

Soil Conservation In Wilkes

By R. E. DUNN and JASPER CHIPMAN

Mr. Effner Duncan whose farm lies on the country road between Moravian Falls and Oakwood is using one of the best plans to keep down erosion on his farm. He keeps all his fields in perennial grass and clover hay plowing up a field only when necessary

to grow corn needed by the farm and to work out the weeds that sometimes compete with his hay crops. Mr. Duncan also works a very good pasture improvement program of which one practice was to have the personnel of the Wilkes county work unit of the Tri-Creek Soil Conservation Service to assist him in setting a very rough and steep area in his pasture to kudzu. This setting was made about five years ago. The hill that was once an erosion problem is now well taken care of by a good coverage of kudzu and native honeysuckle, crops that not only hold and improve the soil

ZOOMS TO NEW OUTBOARD RECORD



THE OFFICIAL FINISHING flag is dropped by Fred Jacoby as August Nigl, of Oceanside, L. I., New York, zips to victory in the 18th annual Albany-to-New York outboard motor marathon down the Hudson River. Nigl covered the 130 miles in a record 3 hours, 18 minutes. (International)

OFFERS TO PAY FRIENDS IF HADACOL DOESN'T HELP

HADACOL HELPS SUFFERERS OF VITAMIN B₁, B₂, NIACIN AND IRON DEFICIENCIES



Mrs. Wallace tells her granddaughter, Maynell Wallace, over the phone how HADACOL brought relief to her.

Mrs. Belle Wallace, 449 Formwalt St., S. W., Atlanta, Ga., is so grateful to HADACOL for the blessings it has brought her that she has recommended HADACOL to a number of her friends. She told them she would pay for their bottles of HADACOL if it didn't help them. She explains with a smile that she hasn't had to pay any of her friends, because HADACOL has helped them.

Mrs. Wallace, who is 74 years old, has five children, seven grandchildren and two great-grandchildren. She was suffering from a deficiency of Vitamins B₁, B₂, Niacin and Iron, which HADACOL contains. Mrs. Wallace said: "I couldn't sleep or eat until I started taking HADACOL. I'd lie awake and toss and turn until the small hours of the morning. I was highly nervous. I couldn't even thread a needle. But, since I've been taking HADACOL, my nerves are as steady as can be. I couldn't eat because when I did my stomach would puff and bloat and fill with gas. I am on the 7th bottle of HADACOL and my stomach is so much better.

Appetite Good
"I have a good appetite and my stomach does not bloat or fill with gas. I sleep like a log. I have recommended HADACOL to a number of friends who were suffering as I had suffered, and have told them that if it didn't help them, too, I'd pay for it, but I didn't have to because HADACOL did help them. HADACOL has done me more good than anything I have ever taken."

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Why Be Satisfied With Temporary Relief?

HADACOL also helps build up the hemoglobin content of your blood (where Iron is needed) to carry these precious Vitamins and Minerals to every organ, and every part of your body—to the heart, liver, kidneys and lungs—even to the eyes, hair and nails) to help repair the damage that such a deficiency may be causing there. Countless thousands are benefiting from HADACOL. Why don't you give it a chance to help you? Why continue to suffer? Remember, HADACOL gives more than temporary relief. Instead, it treats the real cause of your illness when, as so often, it's due to such deficiencies. That's why it's so effective; that's why it is accomplishing such amazing results.

You'll Feel Great . . .
... with the first few bottles you take, or your money back. There is only one HADACOL and it is sold on a strict money-back guarantee. So give this remarkable HADACOL formula a chance to help you. It's never too late to start taking HADACOL. Many who despair of improvement found that HADACOL was almost like a miracle for them. Remember that HADACOL is amazingly different and amazingly effective because it treats the real cause of the conditions you suffer from, by supplying the deficient elements of Vitamins B₁, B₂, Niacin and Iron. Make up your mind to take HADACOL regularly. Refuse substitutes. Insist on the genuine. You can't lose a cent, because it's sold on a strict money-back guarantee. Only \$1.25 for Trial size. Large Family or Hospital size, \$3.50.

but also make fine fall pasture.

Lewis Fork Club Will Meet Friday

Mr. Kelly Pipes, whose farm is out beyond Moravian Falls, recently had a very interesting experience with cover crops. Finding it necessary to plow up a field of very rolling land Mr. Pipes had foreseen the possibility of erosion from heavy spring rains and had sown the field in a crimson clover cover crop last fall but this spring he decided to enlarge the field and plowed up a strip of land higher on the hill that had not been sown in clover. Speaking of the hard rains that have fallen lately Mr. Pipes said, "The top of the hill was washing very badly but when it reached the lower section where the clover had been plowed in the washing stopped almost suddenly."

Mr. Buel Sparks of Dockery, N. C., in carrying out a soil and water conservation plan on his farm has established some of the best grass and clover hay and pasture crops to be found in these parts.

Siler City Man Falls Three With One Blow

Siler City, June 15 — "Twas a mighty blow," declared Siler City Chief of Police June Moody today in describing the action of a local Negro who laid three other Negroes out with just one hard-hit blow with a beer bottle in a fight here this week.

Charlie Crutchfield, the man who used the bottle, is now under \$200 bond for appearance in Chat-ham County Recorder's Court on charges of assault and battery, following a hearing before Justice of the Peace H. L. Stone.

According to testimony, the three injured men, James Haith, Donnie Moffitt, and Roscoe Womble, were sitting at the rear of a dance hall in the Negro section of Siler City, when Crutchfield hit Haith on the head with the beer bottle which shattered and the bottom of it struck Moffitt on the arm, cutting him severely. Another piece of the bottle struck Womble on the temple and knocked him down.

THEIR NUMBER IS LEGION

The number of civilian employees on the Federal Government's payroll increased from 563,805 in December 1932 to 1,981,156 in December 1949. Total annual salaries and wages paid to these Federal employees have soared from \$1 billion in 1932 to over \$6 1-2 billion today.

BRAME DRUGS

Sometimes THE WASHBOARD ISN'T IN THE ROAD... IT'S IN YOUR WHEELS

your wheels need balancing

When you feel a steady bumping in your wheels, when your steering wheel vibrates at certain speeds, or when your tires show uneven wear, it's a good bet that your wheels need balancing. It takes but a few minutes per wheel, and the cost is moderate. For your own safety and comfort, stop in soon.

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CADILLAC — OLDSMOBILE
Phone 741 North Wilkesboro, N. C.

2nd Big week!

Food Stars!

TRUE SOUTHERN HOSPITALITY IS OUR RULE FOR COURTESY

of America!

Del Monte Cream Golden Corn 2 . . . Cans	No. 303	31c
Breakfast of Champions Wheaties . . . 8-Oz. Pkg.		15c
The Scott Cleansing Tissues—Soft-Weve Scotties 2 . . . 200-Count Boxes		25c
Del Monte Fruit Cocktail . . . No. 303 Can		20c
Luscious Yellow Cling Libby's Peaches . . . No. 21 Can		27c
Libby's No. 3 Sieve Early June Peas . . . No. 303 Can		19c
Gets Clothes Whiter—Clorox Bleach . . . Quart Bottle		17c
For Finer Salads—Pompeian Olive Oil . . . 4-Oz. Bottle		35c

Quality-Tender Fresh

GROUND BEEF

Quality-Tender U. S. Good Steak

Porterhouse . . . Lb. 99c

Sirloin Steak . . . Lb. 99c

Chuck Roast . . . Lb. 65c

Quality-Tender, Meaty

Chicken Legs . . . Lb. 69c

Quality-Tender Meaty

Chicken Thighs . . . Lb. 79c

Quality Tender—A Favorite

Chicken Breasts . . . Lb. 89c

Quality-Tender—For That Tasty Pile!

Chicken Wings . . . Lb. 39c

FISH in Variety!

Fresh

Flounder 1 to 2 Lb. Size . . . Lb. 29c

Tasty Steaks—King Mackerel Lb. 39c

Dressed—Ready for the Pan

Black Bass Lb. 29c

CHEF'S Masterpieces!

For Sandwiches or Main Dish

Ham Salad Lb. 79c

Freshly Made Tasty

Chicken Salad . . . Lb. 99c

DAIRY DEPT. Values

Borden's Chateau

Cheese Food . . . 2-Lb. Box 79c

Cloverbloom Creamed

Cottage Cheese . . . Lb. Jar 25c

Guaranteed, Red Ripe (35-Lb. Average)

Watermelons Each 69c

Sweet Golden

Fresh Corn 4 Ears 23c

Tender Crookneck

Yellow Squash 2 Lbs. 9c

Fresh Young

Tender Okra . . . Lb. 19c

Crisp Green

Cucumbers 2 Lbs 11c

Easy Main Dish—Castleberry's

Georgia Hash . . . 10 1/2-Oz. Can 29c

Cool, Refreshing

Hi-C Orangeade . . . 46-Oz. Can 29c

Fancy Tender

Green Beans 3 Lbs 33c

Large Juicy Sunkist

Lemons Doz. 37c

Gordon's Fresh, Crispy

Potato Chips . . . Lge. Bag 49c

Smooth, Creamy Peter Pan

Peanut Butter . . . 12-Oz. Jar 35c

Save Now! 1c Sale	Sweetheart 1c Sale	Blu-White
Sweetheart Soap	SOAP	FLAKES
4 Reg. Size Bars 24c	4 Bath Size Bars 34c	4 Pkg. 28c
Health Soap	For a Lovelier Skin	Bare-Skin Beauty!
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Bath Size 11c	2 Reg. Size Bars 15c	Bath Size Bar 11c
More Suds	Marvelous	The Foaming Cleanser
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