

PROVENTION IS MEDICAL GOAL

Health Is Purchasable
 becoming the Motto of
 Governments.

L. TOWNSEND, M.D.

There has been during recent years an impressive change in the attitude of the community as a whole to the problems of preventive medicine. States, cities and towns in many instances, given concrete illustrations of their abiding faith in the old adage that prevention is better than the cure, by appropriating large sums of money for the purpose of public health. The State has appropriated two per cent of its total income in this way.

The motto of New York State is: "Public health is purchasable; within natural limits any community can decrease the death rate." And this motto is being literally applied in many places. Our own state is no exception. Preventive medicine has done much more than decrease death rates. It makes better citizens, it increases the sum total of earnings, it adds to human happiness in every way makes life more worth the living.

The Economic Loss. North Carolina today is losing year thousands of years of life because of sickness that could be prevented. North Carolina today thousands of her people must go through life wholly handicapped because of illness that have been prevented. The earning power of North Carolina is lost each year by preventable disease could be conservatively also the other expenses incident to such illness could be saved, and the wealth diverted to public roads and highway Commission might soon be seriously surfacing all roads with, using inlays of gold for repairs. Most certainly the State has no further need for bonds amounting to millions.

Community cleanliness control of diseases, arrangements for the supervision of milk and water supplies, with adequate provision of health officers and a public health service is paid for by taxes. The time has arrived, however, when a much larger measure, physical in general practice must be integral factors in the public health program. There is need for the co-operation of the family physician, sanitary engineers, public health nurses and others, the personnel for the work of part of the work for which the unit whether nation, state, or city pays. The care and supervision of the general health of individuals in the community is the duty of the family doctor. No one ever ill, in fact no one can, place in that intimate soul relationship with the individual.

Aim of the Physician. The aim of the physician who is used in the practice of prevention as well as curative, medicine is to advise and deal with patients under his charge that they will, in their earliest years enjoy the benefits of vigorous bodily and mental health. In every day life precept must be accompanied or followed by practice, too often no permanent advantages accrue. With this in view carefully scrutinize our present methods to ascertain in what way they may be modified to more certainly reach the goal for which we strive in the "best society," even though organized and advanced communities, the majority of the people are impressed with the necessity of maintaining medical or hygienic attention only when they have been afflicted with disease, only after they are actually down right sick. The patient that "he finally got so sick he had to send for the doctor" is heard, and still accepted as the proper method of procedure. Permeation of the subconscious mindings of "good old family doctors" were and are prone to consider incipient illness may be responsible for this deplorable attitude of the community today. The profession and the public must have emblazoned in their minds this: "Every fire was once a fire."

Stigma of Sickness. When the time arrives when every member of the community will feel that an stigma attaches to one who has a preventable disease, then will the time of preventive medicine have come. It is then emphasized the importance of early attention to the "fires" and urging that your doctor be called or at least advised to "nip in the bud" an im-

pending disaster, let us make two suggestions—one to the people and one to the profession:

To the public we would say it is much better to pay your doctor liberally for preventing an illness than to pay the same amount for a long continued treatment of an advanced illness that has cost so much in suffering and lost time. Even those few words of advice he gave by telephone may have saved you many dollars. Now come across and pay him well.

To the profession we would say, it's an awful accusation when the people say "yes, Dr. Blank is mighty good when you're bad off sick but he won't do much for little things." The fire department of your town is worth exactly what it saves and not what it lets burn up.

NORTH CAROLINA BRIEFS.

Short Items of State News That Will Interest Busy Reader.

Labor conditions in the State continue to be good.

Senator Simmons is out for the adoption of the Port bill.

Fred McKethan, of Hamlet, 21 years old, committed suicide by shooting himself Friday.

Last Saturday the Melarchton Lutheran church near Liberty celebrated its 100th birthday.

While knocking apples from a tree near Rocky Mount Willie Mears, 19, was accidentally shot by his own gun and killed.

"Death Row" in the State penitentiary has ten men waiting to be electrocuted. Seven have appeals before the Supreme Court and three have been given respites by the governor.

Judge J. Lloyd Horton has instructed the solicitor to indict the Wake County Commissioners for disregarding the grand jury in not isolating prisoners with infectious diseases.

Mrs. Elizabeth Briggs, of Rocky Mount, was tried in Lexington Friday for striking a young boy with her car and killing him. She was put under a \$5000 bond for her appearance at court.

Sherwood Ellington, agent for Atlantic & Western railroad at Jonesboro, was chloroformed and robbed of \$100 and his watch by two men he was trying to do a favor. The men made their escape.

Two Chapel Hill youths, John Pendergraft and Tom Sparrow, came near losing their lives Thursday when they tried to save the life of a dog. They were both seriously hurt when their car turned over. The dog was killed.

Apex held its big fair last Friday and Saturday and was a great success. Fine exhibits, horse races and big crowds. The school children paraded and Boy Scouts played a big factor. The fair was opened by an address from Carroll W. Weathers, of Raleigh.

Doors and window sash are being bought for the new Presbyterian church that is being constructed at Goldston. The Presbyterian congregation at that place expect to be worshipping in their new church soon. The Baptists of Goldston are also building a new church.

Thomas H. Dunn, who has been representing himself as a Ku Klux organizer in Wake County, and charged with embezzlement of the funds of the order, was let off from further prosecution.

cution and was told by Judge Horton to go back to his home in Robeson county and go to work on the farm and also to appear before two September terms of Wake County Court and show that he had been of good behavior.

San Diego, Cal. Oct., 10.—Dr. J. W. Peacock, for whom extradition was sought by North Carolina authorities as a result of his escape from the insane ward of the North Carolina penitentiary at the state capital, where he had been confined for the shooting and killing of Chief of Police Taylor at Thomasville, N. C., was freed on a writ of habeas corpus in Superior court today. He returned at once to his ranch near here.

Southport, Oct., 12.—In the quiet and calm of a beautiful Sabbath afternoon, C. W. Stewart and his son, Elmer, today heard the solemn words of Judge Henry A. Grady that sentenced them to die in the electric chair on November 28 for the murder on July 29 last of Detective Sergeant Leon George and Deputy United States Marshall Sam Lilly. An appeal was taken and the two men were taken to the penitentiary at Raleigh.

STATEMENT OF OWNERSHIP OF THE CHATHAM RECORD

O. J. Peterson, owner and publisher. Farmers Bank, of Pittsboro and Colin G. Shaw Mortgagees, (Signed) O. J. PETERSON. Subscribed and sworn to before me this 7th day of October 1924. G. R. PILKINGTON, N. P.

The Armour Fertilizer Works at Navassa, near Wilmington, suffered a loss of \$100,000 by fire last week.

RUNNING WATER POSSIBLE FOR EVERY FARM HOME.

Raleigh, Oct. 1.—Running water is within the reach of every farm home in North Carolina.

E. R. Raney, farm engineering specialist for the State College Extension Service, has presided at the installation of many simple water systems during the past year and his studies show that no home, however humble it may be, need do without this necessary convenience. These farm water systems may be only a pitcher pump located conveniently over the sink or they may be the elaborate kind with complete kitchen and bathroom fixtures.

Mr. Raney states that the water may be secured from wells, both deep and shallow, or springs and cisterns. The source of water supply will determine the type of pump needed and then the only thing left for the owner to determine is the kind of storage tank he would like to have and the extent to which he will go with the installation of fixtures.

If a spring lower than the house is furnishing as much as three gallons of water per minute and a fall of at least three feet can be obtained within a reasonable distance of the spring, a hydraulic ram may be installed to pump water into a tank.

Whatever the source of supply, it is best to put in a storage tank sufficiently large to hold at least one or two days' supply of water, in figuring the size of the tank, Mr. Raney advises that 30 gallons per day for each person in the home be used as a basis.

Two white men, who escaped from the Hamfax farm some time ago, have been returned.

Our Roofing
 Keeps the Water Out

AND KEEPS ON KEEPING IT OUT FOR YEARS AND YEARS AND YEARS.

5-V CRIMP GALVANIZED ROOFING for barns, sheds and pack houses

GALVANIZED SHINGLES, painted tin shingles, Asphalt and Asbestos shingles and slate for residences.

ROLL ROOFING (slate surfaced or smooth) for general use.

RICHARDSON SUPER-GIANT SHINGLES FOR HOMES, CHURCHES AND SCHOOLS.

Gutters, Downspouts, Ridge Roll, Valley Tin, Sheet Iron, Sheet Copper, Zinc, Tobacco Flues, Etc.

IF YOU CAN'T FIND IT IN YOUR HOME STORES, TRY DURHAM.

Budd-Piper Roofing Co.

WALTER P. BUDD, Sec'y - - - DURHAM, N. C.

"IT PAYS TO TRADE IN DURHAM"

Cotton Ginning

We expect to be ready after Sept. 15 to gin your cotton.

Our prices are as follows:

With new bagging and ties ----- \$4.50

Ginnery with second bagging and ties complete...\$4.00

We are better prepared than ever before to give real service. We have thoroughly overhauled our ginnery and have every convenience for your accommodation.

HIGHEST MARKET PRICE FOR CTEN SEED.


Chatham Oil and Fertilizer Co.,

PITTSBORO, NORTH CAROLINA

Your Money Here Means Safety Plus

A DOLLAR UNDER LOCK AND KEY is worth two in your pocket. Not true, you'll say, but consider a moment and you'll agree with us. The guarded dollar means no fear of loss by theft, spendthrift or speculation.

You'll think twice before you remove the guard, because he's your dollar's best friend. Here we extend the utmost vigilance to keep your dollar's intact.

FOR YOUR CON-  HIGHLY PROTECTED VENIENCE SAFETY BOXES.

The Chatham Bank

J. C. GREGSON, President. J. J. JENKINS, Cashier. W. A. Teague, vice President. SILER CITY, NORTH CAROLINA.



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Sharpens the blade in the razor without removing it. Quick. Convenient. Easy to clean. Complete sets—razor, with strop and extra blades, \$1.00 and up.

Valet Auto Strop Razor

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For Chatham Folks

Now that the fall season has arrived and you need to purchase your winter supplies, we have made special prices on our goods for Chatham buyers. Everything in our store absolutely new, having been purchased during the past few weeks and many of them are being sold today at less than wholesale cost.

We can supply your family with guaranteed shoes cheaper than any merchant or catalogue house in the whole country. Call and see us and be convinced. Special attention to Chatham customers.

S. BERMAN,

Chapel Hill, N. C.

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Protect Hard Earned Money—Buy Guaranteed Investment Safety

Wage earners who are taking money from the bank to make their first investment, and salaried men and women with dependents should seek the protection of an iron clad guarantee against loss.

Every year thousands of people lose the accumulation of years of thrift in unguaranteed securities. Much of this money is lost in industrial corporation stocks of which 90% never pay dividends, according to reliable figures. Oil and mining stock fakers take a tremendous toll. In addition upwards of \$500,000,000 is estimated to be lost every year in fraudulent securities.

Our Guaranteed 6 percent Real Estate Bonds are one of the few investments on the market today which bear a written and unqualified guarantee of payment of principal and interest.

They are secured by land and buildings worth considerably more than the mortgage, and in addition have behind them our Guarantee of \$500,000.00 which would have to be completely wiped out before you could lose a penny.

We have these Guaranteed 6 percent First Mortgage Real Estate Bonds for sale in denominations of \$100 and up.



Central Loan and Trust Company,

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W. W. BROWN, Secretary and Treasurer,

BURLINGTON, N. C.