

Why Take Alcohol?

Are you thin, pale, easily tired, lack your usual vigor and strength? Then your digestion must be poor, your blood thin, your nerves weak. You need a tonic and alterative. You need Ayer's Sarsaparilla, the only Sarsaparilla entirely free from alcohol. We believe your doctor would endorse these statements, or we would not make them. Ask him and find out. Follow his advice. J.C. Ayer & Co., Lowell, Mass.

The endorsement of your doctor will certainly greatly increase your confidence in Ayer's Pills as a family laxative. Liver pills. Ask your doctor about them.

THE ROANOKE NEWS.

THURSDAY, MAR. 17, 1910.

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Six Months, .75.

A weekly Democratic journal devoted to the material, educational, political and agricultural interests of Halifax and surrounding counties.

Advertising rates reasonable and furnished on application.

The beef trust may find that an immunity bath, like any other bath, is not guaranteed to last.

A great argument in favor of the automobile is that gasoline is really cheaper than corn and oats.

The American people seem somewhat slow to accept Mr. Peary in the light of a genuine hero.

GEORGE WASHINGTON was first in war and first in peace, but others bear him to the idea of conservation of trees.

A New York woman has failed for \$500,000 without one cent of assets. Wall Street can still learn a thing or two.

CHICAGO has a wet and dry election set for April 5th, but from all reports a dry season is not expected to follow.

THE Washington Post considers that the adverse action of the State of Virginia is a staggering blow to the Federal income tax.

THE interest in a postal savings bank affords gratifying evidence that the ultimate consumer still has some spare change.

GOVERNOR HUGHES says he intends to retire from public life. Maybe that means that he will accept the vice-presidency.

THE new King of Belgium starts in with a salary of only \$600,000, but that gives him an incentive to do his best and earn a raise.

THAT was a bull's-eye shot, the Baltimore Sun sent when it said: "The people of Philadelphia are getting exactly what they voted for."

LEADING meat dealers of the country predict that the price of beef is to advance 3 to 5 cents over the present high prices. We'll eat no meat.

A New York Senator is accused of having accepted a bribe of one thousand dollars—but the money was accepted long before the recent advance in prices.

SECRETARY KNOX refuses to give his parental blessing to his son, Philander C. Knox, Jr., who married the pretty Providence, R. I., saleslady. Is this another diplomatic blunder by the Secretary?

THE British Postmaster General in his annual report, says: "The result of the penny postage with the United States, established in October, 1908, is an increase of about 25 per cent. between the two countries."

LAST year Canada had 86 strikes, involving 17,881 workmen and causing a loss of 842,272 days' work. Two were strikes for shorter working hours, four for recognition of unions, five against conditions of employment, five against reduction of wages, eight because of obnoxious fellow-workmen and the rest for higher wages.

THE Virginia Supreme Court of Appeals has denied a writ of error in the case of Sam Hardy, convicted at Suffolk in 1909 of the first degree murder of Tiberius Gracchus Jones at Holland, Va. This means that Hardy must pay the penalty of his alleged crime in the electric chair unless Governor Mann shall extend executive clemency, which he will be asked to do.

Harmony of Dress.

A beautiful woman also studies the harmony of painting a well kept home takes care to have the home painted with paint that will continue to look bright, clean and fresh looking. The L. & M. never becomes dingy, because only chemically pure colors are used; only the finest White Lead Paint made from metal; only the purest Linseed Oil; only expert paint-makers produce it with machinery—a thousand gallons at a time. Contrast with the costly and eradic production of White Lead Paint made by hand labor with astick in a pot—a few gallons at a time. L. & M. is sold by E. CLARK, Weldon.

BETTERMENT COLUMN.

Mosquitoes and Malaria.

In THE NEWS of March 3rd appeared two items which perhaps escaped the attention of many readers. Under the heading "Refused to be Vaccinated"—the opinion of the Davidson county man who refused to be vaccinated is given. The summing of the matter is this: "A little vaccine point, a physician, and fifty cents will prevent a case" (of small pox). Under the heading "Warning to Small Pox Patients," we are informed that the County Superintendent of Health for Halifax county swore out warrants before a Justice of the Peace against T. S. for violation of the law in regard to reporting small pox in his family, and against A. N. for breaking the quarantine regulations. S. was fined \$30, in default of which he was sent to jail. N. was given 30 days on the county roads. We read "The superintendent of health is doing everything possible to stamp out small pox from the county, and people who openly and wilfully violate the law by failure to report small pox in their families, or break quarantine regulations, will be given the full penalty of the law. Only in this way can a community be safe from the spread of this terrible disease." And in his efforts Dr. Green has the hearty and unanimous backing of right-thinking people.

But it is not to the legal penalty attached to these small pox regulations, that attention is directed; it is the attitude of the medical fraternity and of the best people we wish to emphasize. Vaccination is practiced in all communities where one would care to live, and there is not a prominent medical man in America who is opposed to it. Vaccination is no experiment. It is an established fact.

Now there is another disease which concerns Weldon people much more seriously than small pox, terrible as that is. Because it does not lay people low and afflict us with terrible scars, we give it only passing notice, and rather take it as a matter of course. We refer to malaria. Let us see what modern medical science has proved and what the courts have sanctioned along this line.

MALARIA SPREAD ONLY BY MOSQUITOES.

"It is a common idea that malaria is caused by drinking impure water or miasmas or poisonous vapors, from swamps or damp ground. The idea is not correct. In Italy many experiments have been made, during which persons drank water from the worst malarial marshes of Italy and Sicily, and inhaled the air of the marshes. Not a single case of malaria ever followed these experiments. Near Rome, in a hut that stood in the very midst of the Pontine marshes (one of the worst malaria-stricken regions in the world) two English scientists lived for several months during the worst of the malaria season. They breathed the air that came from the damp lowland on which the house stood, and drank the water of the region that was supposed to cause malaria. In every way they lived as the people about them lived, except that in the evenings they retired to their carefully screened hut before the mosquitoes came out, and stayed behind their screens until the sun was up and the mosquitoes had retired. These men had no symptoms whatever of malaria, although the people all about them were suffering from the disease." These and a large number of other similar experiments leave no room to doubt that it is by the bite of the mosquito and not by water or by damp air that the malaria germ enters the body.

The best ways of preventing the spread of malaria are:

1st. Screening malaria patients from mosquitoes.

2nd. Avoiding unnecessary exposure to mosquitoes.

3rd. Destroying mosquitoes.

The matter of destroying mosquitoes is largely a matter of destroying their breeding places near human dwellings. The mosquitoes that give people malaria are usually raised by those same people, or by their neighbors. "Old cans and pans should be cleared away; water barrels, tanks and cisterns should be screened so that the mosquitoes cannot get to them to lay their eggs; soggy cave troughs should be braced up so that no water will stand in them, for in an

ever trough the larvae may start in a very small quantity of water and then be washed down in the stream, where they will complete their development. All ponds and puddles about houses should be drained, and wells must be watched and if necessary covered, for sometimes the larvae are found in wells. Weeds and shrubbery in which the mosquitoes can find a dark cool place to hide during the hot part of the day, or when the wind blows, should be cut down." "It is a very easy matter, and not at all expensive, to banish mosquitoes almost completely from a town near which there are no extensive natural breeding places. Even in regions where there are large marshes and many streams and ponds, by systematic work communities can free themselves from mosquitoes." Where people will not remove the breeding places of mosquitoes on their premises, the health officer should be given and in many places already has, the authority to compel this, as in the matter of vaccination.

In a recent case in Monroe county, the Court of Appeals held that a man is responsible for damages at law who allows mosquitoes to breed on his property. This decision removes the great drawback to the extermination of this pest—the unwillingness of people to remove a nuisance from others even when they suffer themselves. Weldon would be a very healthy place this summer if that was the law here. Let's stop charging malaria up to Mush Island, and let's get busy cleaning up our own back yards. Kerosene wisely used will save the taking of quinine later.

R. H. L.

THE State Democratic Convention has been called for July 12th, at Charlotte. The call was made by the State Executive Committee in session at Raleigh, Thursday, Dr. I. E. Green, of the State Central Committee, was in attendance, and he also represented Mr. E. L. Travis, of the State Executive Committee, who is at home sick, on account of a pistol shot wound at the hands of E. E. Powell.

The State Committee adopted a revised plan of party rules, which provides that county elections to State, Congressional and Judicial Conventions be held at a uniform time and that as the counties choose the election may be by precinct meetings, primaries or mass conventions. At all times the meeting of the committee was marked by harmony and the deliberations were such as to work for the best interests of the Democratic party.

No Substitute
A safe and reliable substitute for Foley's Honey and Tar. It is the best and safest remedy for coughs, colds, throat and lung troubles. No opiates.
E. CLARK

STATE OF OHIO,
CITY OF TOLEDO,
LEUCAS COUNTY.

Frank J. Cheney makes oath that he is senior partner of E. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by Hall's Catarrh Cure.

FRANK J. CHENEY
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

A. W. GLEASON,
Notary Public.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system.
E. J. CHENEY & CO.,
Toledo, Ohio.

Testimonials sent free. Price 75 cents per bottle. Sold by all druggists.
Take Hall's Family Pills for Constipation.

A small soul has plenty of elbow room in a narrow-minded man.

Capt. Bogardus again Hits the Bull's Eye.

This world famous rifle shot who holds the world championship record of 100 pigeons in 100 consecutive shots is living in Lincoln, Ill. Recently interviewed, he says: "I have suffered a long time with kidney and bladder trouble and have used several well known kidney medicines all of which gave me no relief until I started taking Foley's Kidney Pills. Before I used Foley's Kidney Pills I was subjected to severe backache and pains in my kidneys with suppression and sometimes a cloudy voiding. While upon arising in the morning I would get dull headaches. Now I have taken three bottles of Foley's Kidney Pills and feel 100 per cent better. I am never bothered with my kidneys or bladder and use more free like my own self. All this I owe solely to Foley's Kidney Pills and always recommend them to my fellow sufferers."
E. CLARK

Genius can erect a temple with integrity and enterprise as foundation walls.

Every Old Thing Made New.

Old kitchen chairs, benches, lawn swings, porch furniture will require only a small can of our Domestic Paint in open mouth cans to make them look like new. Get it from E. CLARK, Weldon.

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Pneumonia follows a cold but never follows the use of Foley's Honey and Tar which stops the cough, heats the lungs and expels the cold.
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Cotton Seed
60 CENTS PER BUSHEL

White they last.

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FOLEY'S
KIDNEY CURE

WILL CURE YOU

of any case of Kidney or Bladder disease that is not beyond the reach of medicine. Take it at once. Do not risk having Bright's Disease or Diabetes. There is nothing gained by delay.

50c. and \$1.00 Bottles.
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FANCY GOODS and NOVELTIES.

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Come in and let us show you a suit that will improve your appearance.

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Relief from pain that might otherwise cause you hours of agony.
Tired out muscles eased up and made ready for another day's work.
Lameness in the back and shoulders promptly cured and stiff joints limbered up.
Burns, Scalds, Cuts and Mashes rendered painless and quickly healed.
Rheumatism, Lumbago and Sciatica robbed of their anguish and banished forever.
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The great penetrating power of this famous remedy enables it to do this quickly and positively.
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