

Mrs R Harris

The Carolina Watchman.

VOL XIV.—THIRD SERIES

SALISBURY, N. C., SEPTEMBER 13, 1883.

NO 48

The Carolina Watchman, ESTABLISHED IN THE YEAR 1852. PRICE, 10 CENTS ADVANCE.

CHOLERA!

PROF. DARBY'S PROPHYLACTIC FLUID.

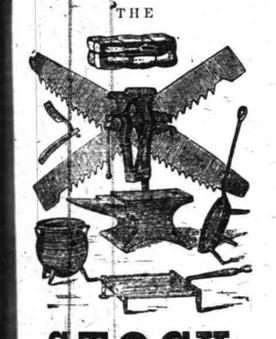
The most powerful Antiseptic known. WILL PREVENT THE CHOLERA.

It Destroys the germs of Disease. It is a fact established by scientific analysis that the cholera germs are destroyed by the use of Darby's Prophylactic Fluid. It is a fact established by scientific analysis that the cholera germs are destroyed by the use of Darby's Prophylactic Fluid.

It Purifies the Atmosphere. It is a fact established by scientific analysis that the cholera germs are destroyed by the use of Darby's Prophylactic Fluid. It is a fact established by scientific analysis that the cholera germs are destroyed by the use of Darby's Prophylactic Fluid.

It renders all it comes in contact with pure and healthy. It is a fact established by scientific analysis that the cholera germs are destroyed by the use of Darby's Prophylactic Fluid. It is a fact established by scientific analysis that the cholera germs are destroyed by the use of Darby's Prophylactic Fluid.

BLACKMER & TAYLOR HAVING PURCHASED THE STOCK OF WM. SMITH DEAL, AS WELL AS THE INTEREST OF R. R. CRAWFORD, of the firm of R. R. CRAWFORD & CO.



STOCK OF WM. SMITH DEAL, AS WELL AS THE INTEREST OF R. R. CRAWFORD, of the firm of R. R. CRAWFORD & CO.

AGRICULTURAL IMPLEMENTS. In addition to the Best Selected Stock of HARDWARE in the STATE. We also handle Rifle and Blasting Powder FUSE and a full line of Mining Supplies.

We will Duplicate Any Prices in the State. CALL AND SEE US. W. S. BLACKMER, SAWYER TAYLOR. Oct. 5, 1882 50-1y

FOR RENT! The weathered brick house, with an excellent garden, corner of Lewis and Broad streets. Apply to W. H. NEAVE, corner of Church and Fisher Streets. 42-1

Unknown Heroes.

We see them and we know them not So plain in garb and meek are they; So lowly in their thankful lot, We hear not what they do or say.

And yet for weary months and years, Without a murmur, plaint or cry, Thousands who eat their bread in tears To daily duty pass us by.

A sickly mother wan and worn, Bereft of cheerfulness and light, From long-for rest and joy is torn, To work from early morn till night.

To steal one hour from dreary fate, Or flatter in the hardest tasks, Would make some home disconsolate, And so no peace or joy she asks.

A little child, faint with its fears— A girl, untimely old and gray— A man bent down by weight of years— All bravely go their bitter way.

We see them and we know them not, So plain in garb and meek are they; So lowly in their thankful lot, We hear not what they do or say.

Heroes unknown—through weary years

They make no sign of outward cry, But eat their bread with bitter tears, And we, in silence, pass them by.

The Scheme of Perjury by Which the National Treasury has been Robbed.

The systematic robbery of ex-soldiers and pensioners by claim agents harpies resident in Washington is more extensive and far reaching than has generally been supposed. Every day since the first exposure of the Fitzgerald gang additional facts have come to light illustrative of the swindling methods. The fee-and-expense-in-advance system of exhortation appears to have been the favorite scheme and it was worked for all it was worth. To carry this out most ingeniously worded circulars are sent broadcast among the ex-soldiers, and every inducement is offered to make some sort of a claim against the government. Nine out of ten of these cases could not stand a minute's examination in the Pension Office. It is not an exaggeration to say with the former Commissioner of Pensions that one of every five claims which went through was fraudulent. This is beginning to be found out. A Pension Office official says there is no reasonable doubt but that more money has been fraudulently abstracted from the Treasury in one year on false claims than was obtained by the Star route ring in the same time and about which the country has heard so much. A hundred million of dollars in a single year formed a tempting prize to the pension agents' ring, and out of it the ring must have got upwards of ten millions, their particular portion being in fees and expenses.

Claims by the hundred and by the thousands are made up in Washington and sent ready-made to the ex-soldiers for signature and oath. Many men are found too honest to perjure themselves thus, but the temptation offered, several thousand dollars in a lump if the case went through, is too great in most cases to be resisted. The more squeamish are urged by letters and circulars to sign and swear and forward. One of these circulars from N. W. Fitzgerald & Co., dated April 26, 1883, addressed "Friend and Client," says it is some time since the claim was made up, and urges that it be signed, sworn to and returned immediately.

"Millions of money," it says, "have been appropriated, and we can file your claim and secure to you the benefit of the recent enactment." Another circular says the cases of those who pay their fees in advance will be made special by the department. Every effort is made to get hold of that fee. This system of wholesale perjury is believed to have been carried on to a greater extent than has ever yet been stated.

The N. Y. World: The Republican party has outlived its mission. It has disposed of all its prominent candidates. Grant is dead. Hayes is dead. Garfield is dead. Blaine has gone to literature. Conkling has been set aside, so has Bristow. Windom has failed in the attempt to build up a new Stock Exchange and gone to Europe. Sherman has been outwitted by Foster. Cameron has, in political parlance, "lost his grip." Colfax died of Credit Mobilier. All—all are gone. The "stall fed ox" still eats at the public crib, but torpidity simulates death. The hope that the Republican party may find new issues and still live cannot be realized.

However things may seem, no evil thing is a success, and no good thing is a failure. A friend cannot be known in prosperity, and an enemy cannot be hid in adversity. These two things contradictory as they may seem must go together—manly dependence and manly independence, manly reliance and manly self-reliance.

The Republican Party and the People.

Buffalo Courier (Dem.)

At no time since the second election of Gen. Grant has the Republican party enjoyed the confidence of the nation. At no time during these many years has it been supported by a majority of the voters of the country. Five Houses of Representatives have been elected within the last ten years; only in one of these five the Republicans secured a majority of the members—a majority so slender that at one time it was doubtful whether they could organize the House without outside help. In one of the two last Presidential elections the Republican party was defeated, but by unprecedented frauds retained the position of power which the people had denied to it, while the last Presidential election was carried by wholesale corruption. The feeling of a majority of the nation toward that party is not merely one of distrust, but it is a feeling of utter disgust.

Gold from Peruvian Rivers.

The whole of the Chucamba (Peru) says a correspondent in Iron, for a number of leagues above and below the Temple of the Sun, is auriferous, and the inhabitants of the province of Huamelti, through which it passes, obtain by washing the sand, and by means of sleepskins, \$200,000 or \$300,000 worth of gold annually. The wool on the skin is cut out until it is about half an inch in length. The skins are then anchored down, with the wool side up, by means of loose stones placed on them, in and below the various rapids, in which position they are suffered to remain from 6 to 24 hours. They are then raised carefully out of the water, turned wool side downward into a batea (tub) of water, and thoroughly washed; the gold falling from the wool of the skin is finally collect from the bottom of the batea. Sheep were unknown to the Incas, and as they had obtained an immense amount of gold from this Pactolen stream, it is presumed that they used the skins of the llama (*Camelus lama* of Linnaeus) and those of the vicuña (*Camelus peruanus* or *vicugna*, of Linnaeus). The above will not only be of interest to the general reader, but will also furnish a wrinkle to gold miners similarly situated.

Manufactories.

LYNN, Mass., August 18.—Lowell, Fall River, Williamette and Manchester are communities of spinners; Waterbury, in Connecticut, has been built up by brass; its neighbor, Thomaston, by clocks, and Meriden by silver plate. Nearly all the glove product of the country comes from two little towns in New York—Governville and Johnstown. Lynn is devoted to shoes. Three hundred and thirty factories, twenty-five churches—solid brick and stone—and homes of nearly forty thousand people owe their existence to this industry. Ladies' fine shoes are almost the only product of these factories.

A walk through the factories shows the most perfect system and the most improved machinery. The shoe begins in the basement, and the work is continued in the different departments until in the upper story the finished product appears. The first step shown the visitor is the cutting out of the sole, done by dies in huge power presses. In the next story men at benches are cutting out the uppers by hand, calfskin not working well in presses by reason of its unequal thickness. In the stories above scores of machines, tended some by girls and others by men, are sewing soles to the uppers, sewing in linings, putting in eyelets, forming, burnishing, and polishing with almost human intelligence. With such appliances one would suppose that these shrewd manufacturers might capture the world's markets; but I learned that none of their goods are sent out of the United States, although they go everywhere in it except at home, dealers in the immediate vicinity ordering their goods in Boston.

A company of eminent chemists have been analyzing lard samples before the Chicago Board of Trade with a result not eminently satisfactory. Perfectly pure lard, prepared under a guard, they analyzed and tested and looked wise over, and then pronounced it to be cotton seed oil and tallow. And the samples that were adulterated they united in declaring perfectly pure. In such a case it is proper to jeer at the chemists, or to be enthusiastic over this new feat of practical science in finding a substitute for lard that is better than the lard itself.

A Boston press dispatch informs us that in the Industrial Exposition now being held there North Carolina makes the best exhibit of any single State outside of Massachusetts. The crowning fortune of a man is to be borne to some pursuit which finds him in employment and happiness—whether it be to make baskets, or broadwords, or candles, or statures, or songs.

Instead of offering a harbor of refuge to the oppressed of all nations this country is just now placed in the attitude of refusing justice to those who are within its jurisdiction. Twenty-four Chinamen, now on board a vessel in this port, who complain of ill-treatment, are refused the privilege of landing to seek redress in our courts. For the credit of the country we trust that it may be shown that our laws will not bear such a construction.—N. Y. Tribune.

Man cannot dream himself into a noble character, he must achieve it by diligent effort. Let friendship creep gently to a height; if it rush to it, it may soon run its life out of breath. To enjoy a good thing exclusively is very often to exclude yourself from the true enjoyment of it. Men are born with two eyes, but with one tongue, in order that they should see twice as much as they say. The pleasantest things in the world are pleasant thoughts, and the greatest art in life is to have as many of them as possible. It has been found that copper exists in all plants, and especially in wheat. It does not, therefore, prove that bread is adulterated because traces of copper are detected in it.

A Notorious Character Gone.

Death of Emma Jacobs in the Almshouse, After a Long Career of Guilted Splendor.

Philadelphia Times. There died in the hospital of the almshouse yesterday a woman who was known on the register as "Emma Thompson," but whose career a quarter of a century ago, under the name of "Emma Jacobs," had a national notoriety. She was born in Lancaster county over seventy years ago. Her life in Philadelphia began at an early age and it was in this city that she started her remarkable career. Her powers of fascination were marvellous, and some of the most prominent men in the country vied with each other to win her smile and favor. The amounts of money she received from these men aggregated thousands of dollars a year. Her beauty it is said by those who remember her in her best days to have been of a type that compelled admiration from all who saw her, and Daniel Webster said of her: "She has the most perfect carriage of any woman I have ever seen."

She rapidly acquired wealth and built several houses in what is now Bryan's court, a little street running off from Cherry, between Seventh and Eighth. The houses she rented and by reinvesting the income her means increased until at one time her property was valued at \$60,000, a large sum in those days. The corner house she occupied herself. Here she held court for gentlemen of leisure as well as lawyers and men of letters, her house being the resort at times for some of the brightest intellects in the country. While Congress was in session it was her custom to go to Washington and it was there that some of her most remarkable conquests occurred. She is said to have completely fascinated at least one President of the United States and nearly all the leading men in Washington from 1850 to '60 made her rooms a rendezvous. So great was her influence over the members of Congress that her value as a lobbyist was known to corporations and individuals, and many important bills were passed through her instrumentality. Probably the only man who ever won her affections was a preacher named Thompson, a Virginian, whom she married. Thompson afterwards lost his reason and was placed in the insane ward of the almshouse, where he died three years ago. Previous to this event Mrs. Thompson's charms began to fade and she had disappeared from public notice. Her old time shrewdness seemed to disappear and in a few months she lost nearly all that she had spent her life in acquiring. Her properties on Cherry street were gradually encumbered with mortgages, and finally losing them, she became absolutely in want. During Thompson's incarceration in the madhouse his wife visited him nearly every visiting day, constantly supplying him delicacies. Her face was well known to the officials of the institution and she was supposed to be worth considerable money.

On the 28th day of November 1881, she presented herself at the gateway of the institution with the remark that she had come to stay. The gatekeeper was surprised and refused to believe her statement. "It is true," she said, and pulling out a card of admission signed by Guardian Chambers she handed it to the man and burst into tears. She left enough money to pay for her funeral expenses and will be buried by William S. Moore, probably on Thursday.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

English millionaires are buying up vacant land in the West at a rapid rate. Sir Edward Reed, M. P., owns 2,000,000 acres; the Duke of Sutherland, 400,000; Lord Dunmore, 1,000,000, and Lord Dunraven, 600,000. London syndicates have also made large purchases. And still they come. It is announced that Lord Queensbury is negotiating for an extensive tract of land in Texas.—*Journal Observer*.

Among the lower races the belief that the world was created by animals is almost universal, but there is a great variety of belief as to what the animal was. In West Africa, spiders are supposed to be the makers of the world; the North American Indians ascribe the work to ravens, coyotes or dogs; the Australians to crows and cockatoes.

A man's ruling passion is the key to his character. Love, like charity, covers a multitude of faults. If you count the sunny and cloudy days of the whole year you will find that the sunny ones predominate. The grave is a very small hillock, but we can see further from it than from the highest mountain in all the world. Speaking much is a sign of vanity, for he that is lavish in words is a niggard in deed. When you fret and fume at the petty ills of life, remember that the wheels which go round without creaking last longest. Let us have faith that right makes night, and in that faith let us to the end dare to do our duty as we understand it. It is not until we have passed through the furnace that we are made to know how much dross there is in our composition. The hope of our national perpetuity rests upon the individual freedom which shall forever keep up the circuit of perpetual change. We do not have good trials and sharp agonies and heroic workouts to every day. It is very small strokes that make the diamond shine.

North Carolina's Precious Stones.

Asheville Citizen. We have just been shown a lot of jewel stones, by Dr. C. D. Smith, which he has collected in the counties west of the Blue Ridge. He has had them handsomely and tastefully cut by an experienced lapidary in Philadelphia. Amongst them are some beautiful and richly colored garnets, the largest of which weighs forty-two grains. There are two amethysts, of rare richness in color, three green quartz found only in Macon. We have been particularly struck with the subdued beauty of two stones, of a honey colored chalcodony. The is also a beryl of great purity and brilliancy. But that which is the most attractive in the whole lot are eleven sapphires of different shades of color and design in the form of cutting. Amongst them are two rubies, genuine, oriental rubies, of light shade but great brilliancy. The lapidary who cut the whole lot says in a letter to Dr. Smith: "The sapphires are about the best I have cut of stones found in this country."

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

Health Alphabet.

The Ladies' Sanitary association, of London, gives the following simple rules for keeping health, which we find copied in the *Sanitarian*:

- A—soon as you are up shake blanket and sheet;
- B—etter be without shoes than sit with wet feet;
- C—hildren, if healthy, are active, not still;
- D—amp beds and damp cloths will both make you ill;
- E—at slowly and always chew your food well;
- F—reshen the air in the house where you dwell;
- G—arments must never be made too tight;
- H—omes should be healthy airy and light;
- I—f you wish to be well, as you do I've no doubt,
- J—ust open the windows before you go out;
- K—eep the rooms always tidy and clean;
- L—et dust on the furniture never be seen;
- M—uch illness is caused by the want of pure air;
- N—ow, to open the windows be ever your care;
- O—ld rags and old rubbish should never be kept;
- P—eople should see that their floors are well swept;
- Q—uick movements in children are healthy and right;
- R—emember the young cannot thrive without light;
- S—ee that the cistern is clean to the brim;
- T—ake care that your dress is all tidy and trim;
- U—se your nose to find if there be a bad drain;
- V—ery sad are the fevers that come in its train;
- W—alk as much as you can without feeling fatigue;
- X—ercises could walk full many a league. Your health is your wealth, which your wisdom must keep;
- Z—eal will help a good cause, and the good you will reap.

1,000,000 POUNDS OF DRIED FRUIT AND BERRIES AT



KLUTTZ & RENDLEMAN'S!

They have just received a new supply of SUMMER GOODS, which they offer very cheap, with a full assortment of

Dry Goods, Notions, Clothing, Furnishing Goods, SHOES AND HATS.

Their Stock of Family Groceries is large and complete. They still have the best Flour, Oat Meal, Meats, Sugars, Teas, Coffee, Rice, Meal, Bran, Shorts, New Orleans Molasses, Syrups, Pure Lard, &c.

A full assortment of Family Medicines. FRUIT JARS cheap and all kinds. Table and Glassware, A Good Stock. Agents for Coats' Spool Cotton. Still have a plenty of Five Cents Tinware. Come and see us before you buy or sell, for we will do you good. July 4th, 1883. W. W. TAYLOR, D. J. BOSTIAN, Salesmen.



J. R. KEEN, Salisbury, N. C. Agent for PHOENIX IRON WORKS, Engines, Boilers, Saw Mills, AND TURBINE WHEELS Also, Contractor and Builder. Ja 25, 83.—17

BOOK STORE.

School Books—Full Stock, lowest prices. Writing Paper, Pens and Pencils. Envelops, Visiting Cards. Seaside Novels and Monro's Library. Blank Books, Gold Pens. Autograph and Photograph Albums. Wall Paper, Toilet Articles, Perfumery. Fine Toilet Soap, Combs and Brushes. Bathing Gloves and Towels.

SILVER Plated Ware

FINE CIGARS, FRENCH CANDIES A SPECIALTY. TROPICAL FRUITS IN SEASON. PICTURES & PICTURE FRAMES, TOYS, DOLLS, VASES AND T O I L S E T S ACCORDIONS AND BANJOS, VIOLINS, GUITARS AND BANJO STRINGS. THEO. HUBERBAUM, SALISBURY, N. C.

A Great Water-Power FOR SALE!

The most extraordinary unimproved Water Power on the Yadkin River is for sale at low figures. It is situated at the head of the Narrows in Stanly county, 8 miles from Albemarle, the county seat; 13 miles from Gold Hill, and about 28 miles from Salisbury. It is one mile from the public highway leading to Salisbury, from which road it is easily accessible down to the water's edge. The peculiar feature of this property is that it is a natural stone dam which makes about a six foot head of available water. The dam runs at an angle of about 20 or 25 deg. up the river nearly all the way across, gradually diminishing in height as it approaches the opposite shore. A race of 400 feet in length will add from 12 to 14 additional feet of head, making the grand power of 18 or 20. There is any quantity of building stone and slate of excellent quality, on the premises, easily transported by water. This excellent power may be used for GRIST AND FLOURING MILLS. COTTON & WOOLEN FACTORIES. REDUCTION MILL FOR SULPHURETATED ORES. It is conveniently near the mines of Montgomery, Stanly, parts of Cab