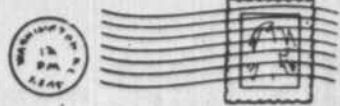


LOUISA'S LETTER



Dear Louisa,
I have a two year old daughter and she has a habit of saying a bad word when anything goes wrong. When I say anything to her about it she says "Mommy, I just said..." Do you think I should ignore her or what? My three year old got a word from a little girl friend and I told her I was not going to let her play with the little girl so she quit using it. But I have a problem with my two year old.

Elizabeth-Ind.

Answer:
Little children pick up words they hear and have no idea of what they mean. But when they say something that causes a stir they get attention and that is what many children like. It doesn't pay to make too much over words they use because the importance of such an action impresses it on the child's mind and she sees it as a way of getting more attention. The best thing to do in such a situation is to remain calm and say that you don't think that is a pretty word for a little girl to use and you would rather she use something else when something goes wrong. Then suggest some words and make a game

of it. The next time she comes out with the old word—and she will—pay no attention to her.

Two and three year olds go through a phase of being contrary and trying to do things that they are told not to do. Spanking is not the answer to this problem but lots of patience and understanding will usually solve it, if given time.

Louisa

Dear Louisa,
My hair is beginning to turn gray but it is not pretty but rather mousy looking. I have always had a horror of people who dyed their hair but I am wondering if I should try that. Do you think that it ruins hair to dye it?

A. G. - La.

Answer:
You don't have to really dye your hair to make it look better for there are so many good rinses on the market today that can be used along with your shampoo. These can be found to match your hair and are very easy to use. Go easy at first or get a beauty operator to do it for you.

Louisa

Miss North Carolina



PATRICIA JOHNSON

Miss North Carolina, Patricia Johnson, is shown in her presentation gown for the Miss America Pageant, to be in Atlantic City, September 2-6. A gift from Cone Mills, the dress is by North Carolina designer Luther Winborne Self. It is made of French lace over Cone's chiffon crepe, has princess lines, a portrait neckline and is adorned with pearls, iridescents and tiny pink bows. Floor-length panels of the chiffon drape from back of the shoulders.

Miss North Carolina, Patricia (Patsy) Johnson is the daughter of Mr. and Mrs. W. C. Johnson, Winston-Salem. She is a student, majoring in voice, at Meredith College, Raleigh. She competed in the Miss North Carolina Pageant as Miss Raleigh. The enclosed photo was made at UNC-G.

Death

BALDIE D. COOPER

Nashville - Funeral services for Baldie D. Cooper, 51, a farmer who died Friday, were held Sunday at 3 p.m. at Johnson Funeral Home by the Rev. R. L. Collins. Burial followed in the Oakdale Cemetery in Spring Hope.

Surviving are his wife, Mrs. Inez Whitman Cooper; a son, Michael Wayne Cooper of the home; two brothers, the Rev. Donald P. Cooper of Roanoke, Va. and William Hassell Cooper of Wilson; three sisters, Mrs. Margie Deans of Spring Hope, Rachel Cooper of Franklinton and Mrs. Myrna Wicker of Hopewell, Va.; his mother, Mrs. Lela Debnam Cooper of Franklinton.

Jones: How do you spend your income?

Johnson: About 30 percent for shelter, 30 percent for food, and 20 percent for amusement.

Jones: But that adds up to 120 percent!

Johnson: Don't I know it!

Best, Johnson Speak Vows

Miss Jane Ray Johnson and Ervin Thomas Best, Jr. were married Sunday at Edenton Street United Methodist Church in Raleigh. Dr. Marvin Vick officiated. The bride is the daughter of Mr. and Mrs. Lynn A. Williams of Route 4, Louisburg. The bridegroom is the son of Mr. and Mrs. Ervin Thomas Best, Sr. of Route 2, Louisburg.

The bride wore a full-length white gown of organdy and Venetian lace over satin. Her headpiece was of satin, Venetian lace and seed pearls with an elbow-length illusion veil. The bride was given in marriage by her uncle, Irving Price of Tarboro.

Miss Louise Bissett of Lumberton was maid of honor. She wore a full-length dress of peach-colored linen trimmed in Venetian lace and satin. Her headpiece was a satin bow with illusion.

The bridegroom's father was best man. Ushers were Philip Rice of Raleigh and Roy Lumbert of Durham.

After a trip to the North Carolina mountains, the couple will reside in Raleigh at 5615 Lakeside Trail.



MRS. ERVIN THOMAS BEST, JR.

Weight Watcher's Potato Salad Made From Washington State Potatoes



Here's potato salad that is low in calories yet very tasty. This "Weight Watcher's Potato Salad" is your answer, seasoned with a tangy, cooked, buttermilk dressing. Sounds unusual? It is, and an easy recipe besides! You may also like it because it may be served in both low-fat and low-calorie diets. Be sure you choose Washington State Potatoes grown in the fertile valleys of Washington where the soil is high in nutrients. Their texture and flavor is ideal, an essential for a good potato salad.

Potatoes have many health-giving nutrients and should not be eliminated from the diet, as actually they are not high in calories. It's what you put on them—butter, sour cream, gravy, etc. So if you're calorie counting, this "Weight Watcher's Potato Salad" is for you!

WEIGHT WATCHER'S POTATO SALAD

- | | |
|--------------------------|--|
| DRESSING | SALAD |
| 2 tablespoons sugar | 6 cups cooked, hot sliced Washington State Potatoes (5 or 6) |
| 2 tablespoons cornstarch | 1 cup dressing |
| 1 teaspoon dry mustard | 1 teaspoon salt |
| 1/2 teaspoon salt | 1/4 teaspoon freshly ground pepper |
| freshly ground pepper | 1 cup sliced celery |
| 1/8 teaspoon paprika | 1/2 cup sliced green onions |
| 1/2 cup water | 1/4 cup chopped parsley |
| 1 tablespoon vinegar | |
| 2 tablespoons salad oil | |
| 1/2 cup buttermilk | |

DRESSING: Blend sugar, cornstarch, mustard, salt, pepper, paprika and water. Cook over medium heat until thickened, stirring constantly. Remove from heat. Stir in vinegar, then oil. Gradually beat in buttermilk until dressing is smooth and creamy. Use as dressing over "Weight Watcher's Potato Salad". Can be stored in refrigerator and used as needed. Makes one cup.

SALAD: Combine hot potatoes with dressing, salt, pepper; toss gently. Add remaining ingredients, toss gently again. Chill and serve. Makes 8 to 10 servings.



Pope Chapel To Hold Meeting

T. N. Daughtry, Minister

The regular business meeting of the church is scheduled for Thursday night, September 4, at 7:30. This is the time when we elect officers, teachers, committees for our church and Sunday school and the presentation of the church budget for 1970. Every member is urged to be present for this important meeting.

Never get into heated discussions with uninformed associates. The worst thing you can do is be right.

You can never tell from the way a woman smiles at you what she is thinking of you.

SCHOOL-MINDED—The culotte jumper is classroom-bound in a centuries-old fabric that's suddenly brand new-looking. It's cotton corduroy, gone ribless this year for a smooth and velvety appearance. By Seaton Hall.

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JOHNSON'S BABY SHAMPOO
7 OZ. SIZE
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Regular and Menthol
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POPES PRICE 47c

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Stainless Double Edge
BLADES 15's
REG. PRICE \$1.77
POPES PRICE \$1.17

KLEENEX TOWELS
JUMBO ROLL
Reg. Value 43c
POPES PRICE 37c

BAN NEW DRY BAN
SPRAY DEODORANT
4 OZ. SIZE
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BAN ROLL ON DEODORANT
GIANT SIZE
REG. PRICE \$1.59
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BAN ROLL ON DEODORANT
LARGE SIZE
REG. PRICE 79c
POPES PRICE 47c

JOHNSON'S BABY POWDER
Reg. Price \$1.59
POPES PRICE \$1.07

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POPES PRICE 27c

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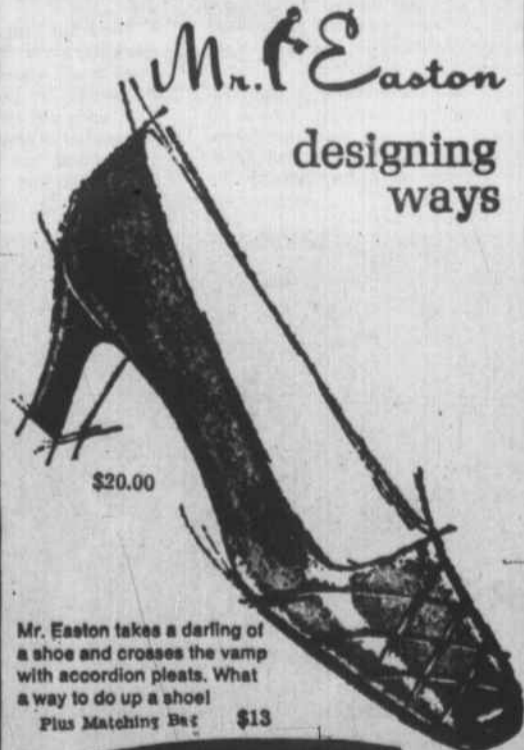
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