent medicines and uncapped toothpaste tubes. Get rid of all the useless clutter right away.

The house-cleaning is not just for neatness sake. A prescription is for the use of one person, and only a doctor, who knows what is contained, knows if it is suitable for another person. Chemical changes take place in some prescriptions and patent medicines if the medicines are allowed to stand over a period of many months. These changes can be very

detrimental. Medicines deteriorate and lose their effectiveness if left standing too long.

Never keep any kind of poisonous substance in the medicine cabinet. All too often newspapers carry the story of a tragedy resulting from this thoughtlessness.

A well stocked medicine cabinet should contain the following items: Adhesive and bandages, an antiseptic for small cuts, a drug for burns, a preparation for soothing chafed and wind-burned skin, toothpaste and antiseptic gargle, some type of antacid, a laxative, and any other medicines prescribed by your doctor.

There is no law against courtesy, even at home and at the wheel of a motor car.

Health And Beauty

Perfume has been important to women for hundreds of years. The composition of a perfume is a complex affair. It would take a scientist to explain the ingredients and "why" to you.

The best thing to do is to put your trust in the name of a good manufacturer and a reputable shop. The seal should be unbroken.

It is a good idea to buy a small amount of a new scent and give it a try before investing in a large bottle. Your body-chemistry can change the scent of a perfume. Keep trying until you find one that can really become a part of you.

Lastingness is not necessarily the test of a good perfume. Here again your body chemistry comes into play. In general, the heavy, spicy

scents last longer than the light floral ones.

Perfume will out-cling and out-last cologne. This is why it is more expensive. Most perfumes will not live longer than four hours on the skin. For this reason, it is a good idea to carry a small flask in your purse.

American women often do not wear enough perfume. The best way to apply perfume is to spray it on the pulse spots-temple, throat, inner wrists and the crook of the arms.

It is wise not to apply perfume directly to fabric or fur. Never put perfume on white or pale colored furs or fabrics.

Once you have opened a bottle of perfume, use it. Perfume evaporates and loses its scent.

Community News

Franklinton

Mrs. W. A. Eaton is a patient at Mary Elizabeth Hospital in Raleigh.

Mr. Lee McLemore is a patient at McPherson's Hospital in Durham.

Louisburg

Mr. and Mrs. Parks Alexander of Concord, N. C. visited Mrs. J. A. Pearce and Mr. Joe Pearce of North Main Street during the weekend.

Justice

Mr. and Mrs. Joe Duke from Red Oak and Mr. and Mrs. Wiley Staton, Eugene and Dennis from Rocky Mount visited Mr. and Mrs. N. J. Wicks Sunday afternoon.

Mrs. Leona B. Johnson and Miss Oveda Bowden from Rocky Mount were weekend guests in the home of Mr. and Mrs. Ernest Moore.

Mr. and Mrs. John Woody, Lynn and Linda were at the Harriett Baptist Church in Henderson where Mr. Woody brought the message at the Sunday morning worship service. The family then had lunch with Mrs. Woody's mother, Mrs. W. R. Ayscue, Jr.

Mr. and Mrs. Ralph Hayes and daughters, Patsy and Debbie, from Florence, S. C. were guest of Mr. Mark Hayes last Saturday.

Mr. and Mrs. Jimmie Wild-

er, Jim and Pamela from Raleigh were guest in the home of Mr. and Mrs. Albert Coppedge last weekend.

Mr. and Mrs. Richard Tharrington and son Dickie from Raleigh visited Mr. and Mrs. Ollie Layton last Sunday.

Mr. and Mrs. C. G. Perry and children, Malcolm and Amy, from Fuquay had supper Saturday night with Mr. and Mrs. Cleveland Perry and daughter, Shirley. Mr. and Mrs. Jerry Perry from Raleigh were there also and stayed overnight.

Mr. and Mrs. Ernest Davis from Virginia Beach, Va. and Mrs. Larry Roberson from Raleigh visited Mrs. Elizabeth Layton and daughter Ernestine Sunday.

Evidently

At a circus a thoughtful looking gentleman stood for a long time, studying a camel. At length, he stooped, picked up a straw and placed it on the camel's back. Nothing happened.

"Wrong straw," the man shrugged, then walked away.

Snapshot

The photographer had just taken a picture of an old gentleman on the latter's 98th birthday. He thanked the oldest, saying, "I hope to be around to take your picture when you're 100."

"Why not?" the old man replied. "You look pretty healthy."

Good living includes a balanced life, devoted to work, culture and recreation.

T. H. Pearce, Photographer

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Louisburg Elementary School Menu

January 27th thru 31st Week

Monday:
Beans w/Bits of Ham
Sugar Glazed Tomatoes
Cole
Whole Orange
Crispy Corn Bread
1/2 Pint Milk

Tuesday:
Bake Turkey w/Dressing
Giblet Gravy
Candied Yams
Apple Raisin Salad
Hot Rolls
Choc. Cake Sqs.
1/2 Pint Milk

Wednesday:
Tuna Boats w/Cheddar
Cheese Sails on School made Buns
Cream of Tomato Soup
Crackers
Peach Cobbler
1/2 Pint Milk

Thursday:
Pork Goulash
Greens w/Pickle Slices
Fruit Jello
Corney Muffins
Lemon Frosted Ginger Bread
1/2 Pint Milk

Friday:
Country Style Steak
Creamed Potatoes
Green Beans
Apricot Halves
Hot Rolls
Coconut Cake Sqs.
1/2 Pint Milk