

BRIEF LOCAL NEWS ITEMS ABOUT People You Know

Lula Lowe spent the week with relatives in Mooreville.

Miss Margaret Jones spent last week at Elklin as a guest of Miss Ruby Jean Salmons.

Mrs. Dewey Davis is spending new days in Washington, D. C., with her husband, who is employed there.

Mr. and Mrs. Carl Bullis and daughter, Miss Rowena Bullis, of Wilkesboro, were visitors to Winston-Salem Saturday.

Mrs. Cleo Caudle and daughter, Miss Jane Wyatt, of Kings Mountain, returned Sunday in North Wilkesboro to visit friends.

Miss Eloise Franklin, of Moraviansville, spent Sunday with Mrs. D. Cooke at her home on Gordon Street.

Mr. and Mrs. Paul Winecoff, of this city, announce the birth of a daughter on Saturday, November 16, at the Wilkes hospital.

Mr. C. F. Bretholl, of Moraviansville, returned Saturday from business trip to New York City in interest of his Imprint Matrix company.

Miss Virginia Brame, who has been a patient in the Wilkes hospital, was removed to the home of her parents, Mr. and Mrs. Jack Brame, on Thursday.

Mr. and Mrs. L. J. Handy, of this city, visited Mrs. Handy's mother, Mrs. D. G. Wiles, here Sunday. Mrs. Handy remained in town to spend the Thanksgiving holidays here.

Mr. and Mrs. R. C. Meadows returned today to their home at Knob after a few days' visit with their son, Mr. J. C. Meadows, and Mrs. Meadows, at Martinsville, Va.

Mrs. Buford Jones, of Woodleaf, is visiting Mesdames T. R. Grayson and Vernon Kizer. She will leave next week for Wilmington to be with her husband who is employed in a shipyard there.

Messrs. W. H. H. Waugh and W. Barnes, of this city, Wm. T. King, of Wilkesboro and R. V. King, of Millers Creek, each bagged a deer during their hunt in the Sogah national forest last week.

Mrs. F. D. Hayes of this city, is spending several days in Washington with her sister, Mrs. L. B. Moore, who underwent an operation. Mrs. Moore's friends here wish her a speedy recovery.

Miss Margaret A. Hall, acting secretary-treasurer of the National Farm Loan Association, had her guest for the week-end at her former classmate, Miss Almarie Robinson of Waynesville.

Local people who enjoyed successful duck hunts in the eastern part of the state last week included Messrs. J. C. Reins, J. B. McCreary, R. G. Finley, W. D. Halford, Jim Hauser and W. J. Allen.

Dr. and Mrs. J. H. McNeill returned Sunday night from a mid-western trip. In St. Louis, Mo., he attended the Southern Medical Association convention and Evanston, Ill., they visited relatives.

Guests over the week-end in the home of Mr. and Mrs. W. E. Jones were Mrs. Jones' sister Mrs. E. Griffin, and two children, Anne and Walter, and Mrs. John Plonk and son, Johnny.

From Kings Mountain, Mrs. Plonk is the mother of Miss Douglas Plonk, a member of the school faculty, who has a room at the Jones home.

Questions Answered By State College

QUESTION: L. T. Weeks extended fertilizer to tobacco plant beds?

ANSWER: L. T. Weeks, extension tobacco specialist reports that the flue-cured tobacco fertilizer recommendations for 1942, as adopted by the Southern Tobacco Work Conference, call for a plant fertilizer containing 6 per cent phosphoric acid, 9 per cent potash, to be applied at the rate of 100 pounds to the square yard. The plant bed fertilizer should be practically free of chlorides.

QUESTION: Does a farmer have to obtain a "priority rating" in order to buy ordinary farm machinery and equipment?

ANSWER: Dean I. O. Schaub, director of the State College Extension Service, says the Office of Production Management has announced that priority ratings are not only to manufacturers, processors and warehousemen, and no rating is required to obtain such ratings before making purchases. Ordinary equipment includes machinery, repair parts, fertilizers, insecticides, nails, fencing, and similar items.

Many From Here At Duke-U. N. C. Game

Among those from the Wilkesboro attending the Duke-Carolina football game Saturday in Durham were: Mr. and Mrs. Don Coffey, Mr. and Mrs. John E. Justice, Miss Nellie Gabriel, Miss Sarah Pleasant, Mr. Paul Haigwood, Mr. M. W. Green, Jr., Mr. and Mrs. Locke Kenerly, Mr. and Mrs. Russel Pearson, Mr. and Mrs. J. B. Henderson, Jr., Miss Mozelle Jarvis, Mr. Jim Lowe, Mr. Grady Church, Mr. B. F. Estes, Mr. Bozo Davis, Dr. and Mrs. W. K. Newton, Mr. and Mrs. D. J. Carter, Dr. and Mrs. H. B. Smith, Mr. and Mrs. P. Ward Eshelman and son, Tom, Miss Elizabeth Alexander, David and Harold Parks (Roaring River), Mrs. Libby Alexander, Charles Jenkins, Clegg Culler, William Carrigan, Dr. and Mrs. Fred C. Hubbard and son Bobby, Palmer Horton, Jr., Mrs. William Carrington, Mrs. J. D. Moore, Sr., Mr. and Mrs. Ivey Moore and daughter, Miss Jean Moore, Miss Billie Moore, Mrs. Fred C. Hubbard, Jr., Mr. and Mrs. Jullius C. Hubbard, daughter, Miss Nell Hubbard, and sons Buddy and John, Miss Barbara Ogilvie, Gilbert Pardue, Mr. and Mrs. Arthur Lowe, Mr. and Mrs. Charles Hulcher, Mr. and Mrs. Albert Garwood, Miss Ruth Hulcher, Tom Story, Mr. and Mrs. Russell Gray Jr., Mr. and Mrs. E. A. Shook, Mr. and Mrs. C. C. Faw, Miss Corinne Faw, and Mr. Robert Taylor.

The game was hard fought and colorful, as usual. Duke won 20 to 0, but the game was even closer than the score.

JOIN THE RED CROSS

THE MARKET BASKET

Bureau of Home Economics, U. S. Department of Agriculture

MORE MILK

"More milk" tops the list of production goals proposed recently by the Secretary of Agriculture to the farmers of the United States. Calling for cooperation in the mightiest food production program ever launched, Secretary Claude R. Wickard has asked dairy producers to increase milk production to the tune of 8 billion pounds.

Why so much milk? The Secretary gave two reasons. First, he said, we in this country need to consume more milk for improved health and strength. Second, the British will need tremendous quantities of cheese, evaporated milk, and dried skim milk.

Back of both these reasons is the story of milk's food value. Milk is a sound foundation on which to build family meals. For packed into a quart of milk are a lot of essential food values that would be more difficult and more expensive to get otherwise.

Milk in more concentrated forms of cheeses, evaporated or dried milk has another advantage. It is easy to ship and handle. Thus, in comparatively small packages good solid nourishment can be delivered to Britain or to the American consumer.

Milk was one of the charter members of the list of "protective" foods. This is a group of foods gold-starred because they provide goodly amounts of the food values we need if our diets are to come up above the safety line for good nutrition. Living on diets well above the safety line is a basis for buoyant health.

Milk qualifies as protective chiefly because of its calcium high-quality protein, vitamin A, and riboflavin. Everyone needs to get calcium in his meals and milk is one of the best and easiest ways to supply it. Because children are growing, forming teeth and building bones, they need more calcium than adults. That's the biggest reason they need more milk than grown-ups. But although grown-ups don't need as much milk as children, they need some every day. In many cases, adults neglect milk simply because they do not realize how very valuable it is.

The mistaken notion that milk is "fattening," for instance, may cause some people to cut down on it. Considering the important protective values of milk, this is an extremely short-sighted policy. Foods are classified as fattening or non-fattening according to the calories they contain. In proportion to its other food values, milk has comparatively few calories—about 170 to a glass. Cutting down on milk and other protective foods is one of the reasons behind loss of vitality and lowered resistance that accompanies certain efforts to keep from getting fat or to reduce

Golden Wedding Anniversary Today



Today, Monday, November 17th, is the Golden Wedding Anniversary of one of the city's best known couples. Fifty years ago Miss Carrie Mary Hovermale and Mr. Charles Preston Walter were married at Berkeley Springs, West Virginia, the date being November 17th, 1891. In November, 1897, they moved to North Wilkesboro, and until his retirement in 1940, Mr. Walter, known to his many friends as "Captain Walter" was associated with the tannery here. From 1897 to 1914 Mr. Walter was yard foreman for C. C. Smoot & Sons Company. From 1914 until the date of his retirement he was superintendent of the tannery plant for both the C. C. Smoot and Sons Company and the International Shoe Company. Mrs. Walter was the daughter of the late Mr. and Mrs. James W. Hovermale, of Berkeley Springs, W. Va., and Mr. Walter the son of the late Philip A. and Mary Cooper Walter, of Fredrick County, Virginia. Mrs. C. S. Sink, of this city, is their only child, and Mrs. J. S. Bennett, of Chapel Hill, (the former Miss Minnie Queen), is a foster daughter.

Mr. and Mrs. Walter are receiving hearty congratulations from their numerous friends here and elsewhere, all of whom wish for them many more happy wedding anniversaries.

Wise mothers know that the milk-every-meal habit will be one that is a health asset to their children through life. Besides the already mentioned values milk has some vitamin B1 and a little vitamin D, both necessary to good nutrition.

In working out a low-cost diet to meet the new national yardstick for good nutrition, the Bureau of Home Economics of the U. S. Department of Agriculture emphasizes milk. For every child, 3 to 4 cups of milk are recommended and for every grown-up, 2 to 3 cups. If there is more money to spend, some may be used to advantage for more milk both for children and adults. Expectant mothers need about 1 quart a day and nursing mothers 1 1/2 quarts.

For convenience, these recommendations are expressed in terms of whole fresh milk. But smart homemakers make use of other forms—for variety and economy. They may serve it as cheese, skim milk, evaporated, or dry milk.

"Make use of milk below the cream line," advises Doctor Hazel K. Steheling, food economist of the U. S. Department of Agriculture, "especially if your food money is limited. We not only need to produce more milk in this country, but we could easily use what we have more efficiently by not letting skim milk go to waste. Skim milk contains all the important milk solids except fat and vitamin A. It can be used for part or all of the milk quota. But if skim milk replaces whole, another source of fat and vitamin A must be provided in the diet."

Dry skim milk can make foods richer in nutritious milk solids without increasing their volume. To some extent, so can evaporated milk.

Diluted with water—4 cups of water to 1 cup of dry skim milk—dry skim milk has about the same food value as an equal amount of fluid skim milk. Evaporated milk diluted with water measure, has about the same food value as an equal amount of fluid whole milk.

Cheese made from whole milk contains most of the food values of whole milk in a more concentrated form. One third of a pound of American cheese has about the same food value as a quart of whole milk.

Cows Help Increase Total Farm Income

The farmer who keeps five to ten cows and pays strict attention to their feeding, breeding, and management knows the meaning of balanced farming and permanent security, according to Fred M. Haig, professor of animal husbandry and dairying at North Carolina State College.

Within less than 50 years, the production and utilization of milk have so increased that today the United States is the greatest of the dairy nations. Around 25,000,000 cows are milked daily on three quarters of the country's 6,000,000 farms.

Although dairying has made steady progress in North Carolina, especially during the last 15 years, there are still far too many farms not owning a single dairy cow. This is especially true of cotton and tobacco farms. Haig said.

The State College professor said he doesn't advocate getting rid of tobacco and cotton on most farms but that he does advise strongly the addition of a few cows as a sideline to the cash crop income.

On thousands of these farms, he pointed out, sufficient feed for five to ten cows could be raised without interfering with the production of the regular cash crops.

He also explained that the dairy industry is closely related to the maintenance of soil fertility, and the farmer must consider this an indirect profit. In other words, the livestock farmer gives back much of what he takes from the land. Then, too, he anchors the soil. Valuable top soil does not wash or blow off in dust from hillsides where grass is green and cattle graze.

Reading the ads. get you more for less money; try it.

Mountain View School Reports

Tenth Grade Each Monday we have a program given by the tenth grade, supervised by our chairman, Wayne Elledge.

The school sponsored a room improvement project, in which the Juniors took an active part. Much improvement was made in the general appearance of the room.

November 14, Mountain View school is sponsoring a stunt night and the tenth grade is giving the "Alphabet Wedding."

The first honor roll from the tenth grade is Nannie Lee Stone, and the second honor roll all A's except one is Ena Wiles and Louise Wiles.

Eleventh Grade Speaking of the room improvement project the Seniors took great pride in making their room the most attractive one.

The eleventh grade also gives a program in our home room each Monday with our chairman Charles Younce in charge.

The officers of the 11th grade seem to be carrying out their duties along with their regular school work and enjoying it very much. The chairman, Charles Younce, and the secretary, Mary Lee Felts, represent the eleventh grade in the School Student Council.

The first honor roll from the eleventh grade, all A's, are Mary Ruth Church, Dessie Hanks, and Juel Walker, the second honor roll, all A's but one, was Faye Morrison.

JOIN THE RED CROSS

The U. S. Navy is probably the world's largest single distributor of motion pictures. It maintains 2,000 films in constant circulation and has a nightly attendance of 150,000 seamen. The Navy acquires between 300 and 400 new films each year, or practically the entire output of all of the major studios. The films are leased for a period of four years and then returned to the studios.

When you witness slow motion pictures of your favorite athlete in action you are indebted to the U. S. Navy, for the necessity of studying the flight of projectiles led the Navy to develop the camera that makes possible slow motion movies.

Reading the ads. get you more for less money; try it.

Wild Geese Over Wilkes County

Autumn is the time of glorious color, of harvest and the trumpet "honk" of wild geese. Naturalists tell us that geese usually follow the courses of streams or coast in migration; that their home is in the heights of Labrador, and that they winter on a small group of islands off the coast of North Carolina.

With the above facts in mind, many bird lovers along the Yadkin Valley and vicinity received a thrill Saturday, November 1 at twilight, when a mighty flying squadron appeared in the illuminated horizon! There were about two hundred of the four largest American game birds, with the exception of the turkey, each holding his place perfectly, flying about a rod apart, with strong, steady, strokes; each with his black neck stretched out in front to escape the rush of the wind. If one could have trained an opera glass upon the flying V, it would have disclosed more clearly this wonderful sight that one should consider himself fortunate to have seen.

This pilgrim band, removed from its native haunts by two thousand miles, and two and a half days by wings, must have been tired and sleepy, for its average speed is said to be forty miles per hour. The leader, guided by instinct, a sense of direction, and probably experience, gave Wilkes county a distinct honor, by floating this route over forests, fields, rivers, towns, in his passage to the sea. Time passes; so if we are favored by chance the first of April, we may again hear the stirring slogan of the wild geese as they wing their way northward.

JOIN THE RED CROSS

The government's call for an 11 percent increase in egg production in 1942 is a direct hint to North Carolina farmers to place their orders for baby chicks early, says C. F. Parrish, extension poultryman of State College.

At the beginning of the 1942 season, Parrish predicts that the hatcheries will have their hands full in filling orders. In order to be sure of delivery at the time

Farmers Urged To Order Chicks Now

WORKS FOR HOURS to ease coughs, relieve muscular soreness or tightness, and bring real, honest-to-goodness comfort. To get this improved treatment... just massage VapoRub for 3 minutes ON BACK as well as throat and chest. For Better Results then spread thick layer on chest and cover with warmed cloth. Try it!

they want the chicks, farmers should anticipate their needs and place their orders now. When buying chicks, the State College poultryman said farmers should make every effort to obtain stock that is "bred to lay." This is important in any year but will be even more vital in 1942 in view of Uncle Sam's request for more eggs.

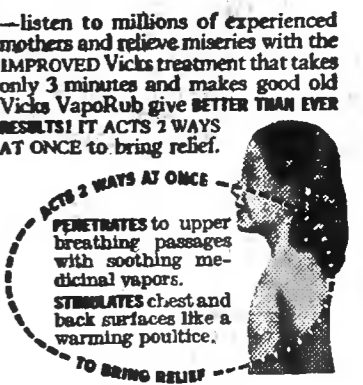
Under production goals set for the nation, North Carolina is expected to produce 43,100,000 dozen eggs next year, or 35 percent of the nation-wide food-for-freedom program. This is an 11 percent increase over the estimated production for 1941.

While called on to help supply a part of the eggs needed by the British, North Carolina would do well to produce more eggs for her own people," Parrish said.

He explained that even if the state meets the minimum goal of 65,120,000 dozen eggs, this would mean only 219 eggs for each North Carolinian without shipping out a single egg. Nutritionists advocate that a person consume at least one egg per day.

In some cases, Parrish said, farmers are finding it profitable to exchange old hens for chicks and feed.

If Your Child Catches Cold Listen-



WORKS FOR HOURS to ease coughs, relieve muscular soreness or tightness, and bring real, honest-to-goodness comfort. To get this improved treatment... just massage VapoRub for 3 minutes ON BACK as well as throat and chest. For Better Results then spread thick layer on chest and cover with warmed cloth. Try it!

TO THE TAXPAYERS OF Wilkes County I now have the tax books for the year 1941 in my office, and all taxpayers of Wilkes County, desiring to do so, may now make payment direct to me and obtain their receipts. PAYMENT NOW WILL SAVE FUTURE COSTS AND PENALTIES. Save yourself money and at the same time help your county meet its obligations. C. T. DOUGHTON, SHERIFF OF WILKES COUNTY