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A NEWSPAPER FOR THE PEOPLE.

VOL, XLVIII.

WELDON, N. C., THURSDAY, JULY 17, 1913.

EDISON'S FOOD JAG.

THE HUMAN SIDE.

Thomas A. Edison Has Discovered a Great Many Things, and 101 Now Numbers Among Them the Food Jag.

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"I have found men and women," says Edison, "who are food drunk all the time. Many people are constantly gorged with food with the result that their intellects are beclouded and their bodies benumbed just as truly as if they had used liquids to excess. The condition is a deplorable one." The food jag may be deplorable,

11 just as Mr. Edison says, but there are still those who believe that it is much preferable to see a man full 11 of food than to see him full of squirrel whiskey that makes him 11 climb telephone poles. A man 11 with a boiled beef and cabbage souse or pork and beans jag may have his intellect slightly clouded, 141 but there is no time when he sees pink alligators or purple rhinosceri, and he is never obliged to flee in wild disorder from blue and red hyenas. Neither does he go home and chase the keyhole all over the side of the hose, fall up stairs, put his clother to bed and hang himself upon a hook in the clothes press. He does not awaken in the morning with a tongue that feels like a shreded wheat biscuit. A man may go the worst kind of a ham sandwich or chicken a la king jamboree and still retain the respect of his neighbors and friends He does not go home and whip his wife, and he does not go to

sleep in the gutter or walk around a park fountain fence all night thinking he is on his way to his own domicile. Another thing which makes the food jag seem less terrible is that it

11 may be wiped out of existence entirely in the near future by the high 111 cost of living. 101



Two Women Tell How They Escaped the Surgeon's Knife by Taking Lydia E. Pink-

Let us take the gentler view; Let us keep the human Side of nature to the front, Judging men and women Let us rather be too kind, Rather be too tender Than to needless wound a mind

Let us take the gentler view When the world condems him, Let us calm the cry and hue Of the crowd that hem him. Let us rather cheer than blight With our mere opinion, Leading darkness to the light Of the heart's dominion.

When our views we render.

Let us take the gentler view When a sister stumbles; Let us halt the babbling crew That its judgment mumbles. Let us turn the dark about To the light of reason: Lo! the evil was the doubt Good has still in season !

TOGETHER.

BY ELLA WHEELER WILCOX.

We two in the fever and ferver and glow Of life's high tide have rejoiced together; We have looked out over the glittering snow, And known we were dwelling in Summer weather, For the seasons are made by the heart I hold, And not by outdoor heat or cold.

We two, in the shadows of pain and woe, Have journeyed together in dim, dark places, Where black-robed Sorrow walked to and fro, And Fear and Trouble, with phantom faces, Peered out upon us and froze our blood, Though June's fair roses were all in bud.

We two have measured all depths, all heights, We have bathed in tears, we have sunned in laughter; They never could keep us from delights-We have known all sorrows art hereafter, Whether your spirit went high or low, My own would follow, and find you, I know.

If they took my soul into Paradise, And told me I must be content without you.

I would weary them so with my lonesome cries. And the ceaseless questions I asked about you, They would open the gates and set me free, Or else they would find you and bring you to me

ADVICE FOR GIRLS. Become Something Beautiful as The following news item from

the God of Nature Designed. far away Denver, Colorado, shows

HOW IS THIS FOR A MAN.

what old North Carolina can do in-

JUST A STARTER

should let the drop fall into the

Pacific, and when this was done

do the same thing over, and keep

it had carried the whole Atlantic

THE EUGENIST'S SHOE.

Cosmo Hamilton, the English

writer, says the Houston Post,

was talking in New York about

in eternity.

The following wholesome ad- the way of producing men : "Jas, vice was recently given by a cele- H. Lee, of Lebanon, Kan., 100 brated divine to the young women years old, arrived in Denver the of his flock day after his 100th birthday, hav-"The buxom, bright-eyed, rosy ing walked all the way. He is on cheeked, full breasted, bouncing his way to Portland, Ore. His lass, who can darn a sock, com- father and General R E Lee were mand a regiment of pors and ket- cousins. The old man the does tles, feed the pigs, chop wood, not object to the title), prides himwhistle with the boys, handle an self upon the fact that he has our, do a bit of fishing, and be a worked all his life; used tobacco lady withal in company, is just the ninety live years' and is as good a girl for me and for any other man traveler as the next. Lee's sister, to marry; but you, ye pining, mop- Mrs. Eliza Gross, is alive at nineing, lolling, screwed up, wasp six years. His great-grandfather waisted, pale-faced, consumptive, lived to be 107 and his great-greatmusic-murdering, novel devour- grandfather 104. Mr. Lee was ing, daughters of fashion and idle- born in Mocksville, N. C. He has ness, you are no more fit for matri- been married three times. His mony than a pullet is to look after third wife, aged 76, remains in a family of fourteen chickens. The Kansas,"

truth is, my dear girls, you want more liberty and less fashionable restraint, more kitchen and less

In order to impress upon his parlor, more leg exercise and less sofa, more pudding and less plano, congregation the length of cternity, a colored preacher used the folmore frankness and less mocking modesty, more breakfast and less lowing illustration :

"H'a sparrow, breddern, should bustle. Loose yourselves a little, take a drop of water from the Atenjoy more liberty and less restraint by fashion, breathe the pure lantic ocean at Coney Island, and atmosphere of freedom, and be- with this drop of water in his beak should hop a hop a day until it, come something beautiful as the reached the Pacific ocean at San God of Nature designed. Francisco, and when it got there

FIXING HIS NATIVITY.

While visiting in the South should turn around and hop a hop recently a traveler chanced up- a day all the way back to Coney on a resident of a sleepy ham- Island and get another drop and let in Tennessee. "Are you a resident of this on doing this very same thing until town?" asked the traveler. "Am I a what?" languidly ocean over into the Pacific, it asked the man as he rose to a would then only be early morning sitting posture.

"Are you a native of this town?' "What's that ?"

"I asked whether you were a native of this place ?" Suddenly there appeared at

eugemes: the open door of the cabin the "Eugenics," he said, "is a foe man's wife, tall, gaunt and salto properly regulated divorce. low. After carefully scrutin-Some eugenists even think that the izing the intruder she said: reasons for divorce need not be "Ain't you got not no sense a-tall, Ira? He means was yo' given.

living heah when you was born Roman who invented the phrase,



NO. 12

-and keep you in confort later. Pepai-Cola gives you the most wholesome sort of brain refreshment and body vigor. Each benefit which it brings is everlating benefit, because Pepsi-Cola is purehealthful. Fruit, pepsin and stimulating oils in it, quench thirst, aid digestion, relieve fatigue. Everybody likes its tart, rare flavor.



processon what you want mut, on a hot, stifting summer day. It's original. It's different. *Keeps* you happy and clear-headed for any work which you should do. It is safer to drink than water, for it is filtered, putified, tested and proved. Drink Pepsi-Cola when your body acception tesh-ment. Ask yourself the question —"Am I thursy, NOW?"



S. M. DICKENS, Weldon, N. C.



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