

My Soul Is Rested

By Howell Raines

Martin Luther King once recalled that during the bus boycott in Montgomery he said to an old lady that she might want to start back to riding the bus. She said, "Oh no, I'm gonna walk just as long as everybody else walks." So he said, "But aren't your feet tired?" She said, "Yes, my feet is tired, but my soul is rested."

Howell Raines has written a book by the same title *My Soul Is Rested*, a 540-page paperback which traces the civil rights movement from the Montgomery bus boycott in 1955 to King's death in 1968. First-hand accounts are given as seen through the eyes of actual civil rights activists.

Rosa Parks, Joseph Lowery, Julian Bond, James Farmer, Fannie Lou Hamer and Andrew Young are only a few of the leaders quoted in this book. The predominant attitude is that of determination. This strength is reflected in the civil rights followers as well—the college students who sat in, the high school youth who marched, the domestics and blue collar workers who boycotted. They were striving toward freedom and nothing—absolutely nothing—could stand in their way.

The positivism of that period is evident in the account given of the sit-in at Woolworth's in Greensboro on February 1, 1960 by four A&T College freshmen. Franklin McCain, one of the four, recalls the waitress going to get the manager.

Howell Raines has done extensive research to prepare this comprehensive work. It is actually a diary—a written record—of all the events surrounding the civil rights movement. The greatest asset of the book is that it forces its readers to take note of the exact occurrence which started the movement—Rosa Parks' refusal to stand on the bus—but also emphasizes the fact the Black progress ended with Martin Luther King.

This is a truly informative document. It is particularly recommended for those who did not keep up with the critical events of the sixties which have helped and are still helping to shape our lives.

The author Howell Raines was born in Birmingham, Alabama in 1943 and began his career as a reporter in 1964. He is now a news correspondent in the southern bureau of the New York Times.

Prevention From Page 6

Crime Fighters, learning the meaning and function of Community Watch, learning how to make valuable through Operation Identification and learning to do home security surveys. Interested people should contact their local Girl Scout Troop or Council for more information.

Equal From page 4

equality to blacks was never implemented. Job programs, for example, serve only a fraction of the unemployed, but that is no reason to de-emphasize job creation. The fact is that many black people were helped by those programs, people who would be much worse off today if those programs, did not exist. The answer lies not in abolishing the programs but in expanding the ones that work while fixing the ones that don't.

We should not forget that good programs have been torpedoed by Congressional politics and by executive penny-pinching. Some promising programs were underfunded to the point where they became so diffuse that they failed to help the neediest.

For political purposes, definitions of target populations are often broadened to include more people and more congressional districts, so funds are diverted from truly needy areas to better-off ones.

Federal programs leave much to be desired, but they shouldn't be replaced by panaceas and slogans that appear to offer even fewer prospective gains to blacks. Just dumping on government isn't enough; we have to ensure that government programs work the way we want them to work.

And no one should write off the private sector as a contributor to future black equality. The 1980s should be a time of building coalitions and creating public and private programs that result in black advances.



The Real Thing - Barney, the Clydesdale, came to help present a special hoof at a recent Chicago seminar where Budweiser spokesman Lou Rawls helped explain some of the marketing programs of Anheuser-Busch. The hoof was presented to Rance Crain, editor-in-chief of Advertising Age (left), sponsor of the seminar. At far right is Robert D. Brandon, Anheuser-Busch official who discussed Lou's Budweiser-sponsored "parade of Stars" television special which has raised to date over \$1.6 million to benefit the United Negro College Fund. Barney, weighing in at 2,300 pounds, enjoyed the affair.

Third Annual SECCA SANTA

The Friends of the Southeastern Center for Contemporary Art (SECCA), are sponsoring the third annual SECCA SANTA October 6-9. SECCA SANTA will take place at SECCA, 750 Marguerite Drive, Winston-Salem, N.C. 27106. The art center will be decorated for Christmas and the Main Gallery will be filled with 17 out-of-town specialty shops from 6 states selling merchandise. Tish Wilkinson and Anne Copenhaver are co-chairmen of this event which will benefit SECCA's exhibition program.

There are two shops returning from last year's SECCA SANTA: *Mighty Fine* from Hilton Head, S.C., featuring special decorating items and *Lou Harris, Inc.* from Martinsville, Va., featuring antiques and accessories. *The Snail* from Asheville, N.C., features handpainted needlepoint canvases. *The Dandy Lion* of Columbia, S.C., brings a variety of children's clothing. French cotton dresses and boutique items can be found at *MIKEY'S* from Jacksonville, Fl. *Skirts* by Sylvia of Kenbridge, Va., features handpainted-custom made skirts and pillows.

The Food Booth at SECCA SANTA will be comprised of three shops. *Barefoot Hams* of Four Oaks, N.C., provides country hams, and *Peanut Capital of the World* from Wakefield, Va., features Virginian peanuts. *Pasta and Cheese* from New York, N.Y., packages its wares in gifts boxes.

Forget-Me-Not from Greensboro, N.C., features fine handcrafted gifts. *Elizabeth Bruns, Inc.* of Charlotte, N.C., will bring exquisite jewelry to this year's shopping. *The Gold Nugget* from Hilton Head, S.C., will display Alaskan gold nuggets and fine gold jewelry. Specialty doll house furnishings may be found at *Dollhouse Antics, Inc.* from New York, N.Y. *Mali Designs* of Lake Forest, Ill., features handbags and accessories, and *Cabbage Patch* of Greensboro, N.C., will be selling gift bags. *Robert & Millie Wilson* of Greenville, S.C., will sell unique Christmas ornaments and decorations, and *Horsefeathers* of Charlotte, N.C., will sell distinctive collectibles including Chippendale planters.

SECCA SANTA will open with a Preview Night

from 6-9 p.m. on October 6. A cocktail buffet and special features will be offered. SECCA SANTA will be open for shopping and browsing on October 7 and 8 from 10 a.m.-7 p.m. and on October 9 from 10 a.m.-4 p.m. A new luncheon will be offered daily at new hours from 11 a.m.-1:30 p.m. Overlook hours (including beverages, breads and spreads) will be provided on October 7 and 8 from 3-7 p.m. The Friends will be handing out a free shopping guide, and there will be a photographer and a portrait artist available for bookings.

All events for SECCA SANTA are open to the public. Tickets for SECCA SANTA cost \$2.50 per person at the door, but are only \$2.00 per person if purchased before October 7. Tickets may be ordered by writing SECCA SANTA, 428 Westover Avenue, Winston-Salem, N.C. 27104, or purchased at SECCA. The Preview Night tickets are \$15.00 per person and may be ordered by writing SECCA SANTA PREVIEW NIGHT, 441 Westview Drive, N.W., Winston-Salem, N.C. 27104, or they may be purchased at SECCA.

WINSTON-SALEM STATE UNIVERSITY presents LYCEUM EVENTS 1980-81

the GREENSBORO SYMPHONY
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Experience the power and the majesty of the music through the Greensboro Symphony Orchestra featuring Natalie Hindras, pianist. "A unique, imaginative virtuoso who thrills and dazzles with each performance."
September 24 - Wednesday - 8:00 p.m.

HAPPENINGS
"Killing Me Softly"
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International modern jazz lyricist and composer Roberta Flack enjoys her music and sets the mood for an evening evening. Experience it.
October 6 - Monday - 8:00 p.m.

THE BEST MUSICAL*
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"A Chorus Line, the biggest international hit of the decade, is Broadway's smash hit Best Musical, the winner of nine Tony Awards, including Best Musical, the Pulitzer Prize for Drama and the New York Drama Critics' Award."
March 1, 1981 - Sunday - 8:00 p.m.

HAPPENINGS
DRUMS OF FIRE
"A rare and captivating evening of African folklore. Drums of Fire features authentic African songs and dances. The stage becomes a festoon of village scenes complete with exotic rain forest effects, choreographed by AQUAFONICS in a dazzling, surrealistic backdrop, adding a touch of the magic and the mystique of Dark Africa.
March 21, 1981 - Saturday - 8 p.m.

TICKET INFORMATION
All seats are reserved. There are three (3) distinct areas. The prices are as follows:

	Area 1	Area 2	Area 3
Greensboro Symphonys	\$8.00	\$6.00	\$4.00
Natalie Hindras, Pianist			
Roberta Flack	9.00	7.00	5.00
Chorus Line	9.00	7.00	5.00
Drums of Fire	8.00	6.00	4.00
Dances & Drums of Africa			
Total Value	34.00	26.00	18.00
Season Ticket	30.00	23.00	16.00

Sale Dates thru Sept. 21. For additional information, write Harry E. Pickard, Director, Winston-Salem State University Lyceum Events, P.O. Box 13148, Winston-Salem, N.C. 27102. Telephone: (919) 761-2188, 761-2192.

MAIL TO:
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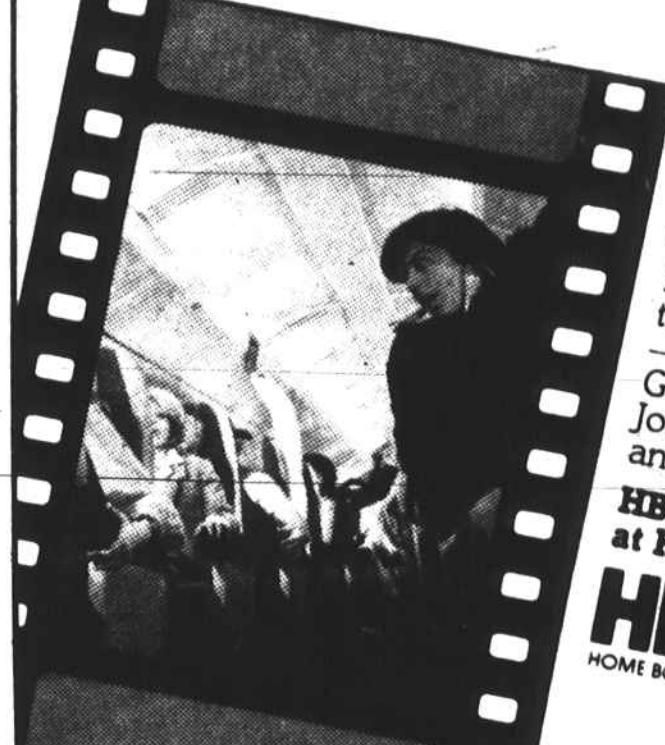
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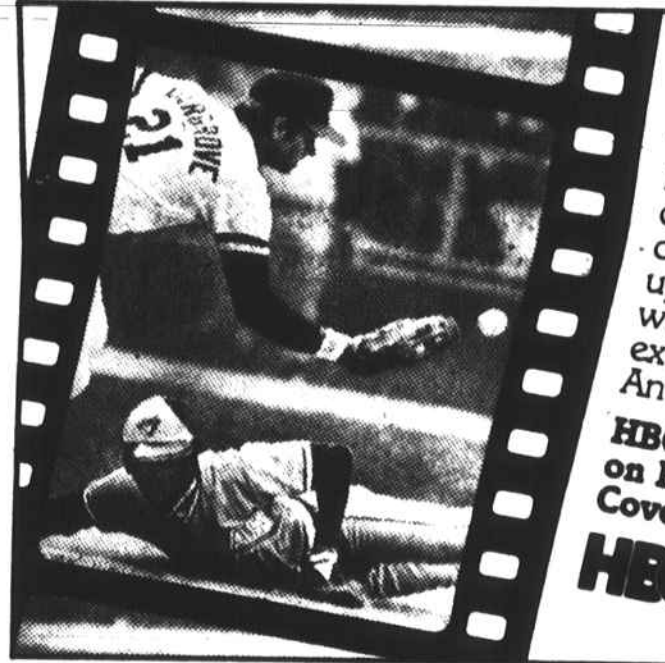
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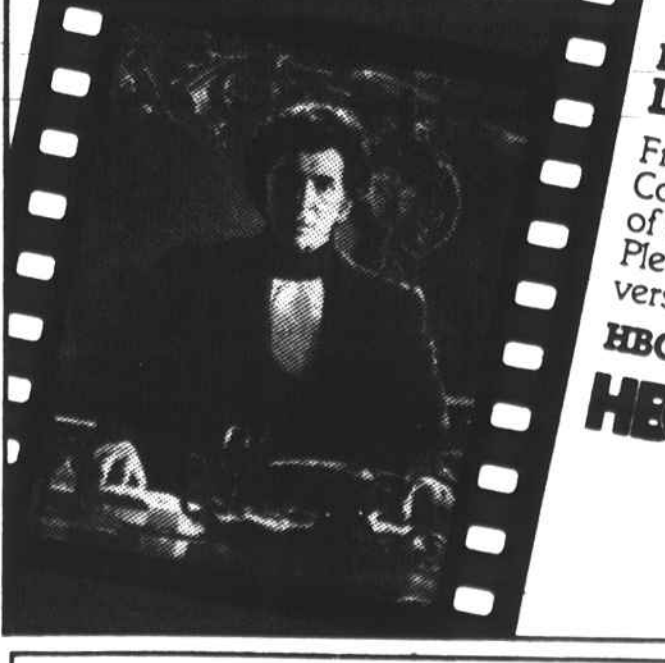
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