

Space Heaters, Heavy Coats And Thoughts Of Spring

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that many local residents will turn to fireplaces for supplemental heat. But as with space heaters, a certain amount of caution must be followed to avoid a fire.

"A chimney should be checked at least once a year, before the beginning of the heating season," Brooks says. "It should be cleaned, and cracks in the flue line repaired. A crack in the flue line can allow fires to spread to the attic."

Whatever type of supplemental heat source is used, Brooks says that commonsense should be followed. "Regardless of the type of heater, have it checked once a year. That is a small price to pay for a little reassurance or a little piece of mind. If your house burns up, you would wish you had paid the \$25 to \$30 that it costs to have them checked."

In addition to having heat sources checked, it is ad-

visable to have the total home winterized.

Mrs. Odessa Ford Page, of Alexander Street, recently had her home painted, plastic placed at the windows, and the porch fixed, all done by Experiment in Self-Reliance Inc.

"I used to be able to sit in my frontroom -- the window faces the North -- and see the window curtains shaking," Mrs. Page said. "Now since they came, I am very comfortable."

In addition to trying to keep warm on the inside, special precaution must be taken to keep warm when on the outside.

If the proper clothing is not worn when the temperature on the outside are extremely cold, frostbite or frost nip can occur.

A body temperature of 75-100 degrees is necessary to maintain life. Whenever the body temperature gets below

75 degrees, the appendages are subject to frostbite, meaning ice crystals have formed in the tissues.

According to Tel-Med tape number 5006, frost nip is a less severe form of frostbite. The ears, nose, cheeks and fingers are subject to frost nip. A whiteness of the skin and numbness are symptoms of frost nip. A firm steady pressure on the area, blowing on the area or placing the hands under the armpits to temporarily warm the infected area are measures that should be taken as soon as frost nip is detected. The infected areas should not be covered with snow.

A frostbite is detected by a stinging, burning, blue area that blisters, throbs or aches for several weeks. In very severe cases, the tissues in the affected area can be permanently damaged.

If frostbite occurs, thawing should not be done until

there is no danger of refreezing. The best method is to place the area in 104 degree water to keep warm. No smoking, alcohol or physical labor should be done.

As a safety precaution, Tel-Med advises to always carry extra clothing in your car and dress for warmth and not for style.

Another cold weather related disease is hypothermia. Hypothermia can be detected by uncontrollable shivering or lack of shivering, slow and sometimes irregular heart-beat, slurred speech, shallow and slow breathing, weak pulse, low blood pressure and confusion and disorientation.

Hypothermia can be treated as simply as increasing physical activity or may need the care of a physician, according to the North Carolina Academy of Family Physicians.

'Pearl' Goes From Making Shots To Making Hits

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1972 with an unusual job offer: "How would you like to work as a promotion man for our label?"

Though he was playing for the New York Knicks at the time, he thought it was a "novel idea and a great opportunity."

Earl made the most of his unique situation to learn as much as he could. As he traveled around the country with the team, he called on the disc jockeys and program directors at local radio stations. "They were a little surprised to see me knocking on their doors with the latest Millie Jackson or Joe Simon record, but I'd get them to put it on the air," he says. "For the most part, they were

just thrilled to see me working in the business."

After two years with Spring, Earl was ready to try his hand at managing his own acts. His first signing was the Aleems, a duet that was working with Jimi Hendrix just prior to his death. Earl groomed and managed them, and the group enjoyed marginal success with records for the Spring and Warner Bros. labels.

With two other partners, he formed Tiffany Entertainment Corp. The company managed such artists as Arista Records vocalist Chuck Sissel, The Soul Children and television actress Sydney Goldsmith.

In 1979, they decided to develop a story that Barry Orms had written into a musical. With the added talents

of composer Genovis Albright, they created "Bones," which received favorable notices for its off-Broadway production. The musical was also presented in Washington, D.C., and at the Karamu Theatre in Cleveland. Earl expects to eventually develop the show for a run on Broadway.

Following his 1980 retirement from pro basketball with the Knicks, Earl decided to capitalize on his knowledge by forming a broad-based entertainment company. He established Pretty Pearl Inc. and launched its first division with the Pretty Pearl Records label. "I needed to begin with something that I knew," he says, which was

the record business and how to find and develop talented people."

The instincts that served Earl so well throughout his illustrious sports career are proving to be just as acute in selecting artists, songs and producers with winning potential. The first act signed to Pretty Pearl Records is Curtis Hairston, a native of Winston-Salem, and his first release, "I Want You (All Tonight)," produced by Greg Radford, is already a solid hit. Earl has equally high hopes for his second artist, Ed Sparks and the Elektrik Sparks Band, an eight-member group from Cleveland that specializes in hard-hitting funk.

Night Moves

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each Sunday is free admission for members, except when the club is rented out for special events.

Brown-bagging is permitted at the Ebony Frat House, and this, too, is to accommodate its clientele. "... Other clubs don't do this," says Holmes. "We consider this a courtesy to those who don't have a lot of money to spend on drinks (prepared at the bar). All we require is that you buy your setups from our bar."

Holmes emphasizes again that the club's attitude toward its customers is what makes it successful. And she reports without hesitation that the Ebony Frat House suffers no particular difficulties, financial or otherwise. Any

"Being in the black community, we know all blacks don't have a lot of money. You have to help people be able to come out (to the club)."

-- Teresa Holmes

black club in Winston that does, she says, probably has a management problem.

"Being a manager, you have to deal with customers on their level," she advises. "Everyone who comes in here is different. You have to deal with them as individuals. One group might not be as cultured as the next. You have to work with customers on every level to please them."

Holmes says the time she puts in at the club is made enjoyable by the clubs' eight owners, who have engaged her to run their club, and by her small staff, which includes the deejay and an assistant.

Says Holmes: "The people I work for and with -- I don't think I could find a better bunch"

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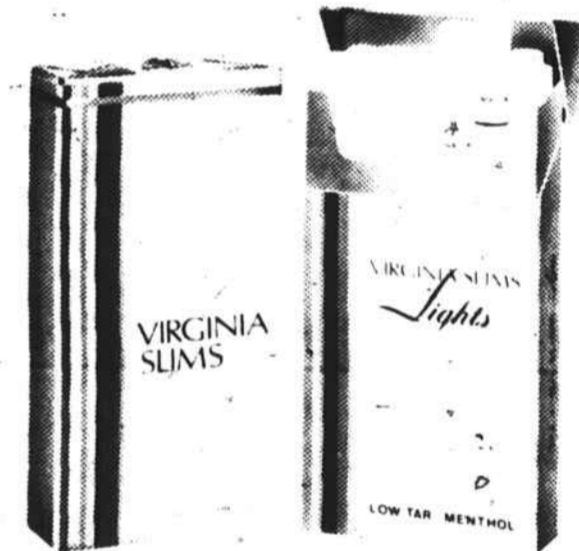
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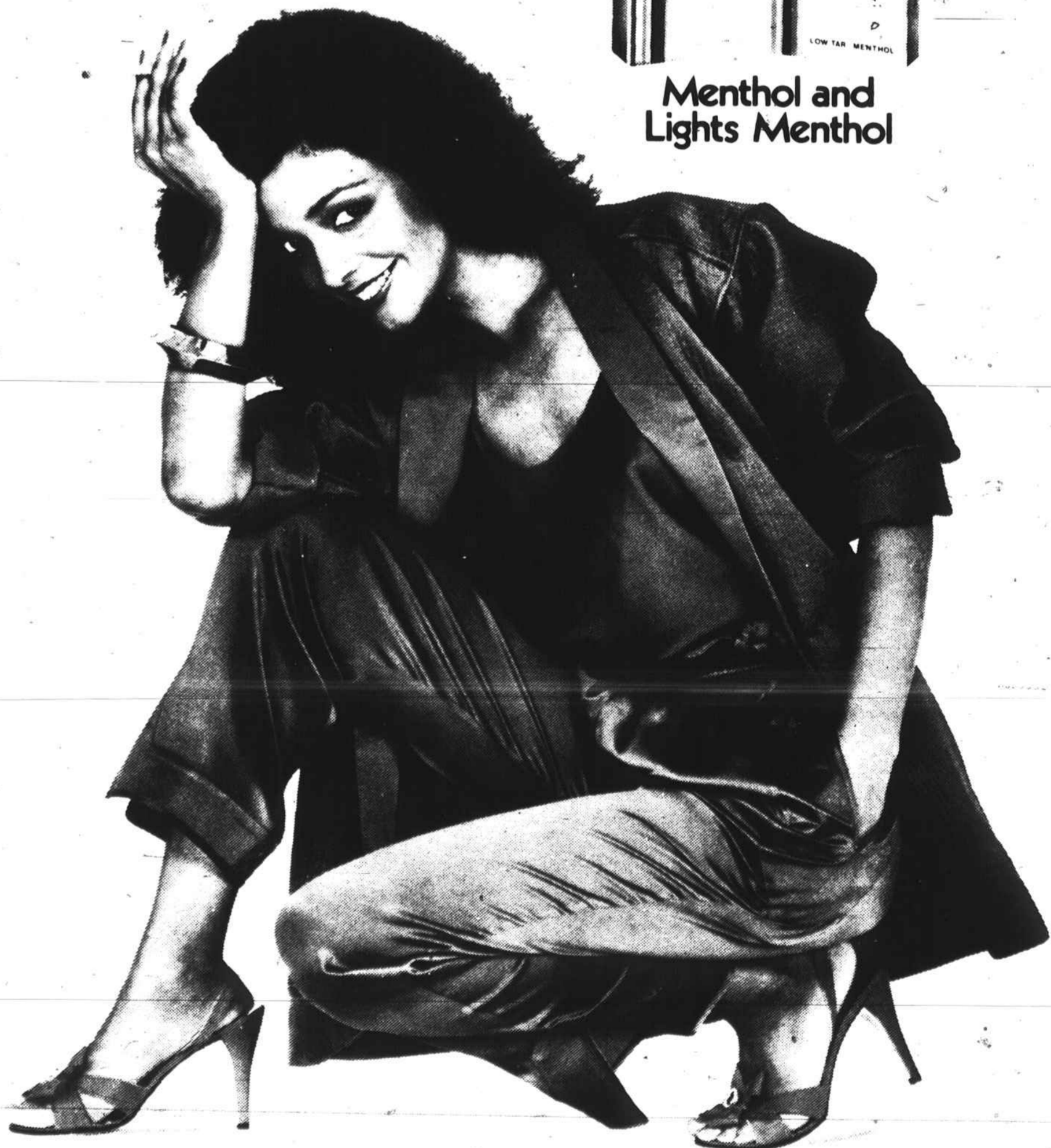
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