

THE ROANOKE NEWS.

ESTABLISHED IN 1866.

A NEWSPAPER FOR THE PEOPLE.

Terms of Subscription—\$1.50 Per Annum

VOL. L.

WELDON, N. C., THURSDAY, OCTOBER 7, 1915.

NO. 24

TWINS AND MORE.

The Tendencies to Produce More Than One Child at Birth Runs in Families.

Take 900 average babies. There will be ten pairs of twins among them.

This remark applies to the United States. In Italy or Brazil the proportion of twins would be much less. For some reason that nobody knows infants in duplicate are not nearly so common in duplicate as in single countries. Relative to population twins come into the world in Russia three times as often as in Spain.

The tendency to produce more than one child at a birth runs in families. It is handed down from mother to daughter. If the former has given birth to one or more sets of twins the latter is rather likely to do the same thing.

Triplets in the United States occur once in every 7,910 births. Once in every 371,125 births the proud—or perhaps indignant—father is informed that his family has been suddenly augmented by four simultaneous offspring. There are in medical history authentic records of 29 instances in which quintuplets have been born.

Where mere pairs of babies are concerned they are of the same sex in two out of three cases. "Identical twins," however, are always of the same sex, whether boys or girls.

Physiologists differ as to the reason why of identical twins. They are undeniably different from ordinary ones, being in effect one person in duplicate, and sharing, as were a single identity. The same mental, moral and physical attributes are common to both. It is as if they were halves of one and the same individual.—Cleveland Plain Dealer.

Ever notice how much happier you are when you tender others happy?

MANY A MAN IS UNHAPPY ONLY BECAUSE HE BELIEVES HIMSELF.

IN STERLING LIVES A GIRL

Who Suffered As Many Girls Do—Tells How She Found Relief.

Sterling, Conn.—"I am a girl of 22 years and I used to faint away every month and was very weak. I was also bothered a lot with female weakness. I read your little book 'Wisdom for Women' and I saw how others had been helped by Lydia E. Pinkham's Vegetable Compound, and decided to try it, and it has made me feel like a new girl and I am now relieved of all these troubles. I hope all young girls will get relief as I have. I never felt better in my life."—Mrs. JOHN TERRELL, Box 116, Sterling, Conn.

Massena, N. Y.—"I have taken Lydia E. Pinkham's Vegetable Compound and I highly recommend it. If anyone wants to write to me I will gladly tell her about my case. I was certainly in a bad condition as my blood was all turning to water. I had pimples on my face and a bad color, and for five years I had been troubled with suppression. The doctors called it 'Anemia and Exhaustion,' and said I was all run down, but Lydia E. Pinkham's Vegetable Compound brought me out all right."—Miss LAVISA MYRIS, Box 74, Massena, N. Y.

Young Girls, Heed This Advice. Girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should immediately seek restoration to health by taking Lydia E. Pinkham's Vegetable Compound.

Administrator's Notice. Having qualified before the clerk of the Superior court of Halifax county as administrator of the estate of E. R. Jones, deceased, late of the county of Halifax, notice is hereby given that all persons having claims against said estate to present to me duly authenticated on or before the 21st day of September, 1916, or this notice will be placed in hand of their recovery. All persons indebted to said estate must settle at once. This the 20th day of Sept. 1915. J. H. BOYD, Adm. of E. R. Jones, deceased.

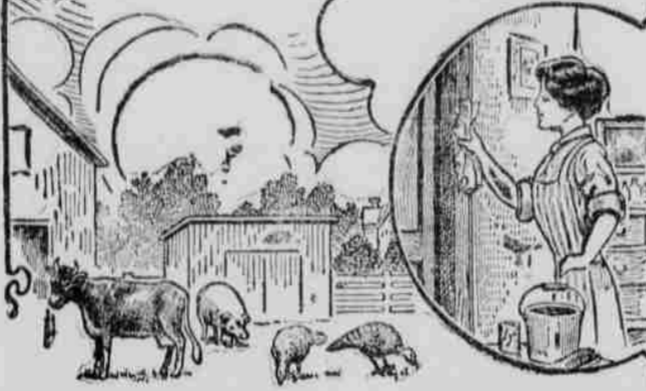
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Children Cry FOR FLETCHER'S CASTORIA Guard well your thoughts for your thoughts are heard in heaven. Some men would rather be broke than right—if there's one coin in it.

FOLEY KIDNEY PILLS FOR BACKACHE, HEADACHE AND BLADDER

FOLEY CATHARTIC TABLETS FOR CONSTIPATION AND BILIOUSNESS

In the HOME or on the FARM



The many needs for a good cleanser and disinfectant are best and most economically filled by

MENDLESON'S LYE

Its full strength cuts grease in a jiffy from sinks and pans and makes it ideal for disinfecting poultry houses and curing cholera in hogs. Its purity and strength make it the best Lye to use, while the extra quantity you money will buy, makes it the cheapest. Twenty ounces of Solid Lye for a Dime instead of Sixteen.

One ten cent can enough to saponify eight pounds of grease, making more soap than any other 10c can of lye on the market will make. The pound can makes fifteen pounds of soap.

Three Forms—solid, granulated and ball Two sizes—10c. and 5c.

BUY Mendleson's Lye HERE

HALIFAX COUNTY

WHOLESALE DEALERS: R. J. Madry, Scotland Neck, N. C. Bowers & Co., Scotland Neck, N. C.

RETAIL DEALERS: W. B. Strickland, Scotland Neck, N. C. Burroughs-Pitman-Wheeler Co., Scotland Neck, N. C. Clee Vaughan, Scotland Neck, N. C. C. N. Malone, Scotland Neck, N. C.

FIRE WASTE IS ATTRACTING ATTENTION

Several States Have Realized Enormous Destruction by Fire and Established Legislation to Prevent Some of Waste

The fire waste throughout the country is attracting more attention than ever before, and several states have shown a disposition to recognize the principle that the enormous destruction of property annually is an economic waste of the country's resources with the result that they have expressed a decided sentiment in favor of establishing special legislation which will tend toward greater conservation, and are abandoning their former attitude of assuming that as long as property is insured there is no loss. In the face of facts, the attitude mentioned is absolutely erroneous, and it can be corrected by the education of the public, starting with the children, whose receptive minds are open to instruction in the saving of life, which is of the most importance, and the preservation of property. Let people know the full danger of fire chargeable annually to carelessness through the thoughtless handling of matches, the storage and handling of gasoline, oil, fireworks and explosives, show the means of permitting trash to accumulate or in the unkept cellar, inflammable materials to be stored in closets, attics, or elsewhere.—Safety Engineering.

Show your employees that safety activity is in their interest and that of the Nation. Once they realize this they will say, "This business of preventing accidents is my business. I shall attend to it, and would like your cooperation."—Alexander Shaine.

SONGS.

He sang a song of mountains, in hazy, purple mist, Of rough cliffs all in shadow, of summits fair, sun kissed, And a few, in the vast and varied throning Who had seen the mountains, applauded the song.

He sang a song of the ocean, with waters clear, blue-green, And foam-flecked waves a-tossing in changing silvery sheen, And here and there in the crowd was one Who loudly clapped, when the song was done.

He sang a song of gladness, with merry, laughing lit And every word and gesture had a little upward tilt, And the happy faces happier shone, For the song he sang was all their own.

He sang a song of sorrow, the chorus all of pain, A reverent silence followed, and applause was useless vain, Yet the singer knew when the audience rose He had found the song the whole world knows, —E. H. M., in Charlotte Observer.

HOPE.

Keep on a hopin' fer de breakin' er de day, Long time a-comin', but de light is on the way; Blue sky a-shinin' 'thoo' de ragged clouds of gray, Keep on a-lookin' ter de mawnin'.

Keep on a hopin' de lane'll turn an' show De light on de gardens whar de sweetest roses grow; Sweet worl' ter live in, but a sweeter one you'll know— Keep on a-lookin' ter de mawnin'.

Keep on a hopin', till yo' dream is comin' true; Angels is watchin' fu'm de windsers in de blue; De Lawd made de big worl' an' an' all de sky fer you— Keep on a-lookin' ter de mawnin'.

Children Cry FOR FLETCHER'S CASTORIA Guard well your thoughts for your thoughts are heard in heaven. Some men would rather be broke than right—if there's one coin in it.

NAILS IN OLD BOARDS

Attention of Employees is Called to the Danger of Pieces of Boards With Projecting Nails.

The attention of all employees is called to the danger of pieces of boards with projecting nails.

If you find a board on the ground with nails projecting, stop long enough to turn it over—with the ends of the nails down. Any wound from a nail may cause lockjaw.

Co-operation can reduce accidents, and you can help to do this by warning others when you see them doing dangerous work in the wrong way.

The fellow who said "It is never too late to mend" was not talking about accidents. The thing to do is to sew up the rip before an accident happens.

When you have to remove a safety device for any reason, do not go away until it has been replaced.

It is the injured man and his family who suffer when he is unfortunate enough to meet with an accident.

ASHES ARE DANGEROUS.

Only Safe Way to Handle Ashes is to Place Them in a Metal Receptacle and Cover.

Ashes have so many lives as the proverbial cat. When they are taken out of the stove they may look as if there was no fire in them, but all it takes to fan them into life and make them a dangerous and living thing is a slight sufficient velocity and that is usually on hand to do the job. There is just one safe way to take care of ashes and that is to put them into a tight metal receptacle, and when it is full carry them out away from valuable property and empty them. It is a practice for people to carry out their ashes and empty them up against buildings and fences in the back yards and alleys, and there has been thousands of dollars worth of valuable property destroyed by this careless practice.

LIFE INSURANCE.

Don't Depend Upon Your Neighbors to Care For Your Loved Ones. They Have Their Own Troubles.

Elbert Hubbard said many good things about life insurance, but the following is as comprehensive as any: "Life insurance avoids the uncertainty of leaving things to the neighbors."

It is a business plan founded on the laws of mathematics to provide for those dependent upon us in case of death. Life insurance is no charity. Life insurance is a duty, and it is a privilege. Lord Nelson in his will left his wife and daughter to the tender care of the British Nation, to whom I have given my life. And the wife and daughter gravitated to the posthouse. Don't leave your loved ones to the care of the public or the neighbors. The neighbors may have troubles of their own.

CHILD BURNED.

The following is a sad statement clipped from a state paper a few days ago:

"After 24 hours of intense suffering from severe burns, Theodore Roosevelt West, the 3-year-old son of ... died at the home of his parents. The child was left in the house alone with two other children while the mother went out to look after her cow."

"The child caught fire from an open fireplace. A jar in which kerosene had been kept was found near the fire and one of the other children says his brother threw some of the oil into the fire."

The trouble is that cases such as this are too frequent. How long will North Carolina parents stand for it?

MATCHES.

The match is designed to start fires. It does.

A single match may cause the burning of a city.

Most fires are of the same size when they start.

A thoughtful husband or father will have no matches in his home except those which light only on the box. Such matches, if accidentally dropped or secured by young children, cannot be ignited on any ordinary surface. Hundreds of baby children are burned to death every year, playing with the "strike anywhere" match.

LAWS NEEDED.

The people must be made to know that our annual fire waste is as great a menace as war, famine, or flood. Fire waste emanates largely from criminal indifference, hence should be prevented through laws which would go direct to the very root of the evil, and hold the party on whose premises fire originates criminally liable. When this is done our fire waste and sacrifice of human life will be reduced 75 per cent.

CLEAN UP.

Rubbish heaps are fire breeders. Fires start in them and are fed by them. A clean city will have few fires. Attics and cellars should be kept free from combustible accumulations. Ashes should not be carelessly disposed against wooden fences or other combustible surfaces. Trash or autumn leaves should not be burned too near buildings.

CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of *Chas. H. Fletcher*

It's easy to explain why others shouldn't make mistakes.



PEPSI-COLA

Bracing, invigorating, refreshing—and a "come-back" that makes you feel like WORK. It gives you what you want when you want it.

Drop in at the fountain—then you'll know what we mean. Put up in bottles, too, at your grocer's.

For All Thirsts—Pepsi-Cola



TO MY CUSTOMERS:

THE ice season is at hand and I earnestly ask you to give me a liberal share of your patronage.

I believe after you take in consideration the fact that I have furnished you ice both winter and summer, and have made it possible for you to get ice any time during the winter when otherwise it would have been hard for you to obtain same, you will have no hesitancy in giving me your support.

I have handled all the winter at a loss in order to supply my customers and others that might want ice and I feel by so doing that I am entitled to your patronage.

Block shipments solicited.

Yours very truly,

C. E. CARTER.

P. S.—Any time my men don't give you satisfaction in both service and ice, I will be glad if you will call it to my attention. Phone 318.

Originated in 1887

The Roofing with 20 years of Service back of it

Look for the Trade Mark CORTRIGHT REG. U.S. PAT. OFF.



CORTRIGHT METAL SLATE

This record for durability, without leaks, repairs, or other common roof troubles, has attracted many imitators. If the shingle offered you looks like "CORTRIGHT," don't let it go at that, but look for the stamp on the corrugation at the top of the shingle—"CORTRIGHT REG. U.S. PAT. OFFICE."—It is put there for your protection. Use it!

For Sale by

J. S. TURNER, Weldon, N. C.

"That miserable pain—don't you want relief?"

Close attention to work is the cause of much Pain and many Headaches. Obtain relief by taking one or two

DR. MILES' ANTI-PAIN PILLS

Then tone up the Nervous System by using

Dr. Miles' Restorative Nervine

IF FIRST BOTTLE, OR BOX, FAILS TO HELP YOU, YOUR MONEY WILL BE REFUNDED.

AWFUL SUFFERING. "I suffered untold agony with neuralgia. I thought I would go mad with pain. A friend of mine advised me to take Dr. Miles' Anti-Pain Pills. I did so and the pain stopped almost at once. Then I commenced using Dr. Miles' Nervine and before long I was so that I did not have these pains any more." E. J. WINZEL, 661 E. Fifth Ave., Colorado Springs, Colo.

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