

Easter
 Now let the heavens be joyful,
 And earth her song begin,
 The round world keep high triumph
 And all that is therein;
 Let all things seen and unseen
 Their notes of gladness blend,
 For Christ the Lord is risen,
 Our joy that hath no end.

Easter Music Tells Story of New Life

On Easter day, the year of our Lord, 1930, church bells ring from early morning till after dusk have fallen. Congregations in the Christian churches listen to the cantatas, carols, anthems, and perhaps join in the singing of the hymns, sung by soloists and choirs at morning, vesper and late evening services.

People generally rarely remind themselves of the fact that Easter was a religious spring festival long before the crucifixion of Jesus Christ upon the cross brought to that period of the year one of the two great festivals of Ostara, goddess of spring. According to the belief of the ancient Norsemen, Ostara was supposed to bring the earth rebirth. Life was the theme of those original Easter carols—new life on earth. Today the Christian world listens to the story announcing definitely that there is life after death in another sphere, which is the message of the Christian Easter tide.

The early Easter carols were songs accompanied by dancing. The Easter egg and rabbit, symbols of prolific reproduction, are still the symbols given in toy form to little children at Easter. The Easter bunny has assumed legendary fellowship with Santa Claus. The many colors of the Easter eggs were originally planned to reflect the glory of the Aurora Borealis, the rising sun so significant in the frozen lands of the Norsemen, where the sun warmed and thawed running streams and made the earth fertile and livable again.

Rituals of Paganism.

In these pagan Easter rituals the hearthfires were rekindled to disperse winter's evil, dying germs, and youths and maidens seeking marriage danced about the new fires or leaped over the flames.

The Greek and Latin word for Easter—celebration of the spring festival—was pascha, a direct derivative from the Chaldee word signifying "passing" (the Hebrew, pesach, or the festival of the passing over of the Hebrew households, as recorded in Exodus 12).

Socrates, ecclesiastical historian of the Greeks, mentioned that in the Christian church's earliest days, while the memory of the actual Crucifixion was still vivid, "the apostles had no thought of appointing festival days, but of promoting a life of blamelessness and piety." He attributes the observation of Easter by the churches as resulting "just as many other old customs have been established."

It is interesting that, musically and otherwise, so many of the original pascha Easter customs have been handed down to present days under the new cloak of Christian meanings or interpretations of the original significance. Christian churches continue the ritual of blessing water and its purifying qualities. In the old days the children carried garlands of flow-

ers to decorate fresh springs and the banks of streams; today many churches have numerous baptisms of infants as a leading feature of the chief service.

Easter Hymns and Anthems.

The Christian version of the Easter carol is the most popular form, possibly excepting the hymn, which likewise had its pagan origin in odes or songs of praise sung in honor of pagan gods or heroes. The anthems, on the contrary, are later in date and were originally planned to be sung, as the name indicates, antiphonally, or responsively.

Monday, in the White House grounds at Washington, lighter themes of Easter music are played by the United States Marine band, while the little folks of the National Capital roll their Easter eggs behind the President's Mansion, and eat candy chickens and rabbits.

The children, too, place bouquets of flowers in huge crosses in many children's Easter services in churches and they sing the most familiar carols.

The present-day version of the original Pascha candle will be found on the altar in many churches. In older days of early Christianity, in some of the cathedrals of medieval England the Pascha candle was of huge dimensions. Records show that the elaborately constructed brass candlesticks in Durham cathedral had a height of the central stem of 38 feet, with branch candelabra for smaller candles at the four cardinal points, giving the entire height of 70 feet. The candles were lighted from an opening above. In Salisbury cathedral, in 1517, the candle used for burning during the entire period of Whitsuntide, was 36 feet long of itself. After Whitsuntide was over, what remained of the Pascha candle was melted and made over into small candles given to the poor people.

It is easy to realize, through the medium of these Easter customs and music, that the world, Christian and pagan, has a supreme, unified interest in the spring festival known as Easter. Whether it be in celebration of the rebirth of earth itself as according to the ancient Norse idea, or the Christian belief in the rebirth of the human soul after passing through the veil of death, Easter is, and doubtless will remain to the end of time, the most vitally significant festival of the world in which we humans live. It is quite natural that music, the art that gives the greatest number of people emotional outlet for such celebrations, should be the dominant feature of the services in all churches on Easter day.

Egg Rolling in Germany

At Easter time in Germany the sport of egg-rolling begins at midnight and lasts two or three hours, the game consisting of rolling the eggs along tracks made of sticks placed side by side. Apples and little round cakes are used as well as eggs.

In Bohemia the children roll their eggs in a row, starting at a given signal, and watch to see which egg will first reach the bottom of the incline.

SIR WALTER BEAUTY SHOP

At 412 Fayetteville Street in Raleigh are competent operators to handle every texture of hair.

Here will be found a most distinctive beauty shop which has gained a well merited patronage from among the most discriminating matrons and misses not only of the city but from the smaller towns and surrounding country as well. Study and experience on the part of the operators here places this beauty shop in the rank of professionals in their line and thoroughly competent to advise patrons as to the treatment which will best respond to your own particular case.

They are especially skilled and equipped for the modern care of the hair, such as cutting, trimming, massaging, shampooing, marcelling and permanent waving, as well as the highest grade facial treatments known to the cosmetician's art.

A permanent waving specialist has come to the defense of the country girl and her city sister, saying, "It is not vanity that makes a woman desire wavy hair. It is natural impulse. Everyone had curly hair and it was curlier in damp weather than when it was dry. The rain that today takes the curl out of a woman's hair put more curl

in it in the old days and it does today when the hair is restored to natural functioning.

"Hair, after the permanent wave process, is nearly restored to its natural conditions and responds thereafter to the natural heat of the body and natural moisture of the atmosphere. On the extremely dry day a damp brush will increase the curl instead of taking it out. These things all go to prove that nature will assist the permanent waves."

It is openly admitted by skin specialists that activity of the body lends brightness to the face and makes one appear young, still there are signs of age that appear even with a healthy, active body, and at this shop the give-away lines and flabby muscles are remedied. The treatment chosen by the experienced management is the one which is best suited for each case.

Both the social and business women of today have demanded the full value of correct personal appearance. The modern beauty shop of today is no small item in the commercial life of the community. The artists at this place will multiply your good points and materially decrease your bad ones. Appointments can be made in any of their busy departments by telephoning.

Murray Nelson & Thomas Cooper

These architects with offices in Raleigh and Durham are well known through this section and receive a well merited patronage from the city and surrounding territory.

The work of the architect is held in highest regard in its relation to every phase of building endeavor, as it is to his creative ability and oft-times to his artistic skill that the realization of a beautiful home and useful structure is accomplished. Before a spadeful of earth is turned, or a brick laid, every detail of the structure has been planned by the architect, who with his sketches gives the public the idea of the composite effects embodied in the new building as well as its features of construction.

For its population Raleigh is remarkable for the many durable buildings. Most of these buildings, such as court house and schools, have been designed by local architects, who each year add to their prestige by new achievements in the field of building design to meet the new demand.

Prominent in the architectural field, both here and through a large section of the state, is Nelson and

Cooper, who have been responsible for the design of many notable later-day structures of varied types.

To building a house is one accomplishment. To build a truly pretty and comfortable home that is expressive of the advancement of the age is another work of marked, superior scope.

They are courteous and accommodating gentlemen and can be reached very conveniently. The general satisfaction expressed by their many clients and the great demand for their services constitute a well merited tribute to their efficiency and conscientious methods. We wish to compliment these architects upon the very valuable work they are doing in this section and to direct your special attention to their efficient methods.

The publisher himself takes this opportunity to personally compliment them upon the merited success they are making in the practice of their profession and upon their excellent standing in the professional world of the State, and to assure our readers that at their office they will receive the very best of professional service.

Motor Bearings & Parts Co.

Admirably located at 415 South Salisbury Street in Raleigh. They also have stores in Durham and Greensboro. This is one of the largest and most complete wholesale auto supply establishments furnishing garages and dealers in this part of the country, carrying a tremendous stock of auto parts and being prepared to meet the demands of any motorist with superior products.

Superior to the vast majority of automobile supply parts establishments and surpassed by none, either in general excellency of work or superiority of materials used, this well known firm has continued its successful career because the management and assistants are among the most experienced supply parts men in this part of the State.

By auto supplies we mean especially repair parts such as bearings for any make or model of automobile, gaskets, pistons, rings, fan belts, and other similar auto necessities. Their stock is one of the largest in the State.

This establishment is thoroughly abreast with the times and have

secured for the trade a large stock of everything needed in the line of parts, repairs and supplies. And let us remark here that this firm is just about headquarters in these parts for supplies, and whatever you may need in these lines they have. They are always willing and anxious to give information.

We do not think we exaggerate when we state that this concern has saved the patrons of their establishment thousands of dollars in expense for they are the sales agents for standard lines of highest grade which are offered at the lowest prices quoted by anyone anywhere for quality supplies and accessories. They have a stock that represents an investment of many thousands of dollars and have left nothing undone in their endeavor to serve you faithfully.

We are more than glad to compliment the Motor Bearings and Parts Company upon the position occupied in the industrial world of this section of the country and to assure the dealers that here they will always get courteous treatment and high grade goods.

Raleigh Tractor & Equipment Co.

This firm, located at 108 Lane Street in Raleigh is the home of the famous Caterpillar Tractors and road machinery used in this State for the construction and maintenance of highways.

This is one of the firms of this section of the State that is thoroughly abreast of the times, realizing the necessity of bringing to the very door of the people of this part of the nation the most scientific farm machinery; this well known dealer is handling machinery which is designed to work material increase in the food production of the nation, while at the same time bringing farmers larger returns from their acreage and affording the quickest and most advantageous means of marketing.

All tractors are of the latest pattern and include all the most recently improved inventions and improvements. The stock is composed of tractors known throughout the world as the best on the market.

They feature a nationally known line of tractors, and are equipped with all of the late inventions of the country's leading agriculturists and scientists. The farmer of today who wishes to secure maximum returns from his labor and land must

keep pace with the inventions in farm machinery, and the farmers of this country are indeed fortunate in having the service and modern stock offered by this well known house.

This is farmers' headquarters, and is a center for the people when driving to town. The very best of attention is given to the people from the surrounding country. If you do not happen to know the manager of this place, drop in and get acquainted, for they dispense genial hospitality here to all the neighbors. They have a reputation far and wide as reliable men in the tractor business, and in this edition it is quite proper that we compliment them upon their efficient establishment. You can depend upon them at all times for expert service, adequate information, courtesy and a stock of the highest quality merchandise obtainable. The manager is a well known and prominent business man of the community, and among the foremost boosters for all propositions promising public betterment.

Mr. J. M. Gregory being a resident of Pittsboro, we deem it proper to commend him for the part he has played in the advancement of this organization.

Virtue is more persecuted by the wicked than loved by the good.—Spanish proverb.

The pebble in the brook secretly thinks itself a precious stone.—Japanese proverb.

Who sits in a well to observe the sky does not see very much.—Chinese proverb.

A great scholar astonishes us twice, once by his knowledge and once by his ignorance.

Allen Forge & Welding Co.

This plant which is located at 409 South Dawson Street in Raleigh is headquarters for auto and truck motor rebuilding, main bearing and connecting rod service. They also specialize in chassis work for autos and trucks and the straightening of disc wheels.

They are splendidly equipped with the latest and best mechanical devices for all classes of welding work and are doing an extensive business in this line. Their work is giving universal satisfaction. It has specially prepared its plant to take care of out-of-town customers in the quickest possible time.

The service has always been efficient and courteous. As a result their business grew to such proportions they found it necessary to provide a modern plant. This they did and now have one of the most modern in the country. It is scientifically equipped as regards all classes of welding and they are prepared to render a service in these lines which equals that of any offered in the largest cities of the nation.

They are experts in the business and no matter what work you desire you will find them always ready and willing not only to serve you but also to give you valuable advice and suggestions as regards anything connected with the business. Their plant is a credit to the community and a tribute to their progressive and reliable policies.

In making this review we are glad to compliment this popular firm upon the position they occupy in the business world and call the attention to the excellent service as well as reasonable prices to the public.

HAPPINESS IN SERVICE

(From Hamlet News-Messenger)

For what is more pleasant than old age attended by the zeal of youth?—Cicero, de Senectute.

Last Thursday was the eightieth birthday of Bishop Joseph B. Cheshire, bishop of the North Carolina diocese of the Protestant Episcopal church. The occasion was made of record at Raleigh by dedication of Cheshire Hall at the Negro Episcopal school and tea served at St. Mary's School. Neither affair was a speechmaking event but the venerable bishop did take occasion at St. Mary's to say a word for youth. He declared that much of the "good old religion" was sheer nonsense, and that there is more personal religion among the young people today than ever before. Bearing his years lightly in his physical form, he has kept in his heart the spirit of eternal youth. With fourscore years behind him, he still looks forward.

Sunday, March 30, marked the fiftieth anniversary in Methodist ministry of Dr. C. M. Hawkins, pastor of the Laurinburg church and formerly at Rockingham. Dr. Hawkins also retains the buoyant spirit of youth. He trips along the street like a man eager to meet life around the corner. Out of the fullness of experience he voices his happiness in service and sees the world growing better every day.

A few days ago Dr. J. M. Templeton of Cary had an article in the daily papers taking issue with some phases of the present vogue of Live-at-Home philosophy. Dr. Templeton has behind him more than half a century of active service as an old-time country physician, a militant crusader for prohibition and better conditions on the farm. Time after time he has seen his hopes frustrated; Farmers Alliance, Populist party, Prohibition party, Farmers Union—these have risen, flourished and faded away without achieving what their supporters hoped and promised. Many of his former comrades have given up in despair, but Dr. Templeton still faces forward with all the courage and hopefulness of youth. Neither temporary reverses nor encroaching years can bring about his surrender.

Bishop Cheshire has doubtless made many errors of judgment in his administration of diocesan affairs; Dr. Hawkins has never achieved that status of popular greatness that has come to some younger men; we have seldom been able to agree with Dr. Templeton in his diagnosis and prescription for the economic ills of the farmer. Their worth to North Carolina does not depend so much upon the material success they have achieved as it does upon the manner in which they have striven.

After all, can there be any greater success than to come to a ripe old age and keep the eager optimism of youth; to come through trials and hardships and reverses, to see cherished hopes blasted and years of labor made of no avail, and still have the courage to meet new issues in the spirit of the present and the future?

It isn't unusual to find old people who face the setting sun with resignation and peace; who spend their days in calm reflection upon the past and look to the time of

rest with contentment. Some of the dearest friends we know are these saintly old folks whose very calm seems to shame the futile hurrying and scurrying of the present age, who seem to have found above and beyond the sorrow and strife of the world a bivouac of peace.

Not so common is that other type, to which Bishop Cheshire, Dr. Hawkins and Dr. Templeton belong, whose philosophy is epitomized in the clarion call of old Ulysses to his comrades:

"Come, my friends, 'tis not too late To seek a newer world. Push off, And sitting well in order, Smite the sounding furrows; For my purpose holds to sail beyond the sunset And the paths of all the western star Until I die. * * * * * For though we are not now that strength Which in old days moved heaven and earth; That which we are, we are; One equal temper of heroic hearts, Made weak by time and fate, but strong in will To strive, to seek, to find; and not to yield." strong in will



THE KITCHEN CABINET
 (2) 1929 Western Newspaper Union
 We hope, we aspire, we resolve, we trust, When the morning calls us to life and light, But our hearts grow weary, and ere the night, Our lives are trailing the sordid dust. —J. G. Holland.

SUMMERY DESSERTS

While the strawberries are with us, let us prepare as many dishes as possible to use them.

La Sable Steamed Pudding.—Mix a half cup of flour, three and one-half cups of sugar, one-half cup of baking powder, one-fourth teaspoonful of salt and one-half cupful of fine granulated sugar. Work in one-third of a cupful of shortening, add one beaten egg and one cupful of milk; add the dry ingredients and a grating of lemon peel, beat until smooth. Turn into a buttered mold, cover and steam two hours. Serve with a hard sauce and sweetened crushed strawberries.

Chocolate Custard Pie.—Scald one cupful of milk with one-half square of grated chocolate, one-half cupful of sugar, one-half tablespoonful of butter, in a double boiler. Add the yolks of three eggs slightly beaten, one tablespoonful of cornstarch diluted with two tablespoonfuls of cold milk. Return to the range and cook over hot water ten minutes, stirring constantly. When thick remove from the heat and add one-half teaspoonful of vanilla. Bake a pastry shell on the bottom of a pie plate. Remove and cool, then fill with the chocolate mixture. Make a meringue, using the whites of the three eggs, one-half cupful of powdered sugar and one-fourth teaspoonful of vanilla. Spread over the pie and brown in the oven.

Ginger Ale Salad.—Add one-half cupful of boiling water to a package of lemon gelatin, stir until well dissolved. Add one and one-third cupfuls of ginger ale; chill until the mixture begins to thicken, then add one-third of a cupful each of diced apples and chopped celery, three slices of pineapple cut into small pieces, one-third of a cupful of chopped almonds and one-fourth cupful of candied ginger chopped. Chill in small molds and serve on lettuce. Preserved Kumquats may take the place of the ginger, making a most attractive looking salad.

Nellie Maxwell

A good cure for insomnia is to quit doing things you are afraid somebody will find out about.

Prove a friend before you seek him.—Irish proverb.

In great peace, great feuds.—Spanish proverb.

A long engagement—a short wedding.—Slavic proverb.

Joy of Easter

"Most Glorious Lord of Life!
 That on This Day Didst Bring
 Away Captivity Thence Captive
 Us to Win: This Joyous Day,
 Dear Lord, With Joy Begin!"