Miss M. Cartledge gives some helpful advice to young girls. Her letter is but one of thousands which prove that nothing is so helpful to young girls who are just arriving at the period of womanhood as Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I cannot praise Lydia E. Pinkham's Vegetable Compound too highly, for it is the only medicine I ever used which cured me. I suffered much from my first menstrual period, I felt so weak and dizzy at times I could not pursue my studies with the usual interest. My thoughts became sluggish, I had headaches, backaches and sinking spells, also pains in the back and lower limbs. In fact, I was sick all over.

"Finally after many other remedies had been tried, my mother advised Lydia E. Pinkham's Vegetable Compound. I am pleased to say that after using the medicine a wonderful change for the better took place, and in a short time I was in perfect health. I feel beyond full of life, and fond of all work or exercise. I am indeed glad to tell my experience with Lydia E. Pinkham's Vegetable Compound, for it made a different girl of me. Yours very truly, Miss M. Cartledge, 52 Whitehall St., Atlanta, Ga."

King's Business College

CAPITAL STOCK $20,000.00.

Business

KING'S BUSINESS COLLEGE, Raleigh, N. C.

No. 10

TOBACCO CURE

Anti-Baccoline

For Sale and Exchange

PUTNAM FADELESS Dyes produce the brightest and fastest colors.

KINGS BUSINESS COLLEGE, Raleigh, N. C.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. DR. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

Gamblers on ocean steamers operate in groups of two or three.

The U. S. Dept. of Agriculture

Gives to Salzer's Oats its heartiest endorsement. Salzer's New National Oats yielded in 1903 from 156 to 300 bu. per acre in 30 different States, and you, Mr. Farmer, can beat this in 1904, if you will. Salzer's seeds are pedigree seeds, bred up through several selection to big yields.

	Per Acre.
Salzer's Beardless Barley yielded	121 bu.
Salzer's Home Builder Corn	300 bu.
Speltz and Alaska Oat Wheat	83 bu.
Salzer's Victoria Rape	67,000 lbs.
Salzer's Teosinte, the fodder wonder	180,000 lbs.
Salzer's Billion Dollar Grass	50,000 lbs.
Salzer's Pedigree Potatoes	1,000 bu.

Now such yields pay and you can have them. Mr. Farmer, in 1904.

SEND 10c. IN STAMPS

and the notice to the John A. Salzer Seed Co., La Crosse, Wis., and you will get their big catalog and lots of farm seed samples free. (A.C.L.)

The most valuable feathers are those of the ostrich, which lives in Africa.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. a bottle.

A mahogany for the highest increased dent is being cut in the world. It is 6,000 a tree.

Teosinte and Billion Dollar Grass.

This is the greatest fodder plants on earth, [illegible] 14 feet high and the sweet [illegible] Stock [illegible] Rape, feed [illegible] sheep and same food per acre. (A.C.L.)

[illegible] SEND 10c. IN STAMPS TO JOHN A. SALZER SEED CO., LA CROSSE, WIS., and receive in return a package of the [illegible] and lots of farm seed samples.

A [illegible] was published in Athens, Greece, [illegible] in 1896.

An Old Field Weed.

[illegible] Dock [illegible] a bottle.

A [illegible] a day.

Not So Bad.

On an average five million a week are sent to prison in Germany for the crime of free methods. Tramps, coffee and [illegible] are the chief causes.

Deafness Cannot Be Cured

[illegible] Hall's Catarrh Cure [illegible] F. J. CHENEY & CO., Toledo, O.

An Astonishing Comparison.

If the population is increased in the United States in a ratio [illegible] in 1800 from 3,000,000 to 76,000,000 in 100 years.

The Chicago government should [illegible] in the [illegible] in these times. The wages [illegible] the market [illegible] a man. If the relations [illegible] with the United States give a country which secured the services of such an [illegible] The completion of the railway to Santiago will make it [illegible] for a revolution to [illegible] the chieftains of the rebellion, which is being carried on [illegible] Cuban-American relations will [illegible] attempts at revolution.

PUTNAM FADELESS Dyes produce the brightest and fastest colors.

To a [illegible] there are about [illegible]

The Czar is [illegible] for [illegible] to Finland [illegible] Vasa [illegible]

The [illegible] "The Majesty [illegible]

AGRICULTURAL.

Beets as Fodder.

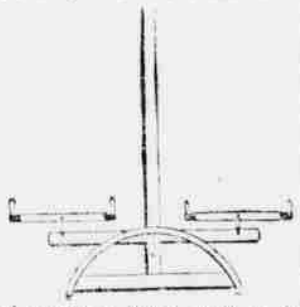
The farmers of Germany have discovered that dried sugar beets make an excellent fodder, which may be used as a substitute for maize. The beets may be kept without difficulty if they are properly sacked and stored. This use of them will be likely to prevent any overproduction of sugar. They will be turned into fodder whenever the price of sugar falls too low.

Rheumatism in Swine.

An unusual number of inquiries are made regarding a cure for rheumatism among swine, mainly with the summer dropped pigs. In the majority of cases this trouble is due to pens that are either drafty or damp, perhaps both. This being the case, the first thing to do is to fix the pens, seeing to it that the floor is dry and kept so, and that the pigs have a heavy bedding of dry material every night. Then see that the water given them is clean, and that there are no direct drafts of air blowing over them at night. To relieve the attack, let the feed be of mid-dlings and milk, for the pigs and the hogs also, with a half pint of dried blood meal divided equally for the three feeds daily and mixed in the feed. If other attacks follow, give five grains each of salol and quinine powders in some vegetable, such as the bulb of a small potato.

A Wagon Tongue.

It is not always possible to have a two-horse wagon such really light for long distance driving where it is best to use two horses. The illustration shows a tongue which may be easily made by a local blacksmith at small expense for use on a light one horse wagon. The illustration needs little description, the main points being to have the pole made of tough hickory



and about two inches square at the smaller end turned round and the ball in the square at the large end.

The collar should be made of two thick wagon leathers. Slit the shaft collar in the circle the double-tree hangs on the tongue where the clevis is bolted to the tongue. This wagon poleing up the arm bolt and is very little horse tug, a burden on the horses, and the expense of making it is small.—Indianapolis News.

A Circular Barn.

A circular barn has been completed by James Sears, whose farm is near Lapel, Ind. The walls, or rather wall of the barn are twenty-five feet high and twenty-five feet in diameter, [illegible] feet around. There is no stick [illegible] or pillars in the barn to support the weight of the roof from spreading the walls. Sears [illegible] a patent blacksmith forged three heavy steel hoops and with these he circled the structure as a band would be put around a big water tank. The barn is cyclone proof, for there is no chance to get a hold on the structure. There is a driveway, [illegible] open. The stalls for horses and cattle are arranged in a circle, there is a big feeding room in the centre, and [illegible] from the ground to the roof [illegible]. Mr. Sears claims that he can shelter more stock and store away more feed in the barn than in the ordinary square structure.

Nut Trees For Shade.

We plant out almost innumerable shade trees that yield no absolute nothing besides their services as pure shade in summer and perhaps as wind breaks in winter. If nut-bearing trees were planted in their stead they would make as good a growth, serve the purposes of the others equally well and yield us a good supply of nuts at the same time. Nearly or quite all of our nut-bearing trees are hardy in the larger portions of our country. Hickory, walnut, chestnut, pecan and filberts—the most common kind of nuts—can be found to some extent all over this country, and with a little pains in planting stock and otherwise giving them due attention, could be made to grow almost anywhere. The principal reason for this not being done is, people have not thought of it. We have been accustomed to buying and setting out all kinds of fruit trees, but whenever we wanted a supply of nuts we expected to go to the woods and gather them. No effort was made to grow them at home.

Along the walks and lanes in pastures, not bearing trees might be planted either in groves or strips, and used as wind-breaks for stock, the orchard or the farm buildings and so a combination of shade, protection and [illegible] of the useful and the agreeable.

Increase the Poultry.

The average farmer does not keep poultry enough. A little larger investment in poultry will increase the income of the farm and bring a profit that cannot be equalled by the same amount invested in any other line of farming. By this I do not mean that the farmer shall become a fanciest or a poultry specialist, but I do mean that he usually neglects the faithful hen, and if he will pick up on this branch of live stock husbandry and take as much pains with his hens as he does with his other live stock he can increase his profits with very little labor and money expended.

The poultry business now is a staple business. Just as much so as hogs or cattle or the dairy. It used to be that you could scarcely sell poultry and eggs at certain seasons of the year, but that is not the case now. There is a market for all the poultry and eggs that can be produced, and at fair prices. The large packers have developed the poultry market just the same as they have the meat market, and our poultry and eggs are transported by them to the markets of the world. Both eggs and poultry are preserved in cold storage and distributed to the people as the market warrants.

The farmer can produce a pound of chicken just as cheaply as he can a pound of beef, pork or mutton, and it always brings a better price. Why, then, not give this branch of our business more attention? With good laying stock eggs can be produced at a handsome profit. Instead of a farmer having twenty-five or thirty hens let him keep 100 or 200, or more, as his fancy and the size of his farm permits.—Colon J. Little in Country Gentleman.

Parasites of Clover.

A popular edition of Bulletin No. 76 has been issued by the experiment station of Iowa State College, on the subject of "Some Weeds of Iowa." It was prepared by Dr. L. H. Pammel, botanist of the station. The following section on the dodder will be found of interest, for this parasite would [illegible] in many parts of the country.

During the last few years Dr. Pammel says, dodder has made its appearance upon clover in different sections of the country. Five species have been reported upon alfalfa and clover. Mr. Dewey states from his experience that the dodder is [illegible] east of the Mississippi River. No doubt, however, it occurs west of it. Farmers should therefore be on their guard for this plant. It belongs to a same family as the morning glory.

The dodders are leafless except the small scales on the stems, instead of yellowish color, with thread-like stems, twining around the plants upon which they live. They produce the birds with small and short feathers, which are called [illegible] or haustoria. These seals [illegible] the nutriment necessary in the development of the embryo in a seed. The seed germinates in the soil and grows sufficiently long enough to allow it to come in contact with the plant upon which it lives, when it immediately sends its roots into and touches [illegible] on the plant to [illegible] of the host.

The dodders [illegible] the stem of the host plant, and [illegible] leaves, and [illegible] food, that is, the elaborated sap of many material [illegible] ordinary [illegible] and some derive the [illegible] entirely from the host plant [illegible] life. Such plants are [illegible].

The first and most [illegible] is to obtain a [illegible] that is free from the dodder seed. It is best [illegible] upon the [illegible] Valley [illegible] and should [illegible] tion be [illegible] of some [illegible] danger from the South [illegible] from the West [illegible] States south of Iowa [illegible] for our conditions [illegible] that the best [illegible] of these.

Farmers [illegible] by the dodder will [illegible] pay the cost of obtaining the clean seed, and [illegible] at any price.

The dodder may be [illegible] which other parasites [illegible] the way. First [illegible] treatment. For the purpose of [illegible] tion of copper sulphate [illegible] the proportions were [illegible] found [illegible]

ALFALFA AND CLOVER DODDER.

[illegible] one pound of copper sulphate [illegible] to forty gallons of water at the rate of fifty gallons to the acre.

It is invaluable to know the patch if a small one, raise the material [illegible] pile allowing it to dry, and then burn. This should be watched carefully, for if the seed is formed young dodder plants will make their appearance on the new growth of clover [illegible]. So it is best to follow the method by hoeing if the patch is a small one, and continuing this for several weeks until all danger of infection is passed. Dewey recommends keeping the soil stirred for about two weeks, and then shallow cultivation is best since the seeds, if buried deeper cannot come to the surface and infect the clover plant.

Farm Notes.

There is very little profit in feeding an old cow grain to make a [illegible].

Digestion is best accomplished when all other parts of the body are at rest.

With dairy stock more than others, result must be settled by actual test.

Other things being equal, the best offspring comes from matured sire and dam.

Under all conditions young animals make the largest gain in proportion to food eaten.

It is the amount digested and assimilated and not the amount eaten that benefits the horse.

By [illegible] is meant the power of the animal to stamp his progeny with characteristics.

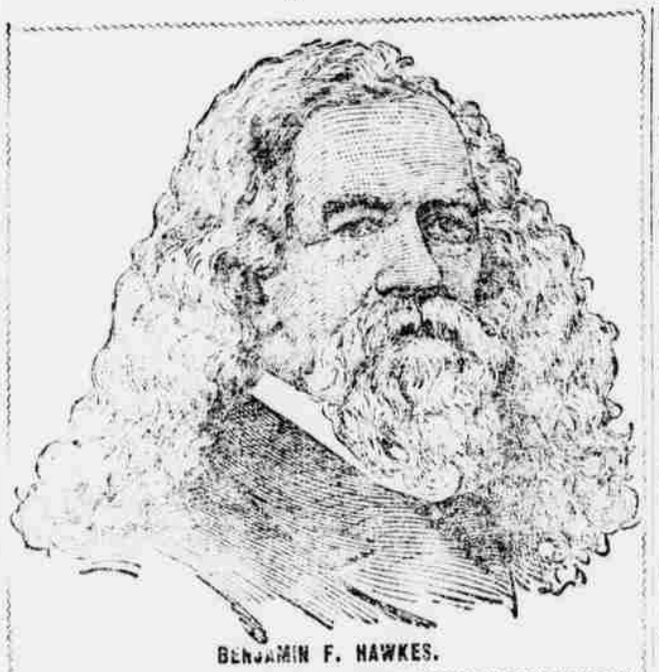
The time to sell a horse after he has been raised for market is when he is a good price is offered.

Manure, if properly managed, will always pay for the work of feeding and caring for the stock.

With all stock the profitable line of productiveness is to maintain good health with early maturity.

A COMRADE OF GENERAL GRANT

Says: "I Do Not Believe Pe-ru-na Has a Superior for Catarrh."



BENJAMIN F. HAWKES.

Benjamin F. Hawkes, of Washington, D. C., is One of the Three Living Members of General Grant's Class at West Point.

[illegible] Hawkes, a veteran of Mexican [illegible] Dr. Hartman's Peruna.

"I have tried Peruna after having tried so many other remedies for catarrh and I can say without reservation that I never felt a symptom of it [illegible] until I had given Peruna the simple trial that its reputation deserves. I do not believe it has a superior, either as a remedy for catarrh or as a tonic for the general and exhausted condition which is one of the effects of the disease.—Benjamin F. Hawkes.

[illegible] Peruna.

"I had several long siege with the grip. At first I did not know that Peruna was a remedy for the disease. When I found that a grippe was epidemic catarrh, I tried Peruna for a grippe and found it to be just the thing." Jesse Beck.

Pe-ru-na Used in the Family for Years.

Mrs. E. West, 137 Mill street, Menasha, Wis., writes: "We have used Peruna in our family for a number of years and when I say that it is a fine medicine for catarrh and colds, I know what I am talking about. I have taken it every spring and fall for four years and I find that it keeps me robust, strong, with a good appetite, and free from any disease. A few years ago it cured me of catarrh of the stomach, which the doctors had pronounced incurable. I am very grateful to Peruna. I am 67 years old."—Mrs. E. West.

Pe-ru-na Is a Catarrhal Tonic Especially Adapted to the Declining Powers of Old Age.

In old age the mucous membranes become thickened and partly lose their function.

This leads to partial loss of hearing, smell and taste, as well as digestive disturbances.

Peruna corrects all this by its specific operation on all the mucous membranes of the body.

One bottle will convince anyone. Once used and Peruna becomes a lifelong stand-by with old and young.

A TRAVELER AT SEVENTY-ONE YEARS OF AGE.

Mrs. F. E. Lettig, Toledo, Ill., writes: "I can recommend Peruna as a good medicine for chronic catarrh of the stomach and bowels. I have been troubled severely with it for over a year, and also a cough. Now my cough is all gone, and all the distressing symptoms of catarrh of the stomach and bowels have disappeared. I will recommend it to all as a sure remedy. I am as well I am contemplating a trip to Yellowstone Park this coming season. How is that for one 71 years old?"

In a later letter she says: "I am only too thankful to you for your kind advice and for the good health that I am enjoying solely from the use of your Peruna. I have been out to the Yellowstone National Park and many other places in the West, and I always think of you for your good medicine."—Mrs. F. E. Lettig.

Strong and Vigorous at the Age of Eighty-eight.

Rev. J. N. Parker, Utica, N. Y., writes: "In June, 1901, I lost my sense of hearing entirely. My hearing had been somewhat impaired for several years, but not much affected but that I could hold conversation with my friends, but in June, 1901, my sense of hearing left me so that I could hear no sound whatever. I was also troubled with severe rheumatic pains in my limbs. I commenced taking Peruna and now my hearing is restored as good as it was prior to June, 1901. My rheumatic pains are all gone. I cannot speak too highly of Peruna, and now, when eighty-eight years old can say it has invigorated my whole system."—Rev. J. N. Parker.

Mr. W. B. Schaeder, of Terre Hill, Pa., writes:

"I got sick every winter and had a spell of cold in February, 1900. I could not do anything for almost two months. In December, 1900, I saw one of your books about your remedies. Then I wrote to Dr. Hartman for advice, and he wrote me that I should commence the use of Peruna, and how to take care of myself.

"I did not lose one day last winter that I could not tend to my stock. I am sixty-three years old, and I cannot thank you too much for what you have done for me."

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you the benefit of his advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

DOCTORS FALL IN LINE.

Practicing Physicians recognize the unfailing reliability of Doan's Kidney Pills by prescribing them for Backache, Kidney, Bladder and Urinary Disorders—a tribute won by no other Proprietary Medicine. Four cases cited from "Notes of Hi-Practice," by Dr. Leland Williamson, of Yorktown, Ark.

YORKTOWN, ARK., MAY 1, 1904.

FOSTER-MILBURN CO., Buffalo, N. Y.

Gentlemen—I am located in the practice of medicine in this section for [illegible] years. This is a very sandy country, on the Bayou Bartholomew, near the Arkansas River. It is particularly malarious and miasmatic, we meet with many and various abnormal conditions of the urinary family; prominent among the ones in which I have been called upon to prescribe is kidney disease. Many of these cases manifest themselves pains in the back, often extending to every part of the body, sometimes headache is present, followed by [illegible] of urine [illegible] of kidneys [illegible] or corrupted [illegible] of the kidneys [illegible] by excess of uric acid and deposition of uric acid. These changes sometimes met with, caused by both state of inflammation or congestion.

There is [illegible] of difference in [illegible] more prone offender to treat than the variety of kidney disease, the [illegible] of which is the patient will have chills or rigors, followed by fever [illegible] and the system failing to eliminate the uric acid poison from the system. So I have found the kidneys [illegible] to their normal functions, then the [illegible] are removed—shock to the nervous system [illegible] is prevented.

I have, for some [illegible] in different localities, tried in these many manifestations and with uniform success, using Doan's Kidney Pills. I can further say that even in hopeless cases [illegible] Doan's Kidney Pills afford [illegible] relief and [illegible] in conditions of excessive or deficient secretion of urine as well as in contagious lesions from swamp fever and malarial attacks as verified by the following cases in my practice:

CASE 1.

[illegible]

CASE 2.

Mrs. [illegible] Ark., age [illegible] years, [illegible] Kidney Pills [illegible] patient up and [illegible] for one or two years.

CASE 3.

[illegible] Ark., age [illegible] years, [illegible] Kidney Pills [illegible] for one or two years.

CASE 4.

[illegible] ELLIOTT, Terry, Ark., age [illegible] years. Pain in back and legs and [illegible] Kidney Pills. After [illegible] the pain ceased and Doan's Pills, after being at hand, she regards herself as cured.

These are a few of the typical cases in which I have used Doan's Kidney Pills. In a great many instances I use them alone with curative results, while with some other [illegible] are employed.

I believe that by [illegible] of Doan's Pills many serious complications are arrested or [illegible] and [illegible] cases of Bright's disease prevented.

I have often found that one box of the pills is all that is required to effect a cure, but in some cases I continue their use until all symptoms are entirely absent and the cure effectual and permanent. Yours truly,

Dr. Leland Williamson.

YORKTOWN, ARK.

A free trial of this great Kidney and Bladder Specific [illegible] Doan's Kidney Pills, 50c. per box, at all dealers. Foster-Milburn Co., Buffalo, N. Y. [illegible]

ALABASTINE

the Durable Wall Coating, Won't Rub Off;

WHY?

Because it cements to, and is put stuck to the wall with [illegible] glue, so are [illegible] soil and [illegible] finishes.

You can apply Alabastine.

ALABASTINE

The Only Sanitary and Permanent Wall Coating

ALABASTINE is not a disease-breeding, hot water glue wall finish, furnishing a lodgment and foster-ground for disease germs; it is a natural, sick-been competition, in white and many exquisitely beautiful tints, in powder form, ready for use by simply mixing with cold water. Anyone can brush it on.

ALABASTINE cements to wall, destroys disease germs and vermin, and never rubs off or scales, unlike other wall coatings, under fanciful names, and usually mixed with hot water, are poisonous kalsomine, applied to the wall with glue, which soon rots, [illegible] germs of deadly disease, ruin and [illegible] walls, clothing and furniture. When it is necessary to relinquish the old coats must be washed off—an expensive, nasty, disagreeable job, making the rooms damp and unfit to live in.

When walls are once coated with Alabastine, succeeding coats may be applied, year after year, without washing the walls, thus saving great expense and annoyance.

Hot and Cold Water Kalsomines Have No Merit

Some dealers try to sell them, buying them cheap, and trying to sell on Alabastine's demand until such time as their customers learn of the imposition.

THEY ARE WORTHLESS PREPARATIONS

If you cannot buy Alabastine of your hardware, paint or drug dealer, refuse all imitations, and write us. We will tell you where you can get Alabastine without delay, and will [illegible] $500.00 GIVEN AWAY. Write for particulars.

Leaflet of dainty tints, hints on decorating, and our artists' up-to-date ideas on beautifying the home, Free. Buy Alabastine only in packages properly labeled.

Alabastine Company GRAND RAPIDS, MICH. and 105 Water St., New York City

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WINCHESTER

Take-Down Repeating Shotguns

Don't spend from $50 to $200 for a gun, when for $0 much less money you can buy a Winchester Take-Down Repeating Shotgun, which will outshoot and outlast the highest-priced double-barreled gun, besides being as safe, reliable and handy. Your dealer can show you one. They are sold everywhere.

Send 6 cents for Handsome Illustrated Catalogue.

WINCHESTER REPEATING ARMS CO. NEW HAVEN, CONN.

CAPSICUM VASELINE

(CITUPI-COLLAPSE PILLS)

[illegible] CHESEBROUGH MFG. CO., 17 State Street, New York City.

"ALL SIGNS FAIL IN A DRY TIME THE SIGN OF THE FISH NEVER FAILS IN A WET TIME."

Remember this when you buy Wet Weather Clothing and look for the name TOWER on the buttons. This sign and this name have stood for the BEST during sixty-seven years of increasing sales.

If your dealer will not supply you write for free catalogue of black or yellow waterproof oiled coats, slickers, suits, hats, and horse goods for all kinds of wet work.

A. J. TOWER CO. BOSTON, MASS. U.S.A. TOWER CANADIAN CO. LIMITED TORONTO, CAN.

THE TOWER'S SIGN FISH BRAND

Saw Mills

The DeLoach Patent Variable Friction Feed Saw Mill with a [illegible] feet per day. All sizes and prices to suit. DeLoach Portable Mills, Grists, Planers, Edgers, Corn and Bone Mills, Water Wheels, Lath Mills, Wood Saws. Our handsome new catalog will interest you. Mention this paper. DeLoach Mill Mfg. Co., Box 98, Atlanta, Ga.

W. L. DOUGLAS $3.50 & $3 SHOES UNION MADE

W. L. Douglas shoes have by their excellent style, easy-fitting, and superior wearing qualities, achieved the largest sale of any shoes in the world.

They are just as good as those that cost you $4 to $5—the only difference is the price.

Look for name and price on bottom.

Douglas uses Corona Colt in his $3.50 shoe, which is every where conceded to be the finest Patent Leather ever produced. Sold everywhere. Write for Catalog, W. L. Douglas, Brockton, Mass.

SAW MILLS

[illegible] Saw Mills with Engines [illegible] Simultaneous Feed Works and the Beck King Variable Feed Works are unexcelled for accuracy, simplicity, durability and ease of operation. Write for full description circulars. Manufactured by the SALEM IRON WORKS, Winston-Salem, N.C.

CROUCH Marble and Granite Co.

MANUFACTURERS OF

MONUMENTS, Vases, Stairs, Headstones.

[illegible] Marble and Granite Dealers.

Death Masks a Specialty.

Mention this paper. ATLANTA, GA.

Dropsy CURED Gives Quick Relief.

Removes all swelling in 10 to 20 days; effects a permanent cure in 60 to 90 days. Trial treatment given free. Sufferers to form [illegible] Write Dr. H. H. Green's Sons, Specialists, Box B, Atlanta, Ga.

No. 1

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION