



Barbar K. Phillips

Chronicle Profile

Living Up To And Beyond Expectations

"As an elementary student at 14th Street School, I proudly showed my 6th Grade Teacher my report-card. It contained 1A+, 4A's, and 1A-. My teacher looked at me and said, Barbara, you can do better."

The above referenced statement would perhaps afford a chuckle to many, but to Barbara Kinard Phillips, principal at Lowrance Intermediate School and Supreme Basileus-Elect of the 75,000 member Alpha Kappa Alpha Sorority, those were words of encouragement that have dwelt with her for many, many years. "Even as a child," said Mrs. Phillips, "a lot has always been expected of me and consequently I have striven to live up to and surpass expectations."

At 39 years of age, Mrs. Phillips has a list of accomplishments that could generally surpass those of individuals that are perhaps triple her age. Not only that, her past experiences show that she has kept in mind the words of her teacher; "You can do better."

Some of the positions that Mrs. Phillips has held and efficiently handled include: Model Cities Education Program Coordinator, Supervisor - Continuing Education Program, Director of Guidance for several schools, Media Specialist, Psychometrist (systemwide), Classroom Teacher, Library Clerk, and Bank Teller.

Mrs. Phillips is presently employed with the Winston-Salem Forsyth Co. School System and as she relates, "I am most interested in doing a good job at school and home where I really get the push and inspiration to do a top notch job. I realize that without the aid of my husband and 13-year-old daughter, I could never hope to attain the accomplishments that I diligently strive for.

Beaming, Barbara relates and expounds on the sharing of duties and responsibilities that go with the smooth operation and co-operativeness of faculty and staff. Says Barbara, "We are committed to developing and maintaining a positive climate, thus assuring that this school is a good place for adults and students to spend a substantial portion of their time.

"In order to create a humane environment it therefore seems imperative that a school have the following apparent characteristics: a pleasant and satisfying place for people to live and work together; a place where pupils with their teachers can work productively to acquire basic skills, clarify values, use a variety of learning processes, and develop constructive attitudes while acquiring an adequate body of knowledge.

"We are presently doing many interesting things at our school such as: LAPS Program (Language Arts Program Skills) Non-Graded, Implementation of strong staff support system in Guidance, Reading, Media, Music, and Physical Education; Experimental Program in Perceptual and Psychomotor Skills Program in the Reading Content Areas; Implementing parent trainee programs in the Tutoring of Reading, and a Parent Education Program in Guidance in which parent sessions are held during the school day and evenings."

Even though Mrs. Phillips is one of the few holders of the Advanced Principal's Certificate (Forsyth County has not more than four), she is presently in the process of completing work for her doctorate at UNC-G.

Dear Liz'

Executive Lacks Confidence

Dear Liz,

I am a very ambitious young man and want to be a success in life. Everyone else tells me I will make it, but I can't get enough self-confidence to wholly believe in myself.
Doubtful Executive

Dear Doubtful,

Until you get self-confidence you will not have to worry about being a success.

Dear Liz,

I'm over-weight and would like to loose weight. I can't afford to go to a health spa. My weight is a result of having children and not over-eating.

Suggestions Needed

Dear Needed,

Your problem stemmed from over-eating at some point in your life. You say you are

not over-eating not but your calorie intake must be too great for you to lose. Try counting your calories and

take in as few as possible to survive. Exercise along with your dieting to tone your muscles. It worked for me.

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LETTERS

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copy of positive thoughts to a ladies magazine "Women's Household" - this past week I've received two letters (one from Illinois and the other Leominster, Ma) telling me how meaningful these thoughts had been to them. Think about it - I can see a person in your capacity coming up with tremendous ideas of pursuing the positive approach.

Sincerely,
 Mary Jean Belton

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