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Mrs. Rucker congratulates her daughter, Vanessa, during WSSU Capping Ceremonies earlier this week. Seven other Winston-Salem students were also capped.

## WSSU Caps Largest Nursing Class Ever

by Shedrick Adams

The largest class of sophomore nursing students at Winston-Salem State University (WSSU) received their caps in formal ceremonies on the campus Sept. 15, 1975.

The capping ceremonies mean that the student nurses may officially begin clinical practice in health care settings, said Miss Sheryll Woods, President of the Student Nurses Association.

Miss Woods said that there is much work and dedication necessary before their nursing careers actually begin. "The capping is an exciting and meaningful beginning," she said.

There are two men in this years class and the SNA President said that the men are well accepted and seem to feel comfortable.

The WSSU School of Nursing now approximates 250 Nursing students, three of whom are men. Mrs. Mary Isom, Dean of the School addressed the Student Nurses urging "respect for the tradition of excellent Health Services that is the vital history of the WSSU School of

Nursing."

Dr. Kenneth R. Williams, WSSU Chancellor, was present to say that the capping ceremonies are one of the finest annual programs on campus.

There were eight students from Winston-Salem who were capped: Misses Carolyn D. Baker, Sharon L. Haney, Cynthia E. Mack, Lana J. Martin, Cassandra G. Neal, Jacqueline D. Redd, Vanessa D. Rucker, and Andrea P. Scales.

Researcher Says

Many young women on welfare don't work because they don't stand to gain anything. This is the feeling of two young mothers who have had their welfare aid reduced after taking jobs.

Miss Kempie Weaks and Miss Eartha Owens both feel that the system of reducing the checks of working welfare recipiants discourages these people from working.

However Mike Hoosier, Director of the work incentive program for the department of Social Services says this is not the case in general. "This depends on each individuals circumstances," Hoosier said, "Each person has a different situation. Its up to the individual to determine whether its good for the family situation."

Miss Owens charged that

the welfare department wants to keep young we.fare mothers dependant. "They want you to stay down. If you get a job they cut your benefits down until you're not gaining anything by working," she says.

Hurts Recipients

WelfareMothers

Claim Working

Miss Weaks agreed and gave her situation as an example. The young mother of two said that since she has been working her monthly check has been reduced from \$183.00 per month to \$101.00 per month. She now pays \$110.00 for \$128.00 worth of food stamps where before starting work she paid only \$30.00 for the same amount of stamps. "I only gain about \$100.00 per month by working and I have to pay a baby sitter and transportation costs out of that."

Miss Owens also says she

has been penalized for working. "Before my baby was born I received \$180.00 per month social security from my fathers death for my tuition and books. I attended Winston Salem State. When I got pregnant and ask for help for the baby I was told I couldn't get welfare because I received social security," she recounts. Miss Owens added that after her baby was born and she couldn't return to

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Dr. Dilliard

## Alcohol Destroys Brain Cells

by Joy Hewett UNC News Bureau

Many people believe alcohol destroys brain cells.

Although this is not a proven scientific fact, according to Dr. John Ewing, director of the Center for Alcohol Studies, at the University of North Carolina at Chapel Hill, there is evidence to support the theory that alcohol could have damaging effects on the brain. Alcohol, he said, has long term and gradual effects on the body

which often are not detected until a person has been drinking for many years.

Both Dr. Ewing and the State Medical Examiner Page Hudson agree "The chronic alcoholic often has brain damage." But, they said, it is uncertain whether the damage is a direct effect of alcohol or the results of frequent falls and poor nutrition associated with long-time alcoholics.

There is no proof it kills brain cells, they said.

However, one study indicates that with high levels of alcohol in the body, the blood slows down as it goes through the vessels of the eye,

"The same thing may be happening to the brain," Dr. Ewing said.

If blood is slowing down in the blood vessels, he said, the brain may be denied oxygen which would kill brain cells.

According to Dr. Ewing, alcohol doesn't require the body breaking it down into a

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## Well-Known Professor Dead at 71

Dr. James A. Dillard, 71, of 2525 Kirkwood Avenue, world renowned music director died Monday morning Sept. 15 at Baptist Hospital.

Dr. Dillard retired as head of the music department at Winston Salem State University in 1970 because of illness. He taught at the school for 25 years.

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