

Supplies Given In April Are Greater Than Ever Before

More food, clothing and household articles were distributed to North Carolina's needy in April, 1940 than during any previous month since the beginning of the surplus commodity program, A. E. Langston, State director, said yesterday.

Total value of distributions during the month reached \$313,747 for the 5,052,835 units going to 43,774 families and 1,876 school lunch rooms. Each of the 132,460 children aided received slightly more than 11 pounds of food valued at 78 cents. An average of 70.6 children were serviced through each of the schools cooperating in the free lunch program, each child receiving 20 meals during the month at a cost of about four cents a meal.

Average amount of food going to a family was 82 pounds worth \$4.82. The 209,408 individuals aided in their homes got a little over 17 pounds each with a cash value of \$1.01. Comforts, mattresses and clothing given away were estimated at a retail value of \$67,337, and the 4,965,801 pounds of food was worth \$246,409, Langston said.

Three items of food: canned apples, canned peaches and shell-peas were distributed exclusively through lunch rooms to add extra vitamins to the diets of needy, undernourished children.

Butter, graham flour, white flour, grits, corn meal, rolled oats, fresh apples and oranges, dried prunes, raisins and lard were given both to lunch rooms and to individual families through the county welfare departments.

An agency of the State Board of Charities and Public Welfare, the commodity distribution division received the surplus food products from the Federal Surplus Commodities Corporation which purchased them in areas of over-production to effect market stabilization.

Reading the ads, gets you more for less money. Try it.



HOME Was Never Like THIS!

He kissed his bride and his wife walked in!
He kissed his wife and his bride screamed out!

DUNNE GRANT
MY FAVORITE WIFE
with RANDOLPH SCOTT GAIL PATRICK
Directed by CARSON KANIN
A LEO MCCAREY Production

RKO RADIO Picture

Written for the screen by Bella and Samuel Spewack!

Thursday - Friday

BOB BURNS

Alias the Deacon

MISCHA AUER

A NEW UNIVERSAL PICTURE

Today-Tuesday

"Your Entertainment Center"

DRPHEUM



Who's Afraid of the Big, Bad Pups? Not Susie!



Jack fell down and lost his crown (as best pet), and Jill came tumbling after. Both pups were decidedly glum after Susie, coy maiden in the center, was named blue ribbon winner in the New York Boys' club sixth annual pet show. And look at the kittenish twinkle in her queenly eye as she lords it over the droopy-eared pups. Jack, incidentally, is pictured on the left.

carries forward the inherited impressions of the early days of the race and the early impressions of our infancy that the strange thoughts and feelings come. Some psychiatrists speak of these aspects of the mind as the "racial unconscious" and the "individual unconscious."

To maintain mental health one must not think of these unusual thoughts and feelings which bubble up from the unconscious as signs of abnormality. Rather he must realize that everybody is that way, and he must learn to accept himself as being like every normal person. The thing to do is to ignore these strange aspects of the mind and get on with the business of the real things of everyday living.

ARTIST'S CONCEPTION OF A GLAMOR GIRL. A delightful page of sketches in Full Color in which a brilliant British artist portrays his conception of the glamorous American girl. One of many splendid features in the June 23rd issue of The American Weekly, the big magazine distributed with the Baltimore American, On Sale at All Newsstands.

Reading the ads, get you more for less money. Try it.

"American Beauty"

adjustable-automatic electric iron
The best iron made

DISCARD YOUR OLD IRON

It is costing you time and money

This iron with its cool, practically indestructible handle makes ironing an easier and more quickly finished task. Lighter in weight—a range of heats to meet every ironing purpose.



SPECIAL OFFER

\$1.00 Allowance for Your Old Iron

PAY ONLY 95¢ DOWN \$1. PER MONTH ON BALANCE

A Cord-Support included with each iron

DUKE POWER COMPANY.

JOURNAL-PATRIOT ADS. GET QUICK RESULTS

Ronda Route 2 News Reported

RONDA, Route 2, June 3.—Mrs. Bessie Roberts Gray, who has been in poor health for months isn't improving, we regret very much. She was critically ill last week.

Mrs. R. R. Crater and daughter, Miss Loraine and son, Jimmie, Mrs. Geo. H. Sale went to Mrs. John Stout's today to gather and can cherries. Little Barbara Jean Sale is spending the day at Holy Hill.

Miss Edith Pardue spent the week-end with her parents, Mr. and Mrs. Martin Pardue.

We regret very much that Glenn Mathis is still confined to his room.

Mr. and Mrs. Hugh Lambert, of Winston-Salem, spent last Sunday afternoon with Mr. and Mrs. Martin Pardue. Mrs. Pardue is Mrs. Lambert's eldest sister. The Lambert's spent Saturday night with Mrs. Polly Bannon Ireland at Breason. Mrs. Ireland joined them visiting their sister and her daughter.

Mrs. Vetra Boyd was a dinner guest of Mr. Walter Walker's family last Saturday.

Mrs. Worth Sale visited Mrs. Sam Gray last Saturday evening.

Mr. and Mrs. Lee Carrend and two daughters, Launa and Levora of Matney, Mrs. Otha Mathis and son, Jeff, of Cranberry community, Mrs. W. G. Church and Miss Delight Church, of Elkin, Mrs. David Lee Kelly and little son, David and little daughter, Patricia, of Yadkinville, and Mr. Geo. Harvey Sale and Mrs. Sale with their little girl, Barbara Jean, of Ronda, were luncheon guests of Misses Mattie and Armissa Sale yesterday. The hostesses look forward with pleasure to this annual visit or get-together of relatives.

Miss Edith Moore, of South Carolina, who recently accepted a position with Hugh Chatham Hospital, spent last week-end with her sister, Mrs. Thorne Moore, of Ronda.

Mr. Fayette Pardue, of Clingman, is able to walk out on the porch. Mrs. Nancy Walker visited him ten days ago. She says he is very lean.

Mr. Walter Walker's health seems to be some better, we are glad to report.

Miss Polly Pardue spent Wednesday evening with friends at Holy Hill. She has just recovered from an attack of mumps.

Mind Your Mind

Of the basic principles for maintaining mental health which I mentioned last week I will select the following five as being the most important.

(1) Good physical health. Of this I need say little because the principles of physical health are taught in our schools and many articles on the subject are published in our papers and magazines. It is true of course that some people with physical infirmities have been able to maintain a strong mind and do exceptional mental work. But in general it is true that it is easier to maintain a sound mind if the physical health is good.

(2) Self-acceptance. Accept yourself! I find in consultations that a great many people are unhappy and worried because of vague and strange thoughts and feelings which frighten them and make them think that they are mentally abnormal. Such people are helped a great deal when they learn that practically everybody is subject to the same kind of things and that they are no

different from the man or woman who works with them, attends the same church or club, walks by their side in the street. All normal minds are at times subject to strange urges, vague anxieties, inexplicable moods.

The reason for this is plain when we remember that whatever race we belong to it goes back to a time when our ancestors were uncivilized people. We carry in the background of our minds bizarre and odd superstitions, beliefs and fears, which have been passed on to us from the early days of the race.

Then too we began life as helpless infants in a world we could not comprehend. In our babyhood we heard and saw and felt and feared many things which we have forgotten but which left their impress on the mind. It is from the part of the mind which

Democrats WIN WITH C. B. Deane

RUN-OFF PRIMARY June 22, 1940

Who Should be Re-Nominated to Congress?

The friends of Deane in Wilkes County appeal to their fellow Democrats here in Wilkes to help correct the wrong of 1938. The State Board of Elections after a full and fair hearing and after counting the legal votes cast in the second primary of 1938 declared C. B. Deane the nominee and the records in the office of the Secretary of State so show. His present opponent dragged the matter into the courts and would not abide by the decision of the State Board. When it was declared that the courts could not finally pass upon the matter in time for the November election, Deane agreed that it be arbitrated so that our District might not be deprived of a Democratic member in Congress. The three man board of arbitration decided against Deane despite the ruling of the State Board of Elections. He truly sacrificed his own clear rights for the benefit of the Democratic Party. This is why he is a candidate in the June 22 primary, and we have the confidence that our fellow Democrats in Wilkes will welcome an opportunity to correct the wrong that was done him.

LET IT BE REMEMBERED BY THOSE WHO OFPOSED DEANE AND WHO DO NOT WANT A SECOND PRIMARY THAT MR. DEANE'S OPPONENT, MR. BURGIN, WAS THE LOW MAN IN THE FIRST PRIMARY OF 1938 WHEN HE DEMANDED A SECOND PRIMARY. THE SHOE IS NOW ON THE OTHER FOOT AND THE TIME OF C. B. DEANE'S VICTORY IS NEAR AT HAND!

Endorse the struggle made by Deane for Honest Elections in North Carolina by your vote for him on June 22.

An Amazing Offer!!

Now at last
We can give YOU a genuine

MORRISON

GUARANTEED LIFETIME SERVICE FOUNTAIN PEN

Absolutely Free

This Offer Is Open To Everyone

Yes sir, that's exactly what we mean! We have been fortunate in making a cooperative advertising agreement with the manufacturer, which enables us to GIVE AWAY the famous Morrison Lifetime Service Pens for a limited time.

There are no "strings" to this offer—no puzzles to solve—no numbers to draw—no contest to win—no subscriptions to go out and sell.

All YOU need to do to obtain one of these beautiful and useful gifts is to come into our office, pay a year's subscription to The Journal-Patriot and your MORRISON PEN will be handed to you with our compliments.

The Morrison Is One Of America's Finer Pens

The Morrison is a Pen of Beauty and Distinction.
It is elegant in appearance, yet conservative in style.
It is hand-turned and buffed to a lustrous finish that never fades.
It has Micromatic Balance
A Smooth-gliding, especially processed point
To suit your own individual writing
PATENTED FEATURES that no other pen can offer

And it comes to you with an unqualified guarantee of Lifetime Service

The Morrison is sold in the exclusive gift shops in New York City, where it is manufactured and in countless other stores in the large metropolitan centers. It comes in both men's and women's styles in your choice of points.

You Should Act Now! Get This Pen For Yourself or Get It For A Friend!

GET IT NOW!

MAIL THIS COUPON
If You Cannot Come To The Office

JOURNAL-PATRIOT

Enclosed find \$_____ for which kindly pay my subscription for one year to The Journal-Patriot. I enclose _____ cents postage for which please send my Morrison pen in _____ (Men's) or _____ (Women's) style, to me to

NAME _____

CITY and STATE _____

STREET _____

Subscription Rate in State, \$1.50; Out of State, \$2.00

Come In and See It!

We cannot too strongly urge you to come in and see this fine gift. Every man, woman and child who can read and write has need for a fountain pen and who does not like to own the best? You will need it every time you write your name; you will be proud of it every time you show it to a friend!

The Journal-Patriot

WILKES COUNTY'S ONLY SEMI-WEEKLY NEWSPAPER