

**RURAL NEWS**  
Written by  
**OUR CORRESPONDENTS.**

**FAITH.**

Sept. 22.—Venus spent Saturday night with Paul Phillips, one of the big Rowan county farmers. He has a five-hundred-acre farm, 30 milk cows, 40 head hogs. He sells cream and bacon, raises wheat, oats, rye, corn, clover and grass. They have nine head of horses, lots of young cattle, lots of chickens. They run the cream separator and pump with a 2 H. P. gasoline engine. On Sunday morning the boys took us in their automobile to two churches, to Sunday school and to preaching at Union church. We spent Sunday night with Jessie Wyatt at Union church. We had a nice trip and they all treated us nicely.

Send a two-cent stamp for the postage and Venus will tell you how to get rid of all your mice without poison.

Edgar Fisher has returned to Newberry College, S. C., to take up his studies.

Mrs. Hilbert Fisher has returned home after visiting her mother-in-law, Mrs. M G M Fisher, at Faith.

The friends of Miss Normie Foil gave her a fine birthday party on the 16th. VENUS.

**A WOMAN'S BACK.**

The Advice of The Salisbury Woman is of Certain Value.

Many a woman's back has many aches and pains. Oftentimes 'tis the kidneys' fault. That's why Doan's Kidney Pills are so effective.

Many Salisbury women know this. Read what one has to say about it:

Mrs. J. F. Barber, 510 W. Innes St., Salisbury, says: "My back causes me a lot of misery, whenever my kidneys get out of order. I find Doan's Kidney Pills are the only medicine for curing that trouble. I have taken them for years and they have always been beneficial."

Price 50c, at all dealers. Don't simply ask for a kidney remedy, get Doan's Kidney Pills, the same that Mrs. Barber had. Foster-Milburn Co., Props., Buffalo, N. Y.

**Five Blown to Pieces by Dynamite.**

Chester, S. C., Sept. 25.—Five colored laborers, Tom Mobley, Ed Brown, Henry Jackson, John Taylor and another who was mangled so badly as to defy identification, were killed outright this afternoon at Nitrolee, on the Catawba river, where the Hardaway Contracting Company is building a power dam for the Southern Power Company, and the foreman, Antonio Anz, was seriously injured.

The men were, at work in the quarry when a charge of dynamite which was being tamped in a hole, went off prematurely exploding fourteen other charges, 400 pounds in all, with fatal results. A vast shower of rock and debris was sent high in the air and the terrific explosion alarmed the whole countryside.

**SALISBURY MARKETS.**

corrected weekly by D. M. Miller & R. Bacon, sides per lb, 16 to 17.  
" shoulders, per lb, 18 to 17.  
" ham, per lb, 22 1/2 to 24.  
" round, per lb, 19.  
Butter, choice yellow, 20 to 25  
Chickens, per lb, 15 to 18.  
Ducks, 20 to 30.  
Guinea, 28 to 30.  
Eggs, per doz, 25 to 30  
Corn, per bushel, 1.00 to 1.05.  
Flour, straight, per sack, \$8.75 to \$4.00  
" pat, \$4.25 to \$4.50  
Hay, per hundred lbs, 60 to 80  
Honey, per lb, 18 to 20.  
Lard, N., per lb, 14 to 18.  
Meal, bolted, per bu 90 to \$1.00  
Oats, per bu, 70 to 75  
Potatoes, Irish, per bu, 1.30 to 1.35  
Wheat, per bush, \$1.50  
Onions, 90 to 100  
Rye, per bushel, \$1.40  
Turkeys 150 per lb  
Geese, 12 1/2 per lb

**No. 666**

This is a prescription prepared especially for **MALARIA or CHILLS & FEVER.** Five or six doses will break any case, and if taken then as a tonic the fever will not return. It acts on the liver better than Calomel and does not gripe or sicken. 25c

**WORN OF OPEN AIR SCHOOLS.**

Methods and Principles of Open Air Schools Described Through Somewhat Paternistic.

Just what distinguishes the open air school from the usual day school has recently been explained in a bulletin by the State Board of Health. The open air school, according to the bulletin, employs seven main principles or methods of work, namely: a thorough knowledge of the child both mentally and physically, food, rest, personal hygiene, fresh air and sunshine, curricula and individual care and training.

The working principles of the open air school are based primarily on the mental and physical needs of the subnormal child. Accordingly, the open air school provides medical and nursing service along with mental training. As the anaemic and under-nourished condition of children is often due to insufficient or improper food, the open air school supplies this need by furnishing wholesome food during school hours. It has adopted the plan of giving every child a period of an hour or more of rest each day. Personal hygiene such as cleaning and caring for the teeth, bathing, and regular habits, is especially emphasized, as is also the benefits to be derived from fresh air and sunshine. The work is characterized by freedom and elasticity. Besides book work there is manual training, gardening and handwork of different kinds. Individual care and training according to each child's physical and mental needs is perhaps the best feature of the open air school.

Unfortunately, says the bulletin, this feature of health-educational work has not yet made its way to any appreciable extent into North Carolina, yet no State affords a more open and ready aid for this service than this State.

**Overcome Chronic Constipation**

Don't continue to create a bad habit of strong purgatives. They relieve, and that is all. And they call for increased dosage. A sensible treatment will arouse the liver and give tone and strength to the bowels. It is offered in



Many years have shown the usefulness of this remedy. It's the ideal laxative, gentle, effective and strengthening. Now it may be obtained in tablet form, for convenience. Manalinal will not form a habit of cathartics. Used as directed, the sufferer may reasonably expect not only immediate relief, but the reformation of proper habits, in the natural way. Liquid if you desire it, \$1 and 35c. Tablets, 25c and 10c. Carry a box with you. Constipation is largely a matter of habit. You can overcome it with Manalinal's help. The Perrine Company, Columbus, Ohio

**Administrator's Notice.**

Having qualified as administrator upon the estate of Ira B. Trexler, deceased, this is to notify all persons having claims against said estate to present the same to the undersigned on or before September 22, 1917, or this notice will be pleaded in bar of their recovery. And all persons indebted to said estate are notified to call and settle without delay.

Notice is further given that the undersigned will sell at public auction, on Thursday, October 26, 1916, at the late residence of Ira B. Trexler, in Litaek Township, beginning at 10 o'clock a. m., for cash, a lot of personal property, consisting of hogs, disk harrow, weeder, wagon, buggy, harness, wheat-reaper, oats-planter, horse, cow, farming utensils, clover seed, corn, and various and sundry articles too numerous to mention. This September 22, 1916.

BENJAMIN H. FLEES, Administrator, R. F. D. No. 1, China Grove, N. C. R. LEE WRIGHT, attorney.

**Sale of Valuable Real Estate.**

Pursuant to an order made by J. Frank McCubbin, clerk, in the special proceeding entitled Frank R. Brown vs Benjamin Gay, pending in the Superior court of Rowan county, the same being special proceeding No. 270, the undersigned commissioner will expose for sale at public auction for cash at the court house door in Salisbury, N. C., on

Saturday, October 21st, 1916, at the hour of twelve M., the following described real estate: Situated in Cleveland township and described as follows: Beginning at a stake Ben Kerr's corner; thence north 29 degrees east 57 1/2 chains to a stake; thence north 72 degrees north 15 60 chains to a stake; thence south 16 5 degrees west 5 46 chains to a stake; thence north 66 degrees west 6 59 chains to the beginning, containing three and one-half (3 1/2) acres, more or less.

This the 18th day of September, 1916. JOHN L. RENDLEMAN, commissioner.

The Quinine That Does Not Affect The Head. Because of its tonic and laxative effect, LAXA FIVE BRAND QUININE is better than ordinary Quinine and does not cause nervousness or ringing in head. Remember the full name and look for the signature of W. W. GAYNE, 35c

**It Always Helps**  
says Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her experience with Cardui, the woman's tonic. She says further: "Before I began to use Cardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my housework. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my housework, as well as run a big water mill.  
I wish every suffering woman would give

**CARDUI**  
The Woman's Tonic  
a trial. I still use Cardui when I feel a little bad, and it always does me good."  
Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, ailing women for more than fifty years.

**Get a Bottle Today!**

**COTTON BELT ROUTE**  
*Tone Star to Texas*  
Quickest train Memphis to Dallas; Cotton Belt Route all the way; no change of cars. Leaves Memphis 10:10 p. m. Arrives Dallas 11:50 a. m. next morning, Ft. Worth 1:25 p. m.  
Cotton Belt Route morning train to Texas, leaves Memphis 9:40 a. m. Train from Southeast connect at Memphis.  
**Low fares to Texas, Louisiana, Oklahoma**  
H. H. Sutton, District Passenger Agent, 109 West 9th St., Chattanooga, Tenn.

**Insure Your Teeth**  
Better than the dentifrice you are using now.  
USE **VIVAUDOU'S Peroxide Tooth Paste**  
For a generous trial tube of this exceptional tooth paste, send 6c in stamps and your dealer's name to Vivaudou, Dept. 5, Times Building, New York, N. Y.

**Beautiful Bust and Shoulders**  
are possible if you will wear a scientifically constructed **Bien Jolie Brassiere**. The dragging weight of an unconfined bust so stretches the supporting muscles that the contour of the figure is spoiled.  
**BIEN JOLIE BRASSIERES**  
put the bust back where it belongs, prevent the full bust from having the appearance of fatness, eliminate the danger of dragging muscles and confine the flesh of the shoulder giving a graceful line to the entire upper body. They are the delicatest and most serviceable garments imaginable—come in all materials and styles: Cross Back, Hook Front, Surplice, Bandeau, etc. Boned with "Waloah," the rustless boning—permitting washing without removal. Have your dealer show you **Bien Jolie Brassieres**, if not stocked, we will gladly send him, prepaid, samples to show you.  
**BENJAMIN & JONES**  
51 Warren Street, Newark, N. J.

**Get rid of dandruff**—it makes the scalp itchy and the hair fall out. Be wise about your hair, cultivate it, like the women in Paris do. They regularly use **ED. PINAUD'S EAU DE QUININE** the wonderful French Hair Tonic. Try it for yourself. Note its exquisite quality and fragrance. Aristocratic men and women the world over use and endorse this famous preparation. It keeps the scalp clean and white and preserves the youthful brilliancy of the hair. Buy a 50c bottle from your dealer—send 10c to our American Offices for a testing bottle. Above all things don't neglect your hair.  
**PARFUMERIE ED. PINAUD, Dept. M ED. PINAUD Bldg., New York**

**"Onyx" Hosiery**  
You Get GOOD Value at ANY Price—Silk, Lisle or Cotton 25c to \$5.00 per pair  
**Emery-Beers Company, Inc.**  
WHOLESALE 155-161 EAST 24th ST. NEW YORK

**A SKIN LIKE VELVET** smooth, clear, free of wrinkles. Use the exquisitely fragrant cream of the beauty flower of India and be complimented on your complexion. Your dealer has **ELCAYA** or will get it.  
**CRÈME ELCAYA**

**JOB PRINTING**  
Done Promptly and rightly at the Watchman Office. Give us a trial.

**Sale of Valuable Real Estate.**  
Pursuant to the terms of a certain Mortgage Deed of Trust executed by Walter Clingman to John L. Rendleman, trustee, on March 28, 1916, which is duly recorded in the office of the Register of Deeds for Rowan county in Book of Mortgages No. 54, page 27, default having been made in the payment of the indebtedness therein secured, the undersigned trustee will expose for sale at public auction for cash at the court house door in the city of Salisbury, N. C., on  
Saturday, October 21st, 1916, at the hour of twelve M., the following described property: Beginning at a post, Leroy Chealier's corner, on southeast side of West street, and runs thence about south 43 degrees west with West street 40 feet to a stone, corner of lot No. 5; thence with line of lot No. 5 about south 43 degrees east 95 feet to Ellen Boyden's line; thence about north 89 degrees east about 56 feet to Bettie McCorie's corner; thence north 43 degrees west with her line and with line of Leroy Cheshire about 143 1/2 feet to the beginning, being lot No. 4, on Henderson's plat, the North Ward, in Jersey City. This the 18th day of September, 1916.  
JOHN L. RENDLEMAN, trustee

**Notice To Creditors.**  
Having qualified as Administrator of the estate of Thomas L. Reid, this is to notify all persons having claims against the said decedent to file an itemized, verified statement of same with the undersigned on or before the 22nd day of September, 1917, or this notice will be pleaded in bar of their recovery. Persons indebted to said estate are notified to make prompt settlement. This Sept. 22, 1916.  
E. H. MILLER, administrator.  
Theo. F. Klutz and T. G. Farr attorneys

**Notice of Action.**  
North Carolina, Rowan County, Loretta Burrell vs James A. Burrell  
In the Superior Court, October Term '16  
The defendant, James A. Burrell will take notice that an action entitled above has been commenced by plaintiff against him in the Superior court of Rowan county for the purpose of obtaining a divorce from the bonds of matrimony upon the ground of fornication and adultery and that the said defendant is required to appear at the term of the superior court of said county to be held on the 5th Monday after the 1st Monday of September 1916, which is October 9, 1916, at the court house in Salisbury county of Rowan, North Carolina, and answer or demur to the complaint of plaintiff in said action, or the plaintiff will apply to the court for the relief demanded in the complaint.  
This September 6, 1916  
J. F. McCUBBINS, Clerk Superior Court.

**Peoples National Bank**  
Salisbury, N. C.  
Does General Banking Business  
**WE PAY FOUR PER CENT** on time deposits. Interest payable every 3 months. Prompt attention given to any business entrusted to us.  
Your business solicited.  
**Peoples National Bank**  
John B. Henderson, J. D. Newberry, D. L. Gaskill, W. T. Burt, V. resident, W. T. Burt, Asst. Cashier

**RUB-MY-TISM**  
Will cure Rheumatism, Neuralgia, Headaches, Cramps, Colic Sprains, Bruises, Cuts, Burns, Old Sores, Tetter, Ring-Worm, Eczema, etc. Antiseptic Anodyne, used internally or externally. 25c

**Do You Want a New Stomach?**  
If you do—"Digestone" will give you one. For full particulars, literature and opinion regarding this wonderful Discovery which is benefiting thousands, apply to **SMITH DRUG COMPANY SALISBURY, N. C.**

**DRINK Chero-Cola**  
THERE'S NONE SO GOOD  
Wanted to repair sewing machines and organs, I have also opened a general repair shop at Rockwell. Bring me your watch and clock work. Will call at your home to do your machine and organ work. Phone or write to C W Harrington Rockwell, N. C. Phone, Lowerstone, 3520.

**SALISBURY'S BIG GENERAL STORE**  
A Full Line of General Merchandise Constantly On Hand.  
**FOOT REST HOSIERY** whether it's appearance you want in hosiery or whether it wear you will get it if you get "Foot Rest" And this too is an inducement to most of us. You'll SAVE ONEY.  
Fall and winter goods, heavy weight underwear for men and women, also Dress Goods, Shoes, Pants, Overalls, Hats, Notions, Crockery, Tinware, etc.  
**CROCERIES.**  
I have a well selected stock of staple and fancy groceries, country produce, feed stuff, etc. When in need come to see me.  
Farmers are invited to make my place headquarters while in the city. Very truly,  
**W. W. TAYLOR,**  
Phone 39. 103 S. Main St., Salisbury, N. C.

**The Wachovia Bank & Trust Co.**  
Is the Strongest Bank in North Carolina,  
**LARGEST CAPITAL, LARGEST ASSETS**  
This gives Safety and Protection to our Depositors  
4 per cent. paid on Saving deposits. You can open an account with one dollar and upwards.

**WE HAVE MANY PEOPLE COME TO US**  
After they have tried all sorts of eye doctors, and eye treatments  
We don't claim to know everything but we do know one thing well. We know how to fit spectacles so as to relieve many ills and ailments that will never be relieved in any other way.  
**We Prove What We Say**  
**JOHN R. BROWN**  
Optometrist,  
**CHINA GROVE, N. C.**

**JOB PRINTING!**  
We do the Best and will appreciate your orders.  
Call at office or address  
**Wm. H. Stewart,**  
Editor and Proprietor, Salisbury, N. C.

**WORMS**  
Cause 90% of All Your Live Stock Losses  
You can stop your losses—destroy the worms. Best and cheapest conditioner and digestive; costs only 1/2 of a cent a day for each hog or sheep—1/2 of a cent for each horse or head of cattle. Stock doctor themselves with **SALVET**  
A Medicated Stock Salt.  
**Chas. C. Adams, Farmer's Seed House,**  
119 E. Fisher St. SALISBURY, N. C.

**Sale of Valuable Real Estate**  
Under and by virtue of the authority conferred upon me by that certain mortgage executed by Lillie Miller, dated June 22 1915, duly recorded in the office of the Register of Deeds for Rowan county, in Book 50 page 208, default having been made in the payment of the obligation thereby secured, I will on  
Saturday, October 21, 1916, at 12 o'clock M., at the court house door of Rowan county, offer for sale to the highest bidder for cash the following described real estate, lying and being in the city of Salisbury, county of Rowan, bounded as follows: to-wit: one house and lot in the Fourth Ward of the town of Salisbury, beginning at a stake at the side of the new Concord road 110 feet in a northerly course from Ada Holmes' corner and runs in an easterly course 148 feet to a stake; thence in a northerly course 44 feet to a stake, corner of Martin and Mary White's line; thence with White's line in a westerly course 148 feet to a stake at the side of the Concord road; thence in a southerly course with said road 44 feet to the beginning. For further particulars and back title, reference is hereby made to the deeds referred to in the deed made by Thomas Bradshaw and wife, Lillie Bradshaw, to Lillie Miller.  
This September 15, 1916.  
J. B. BEATTY, Mortgagee.  
Roger D. O'Kelly, attorney.

**Trade with C.P. SHUPING THE GROCER.**  
He carries a full line of High Grade Groceries at very low prices.  
Buys all kinds of Produce Chickens, Eggs, Bacon, and vegetables. See him Headquarters for Watkins medicine Co.  
Phone 57.  
119 W. Innes St.  
**C.P. SHUPING**