

misa Sale yesterday. The hostessis look forward with pleasure to his annual visit or get-to-gether of relatives.

ter counting the legal votes cast in the second primary of 1938 declared C. B. Deane the nominee and the records Miss Edith Moore, of South in the office of the Secretary Carolina, who recently accepted of State so show. His pres-a position with Hugh Chatham ent opponent dragged the matter into the courts and would not abide by the decision of the State Board. When it was declared that the courts could not finally pass upon the matter in time for the November election, Deane agreed that it be arbitrated so that our District might not be deprived of a Democratic member in Congress The three man board arbitration decided of against Deane despite the ruling of the State Board of Elections. He truly sacrificed his own clear rights for the benefit of the Democratic Party. This is why he is a candidate in the June 22 primary, and we have the confidence that our fellow Democrats in Wilkes will welcome an opportunity to correct the wrong that was done him. LET IT BE REMEMBER-ED BY THOSE WHO OF POSED DEANE AND WHO DO NOT WANT A SEC-OND PRIMARY THAT MR. DEANE'S OPPONENT, MR. BURGIN, WAS THE LOW MAN IN THE FIRST PRIa sound mind if the physical MARY OF 1938 WHEN HE health is good. (2) Self-acceptance. Accept yourself! I find in consultations that a great many people are un-happy and worried because of vague and strange thoughts and feelings which frighten them and make them think that they are





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Hospital, spent last week-end with her sister, Mrs. Thorne Moore, of Ronda. Mr. Fayette Pardue, of Clingman, is able to walk out on the

porch. Mrs. Nancy Walker visited him ten days ago. She says he is very lean.

Mr. Walter Walker's health eems to be some better, we are glad to report.

Miss Polly Pardue spent Wednesday evening with friends at Iolly Hill. She has just recovered rom an attack of mumps.



Of the basic principles for naintaining mental health which mentioned last week I will seect the following five as being he most important.

(1) Good physical health. Of his I need say little because the principles of physical health are

aught in our schools and many rticles on the subject are pubished in our papers and magasines. It is true of course that some people with physical infirmities have been able to maintain a strong mind and do exceptional mental work. But in general it is true that it is easier to maintain

make them think that they are mentally abnormal. Such people

body is subject to the same kind by your vote for him on June of things and that they are no 22.

Endorse the struggle made by Deane for Honest are helped a great deal when made by Deane for Honest they learn that practically every- Elections in North Carolina

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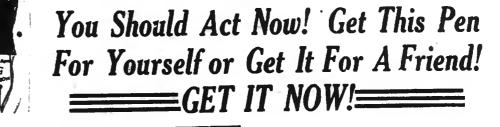
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