TERMS OF SUBSCRIPTION,

One copy, six months . . . . \$1.00

distant explorations.

NO. 17

One copy, three months . . . Heart and Hand.

I loved her in the early spring, When binebirds mate and robins sing; My heart cried haste ! oh, speak ! make haste! My head made answer, haste is waste!

drapped the corn, I sowed the wheat, numer came with blossoms sweets And all the time my heart cried haste, And bend made answer, haste is waste!

I stacked the grain, I sheared the sheep, My hourt's loud ers of baste, oh, haste !-Was silenced still by hoste makes waste?

Another wed her weeks ago! -Jennie E. T. Howe in the Century.

## Story of Princess M'Tse.

In a volume entitled, "Central Africa Na'ced Truths of Naked People," there appears the following:

On the 3d of August (1874), while King M Tse had caused to be rebeautiful child of ten years, had been what results will hereafter appear. sent me as a special mark of his royal the Bon Pasteur), where she now is. Christian she was now a Moslem. The King had sent me also a boy of

I had quitted I ganda on the morning of the lith of July to return by of the Nile?" I had arrived in Ruba-been sold into slavery and had married Worms, "inward fits," sour stomach, still greater phenomenon. me for a centaur! I had suffered the of whom you speak.) horrible honor of having thirty peo-

grateful acknowledgments.

been their home, exchanging a life of might convert her father, and perhaps Potomac in November, 1862, General almost perfect repose for toil and care her people, to the Christian faith. in the land to the northward. It is to Khartoum, en route to Cairo, under | for her fantasia and marriage fete. equatorial read from the Indian Ocean and the occasion may offer to accomto the interior.

lar types in my train gathered for waif, given in Court eliquette into the ethnological study, or for presentation hands of a stranger guest, returned in to the Khedive as representatives of after years—as bread upon the water the races which had lately become his The little Frincess was amazed at the steamer which took us Princess M'Tse the First. from Gondokoro to Khartoum; in this latter place she saw for the first time a house, at Berber a camel, and finally, in Cairo, the City of the Victorious, the El-Kahirah of the Caliph. How shall I picture her delight and express ly cal collection was turned over to the Khedive, but M'Tse, in pursuance of is "looking up." the idea which had decided me to bring her to Cairo, I determined should ary." be educated. With this object in view I went to see Sister Agatha, of the ing. Convent of the Bon Pasteur, who readily entered into my plans and un- up."-Rambler.

dertook her education, and a sufficient sum was placed at her disposal to meet the projected metamorphosis. An interval of several years went by, during which I was frequently absent in

command of expeditions engaged in

I was in Cairo after my return from

the Indian Ocean. Sister Agatha dressed in the extreme fashion, and times, draw out the bair, and the subtout a fait a he Parishenne, to which fashioned pink silk shoes with heels practiced by axmakers and other Louis XIV. I did not recognize the Sisternor her protoge until the strange likeness to the Queen of Sheba bad seized my hand, and in accents which gle cried Mostima! (my master). It is, rest of brain is essential. preparing to destroy the little baggage | ter presented me a modiste's bill which | the nervous system is in excess of the showed that the vanity of the newly waste; hence its value. With regard stored to me, a messenger arrived fledged Christain was fully as great as to the therapeutic treatment of nervfrom the King bringing with him a when mude she had decket herself ousness, the subject is so essentially M'Tongoli, who had orders to procure with every varicedored ribbon she scientific that no patient whose ailme boats resembling those in which could put her hands upon, sister ment is anyway advanced should do we had navigated the Lake Victoria Agatha informed me that it was quite N'Yanza, that I might the more easily time to place M'Tec in some home or incipient cases, all that is required descend the river. The M'Tongoli al- where the might become useful; and, is an abandonment of the producing vanced toward me, and in the name of in view of the modiste's bill, I was quite conditions, and, even when the dis-King M'Tse presented me with eight of the same opinion. She had been order has made some progress, a genbeautiful young girls varying from baptized, and bore the name of Marie. ten to twenty years of age. One of the King, a family of a kind Greek lady, and with bathing will generally result in the

Six years, had gone by and a deluge favor. The little Princess was the of fire and blood had swept over Egypt. living image of her father both in form | During the interregnum of insurrecand face. She was subsequently tion and disorder what had become of enable the organ in an instant of time placed in school at Cairo (Convent of the Uganda Princess? Pagan and to cover an infinite range of vision.

twelve and two beautiful little ches. Alexandria, an advocate for my clients, complish this feat in an instant of nut-colored infants, scarcely able to whowere seeking indemnity for the fires time It was an embarrassing dileter which, lit by the insurgents, had The utmost caution is therefore imma. To refuse was to wound African burned them out of their houses and peratively demanded of every person etiquette, and more, brave the wrath homes. I was seated at the table to whom is consigned the care of the of a man to whose hospitality and d'hote of the Hotel Canal de Suez, young child from infancy to perhaps kindness I owed my life. It could when I was attracted by a romantic the third year of life. It is during cake for my mother's sake. not be thought of, therefore I accept- story told by my Arab neighbor, whom this time that damage to the muscular ed and sent to M'Tse a ssage of I knew to be Achinet Bey, for he was apparatus of the eye may be done, thus addressed by his companion, who The mother or nurse is eager to have was an eager listener to the story.

He spoke of a beautiful woman, the the river which left the Victoria daughter of a King, who had been How many tired heads, languid eyes, know how to keep the Sabbath if I N'Yanza in the North, and which, un brought to Cairo from far-off Ethiopia: and disordered tempers result from explored and unnavigated, still was of her education, her charms, and how this mistake. How often is less of the unknown link in the great prob- finally, after the white man had con- accommodative power, or enlarged a good cup of roller, they are an lem of "Where are the great sources fided her to a Greek family, she had pupil, or cross eye the consequence! ga, the capital of Uganda, one month her master, a Mussulman Beylike him- flea bites, and bad temper are some of before, on the 29th of June, and had self, but a drunken fellow who mis- the morbid and moral posers which been received as a Mongara, or white used her; that a short time before she the mother and the family doctor pon-Prince, by 10,000 prostrate subjects of had escaped, and, seeking protection der over. M'Tse, who contained their fear of at his harem, had been introduced by the white man until mounted upon a his canacha to his favorite wife, with horse, which, unseen till now, was a whom she now was. It was M'Tse, I the eyeball within the first two months I dis- startled Achinet Bey when I laid a of life is found in the case with which friends to partake of it with you. mounted, when they field to the jungle, heavy hand upon his shoulder and horrified at the disjunction of horse said: "Ye Reg. Auc et moultingt bint." and man, for till then they had taken (Oh, Bey, I am the master of her

I told him her story in a few words, ple chokel, decapitated or hewn to and of the promise given me some ing this state. pieces in my presence, all for my honor, time before by Tewfik Khedixe that and that the stranger might be im- when the rebellion in the Soudan had pressed with the power of the King. been crushed and the opportunity of-M'Tse and M'Toki names 1 had fered an officer of rank should expouse vestigated. The child should be given the girl and boy (M'Toki, signi- the Princess and be sent as Embassa- bandled lightly; it should not be played fying banana, was the name given the dor to the Court of her father. The with too much; it ought to be or roll poculiar greed astensible reason given the Khedive iness in devoring bananas) were was that such an act would be an ex the lap or in a chair. Any une-qual charmed with the idea of making the ceptional opportunity to confirm the size of the pupils should be carefully first voyage of their lives with us, and treaty which I had made with King noted. It may be either the sign of laughed and chatted together in their M'Tse years before in behalf of Egypt. beautiful I ganda language, as if with and by which he recognized himself as every bend of the river they were not a vassal. I had another object unexleaving behind them, forever, perhaps, pressed, which was that the Christhe dense banana forest which had tian child, rejoined to her kindred,

Achimet Boy was a man of kindly sufficient to say that we escaped mir- heart. He promised me, and even aculously the threatened death by swore by the beard of the Prophet and starvation, the lance and the arrow of by his religion, that he would be rehe en my, and successfully arrived at sponsible for M'Tse, keep her at his the military outpost of Foueira. A house as the companion of his wife, year later, having concluded other im- and when the time should come that portant expeditions, I was on my way she should be returned be would pay

rders from Gordon to assume com- The Mahdi has drawn a line tightly mand of the expedition which was to across the country which separates her o-operate with him by opening an from her father; a little while longer plish the plans here detailed. If so, M'Tse was among the many singu- history may yet relate how the little to regenerate her people, and who may be known hereafter as Christian

> How Business Is. With the theatrical agent it is

With the acrobat it is "getting live

With the baby it is "rattling." With the professor of astronomy it

With the newsdealer it is "station-With the convalescent it is improv-

With the sneak-thief it is "picking

THE FAMILY PHYSICIAN.

To Bemove a Mote from the Eye. Take a horsehair and double it, leaving a loop. If the mote can be seen by the loop over it, close the eye, and the mote will come out as the The Gastronomic Tastes and Preferences hair is withdrawn. If the irritating object cannot be seen raise the hal of the eye as high as possible and tlace stance which caused the pain will be workers in steel. Medical Times.

Treatment of Nervousness. Exercise is of service, especially if recalled the little creature in the jun. taken early in the day. Sleep-that Every was M'Tse ! I stared, and was domb nervous patient should have at least with amazement, and was in no wise seven hours eight is a preferable recovered from it when the good sis- number. During repose repair of well to attempt self-cure. In tritting eral attention to dieteties that is, re-establi-hment of health.

Abuse of the Muscles of Baby Eyes. The two muscles - a set for each eye-act in perfect correlation, and No fine adjustment of the telescope, One day in August, '83, I was in no system of lenses and prisms can ac-

baby see everything from a nursery

An indication of the delicate and undeveloped muscular apparatus of some infants look cross eved. It is well known that in sleep the eyes are turned upward under the brows, and inward, and that a true crossed condition of the optical axes occurs dur-

An occasional temporary crossing of the eyes of an infant above two months of age should be carefully inon its back in preference to sitting on some internal trouble or a simple local affection of the muscular tissue

Taking leave of the Army of the along the front of the army drawn up in line to greet their commander for the last time. As the brilliant group swept by the regimental colors of the Fifteenth Massachusetts caught his attention. They had been out in many a shower of lead, and had suffered especially at Antietam. Only a few rags fluttered from the shattered staff, which was patched with a band of tin radely nailed on where it had been broken by a shot. No other as so badly torn. Riding rapidly McClellan had passed the regiment before he could check his horse, but then he wheeled, returned, and halted, saluted the color, pathetic symbol of valor and sacrifice, by slowly raising his cap. The thunder of cheers that acknowledged this act of gracious courtesy revealed one of the secrets of McClellan's popularity with his army, Worcester Spy.

Protection Against False sood. "Madam," observed the dry goods clerk, "these goods are warranted all

"I have heard that they are half

"You must not believe everything you hear, madam," returned the clerk-"I do not, sir," replied the lady. "I have been married twice." - New

THE PROPER WAY TO LIVE

A Noted Minister's Views on the Subject of Enting.

of Rev. Robert Collyer.

The Rev Dr. Robert Collver was brought to see me a tall, magnificent the eye as high as possible and place. The new Dr. Robert Conyer was the loop as far as you can, close the busily engaged on some manuscript obliges them to give him a tithing. called upon him, but he laid aside his work when told that his views on the were added a pair of somewhat ultra sure to come with it. This method is proper mode of living were desired, and, seating himself in an easy rocking-chair, he lighted a fresh eigar and told the reporter to "pitch in."

In response to the questions asked him Dr. Collyer said. Think the American people, take them all in all, are the best livers of any people in the world. I don't find any fault with the method of living here; in fact, I was only too gla I when I got to a land where I could live twice as well as I could in my native country. It may be different in England at this day from what it was before I left, but in my time a workingman in that country would no more think of having a turkey on his table than he would of having the American bird of freedom All of the workingmen whom I have met in this country and I have known thousands of them live much better than the workingmen of Englanel.

"As for myself, I try to live like a Christian and a white man. I like plain food well cooked, and I do not care for any kind of messes. I like chicken pie; but as for compounds of pastry and trut or vegetables known as 'pies' in this country, I sometimes cat them, but can get along without them. We have a roast sucking pig served up once a year when I can get for Charles Lamb's sake. We also have a roast goose once or twice; year, for my own sake and my boy hood's sake. I like seed loaf and tea-

"On the Subjecth I eat four meals, We have breakfast at eight o'clock, and regularly every week as the day of rest comes around we have tish cakes for breakfast. I should hardly was deprived of non-balls. Supple mented with a motton chop excellent thing to preach a sermon on. The meal of the day is served at one o'clock, and we usually have roast meat with the necessary accompanihespitality, and it gives rest to a good

"After dinner I go to Sunday school, and about six o'clock drink some tea and eat a little bread and butter. After the evening service I ers or bread, and find that my slumbers are never disturbed because of this late meal. The English people the ring a small ivery hook to it. They and they are usually a healthy looking that bite are thrown out on the ice. people: I don't believe much, howev- they have nexisten of netting - Dr. er, in late suppers. On my birthday I always have a big dish of oatmeat and cream; not that I am particularly par tial to catment, for as a boy I became so accustomed to it that it has palled on my taste. However, I made up my mind years ago that if I ever could

day every year,' When asked if he believed that the brain was developed by the use of partienter kinds of food. Dr. Collyer said el think most of the talk on this subject is nonsense of the worst kind, Shakspere certainly did not have much chance to get ash food at Stratford on Avon; and other prominent men of our up where they probably did not get any fish food from one year to another. My idea is that if a man lives soberly and rationally the nourishment he re his system, supply all needs, and keep up his mental and physical structure.

Took his Breath Aw ay.

Young Smythe was passionately namored of Miss Browne, and was squirming in his chair preparatory to a proposal, when the young lady said: "Mr. Smythe you pass Mr. Thimplate. the jeweler's, on your way home; do

"Yes," he said, buskily, "Well, would you mind doing me a little favor?"

"Mind! dear Miss Browne," he re piled, with a look of unutterable reproach; "you have but to name it" "Thanks! Will you kindly ask Mr

Mr. George Simpson left with him yes-

The Eskimo's Appetite.

The Eskimo seem to have a conve niert appetite, they can go without food for long periods, or eat five or six tions a day, just as they happen to have it. They are improvident of fined and do not begin to lay in their winter supply ofttimes until it is two late, when they suffer from lack of it which is left in reserve. It is said that were it not for this supervision during severe winters, the natives would soon become extinct from starvation. I have never seen a native eat more than what I estimated as five pounds of seal meat and blubber at a meal, though I have read of ten or fifteen pounds being a not unusual consumption at one sitting. They eat but twice a day as a regular habit, before going to bed and almost as soon as they awake. From my limited observation, I would say that an adult consumes about eight pounds of solid food a day, subject to variations, according to the amount of exercise and the external temperature. The small quantities of tea, coffee and flour cousumed at a meal -carcely require mention as factors in the food supply. The natives live in a temperature with a and simple "cocked hat," no curtain at yearly average closely bordering on ero l'ahrenheit. Their food is almost wholly animal. They are provided et handkerchief, and bending down i with small skin boats or kyaks, which saw, now faded and nearly gone, the are very light, but of great strength. and can be transported with great facility over the ice to open water These boats have the javelin or spear as part of the outfit, and the Eskimo from early youth is trained to manage the kyak and throw the spear, so that | duel atterly above they become exceedingly expert, and it is near as possible; when the seal dishead of the jay din is support off, and next morning the great Czin Nicholas to it are attached about see lathours of I lay upon his complied, wrapped in his mediately east into the water, and the bis bed in Herdelberg. They say the seal carries them off until he is ex- howling of the wolves from across the hausted, then the line is haufed in and. Nava, could be distinctly heard the ments, and always have one or two the seaf at the end q ietly disputched Pight Nicholas died. How the comic friends in to help us to eat it. The with a small knife; not always quietly, and tragedic tread close upon each Sabbath should be especially a day of however, for a large seal when wound other in this life. est will often show tight, and wreck dinner when you have one or two the kyak. The loss of life attending the hunt is quite considerable, as the frai! skin boats are offtimes cut through by the ice or swamped in rough water: the hands of the hunter are necessarily exposed, and many of them suffer partake of a bowl of soup with crack- from their being frozen during severe weather. They procure their lish by dexterously using a short line and at for the most part have four meals a bob this up and down through a hole day—that is, I mean, the better class: in the ice, and the unsuspecting lish by, and begged constantly to die. Fin-E. B. Green in Medical News

An Ingenious Metal Cutter.

An account is given of the introduction into England, by Muce De Lone. of her metal cutting machiners, which has for some time, been, in successful afford it I would have catmeal and use in France. She has now, it an cream not blue milk on my birth pears, perfected some ingenious machinery, worked by steam power which cuts with the atmost pro the hardest and sortest metals in any design, so that by it can be produced a gold lace pin or a steel costle portcullis from the solid metal, without any molding or filing. This unique industry redivided into four general. of gates, doors, belony fronts, and other architectural metal, work with out casting plates of brass a foot thick being thus cut into lattice work at a single operation. A second reives will be distributed to all parts of | branch is the making of lattice metal work filled in with glass, to superside the ordinary leaden. Transes for church and other ornamental windows. The thard branch comprises the inlaying of plush and about jewel cases calinets, etc., with red and vellow coppersteel and other metals; and fourth for the working of picture frames, baskets, crests, etc., out of the

What He Gave the Society.

Hagley We are about to hold a meeting to organize a sonp-society this winter.

Bolgertop An excellent project excellent.

"I thought you would be in favor of it. I am canvassing in aid of the soci Thinpiate if he has tighten of the setety. I know you will give something." ting of my engagement ring which . With the greatest of pleasure. You

may put me down for a speech at the

A CZAR'S WINTER PALACE, A Building Which Shelters 7000 People.

How an Emperor and an Empresa Died Alone in the Great Attraction.

make the rest of Europe seem very poor; still, I do not think the winter palace in very good taste, writes a quiver. It is a vast quadrangle of courts, halls, throne rooms and galleries, all jumbled together, with no esso immense that they should build a narrow guare railroad for sight-seers. It gives constant shelter to some 7,000 people, yet you may pass through the whole of it and not see one.

It was not its splender which interested me the most. We had wander ed for hours, until utterly weariest with the grandeur and glitter of its splendid rooms we were ushered into a small apartment, so poor and simple in its appointments that I thought it. with its camp bed and weeden table, a guard room. On the table lay a few maps, across the best an army clouithe window, no chair save a camp stool. On the table lay folded a pock name "Nicholas," In an instant all weariness had vanished and interest most intense took its place, for I knew I was in the room where the great countries the latest idea. Emperor's heart had broken, and where, though be ruled all Russia, he to give to be to society ? The belles

They tell the story of his death in is seldom that the hunter goes out in St. Petersburg as the world does not eason without returning with his know it. Broken-hearfed over the game. The Eskimo, on seeing a seal reverses in the Crimea, and nawilling come to the surface for air, with with to live if he must lose angult of his few strokes of the public, approach grandeur he summoned to how an obappears beneath the surface a few give the Coar of Russia a potion that quiet, rapid strokes put the kyak di- would fend life quickly, and paintess rectly over the spot, then with his gay- by." The man, astoraded and affrightsin poised he waits for the seal to re- ed, refused interly, but was told that appear; should the head show itself after such a request from such a source above water within a distance of ten he must obey or lose his own line or fifteen teet, their ann is almost and That settled it. Ho was paid heavily After the scal is struck, the and sent out of the kingdom. line, on to which a large that for their clock dead. And following soon after is tied. The line and bladder are im- the physician was found murdered in

We were taken from Nicholas's room to that of the late Empress. She had been in Italy for several winters, battling with that enemy of her family, consamption; weary with her banshment, she begged to go home, and the Crar was told that if there was a room especially prepared and kept at the same temperature constantly she sia. The room was prepared, and she chough for one to scall you? came home only to suffer most horridally his Majesty, asked her physician how long she would live if the wind-Twenty minutes," was the reply. Was a moved conduction of its Then open the windows," and as they and panorama, and strew for so did so all left the room, and she, I'm hundred my be-These are some of the shallows of the

We talk of education now. Are we more educated than were the ancient Greeks? Do we know anythaur about education, physical, intellectual, asthetic (religious estimation in our sense of the word, of a mr e they had noney, heast the rudiments. Are there not some branches of eilmortion which they perfected once and torover, leaving as example? To produce health, that is, harmony and sympaths, preportion and grace, in every faculty of man't education! All! the waste of health and strength in the young! The waste, too, of anxiety and interry in those who love and tend them ! How much of it might be saved by a little rational education in these laws of nature which are the will of God about the welfare of our bodies, and which, therefore, we are as much bound to know and to obey the spiritual laws: whereon depend the welfare of our

A Limit to Patience, Waitress (to Dr. Pullem, the seat

st, who is greatly annived by her constant use of his title in addressing bien is "Tomators, thector?"

Dr. Pollem: "Thanks, no." Waitress: "Corn. Ducto, 2" Doctor Nul Dentist "

The Chatham Record

BATES

ADVERTISING

One square, on discribing One square, two inscribing One square, etc. north

For larger interplacements filteral to tracts will be unde-

He Wants the Earth. A little, with content, is noutle

With those sound we flactroasure

For the action ! Experience shows !
Heat, in the work of signow, .
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His couple tasks state, a sect. A very latticementally smalls. Enough to call a great. He very right a new should gold.

And should be Local to a possing. But is distinct. We also at her Like fresh year of himse too become: The form wheelf hitse become to day. Will written per termerrow.

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But sent time! A surfer to act.

For a thic world of a free.

Define the conflict the distribution

BUMOROUS.

A smart thing a mustard plaster. It doesn't require a tador to take

some men's measure. Go west and blow away with the

What whose of wemen are most apt "Is life weeth living ?" usks George Hastings. That depends largely on

el follow sout "a-the tallor said while pursuing a tramp who has raided

"The most important thing in conneetlen with a house is the haul," remurked the burghan Breause a arm is ridden on a rail

y his tellen when it does not folhow that he is a popular rail A referst blacksmith is needed to

stor a lower, but it regulars the e-re-til and trader, bond of a wemants Very Equative Small boy flags of asking precious bates if T is

get and eat has to the senetimes 2" "I beg pard it "at area't you you taken 2" courte usly said a mender of

to a preffy shop get with whom me was destroe \*1 in a mesular yet taken, sir," she replied with a bright blush and dro-ping eyes. Denty Dudel "Melula, how did

you like my serenale list night?" Melanda "I district the confront tion." "My position? My attitude, you mean?" "No your position. You weren't far enough away from me not might live for some years even in time. To hear you and our woren't close

Thirty years ago Ailert South's lecture, "Ascent of Mont Ivane,

press of so many militars, was left to. Shifth, the showman and leaturer, cross the dark waters alone. Not even was a quaint, genial, literary Bohemiher daughter stayed to hold her hand, an, who told a story well, cracked a joke, and made his undersee wish that the entertainment was twice as long as it was. Mr. Barnum once said that to write a show bill was a work of genius. Smith had a genius for advertising. Even the most pressur of conservatives would stop to read Smith's

advertising placed tour which communited in the ascent or Mont Blams, he had, as one of his band, an annuable gentleman named Joseph Lametorik. Smith caused see eral thousand show bills to be printed, with the strange words.

Who out Joe Longford's hair?" One morning in Baden Baten, then the great gamoling and watering place of Europe, every one was surprissee pasts, adminis, walls, and trethe portentons question, "Wi Joe Langiord's hair "

The Baten police were stirred to an unusual activity. Feeling sure that the mysterious words were a signal for the rallying of the revolutionary know and to obey as we are bound to party, they searched printing offices and visited houses to discover when and where the raily would take place. Spira were sent out, guards placed in public buildings; and even learned philologists were asked if these awful words, "Who cut Joe Langford's bair?" had any connection with the system

of Republicanism Smith gave no entertainment at Baden Baden, but the quaint joke teaked out and selvertised him and his show all over the courtry.