

Distaff Deeds

By Janice R. Christensen

Vases From Insulators

Glass insulators, used on utility poles, can be converted into useful household accessories; if you apply a little imagination.

Yadkin County homemaker, Mrs. Howard Wood-

ruff, uses the insulators as "vases" for small flowers. After wrapping wire around the neck of the insulators, she fills them with flowers or greenery and hangs them from the porch ceiling.

Mrs. Woodruff also uses clear or colored glass insulators as candleholders, Elaine

Johnson, former assistant home economics Extension agent, notes.

Helpful Hints

If you freeze large quantities of peas or beans, this suggestion from Mrs. George Thomas, a Scotland County homemaker, may be helpful in cooling them.

She puts her blanched vegetables in a pillowcase and immerses it into cold water. "It's a way to cool a lot of

vegetables quickly," she notes.

Another idea, this one from Ann Braswell, home economics Extension agent, Scotland County, is to make a rectangular bag from a double thickness of net and put a draw string in the top. You could make this "cooling" bag any size you need, she points out.

Creative Senior

After many years of never

giving serious thought to her creative ability, Mrs. Autra Johnson, a Durham County homemaker, discovered she has talent after all.

According to Mrs. Mary Jane Whitmore, assistant home economics Extension agent, "the 69-year-old Mrs. Johnson is now creating shoulder models from clay. They look very near professional."

Mrs. Johnson says she can remember handling clay as a child, but she had not had

training in clay molding. After retirement, she started molding and shaping clay shoulder models of famous persons and has recently created models of her family and friends.

"I am now going through an experimenting stage," the homemaker admits, "but as the models get better, I may start to sell them and eventually buy a kiln of my own."

Many persons have talent that is not realized until the later years, and a large per-

centage of senior citizens may have talent that is yet undiscovered, Mrs. Whitmore believes.

Treasure Chest

An old weathered, beat-up trunk can become a virtual treasure chest, believes Rebecca Bowen, Columbus County teenager.

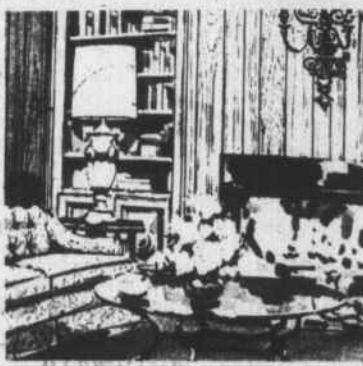
During a 4-H home improvement project, Rebecca renovated a 100-year-old trunk.

It had been stored away, the handles were gone, the metal rusty and hinges torn off. Rebecca refinished the wooden parts, replaced leather handles and painted the metal parts white touched with gold.

The trunk is a treasure that gives Rebecca's room that special touch, Mrs. Elaine M. Blake, home economics Extension agent, reports.



NO RIBBING—The shadowy sheen of ribless cotton corduroy adds greater elegance to this jacket and pants ensemble. By Mark Hober, the double-breasted jacket tops slim pants.



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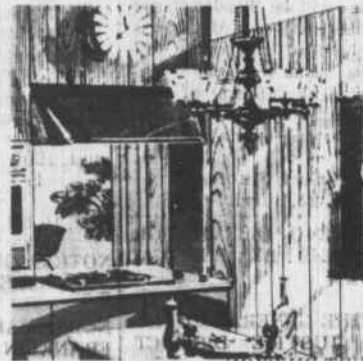
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BASKETBALL BACKBOARD & HOOP

Backboard is 2 coat prime painted on both sides. Weather proof plywood. 48" Backboard.

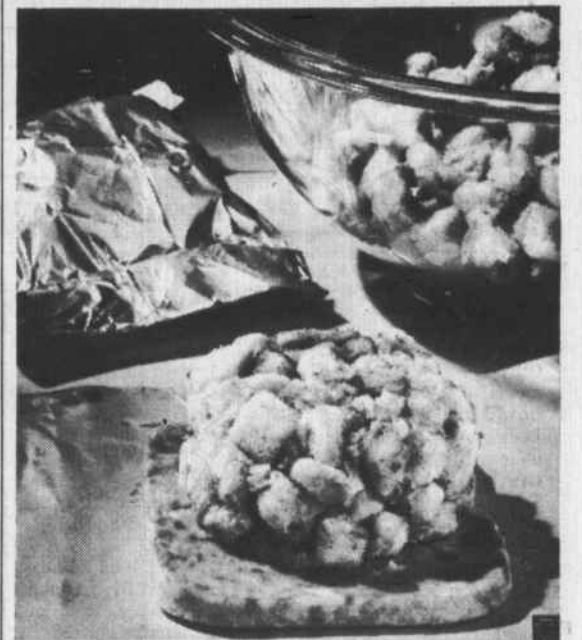
8.95
4 x 8

Rough Sawn WEATHERED DRIFTWOOD

Rough Sawn turns an ordinary room into a show-place. This rough textured look, adds to the attractiveness of any room. This paneling resists scratches, scuffs and other household hazards.

5.93
4 x 8

Busier Than Ever



Are you young and fancy free, newly married, looking forward to a silver wedding anniversary? No matter what your age, you're probably busier today than ever before. Schedules are tighter. Meal preparation time is running shorter. So more emphasis must be placed on the impromptu off-the-shelf sort of cooking and penny-saving recipes like Stuffed Luncheon Meat Bake. Featured in this recipe is KELLOGG'S® CROUTETTES®, the herb seasoned croutons which make a savory stuffing or dressing so easy to prepare.

- 1/4 cup regular margarine or butter
- 2 tablespoons chopped onions
- 3/4 cup water or stock
- 3 1/2 cups (1/2 pkg.) KELLOGG'S CROUTETTES® Stuffing
- 1 (12 oz.) can luncheon meat
- 4 slices (4 oz.) process cheese

Place margarine and water in large saucepan. Bring to boiling point and remove from heat. Add Croutettes all at once, tossing lightly until Croutettes are evenly and thoroughly moistened.

Cut luncheon meat into 8 slices. Place 2 slices side by side on a square of aluminum foil. Pack stuffing into 1/2 cup measure and invert over luncheon meat. Seal edges of foil tightly and place on baking sheet, sealed edges up. Prepare remaining 3 servings using the same method.

Bake in moderate oven (350° F.) about 30 minutes. Open aluminum foil packets. Place cheese slice cut into 8 (1/4 in.) strips to form lattice pattern over Stuffing. Bake 2 minutes longer or until cheese is melted. Serve immediately. Yield: 4 servings

WANTED

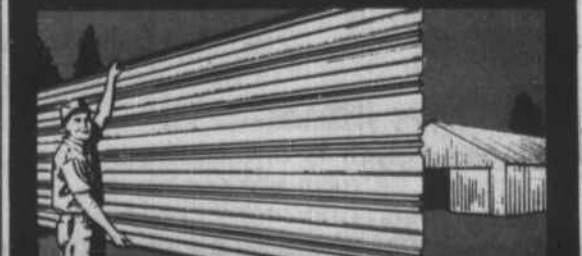
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