

Light for the Living Room

By Helen G. Toland



Wherever there is a place for people to sit down, there should be some provision made for light—enough light to insure safe, comfortable seeing.

THIS living room has a fireplace, that living room has none. This one has a piano and a davenport, that one a radio and a love seat. Because they are all different, it would be impossible to give hard and fast rules for lighting a living room as a whole. But if it is to live up to the solid comfort its name implies, every living room must provide for light wherever it makes provision for people to sit down. And it is easy to tell how to light a chair for reading, a desk for writing, a table for bridge and so on.

of course, the second and third lamps need not be turned on until they are needed.

Avoid Unshaded Bulbs

It is not enough to have enough light. To insure "safe" seeing, the eyes require light of a comfortable quality as well as a sufficient quantity. Raw light from bare bulbs is harsh and unpleasant. Hence all fixtures should be shaded, and both floor and table lamps should be placed with relation to chairs, so that those sitting down are not annoyed by a view of the bare bulbs. This means that the very tall lamp should not be used with the very low chair or davenport unless it is placed slightly behind.

Shades should be deep enough to hide the bulbs underneath, broad enough to throw a wide circle of light down on the book or paper of the person sitting in the chair, and light in feeling. This last qualification is one you must insist upon, if you are going to get the most light for your money. A dark shade will absorb light, and cheat your eyes, and incidentally it will give your room a gloomy appearance too. But, although it is dark in color, if it is highly translucent, permitting light to seep through, if it has a light colored lining to reflect much of the light—if it is open at the top, allowing light to escape toward the ceiling—then it has the "light feeling," that promises your room a pleasant lighted effect.

Only at the desk, where the lamp must be placed right in front of and on a level with the eyes, is the dark shade recommended, and incidentally, be sure the desk lamp is placed on the left—unless you are left handed, in which case it should be placed at the right side of the desk.

For the bridge table, the most efficient light is that provided by the indirect portable lamp. It satisfies all the requirements of safe seeing since it provides enough light of a pleasant quality for any close work, and has the advantage of being so shaded so that it could annoy only the eyes of a fly on the ceiling.

Eye Requirements Vary

Researches conducted by scientists enable them to prescribe a minimum of ten units of light on our book if we are to read comfortably and without eyestrain. For sewing they prescribe twice that amount of light, since sewing is often done on dark materials that absorb light, and with thread that matches and so offers no contrast to help the eye along. It has been demonstrated further that the pupil of the eye grows smaller with age, permitting less light to enter to enable the eye to form the image. So a person fifty years of age requires twice as much light to see easily as a 20-year-old person.

The print in little Mabel's primer is large and easy for Grandmother to read. But even so she must double the light on the page if she is to see the words as easily and quickly as the child at her knee. A wife darning at one end of the davenport needs twice as much light as her husband who is reading the evening news at the other.

Obviously, the living room that is well lighted will take cognizance of these facts, and the lamps here and there will have two or three sockets and thus be equipped to give more light as it is needed. In general it may be assumed that one 60-watt lamp bulb in a reading lamp, provides the minimum of ten units of light necessary for comfortable reading. The lamp with two or three sockets makes it possible to double the light at a twist of the wrist, and,

Miss Mamie Witherspoon Hostess At Dinner-Bridge

Miss Mamie Witherspoon was hostess at a dinner-bridge at the Nurses home on E Street Monday evening and had as guests a number of her friends. A three course dinner was served at seven o'clock by the hostess, who was aided by Mrs. Frank Eller and Mrs. James O'Daniel, at three small tables arranged amid a pretty setting of bright garden flowers. After the dinner

bridge was enjoyed for some time and resulted in the top score prize going to Mrs. Eller.

Rome, June 5.—Discovery of an attempt to assassinate Premier Benito Mussolini on October 25, 1933, was revealed officially for the first time tonight.

The plotters intended to blow up a pillar in a railroad station in Milan when Il Duce was to arrive for a current celebration, it was disclosed.

Up-To-Date Version

"Say, Joe, can you tell me why there are fewer railroad accidents than auto accidents?"

Joe: "Well, perhaps, not exactly, but I think the main reason is because the engineer isn't always hugging the fireman."

Alarming news concerning the activity of the desert swarms, IBN Saud, has been coming via Jidda, possibly a typographical error for Jitter.—Detroit News. Southern farmers may not eat

too much, but they spend too much money for food, insisting on their independence has kept farmers from becoming independent through group action in their business of growing and selling products. Neither the AAA nor any other agency under high heaven can get the farmer a quality price for anything but a quality product.

Latest Style

Little Girl (to eight-year-old

boy): "Oh, I think you are just lots better looking than your daddy."

Little Boy: "I ought to be I'm a later model."

Salesmanship

Pretty Young Thing: "Are you sure these curtains won't shrink? I want them for my bedroom windows."

Candid Clerk: "Lady, with your figure, you should worry whether they do or not."

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HORTON'S DRUG STORE

Phone 300

We Deliver

Select Your DRUG NEEDS From These Quality First Values

Our Change of Policy

With our opening this store will be operated on a strict cash basis. This policy is due to the fact that our operating capital is limited. Our prices will not permit us to charge as the cost of bookkeeping and additional overhead is greater and this saving has been passed on to our customers in lower drug prices.

DON'T TAKE A CHANCE

At the first symptoms of physical disorder consult your family physician. Do not experiment with remedies or "cure-alls" nor depend on "honestly given" unpractical advice in treating yourself, your children or loved ones. Your doctor and he alone is most capable of diagnosing your ailment. If medicine is needed he will prescribe it. Then bring your prescription to Horton's. It will be filled by a registered pharmacist with the purest of drugs obtainable, accurately and at money-saving prices.

OUR FORMAL OPENING

THURSDAY - FRIDAY - SATURDAY

GREETINGS, FOLKS!

After extensive alterations since our recent fire we are again ready to serve you with a complete line of Drugs. Every piece of merchandise in our large stock is fresh—direct from the manufacturers. This store justifies its existence because of its single-minded policy of giving the public only merchandise of character and dependability coupled with an aim to give the customers absolute satisfaction. We welcome you to our store today. And it is our sincere wish that you come again . . . again and again.

NOUVELLE BRIDGE CARDS

Extra Special—

50c Value

29c

FREE BOX CANDY

During the re-opening days—Thursday, Friday and Saturday—we will give to the first 250 adults bringing to the store a copy of this "ad" a fresh box of Whitman's Candies. Only one box to each customer and only then when the "ad" is presented. It is our desire that you acquaint yourself with our store and its merchandise and we believe that in reading the values offered in this "ad" will help do this.

Name

CRAZY CRYSTALS

FRESH SHIPMENT

EACH WEEK

Thanks Voters Of Wilkes

To the fine citizens of Wilkes county who gave me your votes and loyal support in the race for Register of Deeds, I wish to express my thanks. This would not be necessary if I had bought your support, but you gave it freely for the sake of clean and honest government, and this is the only kind I stand for. Our forefathers gave their lives for

the right to take a hand in their own government. Shall we sell our birthright for a mess of pottage? The Republican party is bigger than any of its candidates, and the country is bigger than any party. I believe that every voter, man or woman, should keep the welfare of the country uppermost in mind, and vote accordingly. Again I thank you.

MILLARD F. BUMGARDNER.



Line Up At Our Fountain and COOL OFF!

SPECIALS FOR OPENING DAY

- Banana Split 10c
- Double-Header Ice Cream Cone 5c
- ABalloon free to each kiddie buying an ice cream cone during opening.
- TOASTED SANDWICHES—
- A New Feature
- SPECIAL FOR THURSDAY AND FRIDAY
- 2 pints of Ice Cream 15c
- Regular Price, pint 15c
- YOUR CHOICE MOUNTAIN MAID OR VELVET

Summer Drug Needs at "Keep Cool" Prices

- Fitch's Shampoo 59c
- Jergen's Lotion 39c
- Alophen Pills, 100 for 50c
- Extract Cod Liver Oil, full pint 59c
- Miller Fountain Syringe 69c (The one with a guarantee)
- Vanilla Extract, half pint 49c (Double Strength)
- Kotex Sanitary Pads 14c

Martha Washington Candies



We are exclusive agents for this famous Candy . . . Delivered Fresh Weekly

Colgate Tooth Paste 19c

Russian Mineral Oil PINT 49c (Extra Heavy)



Simply but certainly the best candy ever made by our factory in any one city. We offer you chocolate that will give you more than satisfaction . . . We will give you REAL CANDY JOY!

NEW ORPHEUM THEATRE

NORTH WILKESBORO'S POPULAR PLAYHOUSE

Monday and Tuesday, June 11 and 12—

CONSTANCE BENNETT in "MOULIN ROUGE"

With Franchot Tone, Tullio Carminati, Russ Columbo and Boswell Sisters. She made America forget the French debt.

Also Selected Short Subjects

Wednesday, June 13— BARGAIN DAY—10c TO ALL

A Return Engagement by Popular Demand Will Rogers in "DR. BULL"

The greatest Will Rogers picture and hundreds have requested us for this special return showing. Selected Short Subjects

Thursday, June 14— "THIS MAN IS MINE" WITH IRENE DUNNE AND RALPH BELLAMY Selected Short Subjects

Friday, June 15— "HAROLD TEEN" WITH HAL LeROY and ROCHELLE HUDSON Selected Short Subjects

Saturday, June 16— DOUBLE HEADER DAY "SOUTH OF THE RIO GRANDE" WITH BUCK JONES AND "EMBARRASSING MOMENTS" WITH CHESTER MORRIS and MARION NIXON. Also Comedy and Serial

My little friend says—

"My (CLEANSING) CREAM not only cleanses but beautifies the skin"

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