

to speak on "The Eight Natural Ways to Good Health". Front row, left to right: Dr. Charles Blomley, Dr. John Oliver, Dr. Charles Wittschiebe; back row: Dr. Roy Morgan, Dr. Fred Wier and Dr. Thomas Bolling. Two other speakers are Dr. Jack Whitaker and Elder Merle Rouse.

Mrs. Hervie Cross is in charge of the program, and the public is invited.

General Chairman



Mrs. Stillman Mackay

Many plans are being made for Super Saturday and the General Chairman is Mrs. Stillman Mackay, who has been pulling it all together for some time now.

The Cosmic Reporter

"Tycho Brahe (1546-1601)"

By Tim Linder

Tycho Brahe was a well known astronomer of the late 1500's. He made many important contributions to the world of astronomy and he was the last great astronomer of the pre-telescopic era.

Tycho Brahe was born in 1546. In 1560 when he was 14 years old he was so impressed by a solar eclipse that he became interested in astronomy.

In the latter half of the 1500's

and made accurate measurements of star positions.

In 1572 Tycho made detailed observations of a supernova. These observations helped to prove that the stars lie beyond our atmosphere in a realm of stars that was previously thought to be unchanging.

In 1576 Tycho set up an observatory on the island of Ven which became the astronomical center of the world. From this observatory Tycho made the most accurate measurements of his time of the stars and planets. With his accurate instruments Tycho was even able to measure the length of the year to within 1 second.

In 1599 Tycho was appointed Imperial Mathematician by Emperor Rudolf II. Tycho Brahe died in 1601 leaving his observations to determine some of the basic laws of planetary motion. Kepler also used Tycho's observations to prove the Copernican theory of a sun-centered solar system.

One night when it is clear and the moon is full try to spot a bright crater near the southern limb of the moon. This is the crater Tycho named after Tycho Brahe.

That's it for this week, HAPPY STARGAZING!!!!

Health Watch

By N. C. Medical Society

Hypertension, more commonly known as high blood pressure, is responsible for 100 deaths a day in this country, afflicting nearly one out of every ten adults. The most susceptible to it are those with a family history of hypertension and blacks, whose risks are twice that of whites.

High blood pressure has been compared to a time bomb — silent until it explodes into a fatal or crippling stroke, heart disease or kidney failure.

Many who have this disease are unaware of it and some that are

Survey of creative American thought; what it means, how expressed and implications.

CARPENTRY I

Power tool skill development, blueprint study and project work.

AUTO BODY PROBLEMS

A beginners course on Auto Body repair, practical; use of basic tools.

PHYSICAL FITNESS & FIGURE CONTROL

(Saluda) Diet and Exercise combined to enhance the figure.

FIRST AID

Essentials of emergency care. Excellent for parents, teachers, business people, etc.

FRENCH, BEGINNING

P. Pleasants 6:15 p.m. - 10:10 p.m. Mo -Wd.

P. Fisher To Be Announced

L. Young Starts March 13

R. Lynch To Be Announced

S. Pleasants To Be Announced

INDEPENDENT STUDY CREDIT COURSES

Study design for individual work. Self-paced. Requirements motivation for maximum results
Students may register for these classes at any time during the quarter

TYPEWRITING — Beginning and intermediate. A good first step for someone wanting to learn office skills.

FILING — Explore and practice different filing systems.

WESTERN CIVILIZATION — Survey of ancient and medieval history

U. S. HISTORY I, II, III — 1492-1840; 1840-1896; 1896-present.

BASIC MATH I — Arithmetic, percent, decimals, fractions and roots.

BASIC MATH II — A good beginners course in algebra

READING PROFICIENCY — Comprehension and vocabulary for the poor reader.

ADVANCEMENT ENGLISH — Speed reading and comprehension for the "average" reader

GENERAL PSYCHOLOGY — An overview. Results and techniques of science's study of human behavior.

INTRODUCTION TO SOCIOLOGY — Analysis of society and culture

LEGAL/MEDICAL TERMINOLOGY (to be available during spring quarter)

Fay McIntyre, Isothermal employee and a student in Appalachian State University's Bachelor of Technology program, is in contact with ASU officials about starting a junior-senior year extension program in Tryon in 1981 or 82. Eligible students would need a two year technical degree. If interested, call 859-6744.

March Continuing Education Classes

Non-credit classes. Cost as \$5.00 Starting dates vary.

MULTI-MEDIA ART

Individualized. For beginners or intermediates.

Your choice of media: pencil, ink, charcoal, etc.

G. Jolley Tu-Th 9:30 p.m.-12 noon Starts Mar. 4

CROCHET, INTERMEDIATE

SEWING

SEWING

SEWING

SEWING

SEWING

Sewing is popular. Save money, enjoy fellowship, learn or improve a skill. Gain self-esteem.

M. Komant Wed. 1:30 p.m.-3:30 p.m. Mar. 5

W. Bailey Thu 6:30 p.m.-9:30 p.m. 6

W. Bailey Tue 9 a.m.-12 noon Mar. 11

W. Bailey Tue. 6:30 p.m.-9:30 p.m. 11

W. Bailey Wed 9 a.m.-12 noon 12

W. Bailey Wed 1 p.m.-4 p.m. 12

PRESSED FLOWERS

Beauty is the result of techniques learned. Make pictures, lampshades, etc.

B. Smith Thu 1:30 p.m.-4:30 p.m. 13

BEEKEEPING

Basics. Spring and summer care of bees, honey

P. Culberson Mon 6:30 p.m.-9:30 p.m. 17

EMT RECERTIFICATION

M. Pittman To Be Announced 25

(If your club, church or community is interested in organizing a class please call Fay McIntyre or Carl Williams, 859-6744)

JERVEY-PALMER BUILDING — TRYON

Open Monday — Thursday, 9 a.m. to 8:30 p.m. 859-6744