Thursday, May 1, 1969



At Town And Country Coffee Hour

Pictured above at the Coffee Hour Saturday are left to right Mrs. Charles E. Ford, Jr., new member; Mrs. Lawrence G. Barefoot; Mrs. Ivey Bolton, new member: Mrs. Robert B. Fleming; Mrs. Frank A. Read, Jr.; Mrs. J. David Allen, new member.

At AAUW Mrs. Timberlake Tests Religious Values made.

"Testing Religious Values" was the topic for the sixth program in the series on "Testing Values in a Changing Society" presented at the Society" presented at the April meeting of the American Association of University Women Monday evening.

Meeting in the home of the president, Mrs. Michael Palmer, Mrs. Betty Jean Timberlake of Franklinton set the stage for discussion of the religious beliefs held by adults and youth of today and posed questions for testing these. Evidencing her excellent leadership, every person participated in the discussion

Mrs. Palmer presided and called for reports. Fellowship funds were collected and the amount of Fellowship Contribution was determined.

Announcement was made of the Eastern Workshop to be held in Elon this Saturday and arrangements for representatives to attend were

The best way to get your share of the wealth of the country is to work hard for it.

Those who get emotional when one disagrees with their viewpoint limit their learning capacity.

ade. The hostess, assisted by Mrs. Wayne Burris, served ice cream sundaes.



DAISIES AND STRIPES-Waverly's sprightly cotton print in a gay stylized design of traditional red, white, and blue sets the theme for a young girl's room. Matching wallpaper adds continuity, and coordinated cotton ticking stripes make a handsome flounce and neat covers for chair and floor cushions. Featured in McCall's You-Do-It home decorating magazine



THE FRANKLIN TIMES

Announcement

Honors' New Members from 10 A.M. until five

The Lawrence G. Barefoot home in Green Hill Estates was the scene of a morning Coffee Hour from 9:30 until) Saturday, April 26, Mrs. Barefoot, Mrs. 10:30 with Frank A. Read, Jr. and Mrs. Robert B. Fleming entertaining

Coffee Hour

The affair was to honor the five new members of the Town and Country Garden Club. Upon arrival, the hostesses presented each honoree with a lovely purple dutch iris corsage. The hostesses greeted the guests at the door and the honorees, Mrs. Charles E. Ford, Jr., Mrs. Ivey Bolton, Mrs. N. Frank Freeman, Jr., and Mrs. J. David Allen re-ceived informally in the living room.

Mrs. Read directed the guests and honorees into the dining room where an assortment of pastries were served buffet from silver appoint-ments and Mrs. Robert B. Fleming poured coffee from the silver service. The dining table was centered with a lovely arrangement of spring flowers which were grown by Mrs. Read. The arrangement consisted of Redwing and Charlotte Greely Azaleas, old parchmint irises, English boxwood and fern in a silver container.

Goodbyes were said by Mrs. Barefoot and Mrs. Flem

He Did

ing.

The parachutist was dangling rather forlornly from a big oak tree. "I was trying to make a record," he shouted to the

farmer below. "Reckon yuh did it, stranger," observed the far-"You'll be the fust man mer.

in these parts to climb down a tree withouten to climb up fust."

(FRK. B.W.) Mrs. B. N. Williamson's Art Students will present a Sidewalk Art Exhibit on Friday, May 2,

> o'clock in the afternoon. The public is invited to the Art Exhibit, which will be beside the Franklinton High School on Vine Street

Visitor Honored

Relatives of Mrs. Elizabeth Guazzelle held a family reunioh with a picnic lunch at the home of Mr. and Mrs. Riddic Wheeler on Route 1, Louisburg Sunday.

Among those present were Mrs. Guazzelle of Bound Brook, N. J.; her daughter, Mrs. Peggy Brown and family of Millbrook, Mr. and Mrs. Floyd Cosby and family of Garner, Mr. and Mrs. Rich Cash and daughter, Mr. Billy Cosby and family of Raleigh; Mr. and Mrs. Howard Harris and family, Mr. and Mrs. Richard Cash of Louisburg; Mr. and Mrs. Donnie Wheeler and family of Wake Forest and Miss Darylne Cash of Campbell College.

ALA To Meet

The American Legion Auxiliary will meet Friday night in the home of Mrs. Oscar Joyner at 7:30 P.M. All members are urged to attend

Franklinton

Mrs. Charlie Cates and Mrs. W. P. Pearce, Jr. attend-ed the North Carolina Garden Club Convention in Charlotte on Tuesday and Wednesday.

Mr. and Mrs. Fred H. Perry of Pomono, California spent several days with Mrs. Marvin Hardy recently.

Dr. and Mrs. Richard Whitfield and Richie visited Mrs. G. L. Whitfield and Mrs. J. C. Gorham in Rocky Mount on Sunday.

Miss Susan Langston, a student at Vardell Hall, spent the weekend at home.

Mr. and Mrs.' Eugene Pearce spent the weekend at Topsail Beach.

Mr. and Mrs. C. H. Bowles of North Augustus, South Carolina, Mrs. Marvin Keith and children of Clemson, South Carolina were recent guests of Mrs. F. H. Watson. On Wednesday, Mrs. Watson and Mrs. Keith visited Miss Kay Watson at Atlantic Christian College in Wilson.

Justice

Mr. and Mrs. Harold Wicks and girls, Chert- and Lorri, from Durham were weekend guest in the home of Mr. and Mrs. Norman Wicks.

Mr. and Mrs. Onnie Bow den both came home from the hospital Saturday and are doing as well as could be

Engagement Announced

ELIZABETH DANIEL WEST

Miss Eliżabeth Daniel West is the daughter of Mr. and Mrs. William Daniel West of Red Oak, who announce her engagement to George Thomas Fuller, son of Mr. and Mrs. George Duke Fuller of Louisburg. The wedding is planned for August 3 at the Red Oak Baptist Church.



Veal With Mushrooms 1/4 teaspoon dried basil, crushed 8 slices Italian-style veal ' 3 sprigs parsley 1 small stalk celery

cutlet 1 teaspoon salt 1 cup finely chopped onion 1/2 cup chopped parsley 2 tablespoons margarine 1/2 pound fresh mushrooms, sliced pped onion I small stark cere parsley I small bay leaf argarine Dash pepper ishrooms, ¹/₄ cup white wine I cup light cream I tablespoon corn starch

I tablespoon corn starch Sprinkle each slice of veal lightly with salt and I tablespoon each of chopped onion and parsley. Roll from smaller end and secure with a wooden pick Meanwhile, melt margarine in skillet over medium heat or in electric frypan according to manufacturer's directions. Add veal rolls and cook about 10 minutes, turning as needed, or until paile brown on all sides. Add the mushrooms; cover and cook 5 minutes, stirring occasionally. Stir in the remaining 's cup chopped onion, basil, pepper, pursley, celery, bay leaf and wine. Reduce heat; cover and simmer about 15 minutes or until veal is tender. Remove picks from rolls; discard parsley sprigs, celery and bay leaf. Place veal rolls on a serving dish; keep warm. Stirring constantly, gradually add cream to corn starch. Stir into mixture in skillet. Simmer over low heat, stirring con-stantly, until smooth and thickened. Spoon a little sauce over veal. Serve remaining sauce with the veal.

Flower **Judge To** Speak Here

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Mrs. Omer Utt of Lynchburg, Virginia, a nationally recognized flower arranger and judge, will appear at Louisburg College Audi-torium May 8 at 3 p.m. to show a variety of flower arrangements and how they are made

Mrs. Utt is an accredited flower show judge with a Master's certificate, immediate past president of Virginia Federations of Garden Clubs and is now serving as a South Atlantic chairman, past president of the Lynchburg Council of Garden Clubs, and she is a charter member and director of the American Daf-

fodil Society. Mrs. Utt's appearance is being sponsored by the Louis-burg Garden Club.

Health And Beauty

We do not need as much iodine as we need calcium nd iron-one-hundredth as much iodine as iron. It is a good thing that our need for iodine is small because it occurs in extremely small amounts in food and water.

lodine is stored in the thyroid for a considerable length of time, cutting down on the danger of over-dose occuring. We are not referring to tincture of iodine, as prepared as an antiseptic, for this is poison.

About three-fifths of the body's supply of iodine is stored in the thyroid gland. It is also used in the lymph glands, the cerebro-spinal fluid, perspiration, chyle (a fluid used in the digestive process), in fluids which collect in the body when abnomal swelling is present, in fluids of the membrane that surround the lungs, and breast milk.

For many years people have known about the relationship between lack of iodine and goiter formation. There are other diseases that are believed to be due to iodine deficiency. In animals a deficiency of iodine has resulted in breeding difficulties

It is interesting that a pol-lution of drinking water seems to nullify the iodine in

the body. There is much disagree ment about the amount of iodine one needs every day, and no set minimum daily requirements have been es-tablished. But it is approximately from .04 to .10 milligrams. If you live in an area where goiter is common, your family doctor may give you an iodine supplement. However, iodine prepared as a drug or medicine must be very carefully prescribed, for an overdose can be extremely serious.

If you live in a goiterous region and take very in your diet such foods as asparagus, chard, turnip tops, seafoods, and fish liver oil are rich in iodine.

Puffled lace enhances front and sleeves. Polyester and Cotton blend for delightfully cool and comfortable wear. Sizes 8-18. In White or **Cloud Blue**

6129



5 Styled for the custom figure. Exquisite mon print over shadow stripes. Blend of 65% Poly ad 35% Cotton for sheer wearing comfort. Sizes In Gray White, Navy White

⁶ A slim sheath for the custom figure. In a delicate floral print, enhanced by subtle stripes. Easy-to-wear 65% Polyester, J95, Cotton, Voie. Body lined. Sizes 12C-24C. Id Blue. Grey, White, Pink Beige, White.

LAY-A-WAY HER GIFT TODAY

MIT PART INT

1 2 .



Classic spectator sheath in an eye-catching dot and dash pattern. Arnel and Polyester Crepe. Sizes 10-20. In Gold White, Blue White.



izing skimmer for the cur Icy embroidery cascades down the front panel. Comfort and easy care in the 55% Polyester and 35% Cotton Volle. Body lined. Sizes 12C-24C. White Embroidery on Danim Blue or Danim Black.

Refreshingly youthful for the custom figure in vibrant colors and styling. Arnel and Polyester Crepe for inimaculate wear. Sizes 12C-24C. In a Floral Pattern with Pink or Aqua Blue Tones.

LAY-A-WAY HER GIFT TODAY

Mr. John Rice and children, Johnnie and Connie Sue from Durham and Mr. and Mrs. Weldon Rice and daughter Pamela from Garner visited Mr. and Mrs. W. G. Rice Saturday.

Mr. and Mrs. Robert Harris and son Byron visited Mr. and Mrs. Dave Harris in Richmond, Va. Sunday.

Mr. and Mrs. Harry Gar-dner and boys, Harry White and Lawrence from Raleigh visited Mrs. Vera S. White and Mr. Carlos White Sunday afternoon.

Mr. and Mrs. Bobbie Gupton and sons, Tony and Dexter, took Mrs. Magdalene Gupton to Burlington Sunday for a visit with Mr. nd Mrs. William C. Bass and sons Damon and Brett.

Mr. and Mrs. Willard Truckner from Durham brought Miss Macye Weeks from Peletier to the home of Mr. and Mrs. Z. T. Perry Sunday. Miss Weeks is spend-ing the week with the Perrys and other relatives in the community.

Mrs. Leon from Raleigh spent Tuesday and Tuesday night with Mrs. George Bunn.

Mr. and Mrs. C. G. Blount from Rocky Mount spent the day Tuesday with Mr. and Mrs. Onnie Bowden.

stantly, until smooth and thickened. Spoon yeal. Serve remaining sauce with the yeal.

Use For

Old Autos

Rome - The United Na-tions Food and Agriculture

Organization (FAO) has sug-

gested sinking wrecked or discarded automobiles, railway

cars, tractors and other industrial equipment to provide "homes" for fish. These arti-

ficial reefs not only create fish colonies, but they help

WATCHES

and

DIAMONDS -`\$

Radios - Clocks Bibles - Pipes

Our Merchandise

STEWART'S

Jewelers

get rid of junk heaps.



bove all, your wedding reflects you, down to the smallest detail. When choosing the bridal stationery for your wedding needs, let our services guide-you.



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