

U. S. Must Cut Use Of Wheat by One-Half

America Consumed 42,000,000 Bushels Monthly. From Now Until Harvest Must Use Only 21,000,000.

RATION PER PERSON IS 1 1/2 POUNDS OF WHEAT PRODUCTS WEEKLY

Military Necessity Calls for Greater Sacrifice Here—Allied War Bread Must Be Maintained—Our Soldiers and Sailors to Have Full Allowance.

If we are to furnish the Allies with the necessary proportion of wheat to maintain their war bread from now until the next harvest, and this is a military necessity, we must reduce monthly consumption to 21,000,000 bushels a month, as against our normal consumption of about 42,000,000 bushels, or 50 per cent. of our normal consumption. This is the situation as set forth by the U. S. Food Administration at Washington. Reserving a margin for distribution to the army and for special cases, leaves for general consumption approximately 1 1/2 pounds of wheat products weekly per person. The Food Administration's statement continues: Many of our consumers are dependent upon bakers' bread. Such bread must be durable and therefore, requires a larger proportion of wheat products than cereal breads baked in the household. Our army and navy require a full allowance. The well-to-do in our population can make greater sacrifices in the consumption of wheat products than can the poor. In addition, our population in the agricultural districts, where the other cereals are abundant, are more skilled in the preparation of breads from these other cereals than the crowded city and industrial populations.

With improved transportation conditions we now have available a surplus of potatoes. We also have in the spring months a surplus of milk, and we have ample corn and oats for human consumption. The drain on rye and barley, as substitutes, has already greatly exhausted the supply of these grains.

To effect the needed saving of wheat we are wholly dependent upon the voluntary assistance of the American people and we ask that the following rules shall be observed:

1. Householders to use not to exceed a total of 1 1/2 pounds per week of wheat products per person. This means not more than 1 1/2 pounds of Victory bread containing the required percentage of substitutes and one-half pound of cooking flour, macaroni, crackers, pastry, pies, cakes, wheat breakfast cereals, all combined.
2. Public eating places and clubs to observe two wheatless days per week, Monday and Wednesday, as at present. In addition thereto, not to serve to any one guest at any one meal an aggregate of breadstuffs, macaroni, crackers, pastry, pies, cakes, wheat breakfast cereals, containing a total of more than two ounces of wheat flour. No wheat products to be served unless specially ordered. Public eating establishments not to buy more than six pounds of wheat products for each ninety meals served, thus conforming with the limitations requested of the householders.
3. Retailers to sell not more than one-eighth of a barrel of flour to any town customer at any one time and not more than one-quarter of a barrel to any country customer at any one time, and in no case to sell wheat products without the sale of an equal weight of other cereals.
4. We ask the bakers and grocers to reduce the volume of Victory bread sold, by delivery of the three-quarter pound loaf where one pound was sold before, and corresponding proportions in other weights. We also ask bakers not to increase the amount of their wheat flour purchases beyond 70 per cent. of the average monthly amount purchased in the four months prior to March 1.
5. Manufacturers using wheat products for non-food purposes should cease such use entirely.
6. There is no limit upon the use of other cereals, flours, and meals, corn, barley, buckwheat, potato flour, et cetera.

ALLIED FOOD SHIPMENTS REACH LARGE TOTAL.

A general idea of the quantity of food sent to European allies by the United States from July 1, 1914, to January 1, 1918, is given by figures just announced by the U. S. Food Administration. In that period the United States has furnished complete yearly rations for 57,100,933 people. In addition there was enough extra protein to supply this portion of the diet for 22,194,570 additional men.

The total export of wheat and wheat flour to the three principal allies is equivalent to about 884,000,000 bushels. Port exports for the 3 1/2 years amounted to almost 2,000,000,000 pounds. Exports of fresh beef totaled 443,484,400 pounds. The amount of food exported to Russia is negligible compared with that sent to the western allies.

ONLY AMERICA CAN HELP.
 * On your side are boundless *
 * supplies of men, food, and mate- *
 * rial; on this side a boundless de- *
 * mand for their help. *
 * Our men are war-weary and *
 * their nerves have been strained *
 * by more than three years of *
 * hard, relentless toil. *
 * Our position is critical, par- *
 * ticularly until the next harvest, *
 * but the United States can save *
 * us. *
 * You Americans have the men, *
 * the skill, and the material to *
 * save the allied cause. *
 * SIR JOSEPH MACLAY, *
 * British Shipping Controller. *

Great Wheat Stocks Isolated.

It's the shortage in ships that is putting the Allies and the United States on wheat rations. Great stocks of wheat are isolated in India, and Australia. At great sacrifice in ship space and use the Allies are forced to secure some wheat from Argentina.

On January 1, Australia had stored 100,000,000 bushels of wheat that was ready for export—but there were no ships. Then came the new crop with an exportable surplus of 80,000,000 bushels. Now Australia has approximately 180,000,000 bushels waiting for ships.

India, at the same time, had 70,000,000 bushels of wheat stored for export. During April 50,000,000 bushels more out of the new crop will be added to the pile.

Argentina closed the last shipping season with 11,000,000 bushels of wheat left in the stock available for export. The new crop will add 135,000,000 to the left over.

It is not a problem that the wheat does not exist in the world—it is entirely a problem of shipping, which has thrown on America the obligation of dividing our stock with the Allies.

"IMPERIAL GERMANY"

WHAT IT IS

By DR. TALCOTT WILLIAMS, Director of the Columbia University School of Journalism.

Based on the principle, immoral in ethics, tyrannical in operation, and perilous to all liberty, that certain men are born to rule, the "Imperial German Government" has for a generation been the foe of liberty and the enemy of freedom. Its whole influence has been thrown to suppress freedom in the four Balkan states. It has prevented their peaceful development, refused to enforce the Treaty of Berlin, which would have brought peace, and is responsible for four Balkan wars. A score of years ago it supported the bloodthirsty Sultan of Turkey in Armenian massacres, and the officers of the "Imperial German Government" have aided and abetted these massacres now because the Armenians worked and planned for liberty when other races in Turkey were quiescent. It is the "Imperial German Government" which is responsible for 800,000 Armenians, starved to death as Germans themselves testify.

Talcott Williams.

"Secret Enemy." In 1908, when the revolutionary Turkish government was for freedom, Germany opposed it; when it became tyrannical Germany made this government its ally. The German government harassed France not merely because it was its ancient enemy, but because its success as a republic made the French people perilous to princes. The German government plotted to restore the Manchou Emperor and the Russian Czar to their thrones.

Because the American people by its prosperity and power made liberty desired by all the world the German government has been its secret enemy. Thirty years ago it plotted against our treaty rights in Samoa; it sent its fleet to worry and threaten Dewey at Manila in 1898; it offered to England, which refused, to overturn the Monroe Doctrine in Mexico. It has in fifteen years threatened Venezuela, Mexico, Haiti and other American states. When we were maintaining peace under great provocation, it proposed to Mexico and Japan to attack us, both refusing. It betrayed international faith in the dispatches sent through the Swedish Minister. It filled our land with spies, sought unavailingly to embroil us with those of German birth resident in this country, slaughtered our citizens on the high seas, contrary to all law, national and international, human and divine.

"Bore Much." We waited long, we bore much, and we are now sending our sons to the war declared against the "Imperial German Government" because the record of thirty years shows that neither liberty nor democratic institutions are safe the world over while that government is powerful. We wisely prefer, after what Belgium suffered, to fight Germany "somewhere in France" rather than in New York harbor; on the Somme, rather than on the Hudson. In one or the other we should have had to fight. In 1776 we sent our sons to fight for American liberty, and we won it. In 1812 we fought for the freedom of the sea, and we won that. In 1861 we sent our sons to fight for the liberty of the slave, and we won that. Today we send our sons out to fight for the liberty of humanity, and we shall win that.

"Congress shall make no law... abridging the freedom of speech or of the press," so reads a clause in our Constitution.

This is a wise provision. The citizens of a democracy should at all times know of and be able to criticize the management of their affairs. Investigation and criticism in the present war have been of great benefit in hastening our preparation by pointing out errors that have been made. There is no doubt whatever that the great safeguards in the conduct of the war are almost unlimited publicity and the right of criticism.

We are told that constructive criticism is always welcome, but who is to decide what is constructive? Why not criticism without the adjective? Most citizens believe that Universal Military Training as a corrective of our unpreparedness would have been constructive, and yet it was not adopted. Who can tell, if it had been accepted when first proposed, what the result would have been on this war? If we had had more publicity upon the production of aeroplanes, shipping and ordnance, the suggestions of thinking men would unquestionably have stimulated the rapidly with which these articles were being produced, and the delays that have occurred might have been avoided.

There are things the Government cannot make public, and these the people do not ask to know. But in the main full information concerning the progress of preparation can safely be given to the people. It is the people's war: it is a war supported by the people, financially and physically, and suggestions by them should be sought and considered.

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LOCAL NEWS

of interest to ALL OF OUR READERS.

A train of wounded soldiers passed through this city en route to Asheville. These men had seen service on the French front and some had been badly wounded or gassed. They talked freely of the scenes and their experience at the front.

Three more Rowan men are ordered to report for duty at Syracuse Recruiting Camp, Syracuse, N. Y., July 29th. The men are: Earnest Holsinger, Dudley N. Clink, Thomas B. Van Poole, Alternate, Thomas Lee Kesler.

Dispatches from Paris on Wednesday the 17th told of the death of Lieutenant Quentin Roosevelt, the youngest son of Col. Roosevelt, an American aviator whose machine fell behind the German lines after a battle with a German plane which he brought down. It was thought for a time that he had landed safely and was being held prisoner.

The Litaker township Sunday school convention will be held in the Lutheran church at Faith, Tuesday, July 30th, beginning at 10 o'clock a.m. and there will be morning and evening sessions. A splendid program has been arranged.

Mrs. Joseph Wallace Hoge, Route 1, Salisbury, N. C., was in the city Friday, seeking information regarding the death of her husband who was killed in action on the front. Mrs. Hoge was formerly Miss Pearl Overcash.

The women of Salisbury have organized a Young Woman's Christian Association under the leadership of Miss Skinner, Y. W. C. A. secretary. This organization is a hand maiden of the church that goes forth to make our world a cleaner one.

A "wild" motorcycle ran over a block on North Main Street Sunday afternoon without a rider and only stopped when it wrecked itself against a telephone pole. Floyd Kerns, a white man who had been riding the machine was thrown from it bruising his knee.

Another contingent of colored men left last Thursday for Camp Meade, Md. Earlier in the day a long train of about twenty cars containing drafted men from Pennsylvania, passed going south, and the night before quite a few troop trains passed bearing the men to points of embarkment.

Mrs. R. D. Harry died at her home in Greensboro, last Wednesday after an attack of paralysis. A husband, two daughters and two sons survive. She was a native of Rowan being the daughter of Frank Neely and Amanda Hall Neely.

The South Rowan branch of the Red Cross will give an ice cream supper at E. M. Deal's store, near Organ church, on Saturday from 4 to 10 p.m., July 27th. Every body is invited to come out and assist in a good cause. The proceeds go to the Red Cross.

Grove's Tasteless Chill Tonic destroys the malarial germs which are transmitted to the blood by the Malaria Mosquito. Price 50c.

Silas Overcash Arrested For Disloyal Talk.

Deputy United States Marshall H. C. Trott, went to China Grove township last Wednesday and placed Silas Overcash, a well known and prosperous farmer under arrest, charged with violating the espionage act, engaging in alleged disloyal talk and abusing the government. He was given a hearing that evening before Commissioner W. L. Ray, who after hearing the evidence and questioning Overcash, held him in a \$1000 bond for his appearance at the next term of Salisbury Federal court. Overcash is said to have talked pretty independently and refused to give bond, so he was placed in jail. After having been there for about two hours he sent for Mr. Trott and arranged bail, giving cash bond for \$1000 and was liberated.

The Federal authorities had been aware of Overcash's disloyalty for some time and at the hearing when he was asked if he did not know that the United States was at war with Germany, he reported to have said that he did not know it, that he had heard, but did not know it to be a fact. He also admitted that he had not purchased any Liberty bonds or War Stamps and said he would tell President Wilson so if necessary. The officers reported that he acted very ugly and disrespectfully also. Mrs. Overcash has a wife and eight children. He is a very successful farmer and is well fixed financially.

The Quinine That Does Not Affect the Head Because of its tonic and laxative effect, LAXATIVE BAROMO QUININE is better than ordinary Quinine and does not cause nervousness or ringing in head. Remember the full name and look for the signature of E. W. GROVE, 30c.

A Batch of Negroes Leave For Camp.

The following is a list of the colored men who left last Thursday for Camp Meade, Md. The men were accompanied from the Post Office to the station by members of the colored Red Cross, friends and relatives. Messrs. Quinn and Ramsay of the local board, heading the procession.

- Cliff Griffin, captain
- John Neal lieutenant
- Thomas Cicero Miller
- John S. Leazer
- William Culbertson
- Tonsil Alex Litaker
- William Johnson
- Charles Heilig
- Fred William Kitpatrick
- Fred Douglas Carson Lieut.
- Henry Luther Neal
- Anderson Mobley
- Charles E. Cisco
- Charlie Bates
- Levi Savage
- Coulous Harris
- Robert Cowan, Lieut.
- Sam Johnson
- Bane Archie
- Archie Blake
- Charlie Blake
- Cleaty Roberts
- Ed Walters
- Floyd A. Kerr, Lieut.
- Robert Gibson
- Thomas Wilson
- Daniel Sumner
- Isaac Lowery
- Sam Smith
- James Litaker.

The Joy of Living.

To enjoy life we must have good health. No one can reasonably hope to get much pleasure out of life when his bowels are clogged and a good share of his time and the poisons that should be expelled are absorbed in the system, producing headache and indigestion. A few Chamberlain's Tablets will move the bowels, strengthen the digestion and give you a chance to realize the real joy of living. Try it.

MARRIAGES

Miss Adelaide Ward and Ira F. Owen were quietly married last Thursday at the home of Rev. P. W. Tucker, pastor of South Main street M. E. Church. Mrs. Owen is the daughter of Mr. and Mrs. George Ward of Vicksburg, Miss., while Mr. Owen is son of W. F. Owen of western Rowan and is in the service of the U. S. Navy and has recently been selected as an officer on a torpedo boat destroyer now under construction. The young couple will spend a few weeks at the home of the groom. They will make their home in Boston, Mass., and Mr. Owen will resume his work until his ship is launched.

The fire department was called out early Monday morning to the home of Francis Murdoch, South Church street. Considerable damage was done by fire and water. It is believed the blaze originated from a high powered electric wire. The family was not at home.

The twelfth anniversary of the North Orphanage will be held at Crescent, Thursday, August 8th. This occasion has always been largely attended and it is hoped this year the attendance will be still greater.

Increase in Phone Rates.

The hearing of the Bell Telephone Company's application for an increase of rates in certain North Carolina towns was concluded before the corporation commission last week. Representatives of interested towns asked for a continuance of 60 days until they could gather material to answer statements of the Bell, but this was refused. While the commission has not rendered its decision it is generally accepted that the increase in rates will be granted.

The increase in phone rates in the towns included in the Bell's application will increase the revenues of that company about \$100,000 a year, it is stated. In Asheville, says the Citizen, residence phones will be increased from \$2.50 to \$3 per month and business phones from \$4 to \$5 per month.

His Finish.

Herbert Crawford of Cynthian Ky., a drafted man on his way to Camp Meade, Md., leaped from a train near Millboro, Va. As the fall did not prove fatal, Crawford ripped barbed wire from a fence near the railway tracks, threw one end over a limb of a tree and by the time the train stopped and backed to the scene, he had succeeded in strangling himself.

Garage and Store Burn at Granite Quarry.

Granite Quarry, a small town five miles east of Salisbury, had quite a fire Saturday afternoon. The blaze started in the Granite Quarry garage and destroyed that building together with two automobiles and then burned the general store of J. R. Lyerly & Sons. The garage and the store were both owned by the Lyerly firm and their loss is several thousand dollars. Some of the merchandise was saved from the store but the contents of the garage including a quantity of automobile accessories were destroyed. Both buildings were frame structures.

No Worms in a Healthy Child. All children troubled with worms have an unhealthy color, which indicates poor blood, and as a rule there is more or less stomach disturbance. GROVE'S TASTELESS CHILL TONIC given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a General Strengthening Tonic to the whole system. Nature will then throw off or digest the worms, and the Child will be in perfect health. Present to take. 50c per bottle.