

USE OF THE HANDS.

When Writing Nearly Every Muscle in the Body Helps Them.

At the late International congress of hygiene and demography, in section 4, which was concerned with the hygiene of infancy and school life, a resolution was passed in favor of the teaching of upright penmanship or vertical writing on the ground that spinal curvature and short sight are caused by the faulty position of the youthful student, which is necessitated by slope of the letters. We can all remember the trouble of learning to write, and the mental and physical toil which the making of our first penmanship and hangers involved. The number of muscles put in action when a person is writing is prodigious, and it is probable that in beginners every muscle of the body must yield its assent before the graphic symbols trickle from the pen.

The fingers, wrist, elbow and shoulder must all be held steady, says the London Lancet. The spine must be rigid and fixed below as well as above. The pelvis must be firm, and to this end the child often gets a support by its feet from the legs of the chair. The thorax is more or less rigid, and its movements are determined more by the work of the hand than the respiratory needs. Lastly, the knit brows and protruding tongue are unconscious muscular acts which serve to mark the effort, both of body and mind, which the child undergoes when learning to write. It is notorious that in writing our individuality asserts itself in spite of the pedagogue. We are taught certain rules for sitting at the desk and holding the pen, which we ultimately learn to neglect, and finally write in a fashion of our own.

The true remedy for the evils produced by learning to write seems to us to be to teach the child to use both hands and to practice alternately with either hand. Vertical writing lends itself more readily to ambidexterity than does sloping writing, and there can be no doubt that a clerk who could write with equal facility with either hand, and could rest one side of the body while the other was working, would be little liable to writer's cramp and similar troubles. Seeing how enormous is the muscular effort involved in giving the hand sufficient steadiness, and that the brain is scarcely less than the muscle, it goes without saying that writing lessons should at first be of very short duration. Ten minutes with each hand ought to amply suffice.

THE OLDEST LAWSUIT.

Money That Has Been in Litigation Almost a Century.

The "oldest living lawsuit" received a longer lease of life from the supreme court recently, says the Philadelphia Record. The suit's official designation is "March term, 1814, number eighty-two," so that in two months it will be able to celebrate its seventy-eighth birthday, with every prospect of living to the ripe age of fourscore. Two full sets of heirs, a trust company, four lawyers, and an auditor and a deputy escheator are seeing that it wants nothing in care.

The suit was brought by the assignees of one James Moore, against William Rawle, in which Mr. Rawle paid into court the amount of the judgment recovered against him. About 1829 some of this money was paid out on a judgment recovered by the executors of one of the assignees against the other two. The balance, \$2,327, was paid to James Read, then president of the Philadelphia bank, to be held by him subject to the further order of the court. Mr. Read, and later the Girard Trust Company, handled the fund until it has grown to \$18,702. The auditor general took proceedings to escheat it to the commonwealth.

Two sets of claimants, one hailing from Chester county in this state and claiming to be grandchildren of James Moore's brother, and the other from Maryland and claiming to be grandchildren of James Moore himself, were stirred up. The auditor awarded the fund to George W. Pepper as counsel for the Pennsylvania heirs. Exceptions to this decision have been filed on behalf of both the commonwealth and the Maryland heirs, and the supreme court ordered these exceptions to be placed upon the list for arguments during the present term.

The Vatican.

The ancient palace of the popes of Rome is the most magnificent building of the kind in the world. It stands on the right bank of the Tiber on a hill called the Vaticanus, because the Latins formerly worshiped Vaticanum, an ancient oracular deity at that place. Exactly when the building was commenced no one knows. Charlemagne is known to have inhabited it over a thousand years ago. The present extent of the building is enormous, the number of rooms at the lowest computation being 4,323. Its treasures of marble statues, ancient gems, paintings, books, manuscripts, etc., are to be compared only with those in the British museum. The length of the stanzas museum alone is a fraction over a mile. Conservative writers say that the gold contained in the medals, vessels, chains and other objects preserved in the Vatican would make more gold coins than the whole present European circulation.

An Ancient Game.

Games of chance were prohibited by Mahomet, and in the Koran were placed as sins in the same category as wine drinking. Herodotus tells us that the Egyptians were dicers, but whether they were gamblers is not stated. Their favorite game was one played with draughtsmen, and there is good evidence to believe that this is, if not the most ancient game, at least one of the most ancient.

Little But Noisy.

A Missouri man contracted with a hotel keeper to furnish a wagon load of frogs a week. He appeared on the appointed day with three little frogs. "Where are the rest of them?" inquired the landlord. "That's all there were in the pond," the man meekly said. "But they made so much noise that I thought there was a million of 'em."

NEW ADVERTISEMENTS.

AYER'S HAIR VIGOR

Is unrivaled for the restoration of faded and gray hair to its original color and freshness. The most popular and elegant toilet preparation in the world, all who use it pronounce it, also, the best hair-grower. When the capillary glands become enfeebled by disease, age, or neglect, this dressing imparts renewed life to the scalp, so that the hair assumes again its original

Fullness and Beauty.

"For five years I was troubled with a disease of the scalp, which caused the hair to become harsh and dry and to fall out in such large quantities, as to threaten complete baldness. Ayer's Hair Vigor being strongly recommended to me, I began to apply this preparation, and before the first bottle was used the hair ceased falling out and the scalp was restored to its former healthy condition."—Francis A. Vedo, Siko, Pa.

"A little more than two years ago my hair began turning gray and growing thin. After using one bottle of Ayer's Hair Vigor my hair was restored to its original color and has ceased falling out. An occasional application keeps the hair in good condition."—Mrs. H. W. Fenwick, Digby, N. S.

"Ayer's Hair Vigor is the most satisfactory preparation of its kind in the market."—M. F. Finck, Druggist, New Corwin, Ohio.

"I have used Ayer's Hair Vigor with great benefit and know several other persons, between 40 and 50 years of age, who have experienced similar good results from the use of this preparation. It restores gray hair to its original color, promotes a new growth, gives lustre to the hair, and cleanses the scalp of dandruff."—Bernard Hoey, Madrid, Maine.

"I have been using Ayer's Hair Vigor with great satisfaction for more than twelve years. It keeps the scalp free from dandruff, restores gray hair to its natural color, and prevents the hair from falling out. My experience is that there is no better dressing than Ayer's Hair Vigor."—Mrs. John A. Gray, Walpole, Mass.

"We sell more of Ayer's Hair Vigor than of any other hair preparation."—Brayman & Schultze, Schulenburg, Texas.

Ayer's Hair Vigor,

Prepared by DR. J. C. AYER & CO., Lowell, Mass. Sold by all Druggists and Perfumers.

If the Ladies

Would abandon face powders and more generally keep their blood pure and vigorous by the use of Ayer's Sarsaparilla, naturally fair complexions would be the rule instead of the exception. Pure blood is the best beautifier.

"My system was all run down; my skin rough and of a yellowish hue. I tried various remedies, and while some of them gave me temporary relief, none of them did any permanent good. At last I began to take Ayer's Sarsaparilla, continuing it exclusively for a considerable time, and am pleased to say that it completely cured me."—Mrs. N. A. Smith, Glover, Vt.

"Being troubled with an unpleasant discoloration of the skin—especially of the face—and being advised by physicians that this trouble was due mainly to derangement of the liver, I took Ayer's Sarsaparilla, and have been greatly benefited. It has reached my case and done me more good than any other remedy."—Joseph Clagett, 18 Tenth st., N. W., Washington, D. C.


Ayer's Sarsaparilla,

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists. Has Cured Others, Will Cure You.

COHEN'S PHARMACY

GARWOOD'S EXTRACT, NACE'S TRIPLE, VIOLET WATER, WOODWORTH'S FLORIDA WATER, AND SACHET POWDER.	—New Line of— <b>STATIONERY</b> Just Received 150 Lines writing Tablets, which I'll sell at a small PROFIT.
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ACCURACY!



PURITY!

NEW DRUGS RECEIVED EVERY WEEK.

Stag Brand Prepared Paints, Pure White Lead & Linseed oil. I'll sell paints at a very small margin.	A Large —Stock of— LANDRETH'S GARDEN SEED.
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THE PLACE TO GET  
—DRUGS AND MEDICINES—  
—AT THE—  
LOWEST PRICES,  
IS AT  
DR. A. R. ZOLLICOFFER'S,  
WEST SIDE WASHINGTON AVE. OPPOSITE E. R. SHED.  
WELDON, N. C.  
STOCK KEPT COMPLETE BY FREQUENT ARRIVALS.  
PRESCRIPTION DEPARTMENT FILLED WITH THE BEST SELECTED MATERIAL.  
PRESCRIPTIONS COMPOUNDED AT ALL HOURS WITH GREAT CARE.  
PERFUMERY, STATIONERY, FANCY SOAPS, BRUSHES,  
FANCY ARTICLES, TOBACCO AND CIGARS.  
REMEMBER (shea hearty welcome always awaits you at  
ZOLLICOFFER'S.

NEW ADVERTISEMENTS.

FARM FOR SALE.

125 Acres of Valuable 125

Farm Land adopted to the cultivation of

COTTON,  
GRAIN,  
TOBACCO,  
GRASS.  
FRUIT,  
VEGETABLES AND  
ALL KINDS OF TRUCK.

Within one mile of the corporate limits of

WELDON.

75 ACRES CLEARED.

A Good House and Outhouses.

Splendid well of water.

A Stream of water runs through

the land.

In good state of cultivation.

TERMS CASH.

Apply to

EDWARD T. CLARK,

Real Estate Agent,

Weldon, N. C.

NEW ADVERTISEMENTS.

ATLANTIC COAST LINE.

W. W. R. & BRANCHES

Condensed Schedule.

TRAINS GOING SOUTH.			
DATED	No. 23	No. 27	No. 29
APRIL 19TH, 1892.	Daily	Daily	Daily
Leave Weldon	12:30	5:45	6:40
At Rocky Mount	1:40	6:55	7:47
At Tarboro	2:50	8:05	8:57
Leave Tarboro	3:00	8:15	9:07
Arrive Wilson	3:10	8:25	9:17
Leave Wilson	3:20	8:35	9:27
Arrive Selma	3:30	8:45	9:37
Arrive Fayetteville	3:40	8:55	9:47
Leave Goldsboro	3:50	9:05	9:57
Leave Warsaw	4:00	9:15	10:07
Leave Magnolia	4:10	9:25	10:17
Arrive Wilmington	4:20	9:35	10:27

TRAINS GOING NORTH.			
No. 14	No. 78	No. 80	No. 82
Daily	Daily	Daily	Daily
Leave Wilmington	4:40	9:55	10:40
Leave Magnolia	5:50	11:05	11:50
Leave Warsaw	6:00	11:15	12:00
Arrive Goldsboro	6:10	11:25	12:10
Leave Fayetteville	6:20	11:35	12:20
Arrive Selma	6:30	11:45	12:30
Arrive Wilson	6:40	11:55	12:40
Leave Rocky Mt.	6:50	12:05	12:50
Arrive Tarboro	7:00	12:15	13:00
Leave Tarboro	7:10	12:25	13:10
Arrive Weldon	7:20	12:35	13:20

\*Daily except Sunday.  
Train on Scotland Neck Branch Road leaves Weldon at 4:00 p. m., Halifax 4:22, arrive Scotland Neck at 5:15 p. m., Greenville 6:02 p. m., Kinston 6:00 p. m., returning leaves Kinston 7:10 a. m., Greenville 8:56 a. m., arriving at Halifax 11:00 a. m., Weldon 11:25 a. m. daily except Sunday.  
Local freight train leaves Weldon on Monday, Wednesdays and Friday at 10:15 a. m., arriving at Scotland Neck 1:05 a. m., Greenville 3:50 p. m., Kinston 7:40 p. m., returning leaves Kinston Tuesday, Thursday and Saturday at 7:30 a. m., arriving at Greenville 9:55, Scotland Neck 11:20 p. m., Weldon 5:15 p. m.  
Train leaves Tarboro N. C. via Albemarle and Raleigh R. R. Daily except Sunday 4:40 p. m., Sunday 3:00 p. m., arrive Wilmington N. C. 7:12 p. m., 4:25 p. m., Plymouth 8:30 p. m., 8:20 p. m., returning leaves Plymouth daily except Sunday 6:30 a. m., Sunday 9:00 a. m., Wilmington, N. C. 7:48 a. m., 9:55 a. m., arrive Tarboro 10:00 a. m., 11:20 a. m.  
Trains on Southern division, Wilson and Fayetteville branch leave Fayetteville 7:20 a. m., arrive at Rowland 12:15 p. m., returning leave Rowland 12:15 p. m., arrive at Fayetteville 5:15 p. m., Daily except Sunday.  
Train on Midland N. C. Branch leaves Goldsboro N. C. daily except Sunday 6:00 a. m., arrive Smithfield, N. C. 7:50 a. m., returning leaves Smithfield, N. C. 8:00 a. m., arrive Goldsboro, N. C. 9:30 p. m.  
Train on Nashville Branch leaves Rocky Mount at 13 p. m., arrives at Nashville 5:55 p. m., Spring Hope 4:30 p. m., returning leaves Spring Hope 8:00 a. m., Nashville 8:30 a. m., at Rocky Mount 9:15 a. m. daily except Sunday.  
Train on Clinton Branch leaves Warsaw for Clinton, daily except Sunday at 6:00 p. m., and 11:15 a. m., returning leaves Clinton at 8:20 a. m. and 3:10 p. m., connecting at Warsaw with Nos. 40, 41, 25 and 78.  
Southbound train on Wilson and Fayetteville branch is No. 51, Northbound is 52. \*Daily except Sunday.  
Trains No. 27 South, and 14 North will only stop at Rocky Mount, Wilson, Goldsboro and Magnolia.  
Train No. 78 makes close connection at Weldon for all points North daily. All rail via Richmond and daily except Sunday via Bay Line, also at Rocky Mount daily with Norfolk and Carolina Railroad for Norfolk and all points North via Norfolk.  
Trains make close connection for all points North via Richmond and Washington.  
All trains run 8 1/2 hours between Wilmington and Washington and have Pullman Palace Sleepers attached.  
J. R. KENLY, J. F. DIVINE,  
Sup't. Trans. Gen'l. Sup't.  
T. M. EMERSON, Gen'l. Passenger Agent.

ATLANTIC COAST LINE.

PETERSBURG & WELDON R. R.

Condensed Schedule.

TRAINS GOING SOUTH.		
Dated	No. 23	No. 27
Jan. 4th, 1892.	Daily	Daily
Leave Petersburg	10:10 am	3:45 pm
Leave Stony Creek	10:53 am	4:18 pm
Leave Jarratts	11:11 am	4:36 pm
Leave Belfield	11:30 am	4:49 pm
Arrive Weldon	12:10 pm	5:23 pm

TRAINS GOING NORTH.		
No. 14	No. 78	
Daily	Daily	
Leave Weldon	6:40 a. m.	3:15 p. m.
Le Belfield	7:13 a. m.	3:52 p. m.
Le Jarratts	7:29 a. m.	4:09 p. m.
Le Stony Creek	7:43 a. m.	4:33 p. m.
Arrive Petersburg	8:15 a. m.	5:12 p. m.

All trains run solid Weldon to Washington.

E. T. D. MYERS, T. M. EMERSON,  
Gen'l. Superintendent, Gen. Passenger agt

TO THE PATRONS

—OF THE—

ALBEMARLE STEAM

NAVIGATION CO

A Stream of water runs through

the land.

In good state of cultivation.

TERMS CASH.

Apply to

EDWARD T. CLARK,

Real Estate Agent,

Weldon, N. C.

Splendid well of water.

A Good House and Outhouses.

75 ACRES CLEARED.

Within one mile of the corporate limits of

WELDON.

FRUIT, VEGETABLES AND ALL KINDS OF TRUCK.

COTTON, GRAIN, TOBACCO, GRASS.

Farm Land adopted to the cultivation of

125 Acres of Valuable 125

FARM FOR SALE.

NEW ADVERTISEMENTS.